

September 17, 2019

Newsletter

WHAT'S HAPPENING?

BY JD SESSOMS

*Carpe
Diem!*

Rock ON!

SENIORS, 8TH, 9TH, & 10TH GRADERS

Seniors need to take the ACT at least two more times if there is any remote possibility you will be going to college. Freshman and sophomores should take it at least once during the year with juniors taking it 2-4 times per year. You may view dates and register at www.actstudent.org. 8th graders through sophomores should apply for Oklahoma's Promise at <https://www.okhighered.org/okpromise/>. Different circumstances can affect eligibility. It is based on adjusted gross income. Call the regents at 800.858.1840 with questions.

Mrs. Marita Reichenberger's students are creating a rock garden. The students have lined the ground with trash bags. They have painted rocks that resemble fish for a cool aquarium-like look. Seventh-grade student, JD Sessoms designed his rock to look like a flag on a flagpole.



Volleyball Pink Out Night/Senior Night

by Abbey Elam

August 29, 2019, was the Sharon-Mutual lady Trojans Pink-Out night for volleyball. Starting at 4:30, at Mutual, the junior-high girls played against Erick. Followed by junior- varsity and varsity. Although all three teams lost to Erick, it was still a great set of games.

Shirts were available for this event and quite a lot were sold. All the proceeds went to the volleyball program, to help buy new jerseys, volleyballs, and other equipment needed. The shirts were sold for \$15.00 a piece and many people in the stands had them on.

August 29 was also senior night. This year's seniors who play volleyball include Abbie Neill and Catherine Mitchell. Both of these girls are active in a lot of activities around the school and both of them are in the starting line-up for the volleyball team.



Pink Out Night/Senior Night rocked. The Regional tournament is on October 4 and 5, and the State tournament is on October 11 and 12. The times for both are to be determined.

Ice Cream Machine

by Abbey Elam

The concession stand at the Sharon-Mutual High School is now selling ice cream. As a new addition to the concessions, the ice cream is a great seller. Available for just \$1 a cup or \$2 a bowl. This sweet treat is available at all sporting events, volleyball, football, and basketball, and I recommend it when you go.



Meet The Press Newspaper 101

Members of the newspaper class are: 8th Graders: Jonah Brockman, Isaiah Mitchell, Kelby Hunter, Trae Thomas, Austin Baird, Anthony Martin, and 7th Graders: Landon Dahl, JD Sessoms, James, Keltch, and Patrick Wheeler.

This team

will

probably

change

next month.

We'll keep you

posted!



7&8 GRADES REMEMBER 9-11-2001

THE DAY EVERYTHING
CHANGED!

Building up to 9-11, the 7th and 8th grades have been researching and studying the exact timelines of events on that terrible day in 2001. Students who weren't born at that time have come to realize the depths of this terrorist attack. After researching, they have been writing and reporting on the different events that day. Students also watched some documentaries and news reports that updated the public. Some students were also told stories by different

family members who remember where they were and how they found out about the attacks. Students have listened to recordings of the last phone calls made to loved ones from the planes.

WE REMEMBER!



Meet Our Veterans Day Speaker

Paul McCord graduated from Sharon High School in 1967. He was inducted into the US Army in February 1969. Paul served in the 1st Air Cavalry Division in Vietnam and was assigned to A troop 1st Squadron 9th Cavalry. Paul received a Combat Infantry Badge, 2 Bronze Stars with V device, 2 Army Commendation Medals with V device and 4 Air Medals for his service in Vietnam. Paul has been married 51 years to his wife Janice, who also attended Sharon Schools. They have 2 children, 6 grandchildren and 2 great grandchildren.

Veterans Day is November 11 at Sharon-Mutual Elementary at 10:40 am. We welcome all Veterans to attend this program. We want to honor you. .

Why Do People Say That You Never Forget How To Ride A Bike?

