

Beebe Public Schools

Oct 1, 2019 thru Oct 31, 2019

Base Menu Spreadsheet

K-4 Breakfast

Portion Values - Detailed

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Generated on: 9/26/2019 8:52:27 AM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 10/01/2019																
K-4 Breakfast	Total	400														
Biscuit and Gravy	1 Each	200	236	0	754	0.60	1.44	20.0	0	0.0	*N/A*	4.0	28.14	12.06	3.53	0.00
OR	SERVING	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Cereal Variety & Grahams	Each	100	197	0	253	2.61	5.33	193.5	972	7.05	*5	3.64	39.51	4.02	0.07	0.00
OR	SERVING	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Pop-Tart, WG variety	Package	100	325	0	345	5.30	3.24	180.0	900	0.0	*20	4.33	68.13	5.09	1.75	0.03
Breakfast fruit, variety	1/2 cup	350	73	0	9	1.46	0.75	4.4	71	2.17	*4	0.32	19.25	0.04	0.00	0.00
FRUIT,FRESH ASSORTED	1 EACH	50	69	0	1	3.27	0.16	19.3	130	22.18	14	0.58	18.14	0.22	0.03	0.00
Milk, Breakfast - Variety	HALF PINT	385	118	7	159	0.00	0.00	300.0	500	0.6	*N/A*	8.42	19.0	1.05	0.63	0.00
Juice (milk allergies only)	2 cartons	1	59	0	4	*0.06	*0.16	*3.6	*23	18.36	*N/A*	0.55	13.56	0.06	0.01	*0.00
Weighted Daily Average % of Calories			435	7	687	*3.96	*3.54	*398.4	*1028	7.06	*12 *10.9%	12.45 11.5%	78.42 72.2%	9.38 19.4%	2.83 5.9%	*0.01 *0.0%
Nutrient Guideline			350-500		540										<10.00	

Wed - 10/02/2019																
K-4 Breakfast	Total	400														
Egg & cheese b-fast sandwich	1 Each	200	200	75	322	2.00	*0.72	*40.0	*0	*0.0	*1	8.03	17.51	11.8	4.90	0.00
OR	SERVING	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Cereal Variety & Grahams	Each	100	197	0	253	2.61	5.33	193.5	972	7.05	*5	3.64	39.51	4.02	0.07	0.00
OR	SERVING	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Smoothie (Shiver Shock)	8 oz. svgs.	100	154	3	64	0.61	0.25	107.5	500	27.43	27	3.34	34.39	0.67	0.67	0.00
Graham Crackers	Package	100	90	0	95	1.00	0.72	100.0	500	0.0	5	2.0	17.0	2.5	0.00	0.00
Juice, variety (4 oz.)	4 oz. carto	200	59	0	4	*0.05	*0.14	*3.2	*20	20.12	*N/A*	0.6	13.5	0.05	0.01	*0.00
FRUIT,FRESH ASSORTED	1 EACH	200	69	0	1	3.27	0.16	19.3	130	22.18	14	0.58	18.14	0.22	0.03	0.00
Milk, Breakfast - Variety	HALF PINT	380	118	7	159	0.00	0.00	300.0	500	0.6	*N/A*	8.42	19.0	1.05	0.63	0.00
Juice (milk allergies only)	2 cartons	1	59	0	4	*0.06	*0.16	*3.6	*23	18.36	*N/A*	0.55	13.56	0.06	0.01	*0.00
Weighted Daily Average % of Calories			386	45	418	*3.72	*2.08	*416.5	*1043	*30.39	*17 *17.2%	14.85 15.4%	65.39 67.7%	8.83 20.6%	3.26 7.6%	*0.00 *0.0%
Nutrient Guideline			350-500		540										<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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Beebe Public Schools

Oct 1, 2019 thru Oct 31, 2019

Base Menu Spreadsheet

K-4 Breakfast

Portion Values - Detailed

Page 2

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 10/03/2019																
K-4 Breakfast	Total	400														
Biscuit	1 Each	200	200	0	610	0.60	1.44	20.0	0	0.0	*N/A*	4.0	23.0	10.0	2.50	0.00
Sausage patty	patty	150	0	0	0	*N/A*	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	*N/A*
OR	SERVING	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Cereal Variety & Grahams	Each	100	197	0	253	2.61	5.33	193.5	972	7.05	*5	3.64	39.51	4.02	0.07	0.00
OR	SERVING	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Pop-Tart, WG variety	Package	100	325	0	345	5.30	3.24	180.0	900	0.0	*20	4.33	68.13	5.09	1.75	0.03
Breakfast fruit, variety	1/2 cup	350	73	0	9	1.46	0.75	4.4	71	2.17	*4	0.32	19.25	0.04	0.00	0.00
FRUIT,FRESH ASSORTED	1 EACH	50	69	0	1	3.27	0.16	19.3	130	22.18	14	0.58	18.14	0.22	0.03	0.00
Milk, Breakfast - Variety	HALF PINT	380	118	7	159	0.00	0.00	300.0	500	0.6	*N/A*	8.42	19.0	1.05	0.63	0.00
Juice (milk allergies only)	2 cartons	1	59	0	4	*0.06	*0.16	*3.6	*23	18.36	*N/A*	0.55	13.56	0.06	0.01	*0.00
Weighted Daily Average			415	7	613	*3.96	*3.54	*394.6	*1021	7.05	*12	12.35	75.61	8.34	2.31	*0.01
% of Calories											*11.4%	11.9%	72.8%	18.1%	5.0%	*0.0%
Nutrient Guideline			350-500		540										<10.00	

