

OCT 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	
		BREAKFAST Pancakes sausage fruit Milk slushie LUNCH Bake boneless chix breast mash potato cauliflower squash fruit veg bar w,g bread milk	BREAKFAST Egg omelet w.g toast Hash brown carrot stix Fruit milk LUNCH Nacho meat sauce cheese slice w.g tortilla Chips coleslaw green Bean w.g bread fruit milk	BREAKFAST Cereal cheese stix Cinnamon roll fruit Milk slushie LUNCH Chicken nugget potato Soup cauliflower milk Fruit W.g bread veg bar	BREAKFAST LUNCH NO SCHOOL	
	7	8	9	10	11	
	BREAKFAST Breakfast burrito fruit Salsa w.gbread milk slushie LUNCH Chix pattie mac cheese Broccoli fruit w.g. Bread Veg bar milk	BREAKFAST Pancake stix banana bread fruit yogurt milk LUNCH Corn dogs noodles fruit Carrots beets w.g bread Veg bar milk	BREAKFAST Combos muffin fruit Sauce milk LUNCH Sub sand Sweet potato fries green beans fruit Brussel sprouts w.g bread veg bar milk soup	BREAKFAST French toast ham patty Fruit milk LUNCH Chix strips rice pilaf Mix veg w.g bread Fruit milk veg bar	BREAKFAST Egg omelet w.g,toast Sausage fruit milk LUNCH Baked chix mash Potato corn squash Veg bar fruit w.g bread milk	
	14	15	16	17	18	
	BREAKFAST French toast sausage Fruit milk LUNCH Pizza hot dish w.g.bread stix green beans brussel Sprouts milk fruit Veg bar	BREAKFAST Breakfast burrito yogurt Fruit bagels milk LUNCH Hot dogs mash potato Kraut cauliflower Fruit veg bar w.gbread	BREAKFAST Egg omelet hash brown Fruit w.g toast carrots sticks milk LUNCH Cheeseburger fries bake beans w.g bread Veg bar fruit milk	BREAKFAST Pizza dippers fruit yogurt w.g toast milk LUNCH Bake ham parsley potato cheese slice Broccoli milk w.g bread fruit	BREAKFAST Pancake stix fruit W.g toast cook eggs milk LUNCH Fish carrots scallop Potato veg bar fruit milk	
	21	22	23	24	25	
	BREAKFAST Egg wrap w.g.toast Sausage fruit milk LUNCH Chix patty noodles Broccoli fruit veg bar W.g bread milk	BREAKFAST Cereal cheese stix W.g toast milk carrots stix LUNCH Taco rice pilaf carrots Fruit w,g,bread shells Tater tots	BREAKFAST Breakfast pizza Cook eggs muffins Fruit milk LUNCH Chicken teriyaki rice fruit Cheese slice veg bar milk corn	BREAKFAST Pancakes sausage fruit milk LUNCH Pizza bake beans Mix veg w.g bread Milk fruit	BREAKFAST Combos w.g toast yogurt fruit milk LUNCH Tomato soup Grilled cheese sand Broccoli veg bar Fruit w.g bread	
	28	29	30	31		
	BREAKFAST Egg omelet sausage W.g bagels fruit milk LUNCH Cream turkey mash potato carrots brussel Sprouts fruit w.g bread Milk veg bar	BREAKFAST Pizza dippers sauce fruit Milk muffin LUNCH Corn dogs rice pilaf Bake beans beets fruit W.g bread milk veg bar	BREAKFAST Pancakes sausage Fruit milk LUNCH Meatballs mash potato Peas w.g bread Veg bar fruit milk	BREAKFAST Cereal yogurt bagels Milk LUNCH Ham tetrazzini hot dish W.g bread stix fruit Cauliflower asparagus Veg bar milk	MENU IS SUBJECT TO CHANGE WITHOUT NOTICE	