According to Scientific American, "Most of us learn how to ride a bike during childhood. But as we grow older, many of us stop riding and put those once-beloved bikes in storage. Years later, when we discover these relics and hop on, it's as if we never stopped biking. This is surprising because our memories let us down in so many other instances, such as remembering the name of a place or a person we once knew or where we put our keys. So how is it that we can ride a bicycle when we haven't done so in years? As it turns out, different types of memories are stored in distinct regions of our brains. Long-term memory is

divided into two types: declarative and procedural. There are two types of declarative memory: Recollections of experiences such as the day we started school and our first kiss are called episodic memory. This type of recall is our interpretation of an episode or event that occurred. Factual knowledge, on the other hand, such as the capital of France, is part of semantic memory. These two types of declarative memory content have one thing in common—you are aware of the knowledge and can communicate the memories to others. Skills such as playing an instrument or riding a bicycle are, however, anchored in a separate system, called procedural memory. As its name implies, this type of memory is responsible for performance" (scientificamerican.com, 11-15-18)



Additionally, scientists say that our brains are faster than any supercomputer known to man. So the question is...who taught you to ride a bike? You might want to thank them for establishing a part of your memory.

2019 Elementary Football Roster

Tayten Bruce 3
Jayden Hyde 11
Corbin Chester 12
Kayden Gillispie 14
Wyatt Neuenschwander 15
Cody Vassar 25
Crispyn Wilson 27
Isaac Mullins 28
Landyn Brown 30
Hunter Bammes 47
Jaxon Irving 55 red 60 white
Ethan Coberly 61
Adrian Palacio 63
Junior Segovia 78

2019 JH Football Roster

Kaden Spray 18
Blayze Clem 32
Carson Farrell 65
Braydon Thompson 21
Cade Clem 20
Peyton Carter 30
Austin Baird 50
Damian Dryman 10
Kelby Hunter 68
Cale Clem 14
Patrick Wheeler 17
Dakota Walker 13
Bryson Farrell 99
Leo Johnson 55



2019 HS Football Roster

Number Player Height Weight Grade Position

1 Gabe Sessoms 5'7" 175 12 RB/DB
3 Kaden Spray 6'2" 130 9 WR/DB
7 Alex Carter 6'3" 195 12 QB/DE
10 Nathaniel Rynes 5'6" 125 10 RB/DB
11 Torin Darden 6' 200 11 RB/DB
17 Drake Killman 6'2" 155 10 WR/DB
20 Cade Clem 5'6" 130 9 QB/DB
21 Braydon Thompson 5'7" 130 9 FB/LB
24 Tabor Marlatt 5'11" 140 10 WR/DB
26 Lane Spencer 6' 140 10 RB/DB
27 Conner Thompson 6' 185 11 TE/LB
32 Blayze Clem 5'10" 140 9 E/LB
44 Jake Green 5'10" 205 11 OL/DL
50 Garrett Stocking 5'11" 210 11 OL/DL
53 Thompson McAllister 5'10" 220 10 OL/DL
55 Marcus Cook 5'10" 175 11 OL/LB
65 Carson Farrell 5'10" 165 9 OL/LB
67 Jordan Benites 5'10" 180 11 OL/DL
72 Kobe Bellows 5'10" 255 12 C/DL
76 Austin Miller 5'10" 270 11 OL/DL
88 Koner Weir 5'11" 215 12 OL/DL
99 Caden Darden 5'9" 205 10 C/DL

Have You Ever Heard the Phrase “Dumb Jocks”? If you’ve heard this phrase once, then you could’ve heard it a million times. The problem with this phrase is that it simply isn’t true. Players are taught to run offenses and defenses and they have multiple plays. (If you played any sports, you can probably remember your own plays). They also have to remember hand signals for when the plays are called as well as not be distracted by the play calling decoy which hopefully confuses the other team. Athletes are taught strategies from how to swing your golf club for certain strokes and whether to use a wood or an iron depending on the course and the hole, to anticipate what will happen next in the game. Passing lanes are anticipated, opponents are studied and reviewing film is used to prepare for the other team, teams review their own playing and performance to improve themselves in order to learn from their mistakes. Players must **read** offenses and defenses as well as certain signals that their opponents give off like watching the center of who they're blocking on the line of scrimmage. In basketball, defenses such as a box and 1 or a triangle and 2 must be read and also executed on certain teams. Each player must think as a team and also as an individual. Even though track may be considered to be an individual sport, it is a team sport as well. Athletes have to know their own bodies in order to perform to the maximum potential for the team. On another note...it's important to recognize that they players are our students who do their best on their playing field of choice. They need and appreciate our encouragement and support. We Love Them!