Fri - 10/04/2019																
K-4 Breakfast	Total	400														
Mini Cinnis	1 each	200	240	0	300	2.00	1.44	20.0	0	0.0	*N/A*	5.0	40.0	7.0	2.00	0.00
OR	SERVING	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Cereal Variety & Grahams	Each	100	197	0	253	2.61	5.33	193.5	972	7.05	*5	3.64	39.51	4.02	0.07	0.00
OR	SERVING	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Pop-Tart, WG variety	Package	100	325	0	345	5.30	3.24	180.0	900	0.0	*20	4.33	68.13	5.09	1.75	0.03
Juice, variety (4 oz.)	4 oz. carto	350	59	0	4	*0.05	*0.14	*3.2	*20	20.12	*N/A*	0.6	13.5	0.05	0.01	*0.00
FRUIT,FRESH ASSORTED	1 EACH	50	69	0	1	3.27	0.16	19.3	130	22.18	14	0.58	18.14	0.22	0.03	0.00
Milk, Breakfast - Variety	HALF PINT	385	118	7	159	0.00	0.00	300.0	500	0.6	*N/A*	8.42	19.0	1.05	0.63	0.00
Juice (milk allergies only)	2 cartons	1	59	0	4	*0.06	*0.16	*3.6	*23	18.36	*N/A*	0.55	13.56	0.06	0.01	*0.00
Weighted Daily Average			424	7	456	*3.43	*3.00	*397.4	*983	22.77	*8	13.19	79.31	6.86	2.08	*0.01
% of Calories											*7.5%	12.4%	74.8%	14.6%	4.4%	*0.0%
Nutrient Guideline			350-500		540										<10.00	

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* - denotes combined nutrient totals with either missing or incomplete nutrient data

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Beebe Public Schools

Oct 1, 2019 thru Oct 31, 2019

Base Menu Spreadsheet

K-4 Breakfast

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 10/07/2019																
K-4 Breakfast	Total	400														
Blueberry muffin, WG	Each	200	149	35	179	1.99	3.58	198.9	995	1.19	*N/A*	2.98	24.87	4.48	0.99	0.00
OR	SERVING	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Cereal Variety & Grahams	Each	100	197	0	253	2.61	5.33	193.5	972	7.05	*5	3.64	39.51	4.02	0.07	0.00
OR	SERVING	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Pop-Tart, WG variety	Package	100	325	0	345	5.30	3.24	180.0	900	0.0	*20	4.33	68.13	5.09	1.75	0.03
Juice, variety (4 oz.)	4 oz. carto	200	59	0	4	*0.05	*0.14	*3.2	*20	20.12	*N/A*	0.6	13.5	0.05	0.01	*0.00
FRUIT,FRESH ASSORTED	1 EACH	200	69	0	1	3.27	0.16	19.3	130	22.18	14	0.58	18.14	0.22	0.03	0.00
Milk, Breakfast - Variety	HALF PINT	385	118	7	159	0.00	0.00	300.0	500	0.6	*N/A*	8.42	19.0	1.05	0.63	0.00
Juice (milk allergies only)	2 cartons	1	59	0	4	*0.06	*0.16	*3.6	*23	18.36	*N/A*	0.55	13.56	0.06	0.01	*0.00
Weighted Daily Average % of Calories			383	24	394	*4.63	*4.08	*492.9	*1522	24.14	*13 *13.8%	12.18 12.7%	73.49 76.8%	5.66 13.3%	1.58 3.7%	*0.01 *0.0%
Nutrient Guideline			350-500		540										<10.00	

Tue - 10/08/2019																
K-4 Breakfast	Total	400														
Biscuit and Gravy	1 Each	200	236	0	754	0.60	1.44	20.0	0	0.0	*N/A*	4.0	28.14	12.06	3.53	0.00
OR	SERVING	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Cereal Variety & Grahams	Each	100	197	0	253	2.61	5.33	193.5	972	7.05	*5	3.64	39.51	4.02	0.07	0.00
OR	SERVING	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Pop-Tart, WG variety	Package	100	325	0	345	5.30	3.24	180.0	900	0.0	*20	4.33	68.13	5.09	1.75	0.03
Breakfast fruit, variety	1/2 cup	200	73	0	9	1.46	0.75	4.4	71	2.17	*4	0.32	19.25	0.04	0.00	0.00
FRUIT,FRESH ASSORTED	1 EACH	200	69	0	1	3.27	0.16	19.3	130	22.18	14	0.58	18.14	0.22	0.03	0.00
Milk, Breakfast - Variety	HALF PINT	385	118	7	159	0.00	0.00	300.0	500	0.6	*N/A*	8.42	19.0	1.05	0.63	0.00
Juice (milk allergies only)	2 cartons	1	59	0	4	*0.06	*0.16	*3.6	*23	18.36	*N/A*	0.55	13.56	0.06	0.01	*0.00
Weighted Daily Average % of Calories			433	7	684	*4.64	*3.31	*404.0	*1050	14.56	*15 *14.2%	12.55 11.6%	78.00 72.0%	9.45 19.6%	2.85 5.9%	*0.01 *0.0%
Nutrient Guideline			350-500		540										<10.00	

