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NEW SCHOOL APP

Have you checked out our website recently? It's been updated and revamped. Tired of receiving all those school reach phone calls ,but you still want to keep up with your student's school activities? Just download our new app so you can receive push notifications. Search for SMPS in your app store. Don't forget to check out our new live feed on the website also.



NEWSPAPER 101

Welcome to our Newspaper! We hope to publish once monthly with informative articles written by us, the Newspaper Class. We consist of a blend of 7th and 8th graders in Mrs. Breisch's class. We are comprised of different students on different days of the week which will make for an interesting mix as you can see by the below left picture

SWEETS+SHOW

Mrs.Reich will be holding Sweets and a Show on October 1, 2019, beginning at 7 pm. Local talent will be available for a variety show. Don't miss this opportunity to see your student perform on stage and support the music program at the same time. Mrs. Reich is currently looking for and welcoming any talent from staff members as well. You won't want to miss this program.

CROSS COUNTRY IS UP AND RUNNING...LITERALLY

Junior high team members are 7th graders: Emery Keene, Avery Groff, Teagan Marlatt

High school team members are senior Gabe Sessoms, and sophomore Grady Stocking.



Cows lose their jobs as milk prices drop

By Scott Calvert

EASTON, Md. — As his 100 dairy cows hunched over for their Monday afternoon milking, farmer Eric Foster pondered his sudden misfortune. Those Holsteins and Jerseys, profit machines during a recent milk boom, are now each sitting idle.

This unlikely combination of forces has hit Foster's milking parlor and other dairy operators with a vengeance. After soaring in 2007 and remaining high in much of 2008, milk prices paid to farmers have collapsed and are expected to remain flat, even as feed and fuel stay fairly costly. Some dairy farmers have shut

going to be in the dairy business.

Although consumers who benefit from somewhat lower prices at the supermarket, drop in the value of milk, presents a grim outlook for d

Economists are concerned

Words From The Piano Man

"I think music in itself is healing. It's an explosive expression of humanity. It's something we are all touched by. No matter what culture we're from, everyone loves music." – Billy Joel

There are thousands of articles citing that music is therapeutic, but did you know that participating in a music program actually makes you smarter than you already are? Studies show that music turns on both sides of the brain. When you read music, you are reading note values like half notes, quarter notes, whole notes, eighth notes, sixteenth notes, treble clef and bass clef, lines and spaces, rhythms, words, musical symbols, beat, time and tempo, keys, scales...the list is endless. So you can see how just being involved with a music class or a choir can force your brain to think quickly and make adjustments from measure to measure.

Isn't it funny how music can take you back in time? You can probably recall the specific time, place and maybe a smell or another sensory detail of when you listened to a particular song. Music is the universal language.

DID I HEAR THAT CORRECTLY?



Yes, you heard correctly that the 7th and 8th grades moved from Mutual to Sharon for the first time in our history of a consolidated school district. Initially, one might be inclined to frown on that, but it has been a positive experience. The students have adjusted quite well. After all, the 7th and 8th graders are kinda considered to be the juniors and seniors of the building now.

The students have received an upgrade in classrooms. No more skunk smell, musty odors, water in the basement, or fears of falling through the flooring. The classrooms in Sharon have storage, lots and lots of storage. That's a nice change. Junior high athletics are traveling to Mutual for practices. Vocal music is being offered here at the elementary for the 7th and 8th grade students as well as Ag class for the 8th graders and an opportunity to take FACS too. The schedule for the students reflects a nice block schedule which allows for more class time to complete assignments in class with the goal being no or less homework. The students love this. part.

COOKIE DOUGH SALES

The PK-8th grade students are selling cookie dough as a fundraiser. All funds raised from the sale of cookie dough will go back to your students in their classrooms. We appreciate your present and past support. Buy some to put back for the holidays when you need a quick snack. All sales run from Aug. 21 to Sept. 4.



What Did Your Teachers Do For In-Service?



Our staff met on Monday, August 5-7 and completed 3 days of training as well as hosted a Meet the Teacher Night on Tuesday night, August 6 from 4-7 pm. The staff received training on a whole host of topics and received a wealth of information from our very own SM graduate, Carol Stocking. The best training occurred on Friday, August 9 from Carol and a couple of other professionals from Advanced Family Eyecare, traveling from the metro. You might be wondering why we had one day of school and then were out the next day. We had two experts come to train us on vision, not eyesight. I know. It sounds simple, but it's really complex. It literally was an eye-opening experience (pun intended).

