

Beebe Public Schools

Oct 1, 2019 thru Oct 31, 2019

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 10/01/2019																
High School Lunch	Total	315														
Cheeseburger Basket HS	Servings	15	516	54	937	5.00	3.88	198.2	*136	*6.4	*N/A*	22.96	56.24	19.86	7.67	0.00
Chicken Sandwich basket HS	1 each	25	472	30	1111	5.00	2.76	120.1	*0	*6.4	*N/A*	16.7	62.02	16.36	2.34	0.00
Vegetable bar	servings	50	187	17	384	2.90	1.02	80.5	6553	21.39	*7	2.79	15.75	13.89	3.63	*0.00
Pizza, Large 4-meat w/sauce	1 each	30	597	40	1455	8.00	4.02	320.0	550	16.9	*9	23.17	69.0	24.33	8.58	0.00
Egg roll basket	1 Each	20	370	60	930	6.00	3.60	80.0	1500	12.0	*N/A*	20.0	52.0	10.0	2.00	0.00
Crispito basket, chicken chs	serving	45	772	82	2334	14.00	5.37	448.1	871	1.13	*0	36.46	74.2	36.4	13.70	*0.00
French Bread Pizza w/sauce	1 Each	10	557	20	1505	8.00	3.12	370.0	750	19.3	*2	20.17	63.0	23.33	7.58	0.00
Chicken tenders basket	Servings	75	499	61	881	5.13	3.39	15.8	19	30.03	*3	26.92	58.76	18.5	4.23	*0.00
Bento Box variety	1 Each	20	394	97	644	2.14	1.54	249.2	1532	23.49	*7	18.53	38.08	18.9	6.53	*0.00
Frito Chili Pie	portion	25	453	38	641	5.22	2.19	320.4	473	3.96	*2	18.87	45.36	22.34	7.17	*0.27
French Fries	1/2 cup	25	108	0	231	2.31	0.55	0.0	0	3.7	*N/A*	1.54	16.17	3.08	0.77	0.00
CREAMY COLE SLAW	1/2 CUP	25	78	5	151	1.96	0.47	35.0	1352	24.97	*4	1.23	7.22	5.53	0.55	*0.02
Fruit cocktail,Ex lt syrup	1/2 cup	125	61	0	10	0.00	0.00	0.0	202	1.21	11	0.0	17.18	0.0	0.00	0.00
FRUIT,FRESH ASSORTED	1 EACH	150	69	0	1	3.27	0.16	19.3	130	22.18	14	0.58	18.14	0.22	0.03	0.00
Juice, Orange 4 oz. carton	Carton (4 oz.)	20	60	0	0	*N/A*	*N/A*	*N/A*	*N/A*	36.0	*N/A*	1.0	13.0	0.0	0.00	0.00
Condiment bar	servings	250	75	3	194	0.02	0.03	1.3	200	2.4	*8	0.08	11.38	3.27	0.64	0.00
Milk, Lunch- Variety	HALF PINT	250	125	6	166	0.00	0.00	300.0	500	0.47	*N/A*	8.21	21.57	0.53	0.32	0.00
Raisins	1.33 oz. bo	50	113	0	4	1.39	12.68	188.5	0	51.79	*N/A*	1.16	29.86	0.17	0.02	0.00
Weighted Daily Average			732	59	1395	*8.39	*5.32	*469.1	*2287	*42.41	*21	28.59	101.61	24.54	7.14	*0.02
% of Calories											*11.5%	15.6%	55.5%	30.2%	8.8%	*0.0%
Nutrient Guideline			750-850		1420									<=30.0	<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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Beebe Public Schools

Oct 1, 2019 thru Oct 31, 2019

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

Page 2

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 10/02/2019																
High School Lunch	Total	310														
Cheeseburger Basket HS	Servings	15	516	54	937	5.00	3.88	198.2	*136	*6.4	*N/A*	22.96	56.24	19.86	7.67	0.00
Chicken Sandwich basket HS	1 each	25	472	30	1111	5.00	2.76	120.1	*0	*6.4	*N/A*	16.7	62.02	16.36	2.34	0.00
Vegetable bar	servings	50	187	17	384	2.90	1.02	80.5	6553	21.39	*7	2.79	15.75	13.89	3.63	*0.00
Pizza, Large Buffalo w/sauce	1 each	15	617	45	1555	8.00	4.02	320.0	650	16.9	*8	23.17	68.0	26.33	8.58	0.00
Mozzarella stick basket HS	Servings	30	454	20	1125	1.00	2.52	520.0	250	10.5	*4	26.5	49.0	18.0	5.25	0.00
Nachos basket (HS)	Serving	10	746	60	2259	12.13	3.28	482.0	665	1.27	*0	28.88	69.47	38.3	20.40	*0.00
Crispito basket, chicken chs	serving	40	772	82	2334	14.00	5.37	448.1	871	1.13	*0	36.46	74.2	36.4	13.70	*0.00
French Bread Pizza w/sauce	1 Each	5	557	20	1505	8.00	3.12	370.0	750	19.3	*2	20.17	63.0	23.33	7.58	0.00
Chicken rings basket	servings	75	470	113	583	5.70	2.41	35.3	107	4.84	*3	23.05	53.18	19.56	4.18	*0.00
Bento Box variety	1 Each	20	394	97	644	2.14	1.54	249.2	1532	23.49	*7	18.53	38.08	18.9	6.53	*0.00
Turkey, bacon, cheddar & ranch	sandwich	25	519	80	1478	4.00	2.19	255.9	320	0.19	*0	33.36	36.47	27.16	9.22	0.00
French Fries	1/2 cup	25	108	0	231	2.31	0.55	0.0	0	3.7	*N/A*	1.54	16.17	3.08	0.77	0.00
Creamed spinach	1/2 cup	25	150	13	484	4.71	3.10	244.7	19160	9.27	*1	6.87	8.24	11.33	5.69	0.00
Peaches, canned,Ex Lt syrup	1/2 cup	125	60	0	5	1.00	0.00	0.0	65	0.0	13	0.0	13.93	0.0	0.00	0.00
FRUIT,FRESH ASSORTED	1 EACH	125	69	0	1	3.27	0.16	19.3	130	22.18	14	0.58	18.14	0.22	0.03	0.00
Juice, Orange 4 oz. carton	Carton (4 oz.)	20	60	0	0	*N/A*	*N/A*	*N/A*	*N/A*	36.0	*N/A*	1.0	13.0	0.0	0.00	0.00
Condiment bar	servings	250	75	3	194	0.02	0.03	1.3	200	2.4	*8	0.08	11.38	3.27	0.64	0.00
Milk, Lunch- Variety	HALF PINT	250	125	6	166	0.00	0.00	300.0	500	0.47	*N/A*	8.21	21.57	0.53	0.32	0.00
Raisins	1.33 oz. bo	50	113	0	4	1.39	12.68	188.5	0	51.79	*N/A*	1.16	29.86	0.17	0.02	0.00
Weighted Daily Average			737	73	1432	*8.29	*5.15	*523.6	*3604	*32.29	*20	29.86	96.52	26.32	8.10	*0.00
% of Calories											*11.1%	16.2%	52.4%	32.2%	9.9%	*0.0%
Nutrient Guideline			750-850		1420									<=30.0	<10.00	

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Oct 1, 2019 thru Oct 31, 2019

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

Page 3

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 10/03/2019																
High School Lunch	Total	320														
Cheeseburger Basket HS	Servings	15	516	54	937	5.00	3.88	198.2	*136	*6.4	*N/A*	22.96	56.24	19.86	7.67	0.00
Chicken Sandwich basket HS	1 each	25	472	30	1111	5.00	2.76	120.1	*0	*6.4	*N/A*	16.7	62.02	16.36	2.34	0.00
Vegetable bar	servings	50	187	17	384	2.90	1.02	80.5	6553	21.39	*7	2.79	15.75	13.89	3.63	*0.00
Pizza, Large 4-meat w/sauce	1 each	15	597	40	1455	8.00	4.02	320.0	550	16.9	*9	23.17	69.0	24.33	8.58	0.00
French fry basket	1 Each	50	725	47	1869	9.00	2.72	272.1	471	12.94	*0	17.79	86.2	30.56	13.36	*0.00
Nachos basket (HS)	Serving	10	746	60	2259	12.13	3.28	482.0	665	1.27	*0	28.88	69.47	38.3	20.40	*0.00
Crispito basket, chicken chili	serving	30	912	92	2334	16.00	6.09	408.1	1971	1.13	*0	44.46	80.2	44.4	15.69	*0.00
French Bread Pizza w/sauce	1 Each	5	557	20	1505	8.00	3.12	370.0	750	19.3	*2	20.17	63.0	23.33	7.58	0.00
Chicken nuggets basket	serving	75	517	8	917	5.18	4.73	91.9	154	108.6	*6	25.04	65.0	17.19	2.75	*0.00
Bento Box variety	1 Each	20	394	97	644	2.14	1.54	249.2	1532	23.49	*7	18.53	38.08	18.9	6.53	*0.00
Poppy seed chicken	servings	25	359	58	686	1.65	2.83	*78.8	*202	*0.03	*1	20.4	31.55	17.97	7.15	*0.00
Salad, side	Each	25	104	9	176	0.98	0.43	28.0	3015	7.91	*4	1.07	6.66	8.65	1.84	*0.00
Steamed Carrots	1/4 cup	25	13	0	102	0.88	0.35	13.2	5959	1.46	*N/A*	0.34	2.95	0.1	0.02	0.00
Roll, WW 2 oz.	2 oz. roll	25	169	8	206	2.63	1.41	13.3	19	0.02	*3	4.92	27.3	4.9	1.18	*0.00
Pears: canned Ex Lt Syrup	1/2 cup	100	48	0	4	1.59	0.00	0.0	0	0.95	10	0.0	12.77	0.0	0.00	0.00
FRUIT,FRESH ASSORTED	1 EACH	125	69	0	1	3.27	0.16	19.3	130	22.18	14	0.58	18.14	0.22	0.03	0.00
Juice, Orange 4 oz. carton	Carton (4 oz.)	20	60	0	0	*N/A*	*N/A*	*N/A*	*N/A*	36.0	*N/A*	1.0	13.0	0.0	0.00	0.00
Condiment bar	servings	300	75	3	194	0.02	0.03	1.3	200	2.4	*8	0.08	11.38	3.27	0.64	0.00
Milk, Lunch- Variety	HALF PINT	250	125	6	166	0.00	0.00	300.0	500	0.47	*N/A*	8.21	21.57	0.53	0.32	0.00
Raisins	1.33 oz. bo	50	113	0	4	1.39	12.68	188.5	0	51.79	*N/A*	1.16	29.86	0.17	0.02	0.00
Weighted Daily Average			777	49	1524	*8.70	*5.56	*468.0	*2826	*56.98	*20	28.14	104.36	27.29	8.54	*0.00
% of Calories											*10.2%	14.5%	53.8%	31.6%	9.9%	*0.0%
Nutrient Guideline			750-850		1420									<=30.0	<10.00	

