### BMS FALL 1st WEEK OF PRACTICE

# Coaches will hand out rest of practice schedule during the 1st week of practice

#### Football-7th and 8th Grade

- Monday August 15th @ BMS
  - o Passing out Equipment in locker room -2:00 pm
  - o Practice 3:00-4:30 pm
- Tuesday-Friday @ BMS
  - Practice 3:00-4:30 pm

### Volleyball

- 8th Grade @ BMS Gym
  - Monday August 15th- Friday August 19th
  - o Practice 3:00-4:30 pm
- 7th Grade @ BMS Gym
  - Monday August 22nd-Friday August 26th
  - o Practice 3:00-4:30 pm

### Soccer- 7th and 8th Grade

- Monday August 15th- Friday August 19th @ BMS
  - o Practice 3:30-5:00 pm

# **Cross Country-7th and 8th Grade**

- Monday August 15th @ MHS (Only the 1st Day then will be practicing at BMS)
  - o Practice 8:00-9:30 am
- Tuesday-Friday @ BMS
  - o 3:00-4:30 pm

# Cheerleading- 7th and 8th Grade

- Monday August 15th @ BMS
  - o Practice 8:00-10:00 am
- Tuesday, Wednesday, and Friday @ BMS
  - o Practice 3:30-5:30 pm