Did you know that vision affects learning? For instance, more than 80% of all the information the brain receives is visual. Efficient visual skills are a vital part of learning, working, and recreation. Have you ever had someone tell you that, when reading, the words jump or fly across the page? Some vision problems are solved as simple as fine-tuning your fine motor skills, increasing sleep, or increasing your primitive reflexes. Believe me, there was nothing primitive about this training. Thank you for providing this training. It was extremely enLIGHTning.



Have you ever seen the commercial that states that a body in motion stays in motion? Our next training is Bodies In Motion. Many of us have already incorporated movement in our classes and the students are loving it.

JH Volleyball Roster

Kallie Harris

Karlie Weir

Ariona Bruce

Sharley Lovelace

Makynlee Mulbery

Sammi Green

Kylie Kinsey

Heidi Keene

Reyna Rosales

Alexi Russell

Triniti Mabra

Abbey Elam

Hana Chapman



High School Volleyball Roster

Abbie Neill

Kathryn Mitchell

Emalee Nail

Erica Neuenswander

Klarissa Pauley

Adryan Mullins

Tiana Noyes

Livona Yeung

Megan Spray

Kallie Harris

Karlie Weir

Ariona Bruce

Sharley Lovelace

Makynlee Mulbery

Sammi Green

Kylie Kinsey



Fair Projects

Mrs. Tonya Thrash's Pre-Little Piggies Went To The Fair.

The students feet were painted pink and their footprints were stamped on paper. Little pig faces were drawn on each one of their toe prints. Then the students painted some brown mud under their pigs.

Mrs. Jill Syms's 2nd-grade class won first in their class project for the local fair. The class created colorful turtles by covering the turtle shape with vivid colorful tissue paper squares on a paper plate which was very pleasing to the eye.



MMA and How It Changed My Life

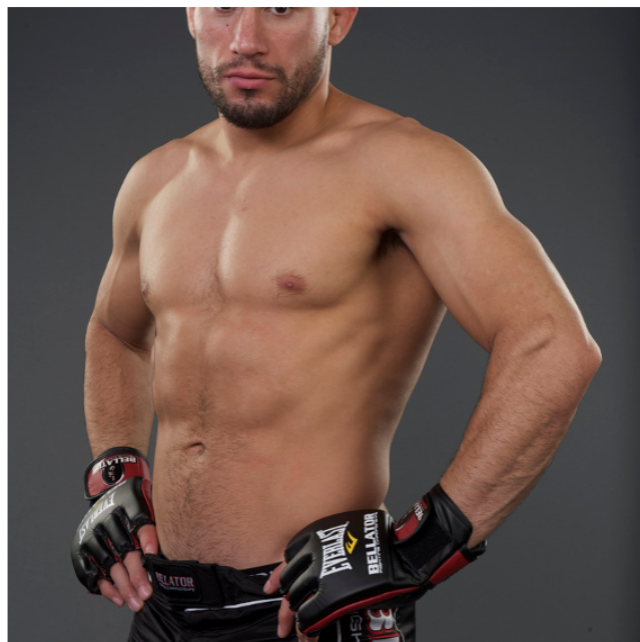
I'm Trae Thomas. I'm a yellow belt in MMA. MMA is my favorite sport. I started MMA when I was 12 or so and now I'm 14 now and still loving it. I take MMA at RYSE Academy of Martial Arts.

I started MMA because my focus was very bad and I needed help so my mom signed me up. MMA is a type of grappling with a gi aka a karate suit

"There are many amazing activities for children to do, but when it comes to discipline, focus, self-confidence and a place to make friends, nothing compares to Jiu-Jitsu. It can take a child from good to great." -Michael Wickware, SM graduate of 1999

Jiu-Jitsu is not the only thing you can take at RYSE. They also have a very good kickboxing program and teach hand to hand combat techniques wearing head gear. Jiu-jitsu is not strength training like you would think it is. It's very much about skill. That is why you see men in their seventies rolling around on the mats.

This month our guest writer is Trae Thomas, 8th Grade student at Sharon-Mutual.



Sharon-Mutual students attended the local school fair on August 16, 2019. The students enjoyed playing many games and looking at the animals. Thank you for hosting the fair!