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Oct 1, 2019 thru Oct 31, 2019

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 10/04/2019																
High School Lunch	Total	310														
Cheeseburger Basket HS	Servings	15	516	54	937	5.00	3.88	198.2	*136	*6.4	*N/A*	22.96	56.24	19.86	7.67	0.00
Chicken Sandwich basket HS	1 each	25	472	30	1111	5.00	2.76	120.1	*0	*6.4	*N/A*	16.7	62.02	16.36	2.34	0.00
Vegetable bar	servings	50	187	17	384	2.90	1.02	80.5	6553	21.39	*7	2.79	15.75	13.89	3.63	*0.00
Pizza, Large Buffalo w/sauce	1 each	20	617	45	1555	8.00	4.02	320.0	650	16.9	*8	23.17	68.0	26.33	8.58	0.00
Nachos basket (HS)	Serving	30	746	60	2259	12.13	3.28	482.0	665	1.27	*0	28.88	69.47	38.3	20.40	*0.00
Crispito basket, chicken chs	serving	40	772	82	2334	14.00	5.37	448.1	871	1.13	*0	36.46	74.2	36.4	13.70	*0.00
French Bread Pizza w/sauce	1 Each	10	557	20	1505	8.00	3.12	370.0	750	19.3	*2	20.17	63.0	23.33	7.58	0.00
Chicken tenders basket	Servings	75	499	61	881	5.13	3.39	15.8	19	30.03	*3	26.92	58.76	18.5	4.23	*0.00
Bento Box variety	1 Each	20	394	97	644	2.14	1.54	249.2	1532	23.49	*7	18.53	38.08	18.9	6.53	*0.00
Pizza roll	Servings	25	301	30	714	3.63	*1.89	*13.3	*119	*2.42	*3	15.06	30.94	13.07	5.15	*0.00
French Fries	1/2 cup	25	108	0	231	2.31	0.55	0.0	0	3.7	*N/A*	1.54	16.17	3.08	0.77	0.00
Marinara sauce, low sodium	1/4 cup	75	45	0	71	1.01	0.55	10.1	2524	30.29	*N/A*	1.01	7.57	1.77	0.50	0.00
Fruit cocktail,Ex lt syrup	1/2 cup	100	61	0	10	0.00	0.00	0.0	202	1.21	11	0.0	17.18	0.0	0.00	0.00
FRUIT,FRESH ASSORTED	1 EACH	125	69	0	1	3.27	0.16	19.3	130	22.18	14	0.58	18.14	0.22	0.03	0.00
Juice, Orange 4 oz. carton	Carton (4 oz.)	20	60	0	0	*N/A*	*N/A*	*N/A*	*N/A*	36.0	*N/A*	1.0	13.0	0.0	0.00	0.00
Condiment bar	servings	300	75	3	194	0.02	0.03	1.3	200	2.4	*8	0.08	11.38	3.27	0.64	0.00
Milk, Lunch- Variety	HALF PINT	250	125	6	166	0.00	0.00	300.0	500	0.47	*N/A*	8.21	21.57	0.53	0.32	0.00
Raisins	1.33 oz. bo	50	113	0	4	1.39	12.68	188.5	0	51.79	*N/A*	1.16	29.86	0.17	0.02	0.00
Weighted Daily Average			756	59	1539	*8.53	*5.33	*474.1	*2744	*45.57	*20	29.02	102.20	26.50	8.62	*0.00
% of Calories											*10.6%	15.4%	54.1%	31.6%	10.3%	*0.0%
Nutrient Guideline			750-850		1420									<=30.0	<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 10/07/2019																
High School Lunch	Total	330														
Cheeseburger Basket HS	Servings	15	516	54	937	5.00	3.88	198.2	*136	*6.4	*N/A*	22.96	56.24	19.86	7.67	0.00
Chicken Sandwich basket HS	1 each	25	472	30	1111	5.00	2.76	120.1	*0	*6.4	*N/A*	16.7	62.02	16.36	2.34	0.00
Vegetable bar	servings	50	187	17	384	2.90	1.02	80.5	6553	21.39	*7	2.79	15.75	13.89	3.63	*0.00
Pizza, Large 4-meat w/sauce	1 each	15	597	40	1455	8.00	4.02	320.0	550	16.9	*9	23.17	69.0	24.33	8.58	0.00
French fry basket	1 Each	50	725	47	1869	9.00	2.72	272.1	471	12.94	*0	17.79	86.2	30.56	13.36	*0.00
Crispito basket, chicken chili	serving	30	912	92	2334	16.00	6.09	408.1	1971	1.13	*0	44.46	80.2	44.4	15.69	*0.00
French Bread Pizza w/sauce	1 Each	5	557	20	1505	8.00	3.12	370.0	750	19.3	*2	20.17	63.0	23.33	7.58	0.00
Popcorn chicken basket	serving	75	494	48	505	5.08	3.21	13.3	119	1.61	*3	20.81	50.51	24.01	4.68	*0.00
Bento Box variety	1 Each	20	394	97	644	2.14	1.54	249.2	1532	23.49	*7	18.53	38.08	18.9	6.53	*0.00
Mini corn dogs, chicken WG	6 each	45	270	37	420	4.50	2.16	150.0	0	0.0	*N/A*	10.5	29.99	12.0	3.75	0.00
Macaroni & cheese	2/3 CUP	45	408	58	988	0.95	1.10	530.7	553	0.92	*9	22.17	30.48	21.79	13.08	*0.00
Salad, side	Each	45	104	9	176	0.98	0.43	28.0	3015	7.91	*4	1.07	6.66	8.65	1.84	*0.00
Green beans, canned	1/2 cup	45	27	0	265	3.22	1.14	49.3	455	6.06	*N/A*	1.63	5.48	0.05	0.04	0.00
Applesauce	1/2 cup	100	84	0	15	1.02	1.84	0.0	0	2.45	*N/A*	0.0	21.44	0.0	0.00	0.00
FRUIT,FRESH ASSORTED	1 EACH	100	69	0	1	3.27	0.16	19.3	130	22.18	14	0.58	18.14	0.22	0.03	0.00
Juice, Orange 4 oz. carton	Carton (4 oz.)	20	60	0	0	*N/A*	*N/A*	*N/A*	*N/A*	36.0	*N/A*	1.0	13.0	0.0	0.00	0.00
Condiment bar	servings	250	75	3	194	0.02	0.03	1.3	200	2.4	*8	0.08	11.38	3.27	0.64	0.00
Milk, Lunch- Variety	HALF PINT	200	125	6	166	0.00	0.00	300.0	500	0.47	*N/A*	8.21	21.57	0.53	0.32	0.00
Raisins	1.33 oz. bo	25	113	0	4	1.39	12.68	188.5	0	51.79	*N/A*	1.16	29.86	0.17	0.02	0.00
Weighted Daily Average			753	62	1428	*8.36	*4.80	*453.2	*2448	*26.63	*15	26.86	94.51	29.64	9.73	*0.00
% of Calories											*7.8%	14.3%	50.2%	35.4%	11.6%	*0.0%
Nutrient Guideline			750-850		1420									<=30.0	<10.00	

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Beebe Public Schools

Oct 1, 2019 thru Oct 31, 2019

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 10/08/2019																
High School Lunch	Total	315														
Cheeseburger Basket HS	Servings	15	516	54	937	5.00	3.88	198.2	*136	*6.4	*N/A*	22.96	56.24	19.86	7.67	0.00
Chicken Sandwich basket HS	1 each	25	472	30	1111	5.00	2.76	120.1	*0	*6.4	*N/A*	16.7	62.02	16.36	2.34	0.00
Vegetable bar	servings	50	187	17	384	2.90	1.02	80.5	6553	21.39	*7	2.79	15.75	13.89	3.63	*0.00
Pizza, Large 4-meat w/sauce	1 each	30	597	40	1455	8.00	4.02	320.0	550	16.9	*9	23.17	69.0	24.33	8.58	0.00
Egg roll basket	1 Each	20	370	60	930	6.00	3.60	80.0	1500	12.0	*N/A*	20.0	52.0	10.0	2.00	0.00
Crispito basket, chicken chili	serving	40	912	92	2334	16.00	6.09	408.1	1971	1.13	*0	44.46	80.2	44.4	15.69	*0.00
French Bread Pizza w/sauce	1 Each	10	557	20	1505	8.00	3.12	370.0	750	19.3	*2	20.17	63.0	23.33	7.58	0.00
Chicken tenders basket	Servings	75	499	61	881	5.13	3.39	15.8	19	30.03	*3	26.92	58.76	18.5	4.23	*0.00
Bento Box variety	1 Each	20	394	97	644	2.14	1.54	249.2	1532	23.49	*7	18.53	38.08	18.9	6.53	*0.00
Mozzarella Chicken Bake 8 oz.	8 oz	25	387	39	625	2.37	2.36	143.1	2638	30.77	*N/A*	18.98	48.15	14.47	3.64	*0.00
Salad, side	Each	25	104	9	176	0.98	0.43	28.0	3015	7.91	*4	1.07	6.66	8.65	1.84	*0.00
Sweet peas	1/2 cup	25	108	0	39	4.60	1.18	26.3	657	39.42	*N/A*	5.26	13.8	3.57	1.62	0.00
Roll, WW 2 oz.	2 oz. roll	25	169	8	206	2.63	1.41	13.3	19	0.02	*3	4.92	27.3	4.9	1.18	*0.00
Fruit cocktail,Ex lt syrup	1/2 cup	125	61	0	10	0.00	0.00	0.0	202	1.21	11	0.0	17.18	0.0	0.00	0.00
FRUIT,FRESH ASSORTED	1 EACH	125	69	0	1	3.27	0.16	19.3	130	22.18	14	0.58	18.14	0.22	0.03	0.00
Juice, Orange 4 oz. carton	Carton (4 oz.)	20	60	0	0	*N/A*	*N/A*	*N/A*	*N/A*	36.0	*N/A*	1.0	13.0	0.0	0.00	0.00
Condiment bar	servings	300	75	3	194	0.02	0.03	1.3	200	2.4	*8	0.08	11.38	3.27	0.64	0.00
Milk, Lunch- Variety	HALF PINT	250	125	6	166	0.00	0.00	300.0	500	0.47	*N/A*	8.21	21.57	0.53	0.32	0.00
Raisins	1.33 oz. bo	25	113	0	4	1.39	12.68	188.5	0	51.79	*N/A*	1.16	29.86	0.17	0.02	0.00
Weighted Daily Average			745	60	1390	*8.15	*4.48	*429.2	*2791	*40.51	*21	29.58	101.35	25.52	7.26	*0.00
% of Calories											*11.5%	15.9%	54.4%	30.8%	8.8%	*0.0%
Nutrient Guideline			750-850		1420									<=30.0	<10.00	

