

October 2019

UJHS

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
	General Tso or Teriyaki Chicken Rice Broccoli Mandarin Oranges	Loaded Nachos Meat / Cheese Fiesta Black Beans Lettuce Pears	Chicken Patty on WG Bun Oven Potatoes Carrots Applesauce	Pepperoni, Sausage or Cheese Pizza Lettuce Pineapple
7	8	9	10	11
Toasted Ravioli Marinara Sauce Cali Blend Veggies Pears	Chicken and Noodles Mashed Potatoes Green Beans Peaches	Popcorn Chicken Potato Wedges Carrots Applesauce	Chili or Cheese Hot Dog on a Bun Chips Mixed Veggies Mandarin Oranges	No School
14	15	16	17	18
Columbus Day No School	Chicken Alfredo Breadstick Broccoli Peaches	Hamburger on WG Bun Baked Beans Smiles Green Beans Applesauce	Cheese Breadstick Marinara Sauce Cali. Blend Veggies Mandarin Oranges	Pepperoni, Sausage or Cheese Pizza Lettuce Pineapple
21	22	23	24	25
BBQ Rib on WG Bun/Fries Baked Beans Green Beans Pears	Pasta w/ Meat Sauce WG Breadstick Lettuce Applesauce	Corn Dog Chips Mixed Veggies Peaches	11:30 am Early Dismissal Parent / Teacher Conferences	No School
28	29	30	31	
Pork Tenderloin Pork Gravy Mashed Potatoes Corn Peaches Roll	Taco Meat & Cheese on Shell Refried Beans Lettuce Pineapple	Chicken Noodle or Tomato Soup Grilled Ham & Cheese or Grilled Cheese Celery Sticks Apple Slices	BBQ or Hot Bat Wings Seasoned Fries Green Beans Pears	

This institution is an equal opportunity provider.