ATTENTION NEWSPAPER FANS The News recently unintentionally left off Patrick Wheeler as participating in Cross Country. We want to let you know that Patrick is participating in Cross Country. The News regrets this error and apologizes to Patrick. Congratulations on excelling in your meets, Patrick and to the rest of the team!

Academically Speaking...

The Sharon-Mutual High School Academic team is off and rolling into their season. They have had one triad so far and lost to Canton and Fargo. You may be wondering what the academic team does and how an academic triad works. Three teams are present and each team plays the other two teams two games a piece. The game has 4 quarters and the first and third quarters consist of 20 toss-up questions containing questions asked in many different fields of knowledge, and ranges from early American Authors to trivial things, to grammar and math...extremely difficult math. Having moderated and judged for triads, I can tell you that sometimes the math problems are so extensive that there usually is no way to answer a math question in 10 seconds. Oh, did I mention that each team has 10 seconds to answer, plus they must buzz in and be recognized? Yes, there's that too. Additionally, when the company writes out the questions for math, they include, for the purpose of the moderator and in order to ensure accuracy in the way the questions is read, "Read It Like This".

The second and fourth quarters consist of 60 second rounds. The team who is ahead in the first quarter may choose whether they would like to play or defer after being read the 3 topics to choose from. The team may gather around the captain of the team and discuss answers but the judge and moderator can only recognize answers given by the captain **only**.

When the team is given choices for categories during the second and fourth quarters, the topics can be extremely misleading. For instance: the category 90s sitcoms may be extremely simple if you're familiar with that era of sitcoms. However, they could mix it up on you and ask who are the producers of each show. That's when it becomes difficult especially when selecting a category.

2019 Academic Team Members

Emalee Nail
Peyton Mulbery
Torin Darden
Lane Spencer
Lexie Robinson
Blayze Clem
Kallie Harris
Olivia Shuyler



HIGH PLAINS TECHNOLOGY CENTER

Chad Cargill's ACT Prep Class - September 30th, 2019

*Please print CLEARLY

Student's Name: _____ Current

Grade: _____

Home Address: _____

City: _____

Home Phone: _____

Student Cell Phone: _____

Form is due to Amber Riley at High Plains Tech (3921 34th Street, Woodward, OK by Sept. 25.

This workshop may fill up quickly, so admittance will be based on a first-come, first-serve basis. If you have any questions, please contact Amber Riley at: 580-571-6183

Date: Monday, September 30th, 2019

Time: 8:30 a.m. to 11:30 a.m.

Location: High Plains Technology Center Seminar Center

Home Phone: _____ Student Cell

Phone: _____

Cost: \$35.00 per student (Checks payable to High Plains Technology Center)

*Application and payment (check or money order)

must be made out to: High Plains Technology Center

Chad usually brings copies of his book to sell, they are \$20.00 each.

For more information go to the Chad Cargill website:

<http://www.chadcargill.com>

Sending High

School: _____ Counselor: _____

There will be no refunds if you miss the workshop

3921 34th Street, Woodward, OK

What's UP with SM NJHS?

This acronym stands for Sharon-Mutual (you obviously had that figured out) National Junior Honor Society. That's right...an honor society for the junior high.

This year's historical change in location-enabled a new organization to be formed. The 7th and 8th graders will now have the opportunity to work to earn the privilege to become a member of an honor society.

National Honor Societies have the foundation of four precepts. They are scholarship, service, leadership, character, citizenship.

