



October

2019

Tipton Middle School Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Special News... Breakfast Price \$1.60 Reduced \$0.30 *All products are whole grain Work while your kids are in school. Tipton is currently hiring. Visit TCSC.K12.IN.US and navigate to departments, then food service to see employment opportunities. Menus are subject to change without notice.
	1 Cinnamon Cream Cheese Bagel Bites Breakfast Pizza Chocolate Glazed Donut Fruit Smoothie/Parfait Asst. Cereal / WG Snacks / String Cheese / Yogurt Fresh Fruit	2 Sausage & Cheese Muffin Breakfast Pizza Vanilla Glazed Donut Fruit Smoothie/Parfait Asst. Cereal / WG Snacks / String Cheese / Yogurt Fresh Fruit	3 Apple Frudel Breakfast Pizza Powdered Sugar Donut Fruit Smoothie/Parfait Asst. Cereal / WG Snacks / String Cheese / Yogurt Fresh Fruit	4 Sausage Gravy & Biscuit Breakfast Pizza Cinnamon Sugar Donut Fruit Smoothie/Parfait Asst. Cereal / WG Snacks / String Cheese / Yogurt Fresh Fruit	
7 Cherry Frudel Breakfast Pizza Cinnamon Sugar Donut Fruit Smoothie/Parfait Asst. Cereal / WG Snacks / String Cheese / Yogurt Fresh Fruit	8 Blueberry Muffin & Cheese Stick Breakfast Pizza Chocolate Glazed Donut Fruit Smoothie/Parfait Asst. Cereal / WG Snacks / String Cheese / Yogurt Fresh Fruit	9 Egg & Cheese Biscuit Breakfast Pizza Vanilla Glazed Donut Fruit Smoothie/Parfait Asst. Cereal / WG Snacks / String Cheese / Yogurt Fresh Fruit	10 Sausage Pancake Wrap Breakfast Pizza Powdered Sugar Donut Fruit Smoothie/Parfait Asst. Cereal / WG Snacks / String Cheese / Yogurt Fresh Fruit	11 Sausage Gravy & Biscuit Breakfast Pizza Cinnamon Sugar Donut Fruit Smoothie/Parfait Asst. Cereal / WG Snacks / String Cheese / Yogurt Fresh Fruit	
14 French Toast Bites Breakfast Pizza Cinnamon Sugar Donut Fruit Smoothie/Parfait Asst. Cereal / WG Snacks / String Cheese / Yogurt Fresh Fruit	15 Apple Frudel Breakfast Pizza Chocolate Glazed Donut Fruit Smoothie/Parfait Asst. Cereal / WG Snacks / String Cheese / Yogurt Fresh Fruit	16 <u>No School!</u> <u>Fall Break</u>	17 <u>No School!</u> <u>Fall Break</u>	18 <u>No School!</u> <u>Fall Break</u>	
21 Maple Waffle Bites Breakfast Pizza Cinnamon Sugar Donut Fruit Smoothie/Parfait Asst. Cereal / WG Snacks / String Cheese / Yogurt Fresh Fruit	22 Sausage Pancake Wrap Breakfast Pizza Chocolate Glazed Donut Fruit Smoothie/Parfait Asst. Cereal / WG Snacks / String Cheese / Yogurt Fresh Fruit	23 Egg & Cheese Muffin Breakfast Pizza Vanilla Glazed Donut Fruit Smoothie/Parfait Asst. Cereal / WG Snacks / String Cheese / Yogurt Fresh Fruit	24 Cherry Frudel Breakfast Pizza Powdered Sugar Donut Fruit Smoothie/Parfait Asst. Cereal / WG Snacks / String Cheese / Yogurt Fresh Fruit	25 Sausage Gravy & Biscuit Breakfast Pizza Cinnamon Sugar Donut Fruit Smoothie/Parfait Asst. Cereal / WG Snacks / String Cheese / Yogurt Fresh Fruit	
28 Cherry Frudel Breakfast Pizza Cinnamon Sugar Donut Fruit Smoothie/Parfait Asst. Cereal / WG Snacks / String Cheese / Yogurt Fresh Fruit	29 Ham & Cheese Biscuit Breakfast Pizza Chocolate Glazed Donut Fruit Smoothie/Parfait Asst. Cereal / WG Snacks / String Cheese / Yogurt Fresh Fruit	30 Bacon, Egg, & Cheese Flatbread Breakfast Pizza Vanilla Glazed Donut Fruit Smoothie/Parfait Asst. Cereal / WG Snacks / String Cheese / Yogurt Fresh Fruit	31 Large Muffin (Chocolate) Breakfast Pizza Powdered Sugar Donut Fruit Smoothie/Parfait Asst. Cereal / WG Snacks / String Cheese / Yogurt Fresh Fruit		

* May Contain Pork

Reminder ---- If your child qualifies for a free or reduced lunch meal, they are also qualified for a free or reduced breakfast meal!

Offered Daily:

Fat Free Milk, Low Fat Milk & 100% Juice Offered Daily
Free or Reduced status also applies to breakfast

Questions/Comments: email aproulx@tcsc.k12.in.us
 Nutrition/Payment: Information available on TCSC.K12.IN.US