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Beebe Public Schools

Oct 1, 2019 thru Oct 31, 2019

Base Menu Spreadsheet

K-4 Breakfast

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 10/09/2019																
K-4 Breakfast	Total	428														
Bacon Scramble Breakfast Pizza	1 Each	200	210	55	320	2.00	1.44	100.0	0	0.0	5	10.0	25.0	8.0	3.50	0.00
OR	SERVING	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Cereal Variety & Grahams	Each	100	197	0	253	2.61	5.33	193.5	972	7.05	*5	3.64	39.51	4.02	0.07	0.00
OR	SERVING	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Smoothie (Shiver Shock)	8 oz. svgs.	128	154	3	64	0.61	0.25	107.5	500	27.43	27	3.34	34.39	0.67	0.67	0.00
Graham Crackers	Package	128	90	0	95	1.00	0.72	100.0	500	0.0	5	2.0	17.0	2.5	0.00	0.00
Juice, variety (4 oz.)	4 oz. carto	228	59	0	4	*0.05	*0.14	*3.2	*20	20.12	*N/A*	0.6	13.5	0.05	0.01	*0.00
FRUIT,FRESH ASSORTED	1 EACH	200	69	0	1	3.27	0.16	19.3	130	22.18	14	0.58	18.14	0.22	0.03	0.00
Milk, Breakfast - Variety	HALF PINT	400	118	7	159	0.00	0.00	300.0	500	0.6	*N/A*	8.42	19.0	1.05	0.63	0.00
Juice (milk allergies only)	2 cartons	1	59	0	4	*0.06	*0.16	*3.6	*23	18.36	*N/A*	0.55	13.56	0.06	0.01	*0.00
Weighted Daily Average			391	33	407	*3.58	*2.35	*445.1	*1065	31.54	*20	15.58	69.74	6.74	2.46	*0.00
% of Calories											*20.2%	15.9%	71.3%	15.5%	5.7%	*0.0%
Nutrient Guideline			350-500		540										<10.00	

Thu - 10/10/2019																
K-4 Breakfast	Total	400														
Biscuit	Each	200	200	0	610	0.60	1.44	20.0	0	0.0	*N/A*	4.0	23.0	10.0	2.50	0.00
Sausage patty	patty	200	0	0	0	*N/A*	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	*N/A*
OR	SERVING	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Cereal Variety & Grahams	Each	100	197	0	253	2.61	5.33	193.5	972	7.05	*5	3.64	39.51	4.02	0.07	0.00
OR	SERVING	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Pop-Tart, WG variety	Package	100	325	0	345	5.30	3.24	180.0	900	0.0	*20	4.33	68.13	5.09	1.75	0.03
Juice, variety (4 oz.)	4 oz. carto	200	59	0	4	*0.05	*0.14	*3.2	*20	20.12	*N/A*	0.6	13.5	0.05	0.01	*0.00
FRUIT,FRESH ASSORTED	1 EACH	200	69	0	1	3.27	0.16	19.3	130	22.18	14	0.58	18.14	0.22	0.03	0.00
Milk, Breakfast - Variety	HALF PINT	350	118	7	159	0.00	0.00	300.0	500	0.6	*N/A*	8.42	19.0	1.05	0.63	0.00
Juice (milk allergies only)	2 cartons	1	59	0	4	*0.06	*0.16	*3.6	*23	18.36	*N/A*	0.55	13.56	0.06	0.01	*0.00
Weighted Daily Average			398	6	596	*3.94	*3.01	*377.1	*981	23.49	*13	11.95	70.89	8.33	2.28	*0.01
% of Calories											*13.2%	12.0%	71.3%	18.9%	5.2%	*0.0%
Nutrient Guideline			350-500		540										<10.00	