- **Scholarship**
Per national guidelines, at a minimum, students must have a cumulative GPA of 85, B, 3.0 on a 4.0 scale, or equivalent standard of excellence. (Each school chapter is allowed to require a higher cumulative GPA.)
- **Service**
This involves voluntary contributions made by a student to the school or community, done without compensation.
- **Leadership**
Student leaders are those who are resourceful, good problem solvers, and idea contributors. Leadership experiences can be drawn from school or community activities while working with or for others.
- **Character**
The student of good character is cooperative; demonstrates high standards of honesty and reliability; shows courtesy, concern, and respect for others; and generally maintains a clean disciplinary record.
- **Citizenship**
The student who demonstrates citizenship understands the importance of civic engagement; has high regard for freedom and justice; respects democracy; respects the law for all citizens at the local, state, and federal levels; and demonstrates mature participation and responsibility in activities such as scouting, community organizations, or school clubs.
-

This year the NJHS will be doing volunteer work around the campus and will be working to attend the Pro-Sports Career Day hosted by the Thunder Organization with an opportunity to see a game as well.

Congratulate each of the first members when you see them. They are Austin Baird, Jonah Brockman, Heidi Keene, Isaiah Mitchell. At the end of the year, the seventh graders will have the opportunity to be inducted into NJHS based on the previous precepts.

September is National Attendance Month

If your child misses...	That equals...	Which is...	And over 13 years of schooling that's...
1 day every 2 weeks	20 days per year	4 weeks per year	Nearly 1 ½ years
1 day per week	40 days per year	8 weeks per year	Over 2 ½ years of school
2 days per week	80 days per year	16 weeks per year	Over 5 years
3 days per week	120 days per year	24 weeks per year	Nearly 8 years

How about 10 minutes late a day? Surely that won't affect my child?

He/she is only missing just...	That equals...	Which is...	And over 13 years of schooling that's...
10 mins per day	50 mins per week	Nearly 1 ½ weeks per year	Nearly ½ year
20 mins per day	1 hr. 40 mins per week	Over 2 ½ weeks per year	Nearly 1 year
30 mins per day	Half a day per week	4 weeks per year	Nearly 1 ½ years
1 hour per day	1 day per week	8 weeks per year	Over 2 ½ years

EVERY DAY COUNTS

10 Facts About School Attendance

1. Absenteeism in the first month of school can predict poor attendance throughout the school year. Half the students who miss 2-4 days in September go on to miss nearly a month of school.
2. Over 8 million U.S. students miss nearly a month of school each year.
3. Absenteeism and its ill effects start early. One in 10 kindergarten and first-grade students are chronically absent.
4. Poor attendance can influence whether children read proficiently by the end of third grade or be held back.
5. By 6th grade, chronic absence becomes a leading indicator that a student will drop out of high school.
6. Research shows that missing 10 percent of the school, or about 18 days in most school districts, negatively affects a student's academic performance. That's just two days a month and that's known as chronic absence.
7. Students who live in communities with high levels of poverty are four times more likely to be chronically absent than others often for reasons beyond their control, such as unstable housing, unreliable transportation and a lack of access to health care.
8. When students improve their attendance rates, they improve their academic prospects and chances for graduating.
9. Attendance improves when schools engage students and parents in positive ways and when schools provide mentors for chronically absent students.
Most school districts and states don't look at all the right data to improve school attendance. They track how many students show up every day and how many are skipping school without an excuse, but not how many are missing so many days in excused and unexcused absence that they are headed off track academically.

15 Apps That Parents Should Know About



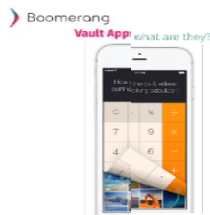
Live.me is a live streaming video app that uses geolocation to share videos so users can find out a broadcaster's exact location. Users can earn "coins" as a way to pay minors for photos.



Whisper is an anonymous social network that promotes sharing secrets with strangers it also reveals a users location so people can meet up.