By Landon Dahl

Patrick Wheeler and Ben Elam play put-put at the fair while Nathaniel Rynes and Dakota Walker watch.



2019-2020 Oklahoma's Promise

Who May Apply

- Oklahoma residents.
- 8th - 9th - or 10th -grade students
- (homeschool students must be 13, 14 or 15).
- Students whose parents' federal adjusted gross

Income does not exceed \$55,000.*

- Students who promise to meet the requirements
of the program.

***Special income provisions may apply to:**

- Children adopted from certain court-ordered
custody and children in the custody of court-
appointed legal guardians.
- Families receiving Social Security benefits based
on the disability or death of the student's parents.

The Promise

Upon completion of the program's requirements,

you will earn:

- Tuition at an Oklahoma public two-year college

Or four-year university.

-OR-

- A portion of tuition at an accredited Oklahoma
Private college or university.

-OR-

- A portion of tuition for program that qualify for federal
Financial aid at public career technology centers.

(The Oklahoma's Promise scholarship amount does
not cover fees, books supplies, or room and board.)

How To Apply:

Online at www.okpromise.org or get an application

from your counselor.

Get more info at: www.okpromise.org, okpromise@osrhe.edu

(800) 858-1840 or (405) 225-9152

Sharin' Mutual Friends

Meet Ms. Maggie Brown, Ag Teacher

Where did you grow up?

Coweta, OK. I lived there my entire life leading up to college.

What college did you attend?

The one and only Oklahoma State University! Go Pokes!

What made you decide to become an Ag Teacher?

I always knew I wanted to be a teacher. My first year taking an agricultural education class was my freshman year of high school. I think it's safe to say that after the first day in the class, I had discovered what type of teacher I wanted to be. My passion for agriculture continued to grow as I became older and still is growing today. I absolutely love being able to share the agriculture industry with students and watching their knowledge and interest for agriculture grow as well.

Do you like the small school environment and why or why not?

So far, I am really enjoying it! I grew up at a 5A school and graduated with 200 in my class. So to say this school is different is an understatement!

What's your favorite food, drink, and color?

Food- Steak and mashed potatoes

Drink- Vanilla Sweet Tea from Sonic

Color- Yellow

What do you like to do for fun when you have time?

The majority of the time when I have some down time, I am usually spending time with my family. I have two nieces, one is 2 years old and the other is only 6 months old, who normally keep me pretty busy when I am visiting. I also enjoy photography and try to get my camera out as much as I can.

Is there anything that you'd like everyone to know that we haven't asked?

I am extremely excited for the opportunity to be here at Sharon- Mutual and can't wait to see what this year has in store!



Editor's Note: Thank you, Maggie! We're glad to have you.

Personalized Learning

Sharon-Mutual High School embarked on a journey beginning personalized learning in the 2017-2018 school year. There were many misconceptions about what it was and many bumps along the way. Utilizing input from a student group and the high school teachers, personalized learning was customized further in 2018-2019 to fit the needs of Sharon-Mutual deviating from the style of the schools we faculty had visited.

We are continuing to make adjustments as the need arises. Originally, the concept was that students meet for a lesson for 30 minutes and then have the freedom to move to an open room (supervised study hall) at the end of that 30 minutes. Recognizing students at the high school level have a need for more direction, the schedule was modified to a 30 minute lesson in 2018-2019 with a lab available which allows the students to work at teacher discretion in the classroom. The next point to qualify to move to an open room is an A or B average in the class the student is wanting to move from. If a student has a C or below average in the class, the student is required to stay in the classroom so they may obtain more instruction and guidance from the teacher. We are finding that most students are staying in the classroom to work.

Some classes are scheduled to meet daily, some two days a week, and some three days a week. Contrary to some original perceptions, students are not placed in front of a computer to learn. Teachers are still teaching a lesson at the class meetings. Teachers use the Onfire (Spark) learning platform in different manners. Some teachers use the platform like a syllabus listing assignments and due dates while some place assignments in the system where the students may view them from their chrome books. Each student has a career pathway which brings in the personalized learning component. We attempt to give them an opportunity to explore the area they choose allowing them to see whether they are really interested in it before they make a financial investment in continuing that path after high school graduation. We enroll them in courses which enhance the student's possible career increasing their base knowledge for that career.

We also implemented a 70% eligibility threshold to hold students to a higher standard. This prompts them to work harder to participate in extracurricular activities and decreases the chance of them losing credit in the subject nearing the failing mark.