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K-4 Breakfast

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 10/11/2019																
K-4 Breakfast	Total	400														
Scrambled eggs with ham	1/4 CUP	200	110	196	360	0.00	0.89	95.0	271	0.3	*3	11.04	4.15	5.27	1.75	*0.02
Toast WW	1 each	200	92	0	145	1.20	0.99	15.0	20	0.1	*0	2.77	16.92	1.55	0.37	*0.00
OR	SERVING	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Cereal Variety & Grahams	Each	100	197	0	253	2.61	5.33	193.5	972	7.05	*5	3.64	39.51	4.02	0.07	0.00
OR	SERVING	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Pop-Tart, WG variety	Package	100	325	0	345	5.30	3.24	180.0	900	0.0	*20	4.33	68.13	5.09	1.75	0.03
Breakfast fruit, variety	1/2 cup	300	73	0	9	1.46	0.75	4.4	71	2.17	*4	0.32	19.25	0.04	0.00	0.00
FRUIT,FRESH ASSORTED	1 EACH	100	69	0	1	3.27	0.16	19.3	130	22.18	14	0.58	18.14	0.22	0.03	0.00
Milk, Breakfast - Variety	HALF PINT	385	118	7	159	0.00	0.00	300.0	500	0.6	*N/A*	8.42	19.0	1.05	0.63	0.00
Juice (milk allergies only)	2 cartons	1	59	0	4	*0.06	*0.16	*3.6	*23	18.36	*N/A*	0.55	13.56	0.06	0.01	*0.00
Weighted Daily Average			417	105	562	*4.49	*3.68	*445.2	*1180	9.76	*14	17.39	74.74	6.78	2.13	*0.02
% of Calories											*13.9%	16.7%	71.7%	14.6%	4.6%	*0.0%
Nutrient Guideline			350-500		540										<10.00	

Mon - 10/14/2019																
K-4 Breakfast	Total	400														
Mini breakfast bites	1 Each	200	260	0	190	3.00	1.44	80.0	0	1.2	14	5.0	37.98	10.0	4.50	0.00
OR	SERVING	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Cereal Variety & Grahams	Each	100	197	0	253	2.61	5.33	193.5	972	7.05	*5	3.64	39.51	4.02	0.07	0.00
OR	SERVING	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Pop-Tart, WG variety	Package	100	325	0	345	5.30	3.24	180.0	900	0.0	*20	4.33	68.13	5.09	1.75	0.03
Juice, variety (4 oz.)	4 oz. carto	300	59	0	4	*0.05	*0.14	*3.2	*20	20.12	*N/A*	0.6	13.5	0.05	0.01	*0.00
FRUIT,FRESH ASSORTED	1 EACH	100	69	0	1	3.27	0.16	19.3	130	22.18	14	0.58	18.14	0.22	0.03	0.00
Milk, Breakfast - Variety	HALF PINT	385	118	7	159	0.00	0.00	300.0	500	0.6	*N/A*	8.42	19.0	1.05	0.63	0.00
Juice (milk allergies only)	2 cartons	1	59	0	4	*0.06	*0.16	*3.6	*23	18.36	*N/A*	0.55	13.56	0.06	0.01	*0.00
Weighted Daily Average			435	7	401	*4.33	*3.01	*429.4	*997	23.62	*17	13.19	78.88	8.38	3.33	*0.01
% of Calories											*15.3%	12.1%	72.5%	17.3%	6.9%	*0.0%
Nutrient Guideline			350-500		540										<10.00	

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Beebe Public Schools

Oct 1, 2019 thru Oct 31, 2019

Base Menu Spreadsheet

K-4 Breakfast

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 10/15/2019																
K-4 Breakfast	Total	400														
Biscuit and Gravy	1 Each	200	236	0	754	0.60	1.44	20.0	0	0.0	*N/A*	4.0	28.14	12.06	3.53	0.00
OR	SERVING	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Cereal Variety & Grahams	Each	100	197	0	253	2.61	5.33	193.5	972	7.05	*5	3.64	39.51	4.02	0.07	0.00
OR	SERVING	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Pop-Tart, WG variety	Package	100	325	0	345	5.30	3.24	180.0	900	0.0	*20	4.33	68.13	5.09	1.75	0.03
Breakfast fruit, variety	1/2 cup	300	73	0	9	1.46	0.75	4.4	71	2.17	*4	0.32	19.25	0.04	0.00	0.00
FRUIT,FRESH ASSORTED	1 EACH	100	69	0	1	3.27	0.16	19.3	130	22.18	14	0.58	18.14	0.22	0.03	0.00
Milk, Breakfast - Variety	HALF PINT	385	118	7	159	0.00	0.00	300.0	500	0.6	*N/A*	8.42	19.0	1.05	0.63	0.00
Juice (milk allergies only)	2 cartons	1	59	0	4	*0.06	*0.16	*3.6	*23	18.36	*N/A*	0.55	13.56	0.06	0.01	*0.00
Weighted Daily Average % of Calories			434	7	686	*4.19	*3.46	*400.2	*1035	9.56	*13 *12.0%	12.48 11.5%	78.28 72.1%	9.40 19.5%	2.84 5.9%	*0.01 *0.0%
Nutrient Guideline			350-500		540										<10.00	