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Beebe Public Schools

Oct 1, 2019 thru Oct 31, 2019

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 10/09/2019																
High School Lunch	Total	310														
Cheeseburger Basket HS	Servings	15	516	54	937	5.00	3.88	198.2	*136	*6.4	*N/A*	22.96	56.24	19.86	7.67	0.00
Chicken Sandwich basket HS	1 each	25	472	30	1111	5.00	2.76	120.1	*0	*6.4	*N/A*	16.7	62.02	16.36	2.34	0.00
Vegetable bar	servings	50	187	17	384	2.90	1.02	80.5	6553	21.39	*7	2.79	15.75	13.89	3.63	*0.00
Pizza, Large Buffalo w/sauce	1 each	15	617	45	1555	8.00	4.02	320.0	650	16.9	*8	23.17	68.0	26.33	8.58	0.00
Mozzarella stick basket HS	Servings	30	454	20	1125	1.00	2.52	520.0	250	10.5	*4	26.5	49.0	18.0	5.25	0.00
Nachos basket (HS)	Serving	10	746	60	2259	12.13	3.28	482.0	665	1.27	*0	28.88	69.47	38.3	20.40	*0.00
Crispito basket, chicken chs	serving	40	772	82	2334	14.00	5.37	448.1	871	1.13	*0	36.46	74.2	36.4	13.70	*0.00
French Bread Pizza w/sauce	1 Each	5	557	20	1505	8.00	3.12	370.0	750	19.3	*2	20.17	63.0	23.33	7.58	0.00
Chicken rings basket	servings	75	470	113	583	5.70	2.41	35.3	107	4.84	*3	23.05	53.18	19.56	4.18	*0.00
Bento Box variety	1 Each	20	394	97	644	2.14	1.54	249.2	1532	23.49	*7	18.53	38.08	18.9	6.53	*0.00
Sriracha chicken nachos - HS	servings	25	276	32	469	1.53	0.83	31.0	0	0.92	*0	12.29	27.02	12.24	4.59	*0.00
Salsa, homemade	1/4 cup	25	17	0	12	1.02	0.38	20.5	382	6.89	*0	0.25	6.28	0.0	0.00	*0.00
Black beans	1/2 cup	25	190	0	1211	12.11	1.73	76.3	0	0.0	*0	12.11	34.91	0.0	0.00	*0.00
Sour cream	1 oz	25	57	14	14	0.00	0.00	18.9	189	0.0	0	0.94	1.88	5.66	3.30	0.00
Peaches, canned,Ex Lt syrup	1/2 cup	125	60	0	5	1.00	0.00	0.0	65	0.0	13	0.0	13.93	0.0	0.00	0.00
FRUIT,FRESH ASSORTED	1 EACH	125	69	0	1	3.27	0.16	19.3	130	22.18	14	0.58	18.14	0.22	0.03	0.00
Juice, Orange 4 oz. carton	Carton (4 oz.)	20	60	0	0	*N/A*	*N/A*	*N/A*	*N/A*	36.0	*N/A*	1.0	13.0	0.0	0.00	0.00
Tortilla chips	2 oz	100	283	0	304	2.02	0.73	40.5	0	0.0	*N/A*	4.05	34.42	14.17	6.07	0.00
Condiment bar	servings	300	75	3	194	0.02	0.03	1.3	200	2.4	*8	0.08	11.38	3.27	0.64	0.00
Milk, Lunch- Variety	HALF PINT	250	125	6	166	0.00	0.00	300.0	500	0.47	*N/A*	8.21	21.57	0.53	0.32	0.00
Raisins	1.33 oz. bo	50	113	0	4	1.39	12.68	188.5	0	51.79	*N/A*	1.16	29.86	0.17	0.02	0.00
Weighted Daily Average			821	70	1522	*9.24	*5.15	*508.3	*2111	*32.24	*22	29.88	110.20	29.52	9.54	*0.00
% of Calories											*10.6%	14.6%	53.7%	32.4%	10.5%	*0.0%
Nutrient Guideline			750-850		1420									<=30.0	<10.00	

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Beebe Public Schools

Oct 1, 2019 thru Oct 31, 2019

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

Page 8

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 10/10/2019																
High School Lunch	Total	325														
Cheeseburger Basket HS	Servings	15	516	54	937	5.00	3.88	198.2	*136	*6.4	*N/A*	22.96	56.24	19.86	7.67	0.00
Chicken Sandwich basket HS	1 each	25	472	30	1111	5.00	2.76	120.1	*0	*6.4	*N/A*	16.7	62.02	16.36	2.34	0.00
Vegetable bar	servings	50	187	17	384	2.90	1.02	80.5	6553	21.39	*7	2.79	15.75	13.89	3.63	*0.00
Pizza, Large 4-meat w/sauce	1 each	15	597	40	1455	8.00	4.02	320.0	550	16.9	*9	23.17	69.0	24.33	8.58	0.00
French fry basket	1 Each	50	725	47	1869	9.00	2.72	272.1	471	12.94	*0	17.79	86.2	30.56	13.36	*0.00
Crispito basket, chicken chili	serving	30	912	92	2334	16.00	6.09	408.1	1971	1.13	*0	44.46	80.2	44.4	15.69	*0.00
Nachos basket (HS)	Serving	20	746	60	2259	12.13	3.28	482.0	665	1.27	*0	28.88	69.47	38.3	20.40	*0.00
French Bread Pizza w/sauce	1 Each	5	557	20	1505	8.00	3.12	370.0	750	19.3	*2	20.17	63.0	23.33	7.58	0.00
Chicken nuggets basket	serving	75	517	8	917	5.18	4.73	91.9	154	108.6	*6	25.04	65.0	17.19	2.75	*0.00
Bento Box variety	1 Each	15	394	97	644	2.14	1.54	249.2	1532	23.49	*7	18.53	38.08	18.9	6.53	*0.00
Boom Boom Chicken Sandwich HS	1 each	25	406	52	883	4.82	3.07	27.6	1734	9.78	*2	27.97	45.14	14.7	2.04	*0.00
French Fries	1/2 cup	25	108	0	231	2.31	0.55	0.0	0	3.7	*N/A*	1.54	16.17	3.08	0.77	0.00
Green beans, canned	1/2 cup	25	27	0	265	3.22	1.14	49.3	455	6.06	*N/A*	1.63	5.48	0.05	0.04	0.00
Pears: canned Ex Lt Syrup	1/2 cup	125	48	0	4	1.59	0.00	0.0	0	0.95	10	0.0	12.77	0.0	0.00	0.00
FRUIT,FRESH ASSORTED	1 EACH	125	69	0	1	3.27	0.16	19.3	130	22.18	14	0.58	18.14	0.22	0.03	0.00
Juice, Orange 4 oz. carton	Carton (4 oz.)	20	60	0	0	*N/A*	*N/A*	*N/A*	*N/A*	36.0	*N/A*	1.0	13.0	0.0	0.00	0.00
Condiment bar	servings	300	75	3	194	0.02	0.03	1.3	200	2.4	*8	0.08	11.38	3.27	0.64	0.00
Milk, Lunch- Variety	HALF PINT	250	125	6	166	0.00	0.00	300.0	500	0.47	*N/A*	8.21	21.57	0.53	0.32	0.00
Raisins	1.33 oz. bo	50	113	0	4	1.39	12.68	188.5	0	51.79	*N/A*	1.16	29.86	0.17	0.02	0.00
Weighted Daily Average			777	47	1576	*9.35	*5.53	*467.5	*2240	*56.63	*20	28.64	105.16	26.69	8.37	*0.00
% of Calories											*10.1%	14.7%	54.1%	30.9%	9.7%	*0.0%
Nutrient Guideline			750-850		1420									<=30.0	<10.00	