There are many definitions to personalized learning. We are combining traditional learning with a newer age learning to give students the best possible educational experience. It is recognized we will continue to need to tweak our processes as needed to make our students successful.

A Day of Labor?

For Americans, most every day is filled with some kind of labor. So why do we celebrate Labor Day with a day off from work in some businesses?

Labor Day is a national holiday with certain states and cities observing it as early as 1882.



“Labor Day, the first Monday in September, is a creation of the labor movement and is dedicated to the social and economic achievements of American workers. It constitutes a yearly national tribute to the contributions workers have made to the strength, prosperity, and well-being of our country.” (US Department of Labor)

Essentially, we are all glad to have a job and to be able to work to provide for our families. That in itself is a huge blessing which is another reason why we celebrate.

Sharon-Mutual Volleyball Schedule

SEP 10

5:00 PM

Trojans JH/JV at Darrouzett

Darrouzett Independent School District, 102 Kansas Ave, Darrouzett, TX 79024, USA

SEP 14

Weatherford Festival

SEP 17

4:00 PM

Trojans JH/JV/V at OBA

5913 W Chestnut Ave, Enid, OK 73703, USA

SEP 23

4:30 PM

Trojans JH/JV/V at Hennessey

707 E Oklahoma St, Hennessey, OK 73742, USA

SEP 26

4:30 PM

Trojans JH/JV/V at Erick

400 Oak Ave, Erick, OK 73645, USA

OCT 4: Regionals

OCT 11: State

5th & 6th Grade and JH Football Schedule

SEP 9

5:30 PM

Buffalo at Trojans

SEP 16

5:30 PM

Trojans at Waynoka

SEP 19

5:30 PM

Shattuck at Trojans

SEP 23

5:30 PM

Waynoka at Trojans

SEP 30

5:30 PM

Beaver at Trojans

OCT 14

5:30 PM

Canton at Trojans

OCT 22

5:30 PM

Trojans at Buffalo

High School Football Schedule

AUG 30, 7:00 PM

Cherokee at Trojans (Military Jersey Night)

SEP 6, 7:00 PM

Trojans at Seiling

SEP 13, 7:00 PM

Trojans at Waukomis

SEP 25, 7:00 PM

Trojans at Balko

SEP 27, 7:00 PM

Trojans (District Game) at Waynoka

OCT 4, 7:00 PM

Tyrone at Trojans (District Game/Childhood Cancer Awareness)

OCT 11, 7:00 PM

Trojans (District Game) at Pond Creek

OCT 17, 7:00 PM

Timberlake at Trojans (Homecoming)

NOV 1, 7:00 PM

Boise City at Trojans (District Game/Pink Out)

NOV 8, 7:00 PM

Buffalo at Trojans (District Game/Senior Night)

Military Appreciation Night “Military Jersey Night”

Sharon-Mutual hosted their season opener against the Cherokee Chiefs on Friday, August 30th. This was a special night of appreciation for our military. The team all wore National Guard military jerseys in honor of our past and present military.



How Do Our Senior Football Players Feel About the Military Game?

Kobe Bellows: "It means a lot to (be able to) support the people (who) give their lives for our freedom."

Alex Carter: "It brings me great joy and honor to be able to represent the troop jerseys. Not only am I playing the game I love, but I'm also supporting the people that give me the privilege of living free."

Gabe Sessoms: "It means everything to put on a jersey that is representing my country and honoring the ones who fight for us."

Koner Weir: " It means a lot to me because we are representing the people who fight for all of the citizens of our country."

After a long hard battle, the Trojans were defeated by Cherokee 52-42. We are proud of our men for playing a Class B ranked team so closely. The Trojans are off to playing well for a great season.

Did you know?

Adults 45 years or over who sleep fewer than six hours a night are 200% more likely to suffer a heart attack or stroke during their lifetime as compared with those sleeping seven to eight hours a night. --Dr. Matthew Walker, Sleep Diplomat

Our brains need sleep to restore, learn, and recall information. Students need 8-10 hours of sleep a night as well as exercise to keep us healthy.

Follow The Sleep Diplomat on social media or podcasts. Watch him on YouTube. He gives great research and beneficial information.



We hope you enjoyed our first newspaper of the year. We had fun creating it for you.

Watch in the mail for our September issue for what's "hot off the press". --The Staff