Wed - 10/16/2019																
K-4 Breakfast	Total	454														
Egg, ham & cheese Eng muffin	1 Each	100	183	124	547	2.00	1.44	100.5	201	0.0	*N/A*	10.73	25.91	4.98	1.17	0.01
OR	SERVING	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Cereal Variety & Grahams	Each	254	197	0	253	2.61	5.33	193.5	972	7.05	*5	3.64	39.51	4.02	0.07	0.00
OR	SERVING	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Smoothie (Shiver Shock)	8 oz. svgs.	100	154	3	64	0.61	0.25	107.5	500	27.43	27	3.34	34.39	0.67	0.67	0.00
Graham Crackers	Package	100	90	0	95	1.00	0.72	100.0	500	0.0	5	2.0	17.0	2.5	0.00	0.00
Breakfast fruit, variety	1/2 cup	350	73	0	9	1.46	0.75	4.4	71	2.17	*4	0.32	19.25	0.04	0.00	0.00
FRUIT,FRESH ASSORTED	1 EACH	350	69	0	1	3.27	0.16	19.3	130	22.18	14	0.58	18.14	0.22	0.03	0.00
Milk, Breakfast - Variety	HALF PINT	454	118	7	159	0.00	0.00	300.0	500	0.6	*N/A*	8.42	19.0	1.05	0.63	0.00
Juice (milk allergies only)	2 cartons	1	59	0	4	*0.06	*0.16	*3.6	*23	18.36	*N/A*	0.55	13.56	0.06	0.01	*0.00
Weighted Daily Average % of Calories			432	35	464	*5.90	*4.21	*494.3	*1463	29.40	*24 *22.3%	14.69 13.6%	86.99 80.5%	5.29 11.0%	1.10 2.3%	*0.00 *0.0%
Nutrient Guideline			350-500		540										<10.00	

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Beebe Public Schools

Oct 1, 2019 thru Oct 31, 2019

Base Menu Spreadsheet

K-4 Breakfast

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 10/17/2019																
K-4 Breakfast	Total	400														
Biscuit	Each	200	200	0	610	0.60	1.44	20.0	0	0.0	*N/A*	4.0	23.0	10.0	2.50	0.00
Sausage patty	patty	150	0	0	0	*N/A*	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	*N/A*
OR	SERVING	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Cereal Variety & Grahams	Each	100	197	0	253	2.61	5.33	193.5	972	7.05	*5	3.64	39.51	4.02	0.07	0.00
OR	SERVING	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Pop-Tart, WG variety	Package	100	325	0	345	5.30	3.24	180.0	900	0.0	*20	4.33	68.13	5.09	1.75	0.03
Juice, variety (4 oz.)	4 oz. carto	350	59	0	4	*0.05	*0.14	*3.2	*20	20.12	*N/A*	0.6	13.5	0.05	0.01	*0.00
FRUIT,FRESH ASSORTED	1 EACH	50	69	0	1	3.27	0.16	19.3	130	22.18	14	0.58	18.14	0.22	0.03	0.00
Milk, Breakfast - Variety	HALF PINT	385	118	7	159	0.00	0.00	300.0	500	0.6	*N/A*	8.42	19.0	1.05	0.63	0.00
Juice (milk allergies only)	2 cartons	1	59	0	4	*0.06	*0.16	*3.6	*23	18.36	*N/A*	0.55	13.56	0.06	0.01	*0.00
Weighted Daily Average			404	7	611	*2.73	*3.00	*397.4	*983	22.77	*8	12.69	70.81	8.36	2.33	*0.01
% of Calories											*7.9%	12.6%	70.1%	18.6%	5.2%	*0.0%
Nutrient Guideline			350-500		540										<10.00	

Fri - 10/18/2019																
K-4 Breakfast	Total	400														
Pancake pups	1 Each	200	181	25	281	3.01	1.81	20.1	0	0.0	4	6.02	15.06	9.04	2.51	0.00
OR	SERVING	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Cereal Variety & Grahams	Each	100	197	0	253	2.61	5.33	193.5	972	7.05	*5	3.64	39.51	4.02	0.07	0.00
OR	SERVING	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Pop-Tart, WG variety	Package	100	325	0	345	5.30	3.24	180.0	900	0.0	*20	4.33	68.13	5.09	1.75	0.03
Juice, variety (4 oz.)	4 oz. carto	350	59	0	4	*0.05	*0.14	*3.2	*20	20.12	*N/A*	0.6	13.5	0.05	0.01	*0.00
FRUIT,FRESH ASSORTED	1 EACH	50	69	0	1	3.27	0.16	19.3	130	22.18	14	0.58	18.14	0.22	0.03	0.00
Milk, Breakfast - Variety	HALF PINT	385	118	7	159	0.00	0.00	300.0	500	0.6	*N/A*	8.42	19.0	1.05	0.63	0.00
Juice (milk allergies only)	2 cartons	1	59	0	4	*0.06	*0.16	*3.6	*23	18.36	*N/A*	0.55	13.56	0.06	0.01	*0.00
Weighted Daily Average			395	19	447	*3.94	*3.19	*397.4	*983	22.77	*10	13.70	66.84	7.88	2.33	*0.01
% of Calories											*10.1%	13.9%	67.8%	18.0%	5.3%	*0.0%
Nutrient Guideline			350-500		540										<10.00	

