

WEEKLY WARRIOR

Calamus-Wheatland School District

From the desk of Mrs. Kelting

September has been a great month here at Calamus-Wheatland. FAST testing is coming to an end here this next week. The FAST tests focus on three major areas: reading, math and social/emotional. All students in preschool through sixth grade take part in some form of these assessments. These assessments are done three times a year.

In the month of October, the state of Iowa celebrates making healthy choices through their Healthiest State Initiative. On Wednesday, October 2, as a Warrior Family, we will walk for thirty minutes. Please remind your child to wear appropriate clothing and shoes for the event. During this celebration we focus making healthy choices, so each week we challenge families to do the same!

- ♦ October 1-4: Focus on getting 1 hour of physical activity each day.
- ♦ October 7-11: Focus on eating 5 fruits or vegetables each day.
- ♦ October 14-18: Focus on 2 hours or less of screen time each day.
- ♦ October 21-25: Focus on drinking 0 sugary beverages and more water each day.

District Facility Needs and Wants Survey

Warrior Community: The district is looking for your input in regard to future facility needs and wants. Please click the link below to access the survey. **Please complete this survey by Oct. 1st.** Thank you for your input. https://docs.google.com/forms/d/e/1FAIpQLSddo_dgwB6Xw_c2459kyl29hEc1w3-HshzS4ILKEsPaQcih5Q/viewform?usp=sf_link

Lee National Denim Day for Breast Cancer Awareness

On Friday, October 4th, Calamus-Wheatland will participate in the Lee National Denim Day Breast Cancer Awareness Campaign. All students and staff are welcome to wear pink and jeans to support breast cancer survivors and honor the memory of our loved ones.

Standards Based Grading Meeting

There will be a meeting about standards based grading on Wednesday, October 2nd from 5-6pm in the Elementary LMC. Parents with students in grades 5-8 are welcome to attend!

C-W Athletic Boosters Basketball Tournament

The Calamus-Wheatland Athletic Boosters will be hosting their annual basketball tournament on Nov. 23rd and 24th. The boys tournament will be on Saturday, Nov. 23rd and the girls will be on Sunday, Nov. 24th. The tournament is for girls/boys in grades 4th-8th. Please contact Matt Boeckmann @ mattboeckmann1@gmail.com or 563-331-0616 for questions or to register your team.

3rd-6th Grade Boys Basketball League

Boys in grades 3rd-6th interested in playing in the CW basketball league need to have the **registration form turned in by Oct. 1st.** If you have any questions, please contact BJ Yaddoff @ 563-212-0705

Important Events

Monday, Sept. 30th

4pm JH VB Home vs. Durant
6pm F/S VB @ Home

Tuesday, Oct. 1st

4pm JH VB @ Lisbon
4:15pm 7th FB @ Mt. Vernon
4:15pm 8th FB @ DeWitt
5:15pm FS/JV/VAR VB @ Home

Wednesday, Oct. 2nd

Thursday, Oct. 3rd

4pm JH VB @ Home
4:15pm JH XC @ Western Dubuque
4:15pm HS XC @ Western Dubuque
5:15pm FS/JV/VAR VB @ POP

Friday, Oct. 4th

5pm Soph FB @ DeWitt
7:15pm VAR FB @ DeWitt

Saturday, Oct. 5th

9:00am VAR VB @ Northeast

Lunch Menu

Monday, Sept. 30th

Hot ham & cheese, green bean casserole, fresh mixed veggies, oranges, milk.

Tuesday, Oct. 1st

Hot dog on a bun, French fries, cucumbers, pears, cookie, milk.

Wednesday, Oct. 2nd

Stuffed cheese sticks, pizza sauce, lettuce, broccoli, peaches, milk

Thursday, Oct. 3rd

Chicken faco salad, fiesta beans, lettuce, tomatoes, grapes, milk.

Friday, Oct. 4th

Chicken quesadilla, onions & peppers, lettuce, tomato, mandarin oranges, milk.

Monday is Day 1 of our 6-day schedule