Hot or Not - encourages users to rate your profile. Check out people in their area. And chat with strangers. The goal of this app is to hook up.



Calculator- The **calculator** then turns into a private storage **app** in which you can **hide** your most secret photos, videos, notes, and more. **CALCULATOR%** is only one of **SEVERAL** secret app used to hide photos, video, files, and browser history.



Burn book is an app where people can post anonymous rumors about people through audio, texts, and photos.



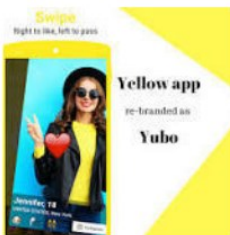
Wishbone is an app that allows users to compare kids against each other and rate them on a scale.



Kik is a mobile messaging application that can be used on both android and iPhone. The popular app which is free to use is similar to Viber and WhatsApp but has some additional functions that differentiate it. For example, an internal browser, meaning users are encouraged to spend more time within the app. The app has been in the news recently, if your child has a Kik account, caution should be taken.



Twitter, a social networking site launched in 2006, is undoubtedly one of the most popular social media platforms available today, with 100 million daily active users and 500 million tweets sent daily.



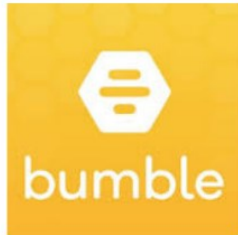
This app is designed to allow teen to flirt with each other in a Tinder-like atmosphere.



SNAPCHAT is one of the most popular apps of 2018. While the app promises users can take a photo/video and it will disappear, recent features including "stories" allows users to view content for up to 24 hours. Snapchat also allows users to see your location.



A free online chat website that promotes chatting anonymously to strangers.



BUMBLE is similar to the popular dating app "Tinder" however, it requires women to make the first contact. Kids have been known to use BUMBLE to create fake accounts and falsify their age.



ASK.fm is known for cyber bullying. The app encourages users to allow anonymous people to ask them questions.



TikTok is an iOS and Android social media video app for creating and sharing short lip-sync, comedy, and talent videos. The app was launched in 2017 by ByteDance, for markets outside of China. ByteDance has previously launched Douyin for the Chinese market in September 2016.



HOLLA is a self-proclaimed "addicting" video chat app that allows users to meet people all over the world in just seconds. Reviewers say they have been confronted with racial slurs, explicit content, and more.



Homecoming Activities

Join Us For Our Parade and Pep Rally!

Although this isn't the first Homecoming Parade that we've had (think 1990s in Mutual with lawn chairs lining the Mutual Blacktop in town and Coach Kirt Kurtley), this will be a fabulous one.

The homecoming parade will be held in Sharon on Wednesday, October 16, at 2 p.m. The parade will originate at the elementary, go west one block and north on Sharon's main street ending at the court north of the post office for a pep assembly ending at 3 p.m.

Each class will prepare a class banner to carry and march in the parade to show their Trojan spirit. Cheerleaders will parade directly behind the grand marshalls. High school volleyball, cross-country, and football teams will be riding in the parade as groups. We hope you can attend.



Sharon-Mutual NJHS Hosts October Blood Drive in Honor of 16 Year-Old SW Covenant Football Player

The SM NJHS will be hosting an OBI blood drive on October 21 in Sharon from 8-10 am and in Mutual from Noon to 3 pm. This drive will be in honor of SW Covenant football player, #14 Peter Webb, who suffered a fatal injury during a recent football game.

Fragrant Flowers With Healing Powers

Flowers and fragrances have been used for thousands of years because of their healing properties. Beautiful gardens are always a sight to behold. The news staff and the rest of the school and community take time to recognize Mrs. Joyce Hedges and all of her hard work in updating and maintaining the flower beds in front of the east gym. Joyce, you have made the gym look so welcoming and inviting. Thank you for bringing back a classy look to our exterior. We love our new look! Thank you!

—The Staff



Ya'all Come Back Now, Ya Hear?

YA'ALL COME BACK NOW, YA HEAR?

