

RCISD OCTOBER 2019 Middle School Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
	1 MONTE CRISTO SANDWICH FRUIT FRUIT JUICE MILK VARIETY	2 POWER BREAKFAST BISCUIT, GRAVY, SCRAM- BLED EGGS, BACON FRUIT FRUIT JUICE MILK VARIETY	3 SAUSAGE KOLACHE YOGURT FRUIT FRUIT JUICE MILK VARIETY	4 CINNAMON ROLL SAUSAGE FRUIT FRUIT JUICE MILK VARIETY
7 PANCAKES BACON FRUIT FRUIT JUICE MILK VARIETY	8 SUNRISE SANDWICH FRUIT FRUIT JUICE MILK VARIETY	9 BREAKFAST PIZZA FRUIT FRUIT JUICE MILK VARIETY	10 BREAKFAST STRUDEL YOGURT FRUIT FRUIT JUICE MILK VARIETY	11 BREAKFAST BURRITO HASHBROWN FRUIT FRUIT JUICE MILK VARIETY
14 HOLIDAY	15 CHEESE OMELET TOAST FRUIT FRUIT JUICE MILK VARIETY	16 WAFFLES SAUSAGE FRUIT FRUIT JUICE MILK VARIETY	17 BREAKFAST PIZZA FRUIT FRUIT JUICE MILK VARIETY	18 DONUT SAUSAGE FRUIT FRUIT JUICE MILK VARIETY
21 PANCAKES SAUSAGE FRUIT FRUIT JUICE MILK VARIETY	22 BREAKFAST BURRITO HASHBROWN FRUIT FRUIT JUICE MILK VARIETY	23 POWER BREAKFAST BISCUIT, GRAVY, SCRAM- BLED EGGS, BACON FRUIT FRUIT JUICE MILK VARIETY	24 BREAKFAST BREAD YOGURT FRUIT FRUIT JUICE MILK VARIETY	25 MORNING GRIDDLE SANDWICH FRUIT FRUIT JUICE MILK VARIETY
28 WAFFLES BACON FRUIT FRUIT JUICE MILK VARIETY	29 BREAKFAST TAQUITO FRUIT FRUIT JUICE MILK VARIETY	30 BREAKFAST PIZZA FRUIT FRUIT JUICE MILK VARIETY	31 CINNAMON ROLL SAUSAGE FRUIT FRUIT JUICE MILK VARIETY	

Breakfast: Free to all students Lunch: Regular Price Elementary School \$2.45 Regular Price Middle & High School \$2.80 Reduced Price: All Schools \$0.40	RCISD CAFETERIA OFFICE 1111 12TH STREET 325-884-3705 X 307 April.martinez@rcisd.net Middle School Supervisor: Cristina Rico	**Menu subject change without notice
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RCISD OCTOBER 2019 Middle School Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
	1 NACHOS GRANDE BEANS/SALSA LETTUCE/TOMATO GARNISH TOMATO CUP CUCUMBER SLICES PEACHES ICE CREAM CUP MILK VARIETY	2 X-TREME BURRITO SALSA CORN FRESH VEGGIE CUP FRUITY GELATIN MILK VARIETY	3 HAMBURGER STEAK W/BROWN GRAVY BISCUIT ROASTED POTATOES CRUNCHY BROCCOLI SALAD MANDARIN ORANGES MILK VARIETY	4 CHEESE PIZZA CARROTS GARDEN SALAD FRESH FRUIT COOKIE MILK VARIETY
7 CHEESEBURGER HAMBURGER GARNISH OVEN FRIES ZESTY CUCUMBERS STRAWBERRIES MILK VARIETY	8 TEX-MEX STACK BEANS CARROTS SALSA HOT CINNAMON APPLES SHERBET CUP MILK VARIETY	9 CHICKEN ALFREDO BREADSTICKS TUSCAN VEGGIES GARDEN SALAD MARINARA SAUCE PEACHES COOKIE MILK VARIETY	10 COUNTRY POT PIE FRESH VEGGIE CUP SNOWBALL SALAD MILK VARIETY	11 OWL CHICKEN BOWL SAVORY GREEN BEANS ROLL FRESH APPLE SLICES MILK VARIETY
14 HOLIDAY	15 MEATBALL SUB SANDWICH TATOR TOTS FRESH VEGGIE CUP STRAWBERRIES MILK VARIETY	16 CHICKEN NUGGETS MAC & CHEESE SAVORY GREEN BEANS GARDEN SALAD GRAPES MILK VARIETY	17 CHEESE PIZZA TINY TOMATO CUP CORN FRUITY GELATIN MILK VARIETY	18 POTATO BOWL CUCUMBER SLICES CARROTS CINNAMON APPLESAUCE COOKIE MILK VARIETY
21 BREADED DRUMSTICK BISCUIT SWEET POTATO FRIES CORN GRAPES MILK VARIETY	22 CRISPY TACOS FRESH VEGGIE CUP BEANS SALSA LETTUCE/TOMATO GAR- NISH ORANGE SMILES MILK VARIETY	23 CHICKEN NUGGETS MASHED POTATOES BROCCOLI ROLL FRUIT CUP CHOCOLEANA CAKE MILK VARIETY	24 PEPPERONI PIZZA OVEN FRIES CARROTS SNOWBALL SALAD MILK VARIETY	25 PULLED PORK SLIDERS SAVORY GREEN BEANS GARDEN SALAD CHILLED PINEAPPLE COOKIE MILK VARIETY
28 CHEESEBURGER MEAT- LOAF MASHED POTATOES OKRA ROLL STRAWBERRIES MILK VARIETY	29 ENCHILADAS SALSA ZESTY CUCUMBERS BEANS ROSY APPLESAUCE MILK VARIETY	30 EARLY RELEASE PBJ Sandwich Cheese Stick Celery Sticks Animal Crackers Apple Milk	31 CHICKEN SPAGHETTI BREADSTICK GARDEN SALAD CARROTS FRESH APPLE SLICES MILK VARIETY	

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