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Beebe Public Schools

Oct 1, 2019 thru Oct 31, 2019

Base Menu Spreadsheet

K-4 Breakfast

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 10/21/2019																
K-4 Breakfast	Total	400														
Bagel w/ cream cheese	Servings	200	211	20	276	4.00	1.80	80.5	304	0.0	5	7.01	29.01	8.09	4.05	0.00
OR	SERVING	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Cereal Variety & Grahams	Each	100	197	0	253	2.61	5.33	193.5	972	7.05	*5	3.64	39.51	4.02	0.07	0.00
OR	SERVING	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Pop-Tart, WG variety	Package	100	325	0	345	5.30	3.24	180.0	900	0.0	*20	4.33	68.13	5.09	1.75	0.03
Juice, variety (4 oz.)	4 oz. carto	350	59	0	4	*0.05	*0.14	*3.2	*20	20.12	*N/A*	0.6	13.5	0.05	0.01	*0.00
FRUIT,FRESH ASSORTED	1 EACH	50	69	0	1	3.27	0.16	19.3	130	22.18	14	0.58	18.14	0.22	0.03	0.00
Milk, Breakfast - Variety	HALF PINT	385	118	7	159	0.00	0.00	300.0	500	0.6	*N/A*	8.42	19.0	1.05	0.63	0.00
Juice (milk allergies only)	2 cartons	1	59	0	4	*0.06	*0.16	*3.6	*23	18.36	*N/A*	0.55	13.56	0.06	0.01	*0.00
Weighted Daily Average % of Calories			410	17	444	*4.43	*3.18	*427.6	*1135	22.77	*10 *10.2%	14.20 13.9%	73.82 72.1%	7.41 16.3%	3.10 6.8%	*0.01 *0.0%
Nutrient Guideline			350-500		540										<10.00	

Tue - 10/22/2019																
K-4 Breakfast	Total	400														
Biscuit and Gravy	1 Each	200	236	0	754	0.60	1.44	20.0	0	0.0	*N/A*	4.0	28.14	12.06	3.53	0.00
OR	SERVING	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Cereal Variety & Grahams	Each	100	197	0	253	2.61	5.33	193.5	972	7.05	*5	3.64	39.51	4.02	0.07	0.00
OR	SERVING	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Pop-Tart, WG variety	Package	100	325	0	345	5.30	3.24	180.0	900	0.0	*20	4.33	68.13	5.09	1.75	0.03
Breakfast fruit, variety	1/2 cup	350	73	0	9	1.46	0.75	4.4	71	2.17	*4	0.32	19.25	0.04	0.00	0.00
FRUIT,FRESH ASSORTED	1 EACH	50	69	0	1	3.27	0.16	19.3	130	22.18	14	0.58	18.14	0.22	0.03	0.00
Milk, Breakfast - Variety	HALF PINT	385	118	7	159	0.00	0.00	300.0	500	0.6	*N/A*	8.42	19.0	1.05	0.63	0.00
Juice (milk allergies only)	2 cartons	1	59	0	4	*0.06	*0.16	*3.6	*23	18.36	*N/A*	0.55	13.56	0.06	0.01	*0.00
Weighted Daily Average % of Calories			435	7	687	*3.96	*3.54	*398.4	*1028	7.06	*12 *10.9%	12.45 11.5%	78.42 72.2%	9.38 19.4%	2.83 5.9%	*0.01 *0.0%
Nutrient Guideline			350-500		540										<10.00	

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Beebe Public Schools

Oct 1, 2019 thru Oct 31, 2019

Base Menu Spreadsheet

K-4 Breakfast

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 10/23/2019																
K-4 Breakfast	Total	400														
Egg & cheese b-fast sandwich	Each	125	200	75	322	2.00	*0.72	*40.0	*0	*0.0	*1	8.03	17.51	11.8	4.90	0.00
OR	SERVING	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Cereal Variety & Grahams	Each	125	197	0	253	2.61	5.33	193.5	972	7.05	*5	3.64	39.51	4.02	0.07	0.00
OR	SERVING	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Smoothie (Shiver Shock)	8 oz. svgs.	150	154	3	64	0.61	0.25	107.5	500	27.43	27	3.34	34.39	0.67	0.67	0.00
Graham Crackers	Package	100	90	0	95	1.00	0.72	100.0	500	0.0	5	2.0	17.0	2.5	0.00	0.00
Juice, variety (4 oz.)	4 oz. carto	200	59	0	4	*0.05	*0.14	*3.2	*20	20.12	*N/A*	0.6	13.5	0.05	0.01	*0.00
FRUIT,FRESH ASSORTED	1 EACH	200	69	0	1	3.27	0.16	19.3	130	22.18	14	0.58	18.14	0.22	0.03	0.00
Milk, Breakfast - Variety	HALF PINT	385	118	7	159	0.00	0.00	300.0	500	0.6	*N/A*	8.42	19.0	1.05	0.63	0.00
Juice (milk allergies only)	2 cartons	1	59	0	4	*0.06	*0.16	*3.6	*23	18.36	*N/A*	0.55	13.56	0.06	0.01	*0.00
Weighted Daily Average			382	31	383	*3.58	*2.31	*438.3	*1173	*34.27	*20	14.09	69.11	6.96	2.43	*0.00
% of Calories											*21.2%	14.8%	72.4%	16.4%	5.7%	*0.0%
Nutrient Guideline			350-500		540										<10.00	