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Beebe Public Schools

Oct 1, 2019 thru Oct 31, 2019

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

Page 9

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 10/11/2019																
High School Lunch	Total	335														
Cheeseburger Basket HS	Servings	15	516	54	937	5.00	3.88	198.2	*136	*6.4	*N/A*	22.96	56.24	19.86	7.67	0.00
Chicken Sandwich basket HS	1 each	25	472	30	1111	5.00	2.76	120.1	*0	*6.4	*N/A*	16.7	62.02	16.36	2.34	0.00
Vegetable bar	servings	50	187	17	384	2.90	1.02	80.5	6553	21.39	*7	2.79	15.75	13.89	3.63	*0.00
Pizza, Large Buffalo w/sauce	1 each	20	617	45	1555	8.00	4.02	320.0	650	16.9	*8	23.17	68.0	26.33	8.58	0.00
Nachos basket (HS)	Serving	30	746	60	2259	12.13	3.28	482.0	665	1.27	*0	28.88	69.47	38.3	20.40	*0.00
Crispito basket, chicken chs	serving	40	772	82	2334	14.00	5.37	448.1	871	1.13	*0	36.46	74.2	36.4	13.70	*0.00
French Bread Pizza w/sauce	1 Each	10	557	20	1505	8.00	3.12	370.0	750	19.3	*2	20.17	63.0	23.33	7.58	0.00
Chicken tenders basket	Servings	75	499	61	881	5.13	3.39	15.8	19	30.03	*3	26.92	58.76	18.5	4.23	*0.00
Bento Box variety	1 Each	20	394	97	644	2.14	1.54	249.2	1532	23.49	*7	18.53	38.08	18.9	6.53	*0.00
Turkey Tetrizzini 7-12	1 cup	50	452	82	1511	1.34	1.71	272.4	452	0.33	*0	26.33	29.64	23.46	11.72	*0.00
Salad, side	Each	35	104	9	176	0.98	0.43	28.0	3015	7.91	*4	1.07	6.66	8.65	1.84	*0.00
Green beans, canned	1/2 cup	35	27	0	265	3.22	1.14	49.3	455	6.06	*N/A*	1.63	5.48	0.05	0.04	0.00
Breadstick, WW 2 oz.	1 EACH	50	169	8	206	2.63	1.41	13.3	19	0.02	*3	4.92	27.3	4.9	1.18	*0.00
Fruit cocktail,Ex lt syrup	1/2 cup	125	61	0	10	0.00	0.00	0.0	202	1.21	11	0.0	17.18	0.0	0.00	0.00
FRUIT,FRESH ASSORTED	1 EACH	125	69	0	1	3.27	0.16	19.3	130	22.18	14	0.58	18.14	0.22	0.03	0.00
Juice, Orange 4 oz. carton	Carton (4 oz.)	20	60	0	0	*N/A*	*N/A*	*N/A*	*N/A*	36.0	*N/A*	1.0	13.0	0.0	0.00	0.00
Condiment bar	servings	300	75	3	194	0.02	0.03	1.3	200	2.4	*8	0.08	11.38	3.27	0.64	0.00
Milk, Lunch- Variety	HALF PINT	250	125	6	166	0.00	0.00	300.0	500	0.47	*N/A*	8.21	21.57	0.53	0.32	0.00
Raisins	1.33 oz. bo	50	113	0	4	1.39	12.68	188.5	0	51.79	*N/A*	1.16	29.86	0.17	0.02	0.00
Weighted Daily Average			769	67	1641	*8.26	*5.26	*486.2	*2413	*36.54	*20	30.34	100.41	28.07	9.55	*0.00
% of Calories											*10.4%	15.8%	52.2%	32.8%	11.2%	*0.0%
Nutrient Guideline			750-850		1420									<=30.0	<10.00	

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Beebe Public Schools

Oct 1, 2019 thru Oct 31, 2019

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

Page 10

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 10/14/2019																
High School Lunch	Total	338														
Cheeseburger Basket HS	Servings	15	516	54	937	5.00	3.88	198.2	*136	*6.4	*N/A*	22.96	56.24	19.86	7.67	0.00
Chicken Sandwich basket HS	1 each	25	472	30	1111	5.00	2.76	120.1	*0	*6.4	*N/A*	16.7	62.02	16.36	2.34	0.00
Vegetable bar	servings	50	187	17	384	2.90	1.02	80.5	6553	21.39	*7	2.79	15.75	13.89	3.63	*0.00
Pizza, Large 4-meat w/sauce	1 each	15	597	40	1455	8.00	4.02	320.0	550	16.9	*9	23.17	69.0	24.33	8.58	0.00
French fry basket	1 Each	50	725	47	1869	9.00	2.72	272.1	471	12.94	*0	17.79	86.2	30.56	13.36	*0.00
Crispito basket, chicken chili	serving	30	912	92	2334	16.00	6.09	408.1	1971	1.13	*0	44.46	80.2	44.4	15.69	*0.00
French Bread Pizza w/sauce	1 Each	5	557	20	1505	8.00	3.12	370.0	750	19.3	*2	20.17	63.0	23.33	7.58	0.00
Popcorn chicken basket	serving	100	494	48	505	5.08	3.21	13.3	119	1.61	*3	20.81	50.51	24.01	4.68	*0.00
Bento Box variety	1 Each	18	394	97	644	2.14	1.54	249.2	1532	23.49	*7	18.53	38.08	18.9	6.53	*0.00
Buffalo Chicken Wrap	1 Each	30	256	55	1461	2.18	2.26	115.7	443	0.07	*0	20.54	27.05	6.98	2.19	*0.00
French Fries	1/2 cup	30	108	0	231	2.31	0.55	0.0	0	3.7	*N/A*	1.54	16.17	3.08	0.77	0.00
Salad, side	1 Each	30	104	9	176	0.98	0.43	28.0	3015	7.91	*4	1.07	6.66	8.65	1.84	*0.00
Applesauce	1/2 cup	60	84	0	15	1.02	1.84	0.0	0	2.45	*N/A*	0.0	21.44	0.0	0.00	0.00
FRUIT,FRESH ASSORTED	1 EACH	60	69	0	1	3.27	0.16	19.3	130	22.18	14	0.58	18.14	0.22	0.03	0.00
Juice, Orange 4 oz. carton	Carton (4 oz.)	20	60	0	0	*N/A*	*N/A*	*N/A*	*N/A*	36.0	*N/A*	1.0	13.0	0.0	0.00	0.00
CC oatmeal cookie	1 EACH	100	222	19	123	2.84	1.54	21.5	196	0.06	*14	5.16	36.39	6.65	1.77	*0.00
Condiment bar	servings	300	75	3	194	0.02	0.03	1.3	200	2.4	*8	0.08	11.38	3.27	0.64	0.00
Milk, Lunch- Variety	HALF PINT	250	125	6	166	0.00	0.00	300.0	500	0.47	*N/A*	8.21	21.57	0.53	0.32	0.00
Raisins	1.33 oz. bo	25	113	0	4	1.39	12.68	188.5	0	51.79	*N/A*	1.16	29.86	0.17	0.02	0.00
Weighted Daily Average			781	62	1435	*8.07	*4.79	*402.5	*2307	*22.56	*17	27.68	101.50	29.12	8.41	*0.00
% of Calories											*8.6%	14.2%	52.0%	33.6%	9.7%	*0.0%
Nutrient Guideline			750-850		1420									<=30.0	<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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Beebe Public Schools

Oct 1, 2019 thru Oct 31, 2019

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 10/15/2019																
High School Lunch	Total	325														
Cheeseburger Basket HS	Servings	15	516	54	937	5.00	3.88	198.2	*136	*6.4	*N/A*	22.96	56.24	19.86	7.67	0.00
Chicken Sandwich basket HS	1 each	25	472	30	1111	5.00	2.76	120.1	*0	*6.4	*N/A*	16.7	62.02	16.36	2.34	0.00
Vegetable bar	servings	50	187	17	384	2.90	1.02	80.5	6553	21.39	*7	2.79	15.75	13.89	3.63	*0.00
Pizza, Large 4-meat w/sauce	1 each	30	597	40	1455	8.00	4.02	320.0	550	16.9	*9	23.17	69.0	24.33	8.58	0.00
Egg roll basket	1 Each	20	370	60	930	6.00	3.60	80.0	1500	12.0	*N/A*	20.0	52.0	10.0	2.00	0.00
Crispito basket, chicken chili	serving	40	912	92	2334	16.00	6.09	408.1	1971	1.13	*0	44.46	80.2	44.4	15.69	*0.00
French Bread Pizza w/sauce	1 Each	10	557	20	1505	8.00	3.12	370.0	750	19.3	*2	20.17	63.0	23.33	7.58	0.00
Chicken tenders basket	Servings	75	499	61	881	5.13	3.39	15.8	19	30.03	*3	26.92	58.76	18.5	4.23	*0.00
Bento Box variety	1 Each	20	394	97	644	2.14	1.54	249.2	1532	23.49	*7	18.53	38.08	18.9	6.53	*0.00
Chicken fajitas	1 each	40	257	99	894	1.00	1.91	112.9	218	4.33	*0	25.52	16.09	9.47	3.49	0.00
Pinto beans, canned	1/2 cup	40	116	0	160	5.55	1.35	63.9	0	0.11	*0	7.07	20.5	0.92	0.16	0.00
Peppers & Onions	1/2 cup	40	20	0	8	1.00	0.00	0.0	0	0.0	3	1.0	4.99	0.0	0.00	0.00
Tortilla chips	2 oz	40	283	0	304	2.02	0.73	40.5	0	0.0	*N/A*	4.05	34.42	14.17	6.07	0.00
FRUIT, FRESH ASSORTED	1 EACH	125	69	0	1	3.27	0.16	19.3	130	22.18	14	0.58	18.14	0.22	0.03	0.00
Fruit cocktail, Ex lt syrup	1/2 cup	125	61	0	10	0.00	0.00	0.0	202	1.21	11	0.0	17.18	0.0	0.00	0.00
Juice, Orange 4 oz. carton	Carton (4 oz.)	20	60	0	0	*N/A*	*N/A*	*N/A*	*N/A*	36.0	*N/A*	1.0	13.0	0.0	0.00	0.00
Condiment bar	servings	300	75	3	194	0.02	0.03	1.3	200	2.4	*8	0.08	11.38	3.27	0.64	0.00
Milk, Lunch- Variety	HALF PINT	250	125	6	166	0.00	0.00	300.0	500	0.47	*N/A*	8.21	21.57	0.53	0.32	0.00
Raisins	1.33 oz. bo	25	113	0	4	1.39	12.68	188.5	0	51.79	*N/A*	1.16	29.86	0.17	0.02	0.00
Weighted Daily Average			746	66	1435	*8.26	*4.42	*426.5	*2246	*33.80	*20	30.98	100.21	25.33	7.60	*0.00
% of Calories											*11.0%	16.6%	53.7%	30.5%	9.2%	*0.0%
Nutrient Guideline			750-850		1420									<=30.0	<10.00	

