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# OCTOBER 2019
## Macon County Schools

*This institution is an equal opportunity provider. *

*Menu is subject to change.

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|---|---|
| | **1** Cinnamon Roll<br><br>Taco Tuesday<br>Ground Beef<br>Lettuce/Tomato/ Salsa<br>Cheese/ Sour Cream<br>Black Bean Salad<br>Fruit, Milk | **2** Pancake Pup<br><br>Chicken Legs<br>Homemade Mac & Cheese<br>Green Beans<br>Roll<br>Fruit, Milk | **3** Breakfast Pizza<br><br>Baked Ham<br>Glazed Carrots<br>Mashed Potatoes<br>Roll<br>Fruit, Milk | **4** Chicken Biscuit<br><br>Personal Pan Pizza<br>(Cheese or Pepperoni)<br>Corn<br>Garden Salad<br>Cucumbers w/ Dip<br>Fruit, Milk |
| **7** | **8** | **9** | **10** | **11** |
| | Fall Break | | No School | |
| **14** Cinnamon Roll<br><br>Chicken Strips<br>Mashed Potatoes<br>Green Peas<br>Roll<br>Fruit, Milk | **15** Parfait<br><br>Hamburger or Cheeseburger<br>Lettuce/Tomato/Pickle<br>Fries<br>Broccoli w/ Dip<br>Fruit, Milk | **16** Breakfast Pizza<br><br>Chicken Alfredo<br>Steamed Broccoli<br>Carrots w/ Dip<br>Garlic Biscuit<br>Fruit, Milk | **17** Muffin<br><br>Beef Dippers<br>Mashed Potatoes<br>Green Beans<br>Biscuit Stick w/ Gravy<br>Fruit, Milk | **18** Sausage Biscuit<br><br>Pizza or Buffalo Chicken Pizza<br>Corn on the Cob<br>Garden Salad<br>Fruit, Milk<br><br>*Free Ice Cream with Tray!* |
| **21** Sausage Biscuit<br><br>Hamburger or Cheeseburger<br>Lettuce/Tomato/Pickle<br>Fries<br>Broccoli w/ Dip<br>Fruit, Milk | **22** Smoothies<br><br>Cheesy Chicken Nachos<br>Black Bean Salad<br>Lettuce/ Tomato<br>Salsa/ Sour Cream<br>Fruit, Milk | **23** Biscuit & Gravy<br><br>Pasta Bake<br>Green Beans<br>Garden Salad<br>Cheesy Breadstick<br>Fruit, Milk | **24** French Toast Sticks<br><br>Hot Ham & Cheese<br>Fries<br>Carrot Sticks w/ Dip<br>Fresh Fruit, Milk | **25** Chicken Biscuit<br><br>Breaded Chicken Sandwich<br>Tater Tots<br>Baked Beans<br>Carrots w/ Dip<br>Fruit, Milk |
| **28** Cinnamon Roll<br><br>Sausage or Chicken<br>Scrambled Eggs<br>Biscuit & Gravy<br>Hash Brown<br>Fruit, Milk | **29** Parfait<br><br>Homemade Shredded BBQ<br>Dill Spear<br>Potato Smiles<br>Cole Slaw<br>Carrots w/ Dip<br>Fruit, Milk | **30** Biscuit Stick & Gravy<br><br>Chicken Bites<br>Fries<br>Baked Beans<br>Fruitable<br>Fresh Fruit, Milk | **31** Breakfast Pizza<br><br>Beef Dippers<br>Mashed Potatoes<br>Green Beans<br>Biscuit Stick w/ Gravy<br>Fruit, Milk<br>*Free Ice Cream with Tray* | |

## Every Day Breakfast Items

Cereal with Toast
Pop-Tart or Yogurt
Fruit, Juice, Milk

## Cold Plates Available on Tuesday and Thursday

Ham & Cheese or Turkey & Cheese
Lettuce/Tomato
Baked Chips, Fruit, Milk