Thu - 10/24/2019																
K-4 Breakfast	Total	400														
Biscuit	1 Each	200	200	0	610	0.60	1.44	20.0	0	0.0	*N/A*	4.0	23.0	10.0	2.50	0.00
Ham, sliced 1 M/MA	1 each	150	36	16	424	0.00	0.49	1.2	0	0.0	*N/A*	4.93	0.0	1.23	0.25	0.00
OR	SERVING	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Cereal Variety & Grahams	Each	100	197	0	253	2.61	5.33	193.5	972	7.05	*5	3.64	39.51	4.02	0.07	0.00
OR	SERVING	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Pop-Tart, WG variety	Package	100	325	0	345	5.30	3.24	180.0	900	0.0	*20	4.33	68.13	5.09	1.75	0.03
Breakfast fruit, variety	1/2 cup	350	73	0	9	1.46	0.75	4.4	71	2.17	*4	0.32	19.25	0.04	0.00	0.00
FRUIT,FRESH ASSORTED	1 EACH	50	69	0	1	3.27	0.16	19.3	130	22.18	14	0.58	18.14	0.22	0.03	0.00
Milk, Breakfast - Variety	HALF PINT	325	118	7	159	0.00	0.00	300.0	500	0.6	*N/A*	8.42	19.0	1.05	0.63	0.00
Juice (milk allergies only)	2 cartons	1	59	0	4	*0.06	*0.16	*3.6	*23	18.36	*N/A*	0.55	13.56	0.06	0.01	*0.00
Weighted Daily Average			412	12	750	*3.96	*3.72	*353.8	*953	6.97	*12	13.04	73.00	8.66	2.32	*0.01
% of Calories											*11.4%	12.6%	70.8%	18.9%	5.1%	*0.0%
Nutrient Guideline			350-500		540										<10.00	

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Beebe Public Schools

Oct 1, 2019 thru Oct 31, 2019

Base Menu Spreadsheet

K-4 Breakfast

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 10/28/2019																
K-4 Breakfast	Total	400														
Mini Cinnis	1 each	200	240	0	300	2.00	1.44	20.0	0	0.0	*N/A*	5.0	40.0	7.0	2.00	0.00
OR	SERVING	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Cereal Variety & Grahams	Each	100	197	0	253	2.61	5.33	193.5	972	7.05	*5	3.64	39.51	4.02	0.07	0.00
OR	SERVING	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Pop-Tart, WG variety	Package	100	325	0	345	5.30	3.24	180.0	900	0.0	*20	4.33	68.13	5.09	1.75	0.03
Juice, variety (4 oz.)	4 oz. carto	350	59	0	4	*0.05	*0.14	*3.2	*20	20.12	*N/A*	0.6	13.5	0.05	0.01	*0.00
FRUIT,FRESH ASSORTED	1 EACH	50	69	0	1	3.27	0.16	19.3	130	22.18	14	0.58	18.14	0.22	0.03	0.00
Milk, Breakfast - Variety	HALF PINT	385	118	7	159	0.00	0.00	300.0	500	0.6	*N/A*	8.42	19.0	1.05	0.63	0.00
Juice (milk allergies only)	2 cartons	1	59	0	4	*0.06	*0.16	*3.6	*23	18.36	*N/A*	0.55	13.56	0.06	0.01	*0.00
Weighted Daily Average			424	7	456	*3.43	*3.00	*397.4	*983	22.77	*8	13.19	79.31	6.86	2.08	*0.01
% of Calories											*7.5%	12.4%	74.8%	14.6%	4.4%	*0.0%
Nutrient Guideline			350-500		540										<10.00	

Tue - 10/29/2019																
K-4 Breakfast	Total	400														
Biscuit and Gravy	1 Each	200	236	0	754	0.60	1.44	20.0	0	0.0	*N/A*	4.0	28.14	12.06	3.53	0.00
OR	SERVING	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Cereal Variety & Grahams	Each	100	197	0	253	2.61	5.33	193.5	972	7.05	*5	3.64	39.51	4.02	0.07	0.00
OR	SERVING	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Pop-Tart, WG variety	Package	100	325	0	345	5.30	3.24	180.0	900	0.0	*20	4.33	68.13	5.09	1.75	0.03
Breakfast fruit, variety	1/2 cup	350	73	0	9	1.46	0.75	4.4	71	2.17	*4	0.32	19.25	0.04	0.00	0.00
FRUIT,FRESH ASSORTED	1 EACH	50	69	0	1	3.27	0.16	19.3	130	22.18	14	0.58	18.14	0.22	0.03	0.00
Milk, Breakfast - Variety	HALF PINT	385	118	7	159	0.00	0.00	300.0	500	0.6	*N/A*	8.42	19.0	1.05	0.63	0.00
Juice (milk allergies only)	2 cartons	1	59	0	4	*0.06	*0.16	*3.6	*23	18.36	*N/A*	0.55	13.56	0.06	0.01	*0.00
Weighted Daily Average			435	7	687	*3.96	*3.54	*398.4	*1028	7.06	*12	12.45	78.42	9.38	2.83	*0.01
% of Calories											*10.9%	11.5%	72.2%	19.4%	5.9%	*0.0%
Nutrient Guideline			350-500		540										<10.00	