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Beebe Public Schools

Oct 1, 2019 thru Oct 31, 2019

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 10/16/2019																
High School Lunch	Total	315														
Cheeseburger Basket HS	Servings	15	516	54	937	5.00	3.88	198.2	*136	*6.4	*N/A*	22.96	56.24	19.86	7.67	0.00
Chicken Sandwich basket HS	1 each	35	472	30	1111	5.00	2.76	120.1	*0	*6.4	*N/A*	16.7	62.02	16.36	2.34	0.00
Vegetable bar	servings	50	187	17	384	2.90	1.02	80.5	6553	21.39	*7	2.79	15.75	13.89	3.63	*0.00
Pizza, Large Buffalo w/sauce	1 each	15	617	45	1555	8.00	4.02	320.0	650	16.9	*8	23.17	68.0	26.33	8.58	0.00
Mozzarella stick basket HS	Servings	30	454	20	1125	1.00	2.52	520.0	250	10.5	*4	26.5	49.0	18.0	5.25	0.00
Nachos basket (HS)	Serving	10	746	60	2259	12.13	3.28	482.0	665	1.27	*0	28.88	69.47	38.3	20.40	*0.00
Crispito basket, chicken chs	serving	40	772	82	2334	14.00	5.37	448.1	871	1.13	*0	36.46	74.2	36.4	13.70	*0.00
French Bread Pizza w/sauce	1 Each	5	557	20	1505	8.00	3.12	370.0	750	19.3	*2	20.17	63.0	23.33	7.58	0.00
Chicken rings basket	servings	75	470	113	583	5.70	2.41	35.3	107	4.84	*3	23.05	53.18	19.56	4.18	*0.00
Bento Box variety	1 Each	10	394	97	644	2.14	1.54	249.2	1532	23.49	*7	18.53	38.08	18.9	6.53	*0.00
Turkey, bacon, cheddar & ranch	sandwich	30	519	80	1478	4.00	2.19	255.9	320	0.19	*0	33.36	36.47	27.16	9.22	0.00
Corn: canned, yellow	1/2 cup	50	120	0	334	3.04	0.41	4.6	70	2.73	*7	3.48	21.76	3.9	1.39	0.00
French Fries	1/2 cup	40	108	0	231	2.31	0.55	0.0	0	3.7	*N/A*	1.54	16.17	3.08	0.77	0.00
FRUIT, FRESH ASSORTED	1 EACH	150	69	0	1	3.27	0.16	19.3	130	22.18	14	0.58	18.14	0.22	0.03	0.00
Peaches, canned, Ex Lt syrup	1/2 cup	150	60	0	5	1.00	0.00	0.0	65	0.0	13	0.0	13.93	0.0	0.00	0.00
Juice, Orange 4 oz. carton	Carton (4 oz.)	40	60	0	0	*N/A*	*N/A*	*N/A*	*N/A*	36.0	*N/A*	1.0	13.0	0.0	0.00	0.00
Condiment bar	servings	300	75	3	194	0.02	0.03	1.3	200	2.4	*8	0.08	11.38	3.27	0.64	0.00
Milk, Lunch- Variety	HALF PINT	25	125	6	166	0.00	0.00	300.0	500	0.47	*N/A*	8.21	21.57	0.53	0.32	0.00
Raisins	1.33 oz. bo	25	113	0	4	1.39	12.68	188.5	0	51.79	*N/A*	1.16	29.86	0.17	0.02	0.00
Weighted Daily Average			676	66	1385	*8.76	*4.00	*269.0	*1683	*31.09	*24	24.10	87.30	26.27	7.67	*0.00
% of Calories											*14.4%	14.3%	51.7%	35.0%	10.2%	*0.0%
Nutrient Guideline			750-850		1420									<=30.0	<10.00	

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Beebe Public Schools

Oct 1, 2019 thru Oct 31, 2019

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 10/17/2019																
High School Lunch	Total	325														
Cheeseburger Basket HS	Servings	15	516	54	937	5.00	3.88	198.2	*136	*6.4	*N/A*	22.96	56.24	19.86	7.67	0.00
Chicken Sandwich basket HS	1 each	25	472	30	1111	5.00	2.76	120.1	*0	*6.4	*N/A*	16.7	62.02	16.36	2.34	0.00
Vegetable bar	servings	50	187	17	384	2.90	1.02	80.5	6553	21.39	*7	2.79	15.75	13.89	3.63	*0.00
Pizza, Large 4-meat w/sauce	1 each	15	597	40	1455	8.00	4.02	320.0	550	16.9	*9	23.17	69.0	24.33	8.58	0.00
French fry basket	1 Each	50	725	47	1869	9.00	2.72	272.1	471	12.94	*0	17.79	86.2	30.56	13.36	*0.00
Crispito basket, chicken chili	serving	30	912	92	2334	16.00	6.09	408.1	1971	1.13	*0	44.46	80.2	44.4	15.69	*0.00
Nachos basket (HS)	Serving	15	746	60	2259	12.13	3.28	482.0	665	1.27	*0	28.88	69.47	38.3	20.40	*0.00
French Bread Pizza w/sauce	1 Each	5	557	20	1505	8.00	3.12	370.0	750	19.3	*2	20.17	63.0	23.33	7.58	0.00
Chicken nuggets basket	serving	75	517	8	917	5.18	4.73	91.9	154	108.6	*6	25.04	65.0	17.19	2.75	*0.00
Bento Box variety	1 Each	20	394	97	644	2.14	1.54	249.2	1532	23.49	*7	18.53	38.08	18.9	6.53	*0.00
Walking taco	servings	25	534	74	1014	5.67	3.17	352.6	2417	5.07	*2	30.67	42.6	25.53	9.29	0.73
Pears: canned Ex Lt Syrup	1/2 cup	100	48	0	4	1.59	0.00	0.0	0	0.95	10	0.0	12.77	0.0	0.00	0.00
FRUIT,FRESH ASSORTED	1 EACH	125	69	0	1	3.27	0.16	19.3	130	22.18	14	0.58	18.14	0.22	0.03	0.00
Juice, Orange 4 oz. carton	Carton (4 oz.)	30	60	0	0	*N/A*	*N/A*	*N/A*	*N/A*	36.0	*N/A*	1.0	13.0	0.0	0.00	0.00
Condiment bar	servings	300	75	3	194	0.02	0.03	1.3	200	2.4	*8	0.08	11.38	3.27	0.64	0.00
Milk, Lunch- Variety	HALF PINT	250	125	6	166	0.00	0.00	300.0	500	0.47	*N/A*	8.21	21.57	0.53	0.32	0.00
Raisins	1.33 oz. bo	25	113	0	4	1.39	12.68	188.5	0	51.79	*N/A*	1.16	29.86	0.17	0.02	0.00
Weighted Daily Average			761	49	1523	*8.61	*4.41	*470.6	*2271	*52.91	*19	28.39	99.94	26.98	8.65	*0.06
% of Calories											*10.0%	14.9%	52.6%	31.9%	10.2%	*0.1%
Nutrient Guideline			750-850		1420									<=30.0	<10.00	

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Beebe Public Schools

Oct 1, 2019 thru Oct 31, 2019

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 10/18/2019																
High School Lunch	Total	350														
Cheeseburger Basket HS	Servings	15	516	54	937	5.00	3.88	198.2	*136	*6.4	*N/A*	22.96	56.24	19.86	7.67	0.00
Chicken Sandwich basket HS	1 each	25	472	30	1111	5.00	2.76	120.1	*0	*6.4	*N/A*	16.7	62.02	16.36	2.34	0.00
Vegetable bar	servings	50	187	17	384	2.90	1.02	80.5	6553	21.39	*7	2.79	15.75	13.89	3.63	*0.00
Pizza, Large Buffalo w/sauce	1 each	20	617	45	1555	8.00	4.02	320.0	650	16.9	*8	23.17	68.0	26.33	8.58	0.00
Nachos basket (HS)	Serving	30	746	60	2259	12.13	3.28	482.0	665	1.27	*0	28.88	69.47	38.3	20.40	*0.00
Crispito basket, chicken chs	serving	40	772	82	2334	14.00	5.37	448.1	871	1.13	*0	36.46	74.2	36.4	13.70	*0.00
French Bread Pizza w/sauce	1 Each	10	557	20	1505	8.00	3.12	370.0	750	19.3	*2	20.17	63.0	23.33	7.58	0.00
Chicken tenders basket	Servings	100	499	61	881	5.13	3.39	15.8	19	30.03	*3	26.92	58.76	18.5	4.23	*0.00
Bento Box variety	1 Each	20	394	97	644	2.14	1.54	249.2	1532	23.49	*7	18.53	38.08	18.9	6.53	*0.00
Ham & cheese rollup	Servings	40	298	44	820	2.64	1.45	279.9	206	0.02	*3	18.67	29.97	12.03	5.07	*0.01
Fried potatoes	1/2 cup	40	143	0	476	1.44	0.00	0.3	0	0.0	*1	1.44	17.28	7.6	2.28	0.00
Sweet peas	1/4 cup	35	54	0	19	2.30	0.59	13.1	328	19.71	*N/A*	2.63	6.9	1.78	0.81	0.00
FRUIT,FRESH ASSORTED	1 EACH	125	69	0	1	3.27	0.16	19.3	130	22.18	14	0.58	18.14	0.22	0.03	0.00
Fruit cocktail,Ex lt syrup	1/2 cup	150	61	0	10	0.00	0.00	0.0	202	1.21	11	0.0	17.18	0.0	0.00	0.00
Juice, Orange 4 oz. carton	Carton (4 oz.)	40	60	0	0	*N/A*	*N/A*	*N/A*	*N/A*	36.0	*N/A*	1.0	13.0	0.0	0.00	0.00
Condiment bar	servings	300	75	3	194	0.02	0.03	1.3	200	2.4	*8	0.08	11.38	3.27	0.64	0.00
Milk, Lunch- Variety	HALF PINT	250	125	6	166	0.00	0.00	300.0	500	0.47	*N/A*	8.21	21.57	0.53	0.32	0.00
Raisins	1.33 oz. bo	50	113	0	4	1.39	12.68	188.5	0	51.79	*N/A*	1.16	29.86	0.17	0.02	0.00
Weighted Daily Average			734	59	1495	*7.98	*4.90	*451.3	*1968	*39.78	*20	28.84	99.02	25.68	8.33	*0.00
% of Calories											*10.9%	15.7%	54.0%	31.5%	10.2%	*0.0%
Nutrient Guideline			750-850		1420									<=30.0	<10.00	