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Beebe Public Schools

Oct 1, 2019 thru Oct 31, 2019

Base Menu Spreadsheet

K-4 Breakfast

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 10/30/2019																
K-4 Breakfast	Total	400														
Scrambled egg patty	1 Each	100	70	125	110	0.00	0.00	0.0	0	0.0	0	3.0	1.0	6.0	1.50	0.00
Toast WW	1 each	100	92	0	145	1.20	0.99	15.0	20	0.1	*0	2.77	16.92	1.55	0.37	*0.00
OR	SERVING	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Cereal Variety & Grahams	Each	150	197	0	253	2.61	5.33	193.5	972	7.05	*5	3.64	39.51	4.02	0.07	0.00
OR	SERVING	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Smoothie (Shiver Shock)	8 oz. svgs.	150	154	3	64	0.61	0.25	107.5	500	27.43	27	3.34	34.39	0.67	0.67	0.00
Graham Crackers	Package	100	90	0	95	1.00	0.72	100.0	500	0.0	5	2.0	17.0	2.5	0.00	0.00
Juice, variety (4 oz.)	4 oz. carto	200	59	0	4	*0.05	*0.14	*3.2	*20	20.12	*N/A*	0.6	13.5	0.05	0.01	*0.00
FRUIT,FRESH ASSORTED	1 EACH	200	69	0	1	3.27	0.16	19.3	130	22.18	14	0.58	18.14	0.22	0.03	0.00
Milk, Breakfast - Variety	HALF PINT	385	118	7	159	0.00	0.00	300.0	500	0.6	*N/A*	8.42	19.0	1.05	0.63	0.00
Juice (milk allergies only)	2 cartons	1	59	0	4	*0.06	*0.16	*3.6	*23	18.36	*N/A*	0.55	13.56	0.06	0.01	*0.00
Weighted Daily Average			372	39	362	*3.42	*2.67	*441.6	*1239	34.73	*20	13.25	70.58	5.42	1.37	*0.00
% of Calories											*21.9%	14.2%	75.8%	13.1%	3.3%	*0.0%
Nutrient Guideline			350-500		540										<10.00	

Thu - 10/31/2019																
K-4 Breakfast	Total	400														
Biscuit	1 Each	200	200	0	610	0.60	1.44	20.0	0	0.0	*N/A*	4.0	23.0	10.0	2.50	0.00
Sausage patty	patty	150	0	0	0	*N/A*	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	*N/A*
OR	SERVING	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Cereal Variety & Grahams	Each	100	197	0	253	2.61	5.33	193.5	972	7.05	*5	3.64	39.51	4.02	0.07	0.00
OR	SERVING	1	0	0	0	0.00	0.00	0.0	0	0.0	0	0.0	0.0	0.0	0.00	0.00
Pop-Tart, WG variety	Package	100	325	0	345	5.30	3.24	180.0	900	0.0	*20	4.33	68.13	5.09	1.75	0.03
Breakfast fruit, variety	1/2 cup	350	73	0	9	1.46	0.75	4.4	71	2.17	*4	0.32	19.25	0.04	0.00	0.00
FRUIT,FRESH ASSORTED	1 EACH	50	69	0	1	3.27	0.16	19.3	130	22.18	14	0.58	18.14	0.22	0.03	0.00
Milk, Breakfast - Variety	HALF PINT	385	118	7	159	0.00	0.00	300.0	500	0.6	*N/A*	8.42	19.0	1.05	0.63	0.00
Juice (milk allergies only)	2 cartons	1	59	0	4	*0.06	*0.16	*3.6	*23	18.36	*N/A*	0.55	13.56	0.06	0.01	*0.00
Weighted Daily Average			417	7	615	*3.96	*3.54	*398.4	*1028	7.06	*12	12.45	75.85	8.35	2.32	*0.01
% of Calories											*11.3%	12.0%	72.8%	18.0%	5.0%	*0.0%
Nutrient Guideline			350-500		540										<10.00	

Weighted Average			412	20	537	*4.01	*3.23	*415.6	*1086	*19.16	*14	13.38	74.81	7.82	2.41	*0.01
											*30.0%	13.0%	72.6%	17.1%	5.3%	*0.0%

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Beebe Public Schools

Oct 1, 2019 thru Oct 31, 2019

Base Menu Spreadsheet

K-4 Breakfast

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)								
Calories	412		350 - 500	100%												
Cholesterol (mg)	20															
Sodium 1 (mg)	537		540													
Sodium 2 (mg)	537		485					52								
Fiber (g)	4.01				Missing											
Iron (mg)	3.23				Missing											
Calcium (mg)	415.6				Missing											
Vitamin A (IU)	1086				Missing											
Sugars (g)	14	13.32%			Missing											
Vitamin C (mg)	19.16				Missing											
Protein (g)	13.38	12.98%			Missing											
Carbohydrate (g)	74.81	72.59%														
Total Fat (g)	7.82	17.08%														
Saturated Fat (g)	2.41	5.26%	<10.00%													
Trans Fat ¹ (g)	0.01	0.01%			Missing											

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

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