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Beebe Public Schools

Oct 1, 2019 thru Oct 31, 2019

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 10/21/2019																
High School Lunch	Total	280														
Cheeseburger Basket HS	Servings	15	516	54	937	5.00	3.88	198.2	*136	*6.4	*N/A*	22.96	56.24	19.86	7.67	0.00
Chicken Sandwich basket HS	1 each	25	472	30	1111	5.00	2.76	120.1	*0	*6.4	*N/A*	16.7	62.02	16.36	2.34	0.00
Vegetable bar	servings	50	187	17	384	2.90	1.02	80.5	6553	21.39	*7	2.79	15.75	13.89	3.63	*0.00
Pizza, Large 4-meat w/sauce	1 each	15	597	40	1455	8.00	4.02	320.0	550	16.9	*9	23.17	69.0	24.33	8.58	0.00
French fry basket	1 Each	50	725	47	1869	9.00	2.72	272.1	471	12.94	*0	17.79	86.2	30.56	13.36	*0.00
Crispito basket, chicken chili	serving	30	912	92	2334	16.00	6.09	408.1	1971	1.13	*0	44.46	80.2	44.4	15.69	*0.00
French Bread Pizza w/sauce	1 Each	5	557	20	1505	8.00	3.12	370.0	750	19.3	*2	20.17	63.0	23.33	7.58	0.00
Popcorn chicken basket	serving	100	494	48	505	5.08	3.21	13.3	119	1.61	*3	20.81	50.51	24.01	4.68	*0.00
Bento Box variety	1 Each	18	394	97	644	2.14	1.54	249.2	1532	23.49	*7	18.53	38.08	18.9	6.53	*0.00
Macaroni & cheese	2/3 CUP	30	408	58	988	0.95	1.10	530.7	553	0.92	*9	22.17	30.48	21.79	13.08	*0.00
Mini corn dogs, chicken WG	6 each	30	270	37	420	4.50	2.16	150.0	0	0.0	*N/A*	10.5	29.99	12.0	3.75	0.00
Creamed spinach	1/2 cup	30	150	13	484	4.71	3.10	244.7	19160	9.27	*1	6.87	8.24	11.33	5.69	0.00
Green beans, canned	1/2 cup	30	27	0	265	3.22	1.14	49.3	455	6.06	*N/A*	1.63	5.48	0.05	0.04	0.00
Applesauce	1/2 cup	60	84	0	15	1.02	1.84	0.0	0	2.45	*N/A*	0.0	21.44	0.0	0.00	0.00
FRUIT,FRESH ASSORTED	1 EACH	60	69	0	1	3.27	0.16	19.3	130	22.18	14	0.58	18.14	0.22	0.03	0.00
Juice, Orange 4 oz. carton	Carton (4 oz.)	20	60	0	0	*N/A*	*N/A*	*N/A*	*N/A*	36.0	*N/A*	1.0	13.0	0.0	0.00	0.00
CC oatmeal cookie	1 EACH	100	222	19	123	2.84	1.54	21.5	196	0.06	*14	5.16	36.39	6.65	1.77	*0.00
Condiment bar	servings	75	75	3	194	0.02	0.03	1.3	200	2.4	*8	0.08	11.38	3.27	0.64	0.00
Milk, Lunch- Variety	HALF PINT	75	125	6	166	0.00	0.00	300.0	500	0.47	*N/A*	8.21	21.57	0.53	0.32	0.00
Raisins	1.33 oz. bo	25	113	0	4	1.39	12.68	188.5	0	51.79	*N/A*	1.16	29.86	0.17	0.02	0.00
Weighted Daily Average			845	73	1504	*10.57	*6.21	*386.3	*4103	*25.51	*14	30.15	102.50	35.02	11.34	*0.00
% of Calories											*6.8%	14.3%	48.5%	37.3%	12.1%	*0.0%
Nutrient Guideline			750-850		1420									<=30.0	<10.00	

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Beebe Public Schools

Oct 1, 2019 thru Oct 31, 2019

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 10/22/2019																
High School Lunch	Total	275														
Cheeseburger Basket HS	Servings	15	516	54	937	5.00	3.88	198.2	*136	*6.4	*N/A*	22.96	56.24	19.86	7.67	0.00
Chicken Sandwich basket HS	1 each	25	472	30	1111	5.00	2.76	120.1	*0	*6.4	*N/A*	16.7	62.02	16.36	2.34	0.00
Vegetable bar	servings	50	187	17	384	2.90	1.02	80.5	6553	21.39	*7	2.79	15.75	13.89	3.63	*0.00
Pizza, Large 4-meat w/sauce	1 each	30	597	40	1455	8.00	4.02	320.0	550	16.9	*9	23.17	69.0	24.33	8.58	0.00
Egg roll basket	1 Each	20	370	60	930	6.00	3.60	80.0	1500	12.0	*N/A*	20.0	52.0	10.0	2.00	0.00
Crispito basket, chicken chili	serving	40	912	92	2334	16.00	6.09	408.1	1971	1.13	*0	44.46	80.2	44.4	15.69	*0.00
French Bread Pizza w/sauce	1 Each	10	557	20	1505	8.00	3.12	370.0	750	19.3	*2	20.17	63.0	23.33	7.58	0.00
Chicken tenders basket	Servings	75	499	61	881	5.13	3.39	15.8	19	30.03	*3	26.92	58.76	18.5	4.23	*0.00
Bento Box variety	1 Each	20	394	97	644	2.14	1.54	249.2	1532	23.49	*7	18.53	38.08	18.9	6.53	*0.00
Mexican Chicken Casserole	1 cup	40	331	56	778	1.35	2.22	*249.3	*345	*0.81	*2	22.61	22.06	17.03	7.61	*0.00
Pinto beans, canned	1/2 cup	40	116	0	160	5.55	1.35	63.9	0	0.11	*0	7.07	20.5	0.92	0.16	0.00
Salad, side	Each	40	104	9	176	0.98	0.43	28.0	3015	7.91	*4	1.07	6.66	8.65	1.84	*0.00
Salsa, homemade	1/4 cup	40	17	0	12	1.02	0.38	20.5	382	6.89	*0	0.25	6.28	0.0	0.00	*0.00
Tortilla chips	1 oz	40	142	0	152	1.01	0.36	20.2	0	0.0	*N/A*	2.03	17.21	7.09	3.04	0.00
FRUIT,FRESH ASSORTED	1 EACH	110	69	0	1	3.27	0.16	19.3	130	22.18	14	0.58	18.14	0.22	0.03	0.00
Fruit cocktail,Ex lt syrup	1/2 cup	85	61	0	10	0.00	0.00	0.0	202	1.21	11	0.0	17.18	0.0	0.00	0.00
Juice, Orange 4 oz. carton	Carton (4 oz.)	20	60	0	0	*N/A*	*N/A*	*N/A*	*N/A*	36.0	*N/A*	1.0	13.0	0.0	0.00	0.00
Condiment bar	servings	150	75	3	194	0.02	0.03	1.3	200	2.4	*8	0.08	11.38	3.27	0.64	0.00
Milk, Lunch- Variety	HALF PINT	150	125	6	166	0.00	0.00	300.0	500	0.47	*N/A*	8.21	21.57	0.53	0.32	0.00
Raisins	1.33 oz. bo	25	113	0	4	1.39	12.68	188.5	0	51.79	*N/A*	1.16	29.86	0.17	0.02	0.00
Weighted Daily Average			788	70	1516	*9.62	*5.30	*417.1	*2839	*38.73	*18	32.88	100.40	29.28	8.94	*0.00
% of Calories											*9.1%	16.7%	51.0%	33.4%	10.2%	*0.0%
Nutrient Guideline			750-850		1420									<=30.0	<10.00	

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Beebe Public Schools

Oct 1, 2019 thru Oct 31, 2019

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 10/23/2019																
High School Lunch	Total	315														
Cheeseburger Basket HS	Servings	15	516	54	937	5.00	3.88	198.2	*136	*6.4	*N/A*	22.96	56.24	19.86	7.67	0.00
Chicken Sandwich basket HS	1 each	35	472	30	1111	5.00	2.76	120.1	*0	*6.4	*N/A*	16.7	62.02	16.36	2.34	0.00
Vegetable bar	servings	50	187	17	384	2.90	1.02	80.5	6553	21.39	*7	2.79	15.75	13.89	3.63	*0.00
Pizza, Large Buffalo w/sauce	1 each	15	617	45	1555	8.00	4.02	320.0	650	16.9	*8	23.17	68.0	26.33	8.58	0.00
Mozzarella stick basket HS	Servings	30	454	20	1125	1.00	2.52	520.0	250	10.5	*4	26.5	49.0	18.0	5.25	0.00
Nachos basket (HS)	Serving	10	746	60	2259	12.13	3.28	482.0	665	1.27	*0	28.88	69.47	38.3	20.40	*0.00
Crispito basket, chicken chs	serving	40	772	82	2334	14.00	5.37	448.1	871	1.13	*0	36.46	74.2	36.4	13.70	*0.00
French Bread Pizza w/sauce	1 Each	5	557	20	1505	8.00	3.12	370.0	750	19.3	*2	20.17	63.0	23.33	7.58	0.00
Chicken rings basket	servings	75	470	113	583	5.70	2.41	35.3	107	4.84	*3	23.05	53.18	19.56	4.18	*0.00
Bento Box variety	1 Each	10	394	97	644	2.14	1.54	249.2	1532	23.49	*7	18.53	38.08	18.9	6.53	*0.00
Chicken & dumplings	servings	30	253	60	705	1.80	3.53	*127.5	*81	*0.06	*2	23.47	18.63	10.1	4.21	*0.00
Corn: canned, yellow	1/4 cup	50	60	0	167	1.52	0.20	2.3	35	1.37	*3	1.74	10.88	1.95	0.70	0.00
Blackeyed peas	1/2 cup	40	93	0	163	4.03	1.81	20.2	0	0.05	*0	6.05	16.22	1.0	0.00	*0.00
Biscuits, homemade	1 Each	30	103	0	360	1.58	0.93	92.7	31	0.0	*1	2.72	15.25	3.7	1.70	*0.00
FRUIT,FRESH ASSORTED	1 EACH	125	69	0	1	3.27	0.16	19.3	130	22.18	14	0.58	18.14	0.22	0.03	0.00
Peaches, canned,Ex Lt syrup	1/2 cup	150	60	0	5	1.00	0.00	0.0	65	0.0	13	0.0	13.93	0.0	0.00	0.00
Juice, Orange 4 oz. carton	Carton (4 oz.)	20	60	0	0	*N/A*	*N/A*	*N/A*	*N/A*	36.0	*N/A*	1.0	13.0	0.0	0.00	0.00
Condiment bar	servings	250	75	3	194	0.02	0.03	1.3	200	2.4	*8	0.08	11.38	3.27	0.64	0.00
Milk, Lunch- Variety	HALF PINT	200	125	6	166	0.00	0.00	300.0	500	0.47	*N/A*	8.21	21.57	0.53	0.32	0.00
Raisins	1.33 oz. bo	25	113	0	4	1.39	12.68	188.5	0	51.79	*N/A*	1.16	29.86	0.17	0.02	0.00
Weighted Daily Average			697	67	1372	*8.41	*4.32	*432.8	*1894	*26.23	*22	28.16	93.24	24.18	7.22	*0.00
% of Calories											*12.4%	16.2%	53.5%	31.2%	9.3%	*0.0%
Nutrient Guideline			750-850		1420									<=30.0	<10.00	

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Beebe Public Schools

Oct 1, 2019 thru Oct 31, 2019

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 10/24/2019																
High School Lunch	Total	320														
Cheeseburger Basket HS	Servings	15	516	54	937	5.00	3.88	198.2	*136	*6.4	*N/A*	22.96	56.24	19.86	7.67	0.00
Chicken Sandwich basket HS	1 each	25	472	30	1111	5.00	2.76	120.1	*0	*6.4	*N/A*	16.7	62.02	16.36	2.34	0.00
Vegetable bar	servings	50	187	17	384	2.90	1.02	80.5	6553	21.39	*7	2.79	15.75	13.89	3.63	*0.00
Pizza, Large 4-meat w/sauce	1 each	15	597	40	1455	8.00	4.02	320.0	550	16.9	*9	23.17	69.0	24.33	8.58	0.00
French fry basket	1 Each	50	725	47	1869	9.00	2.72	272.1	471	12.94	*0	17.79	86.2	30.56	13.36	*0.00
Crispito basket, chicken chili	serving	30	912	92	2334	16.00	6.09	408.1	1971	1.13	*0	44.46	80.2	44.4	15.69	*0.00
Nachos basket (HS)	Serving	10	746	60	2259	12.13	3.28	482.0	665	1.27	*0	28.88	69.47	38.3	20.40	*0.00
French Bread Pizza w/sauce	1 Each	5	557	20	1505	8.00	3.12	370.0	750	19.3	*2	20.17	63.0	23.33	7.58	0.00
Chicken nuggets basket	serving	75	517	8	917	5.18	4.73	91.9	154	108.6	*6	25.04	65.0	17.19	2.75	*0.00
Bento Box variety	1 Each	20	394	97	644	2.14	1.54	249.2	1532	23.49	*7	18.53	38.08	18.9	6.53	*0.00
Boom Boom Chicken Sandwich HS	1 each	25	406	52	883	4.82	3.07	27.6	1734	9.78	*2	27.97	45.14	14.7	2.04	*0.00
French Fries	1/2 cup	30	108	0	231	2.31	0.55	0.0	0	3.7	*N/A*	1.54	16.17	3.08	0.77	0.00
Vegetarian beans	1/4 cup	50	55	0	70	2.50	0.54	20.0	0	0.0	2	3.5	10.0	0.49	0.00	0.00
Pears: canned Ex Lt Syrup	1/2 cup	125	48	0	4	1.59	0.00	0.0	0	0.95	10	0.0	12.77	0.0	0.00	0.00
FRUIT,FRESH ASSORTED	1 EACH	150	69	0	1	3.27	0.16	19.3	130	22.18	14	0.58	18.14	0.22	0.03	0.00
Juice, Orange 4 oz. carton	Carton (4 oz.)	20	60	0	0	*N/A*	*N/A*	*N/A*	*N/A*	36.0	*N/A*	1.0	13.0	0.0	0.00	0.00
Condiment bar	servings	250	75	3	194	0.02	0.03	1.3	200	2.4	*8	0.08	11.38	3.27	0.64	0.00
Milk, Lunch- Variety	HALF PINT	250	125	6	166	0.00	0.00	300.0	500	0.47	*N/A*	8.21	21.57	0.53	0.32	0.00
Raisins	1.33 oz. bo	25	113	0	4	1.39	12.68	188.5	0	51.79	*N/A*	1.16	29.86	0.17	0.02	0.00
Weighted Daily Average			765	47	1504	*9.47	*4.56	*449.5	*2222	*54.74	*20	28.87	103.92	25.82	7.88	*0.00
% of Calories											*10.6%	15.1%	54.3%	30.4%	9.3%	*0.0%
Nutrient Guideline			750-850		1420									<=30.0	<10.00	

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Beebe Public Schools

Oct 1, 2019 thru Oct 31, 2019

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 10/28/2019																
High School Lunch	Total	335														
Cheeseburger Basket HS	Servings	15	516	54	937	5.00	3.88	198.2	*136	*6.4	*N/A*	22.96	56.24	19.86	7.67	0.00
Chicken Sandwich basket HS	1 each	25	472	30	1111	5.00	2.76	120.1	*0	*6.4	*N/A*	16.7	62.02	16.36	2.34	0.00
Vegetable bar	servings	50	187	17	384	2.90	1.02	80.5	6553	21.39	*7	2.79	15.75	13.89	3.63	*0.00
Pizza, Large 4-meat w/sauce	1 each	15	597	40	1455	8.00	4.02	320.0	550	16.9	*9	23.17	69.0	24.33	8.58	0.00
French fry basket	1 Each	50	725	47	1869	9.00	2.72	272.1	471	12.94	*0	17.79	86.2	30.56	13.36	*0.00
Crispito basket, chicken chili	serving	30	912	92	2334	16.00	6.09	408.1	1971	1.13	*0	44.46	80.2	44.4	15.69	*0.00
French Bread Pizza w/sauce	1 Each	5	557	20	1505	8.00	3.12	370.0	750	19.3	*2	20.17	63.0	23.33	7.58	0.00
Popcorn chicken basket	serving	85	494	48	505	5.08	3.21	13.3	119	1.61	*3	20.81	50.51	24.01	4.68	*0.00
Bento Box variety	1 Each	20	394	97	644	2.14	1.54	249.2	1532	23.49	*7	18.53	38.08	18.9	6.53	*0.00
Chicken Caesar Club	sandwich	40	419	49	804	3.42	2.67	43.8	700	3.12	*3	27.92	34.26	23.17	5.68	*0.00
Fried potatoes	1/2 cup	1	143	0	476	1.44	0.00	0.3	0	0.0	*1	1.44	17.28	7.6	2.28	0.00
Salad, side	Each	75	104	9	176	0.98	0.43	28.0	3015	7.91	*4	1.07	6.66	8.65	1.84	*0.00
FRUIT,FRESH ASSORTED	1 EACH	200	69	0	1	3.27	0.16	19.3	130	22.18	14	0.58	18.14	0.22	0.03	0.00
Applesauce	1/2 cup	200	84	0	15	1.02	1.84	0.0	0	2.45	*N/A*	0.0	21.44	0.0	0.00	0.00
Juice, Orange 4 oz. carton	Carton (4 oz.)	20	60	0	0	*N/A*	*N/A*	*N/A*	*N/A*	36.0	*N/A*	1.0	13.0	0.0	0.00	0.00
Condiment bar	servings	250	75	3	194	0.02	0.03	1.3	200	2.4	*8	0.08	11.38	3.27	0.64	0.00
Milk, Lunch- Variety	HALF PINT	250	125	6	166	0.00	0.00	300.0	500	0.47	*N/A*	8.21	21.57	0.53	0.32	0.00
Raisins	1.33 oz. bo	50	113	0	4	1.39	12.68	188.5	0	51.79	*N/A*	1.16	29.86	0.17	0.02	0.00
Weighted Daily Average			795	57	1340	*9.11	*6.14	*421.2	*2747	*37.71	*18	27.39	107.75	29.09	8.37	*0.00
% of Calories											*9.2%	13.8%	54.2%	32.9%	9.5%	*0.0%
Nutrient Guideline			750-850		1420									<=30.0	<10.00	

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Beebe Public Schools

Oct 1, 2019 thru Oct 31, 2019

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

Page 20

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 10/29/2019																
High School Lunch	Total	325														
Cheeseburger Basket HS	Servings	15	516	54	937	5.00	3.88	198.2	*136	*6.4	*N/A*	22.96	56.24	19.86	7.67	0.00
Chicken Sandwich basket HS	1 each	35	472	30	1111	5.00	2.76	120.1	*0	*6.4	*N/A*	16.7	62.02	16.36	2.34	0.00
Vegetable bar	servings	50	187	17	384	2.90	1.02	80.5	6553	21.39	*7	2.79	15.75	13.89	3.63	*0.00
Pizza, Large 4-meat w/sauce	1 each	30	597	40	1455	8.00	4.02	320.0	550	16.9	*9	23.17	69.0	24.33	8.58	0.00
Egg roll basket	1 Each	20	370	60	930	6.00	3.60	80.0	1500	12.0	*N/A*	20.0	52.0	10.0	2.00	0.00
Crispito basket, chicken chili	serving	40	912	92	2334	16.00	6.09	408.1	1971	1.13	*0	44.46	80.2	44.4	15.69	*0.00
French Bread Pizza w/sauce	1 Each	10	557	20	1505	8.00	3.12	370.0	750	19.3	*2	20.17	63.0	23.33	7.58	0.00
Chicken tenders basket	Servings	75	499	61	881	5.13	3.39	15.8	19	30.03	*3	26.92	58.76	18.5	4.23	*0.00
Bento Box variety	1 Each	10	394	97	644	2.14	1.54	249.2	1532	23.49	*7	18.53	38.08	18.9	6.53	*0.00
Taco bar	servings	40	542	92	1020	4.76	3.01	355.1	1666	20.37	*2	31.22	47.02	26.26	9.97	*0.37
Fruit cocktail,Ex lt syrup	1/2 cup	150	61	0	10	0.00	0.00	0.0	202	1.21	11	0.0	17.18	0.0	0.00	0.00
FRUIT,FRESH ASSORTED	1 EACH	125	69	0	1	3.27	0.16	19.3	130	22.18	14	0.58	18.14	0.22	0.03	0.00
Juice, Orange 4 oz. carton	Carton (4 oz.)	20	60	0	0	*N/A*	*N/A*	*N/A*	*N/A*	36.0	*N/A*	1.0	13.0	0.0	0.00	0.00
Condiment bar	servings	250	75	3	194	0.02	0.03	1.3	200	2.4	*8	0.08	11.38	3.27	0.64	0.00
Milk, Lunch- Variety	HALF PINT	250	125	6	166	0.00	0.00	300.0	500	0.47	*N/A*	8.21	21.57	0.53	0.32	0.00
Raisins	1.33 oz. bo	50	113	0	4	1.39	12.68	188.5	0	51.79	*N/A*	1.16	29.86	0.17	0.02	0.00
Weighted Daily Average			734	63	1378	*7.86	*5.31	*453.8	*2361	*38.95	*20	30.21	99.24	24.97	7.40	*0.05
% of Calories											*10.8%	16.5%	54.1%	30.6%	9.1%	*0.1%
Nutrient Guideline			750-850		1420									<=30.0	<10.00	

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Beebe Public Schools

Oct 1, 2019 thru Oct 31, 2019

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 10/30/2019																
High School Lunch	Total	310														
Cheeseburger Basket HS	Servings	15	516	54	937	5.00	3.88	198.2	*136	*6.4	*N/A*	22.96	56.24	19.86	7.67	0.00
Chicken Sandwich basket HS	1 each	30	472	30	1111	5.00	2.76	120.1	*0	*6.4	*N/A*	16.7	62.02	16.36	2.34	0.00
Vegetable bar	servings	50	187	17	384	2.90	1.02	80.5	6553	21.39	*7	2.79	15.75	13.89	3.63	*0.00
Pizza, Large Buffalo w/sauce	1 each	15	617	45	1555	8.00	4.02	320.0	650	16.9	*8	23.17	68.0	26.33	8.58	0.00
Mozzarella stick basket HS	Servings	30	454	20	1125	1.00	2.52	520.0	250	10.5	*4	26.5	49.0	18.0	5.25	0.00
Nachos basket (HS)	Serving	10	746	60	2259	12.13	3.28	482.0	665	1.27	*0	28.88	69.47	38.3	20.40	*0.00
Crispito basket, chicken chs	serving	40	772	82	2334	14.00	5.37	448.1	871	1.13	*0	36.46	74.2	36.4	13.70	*0.00
French Bread Pizza w/sauce	1 Each	5	557	20	1505	8.00	3.12	370.0	750	19.3	*2	20.17	63.0	23.33	7.58	0.00
Chicken rings basket	servings	75	470	113	583	5.70	2.41	35.3	107	4.84	*3	23.05	53.18	19.56	4.18	*0.00
Bento Box variety	1 Each	15	394	97	644	2.14	1.54	249.2	1532	23.49	*7	18.53	38.08	18.9	6.53	*0.00
Sour cream chicken enchiladas	1 Each	25	295	54	834	2.32	3.31	248.1	*304	*2.57	*0	22.69	29.06	9.58	4.11	*0.00
Salsa, homemade	1/4 cup	25	17	0	12	1.02	0.38	20.5	382	6.89	*0	0.25	6.28	0.0	0.00	*0.00
Pinto beans with cheese	1/2 cup	25	156	8	263	5.55	1.37	192.2	90	0.11	*0	10.94	20.78	3.51	1.83	0.00
Tortilla chips	2 oz	25	283	0	304	2.02	0.73	40.5	0	0.0	*N/A*	4.05	34.42	14.17	6.07	0.00
Peaches, canned,Ex Lt syrup	1/2 cup	150	60	0	5	1.00	0.00	0.0	65	0.0	13	0.0	13.93	0.0	0.00	0.00
FRUIT,FRESH ASSORTED	1 EACH	150	69	0	1	3.27	0.16	19.3	130	22.18	14	0.58	18.14	0.22	0.03	0.00
Juice, Orange 4 oz. carton	Carton (4 oz.)	20	60	0	0	*N/A*	*N/A*	*N/A*	*N/A*	36.0	*N/A*	1.0	13.0	0.0	0.00	0.00
Condiment bar	servings	250	75	3	194	0.02	0.03	1.3	200	2.4	*8	0.08	11.38	3.27	0.64	0.00
Milk, Lunch- Variety	HALF PINT	250	125	6	166	0.00	0.00	300.0	500	0.47	*N/A*	8.21	21.57	0.53	0.32	0.00
Raisins	1.33 oz. bo	50	113	0	4	1.39	12.68	188.5	0	51.79	*N/A*	1.16	29.86	0.17	0.02	0.00
Weighted Daily Average			746	70	1377	*8.67	*5.18	*523.1	*2086	*33.51	*22	29.57	101.88	25.15	7.74	*0.00
% of Calories											*12.0%	15.8%	54.6%	30.3%	9.3%	*0.0%
Nutrient Guideline			750-850		1420									<=30.0	<10.00	

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Beebe Public Schools

Oct 1, 2019 thru Oct 31, 2019

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 10/31/2019																
High School Lunch	Total	325														
Cheeseburger Basket HS	Servings	15	516	54	937	5.00	3.88	198.2	*136	*6.4	*N/A*	22.96	56.24	19.86	7.67	0.00
Chicken Sandwich basket HS	1 each	25	472	30	1111	5.00	2.76	120.1	*0	*6.4	*N/A*	16.7	62.02	16.36	2.34	0.00
Vegetable bar	servings	50	187	17	384	2.90	1.02	80.5	6553	21.39	*7	2.79	15.75	13.89	3.63	*0.00
Pizza, Large 4-meat w/sauce	1 each	15	597	40	1455	8.00	4.02	320.0	550	16.9	*9	23.17	69.0	24.33	8.58	0.00
French fry basket	1 Each	50	725	47	1869	9.00	2.72	272.1	471	12.94	*0	17.79	86.2	30.56	13.36	*0.00
Crispito basket, chicken chili	serving	30	912	92	2334	16.00	6.09	408.1	1971	1.13	*0	44.46	80.2	44.4	15.69	*0.00
Nachos basket (HS)	Serving	10	746	60	2259	12.13	3.28	482.0	665	1.27	*0	28.88	69.47	38.3	20.40	*0.00
French Bread Pizza w/sauce	1 Each	10	557	20	1505	8.00	3.12	370.0	750	19.3	*2	20.17	63.0	23.33	7.58	0.00
Chicken nuggets basket	serving	75	517	8	917	5.18	4.73	91.9	154	108.6	*6	25.04	65.0	17.19	2.75	*0.00
Bento Box variety	1 Each	20	394	97	644	2.14	1.54	249.2	1532	23.49	*7	18.53	38.08	18.9	6.53	*0.00
Turkey bacon ranch on Ciabatta	sandwich	25	427	73	1437	3.00	2.31	100.8	18	0.04	*3	29.61	31.87	20.4	7.17	*0.00
French Fries	1/2 cup	25	108	0	231	2.31	0.55	0.0	0	3.7	*N/A*	1.54	16.17	3.08	0.77	0.00
Leaf lettuce/tomato	1/4 cup	25	8	0	7	0.58	0.24	9.8	1691	5.48	1	0.5	1.61	0.08	0.01	0.00
Sweet peas	1/4 cup	25	54	0	19	2.30	0.59	13.1	328	19.71	*N/A*	2.63	6.9	1.78	0.81	0.00
Pears: canned Ex Lt Syrup	1/2 cup	125	48	0	4	1.59	0.00	0.0	0	0.95	10	0.0	12.77	0.0	0.00	0.00
FRUIT,FRESH ASSORTED	1 EACH	125	69	0	1	3.27	0.16	19.3	130	22.18	14	0.58	18.14	0.22	0.03	0.00
Cheddar bay biscuit	1 Each	25	293	16	650	2.44	*1.44	*152.1	*105	*1.03	*3	8.1	25.54	17.72	9.38	*0.00
Boom Boom sauce	1 oz	25	57	0	190	0.03	0.02	0.3	0	0.0	*0	0.06	3.07	4.74	0.59	0.00
Juice, Orange 4 oz. carton	Carton (4 oz.)	20	60	0	0	*N/A*	*N/A*	*N/A*	*N/A*	36.0	*N/A*	1.0	13.0	0.0	0.00	0.00
Condiment bar	servings	250	75	3	194	0.02	0.03	1.3	200	2.4	*8	0.08	11.38	3.27	0.64	0.00
Milk, Lunch- Variety	HALF PINT	250	125	6	166	0.00	0.00	300.0	500	0.47	*N/A*	8.21	21.57	0.53	0.32	0.00
Raisins	1.33 oz. bo	50	113	0	4	1.39	12.68	188.5	0	51.79	*N/A*	1.16	29.86	0.17	0.02	0.00
Weighted Daily Average			788	49	1599	*9.16	*5.53	*477.3	*2221	*57.68	*19	29.21	104.24	27.97	9.09	*0.00
% of Calories											*9.6%	14.8%	52.9%	31.9%	10.4%	*0.0%
Nutrient Guideline			750-850		1420									<=30.0	<10.00	

Weighted Average			760	61	1468	*8.72	*5.07	*448.2	*2473	*39.23	*20	28.97	100.79	27.23	8.43	*0.01
											*23.3%	15.2%	53.0%	32.2%	10.0%	*0.0%

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Beebe Public Schools

Oct 1, 2019 thru Oct 31, 2019

Base Menu Spreadsheet

High School Lunch

Portion Values - Detailed

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Nutrient	Menu AVG	Portion Size % of Cals	Reimb Qty Weekly Target	Cals (kcal) % of Target	Cholst (mg)	Sodm (mg) Miss Data	Fiber (g) Shortfall	Iron (mg)	Calcm (mg) Overage	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Calories	760		750 - 850	100%													
Cholesterol (mg)	61																
Sodium 1 (mg)	1468		1420						48								
Sodium 2 (mg)	1468		1080						388								
Fiber (g)	8.72					Missing											
Iron (mg)	5.07					Missing											
Calcium (mg)	448.2					Missing											
Vitamin A (IU)	2473					Missing											
Sugars (g)	20	10.35%				Missing											
Vitamin C (mg)	39.23					Missing											
Protein (g)	28.97	15.24%															
Carbohydrate (g)	100.79	53.04%															
Total Fat (g)	27.23	32.24%	<=30.00%														
Saturated Fat (g)	8.43	9.98%	<10.00%														
Trans Fat ¹ (g)	0.01	0.01%				Missing											

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