



**Roanoke Rapids
High School**

**Athletic Handbook
2019-2020**

“Go Yellow Jackets”

RRHS Disclaimer:

The information contained in Roanoke Rapids High Schools Athletic Handbook is intended to serve as a general source of information for RRHS Administrators, Athletic Directors, Coaches, Student-Athletes and Parents. The information in this handbook shall not alter, modify, or otherwise change NCHSAA requirements, State Board of Education policies RRGSD Board of Education policies, or the General Statutes of North Carolina

MISSION STATEMENT

The mission of Roanoke Rapids High School's Athletic Program is to provide equal and safe opportunities for all students to participate in competitive sports, while fostering academics, sportsmanship, teamwork and individual development.

SCHOOL-BASED ADMINISTRATOR

The Principal and Assistant Principals are authorized to handle any incident that is not covered or mentioned in this handbook in a timely and appropriate manner. This is not intended to restrict in any way the authority of the Principals to make such rule, not inconsistent with this code, as they are authorized by law to make for the government and operation of their respective school. The Principal is the final Authority for all site based decisions.

ASSUMPTION OF RISK

By its nature, participation in interscholastic athletics involves the risk of possible serious injury, including physical or mental impairments and even death, as well as the risk of transmission of infectious disease such as Methicillin-resistant *Staphylococcus aureus* (MRSA), HIV and Hepatitis B. Although serious injuries are not common and the risk of HIV transmission is almost nonexistent in supervised school athletic programs, it is impossible to eliminate all risk. Participants have a responsibility to help reduce that risk. Participants must obey all safety rules, report all physical and hygiene problems to their coaches, practice proper personal hygiene, inspect their own equipment daily, follow a proper conditioning program and refrain from the use of illegal drugs or controlled substances. Students, parents and guardians should be aware that Sudden Cardiac Arrest is the leading cause of death among student-athletes during exercise in the United States and can only be detected by cardiovascular screening. While every student is required to have a medical exam by a licensed medical professional every 395 days in order to participate in the RRGSD athletics programs, these medical exams do not typically include cardiovascular screenings. If a student experiences an injury/illness or change in his/her health status while participating on one of RRHS sports teams, it is the responsibility of said student-athlete to inform his/her Head Coach/Athletic Director and/or First Responder and adhere to the established injury management guidelines, which includes total rehabilitation and reassessments before being released to return to full participation. Participation in any sport exposes the participant to the risk of concussion. A concussion is an injury to the brain caused by a direct or indirect blow to the head. All concussions are potentially serious and may result in complications including prolonged brain damage and death if not recognized and managed properly. Be aware that any student removed from a practice or competition due to a suspected concussion, will not return to participation that day. After that day, written authorization from a physician (M.D. or D.O.) on the required NCHSAA Return to Play form will be required in order for the student to return to participation.

Sports Offered at RRHS

Fall

Cheerleading
Cross Country(M/W)
Football
Men's Soccer
Women's Tennis
Volleyball
Women's Golf

Winter

Basketball(M/W)
Cheerleading
Swimming(M/W)
Wrestling

Spring

Baseball
Men's Golf
Women's Soccer
Softball
Men's Tennis
Track(M/W)

Athletic Expectations and Responsibilities

RRHS athletes inherit a tradition of excellence and are representatives of his/her school and community, both on and off the field of play. His/Her actions directly reflect on the athletic program at all times. Student Athletes must learn self-discipline and always practice good sportsmanship and fair play. An athlete accepts the responsibility of becoming a good student both in his/her academic work and overall school conduct.

Participation in athletics is completely voluntary. It is a privilege to be a member of any RRHS athletic team; a privilege in which can only be earned when students abide by the rules of the state, the district, the school and of that specific team. Our student-athletes and coaches are expected to be models of good behavior and sportsmanship. They are representing the school and the community at athletic events throughout the area and across the state. A participating student athlete who engages in any conduct or behavior on or off campus, which is inconsistent with the student's position as a role model or representative of RRHS, is subject to disciplinary action, including suspension and/or removal from a team, as determined by the Coaching Staff, Principal or school officials. The district and RRHS reserve the right to revoke or restrict the privilege of participating in athletics if a student fails to live up to expectations and/or violates school, district, state or team policies. Providing false information about residence, domicile, home address or with whom the student actually resides is grounds for revoking the privilege of participating in athletics and can lead to a 365 day suspension from participation in athletics statewide by the NCHSAA.

All students at RRHS will adhere to the student handbook and the uniform consequences for violations. In addition to the rules established by NCHSAA, all Coaches will have rules and expectations for the members of their respective teams that will be distributed to all players and parents at the beginning of the season. These rules may be stricter, but no less lenient than those contained in this Athletic Handbook. The RRHS Administration reserves the right to discipline student-athletes for inappropriate behavior during the season, off season or summer vacation. The RRHS Athletic Department will enforce the rules and regulations as described in this handbook. The athletic program is designed to produce well rounded citizens who can take their place in a community and in a democratic society. Parents and athletes are asked to sign the acknowledgement document stating that they have read and understand the information included in the school and athletic handbook.

Player Conduct

Participation in extracurricular activities, including athletics, is a privilege, not a right. At any time that privilege can be revoked due to non-compliance and/or behavior. The RRGSD expects all students who represent RRHS through participation in extracurricular activities to be good representatives of their school community. Student Athletes should dress and conduct themselves in a way that reflects positively on RRHS. Each student is expected to display good citizenship at all times. Student Athletes are not to publicly display any form of negative behavior or actions that will bring attention to themselves, the team or RRHS at any time. Such behavior can be defined as, but not limited to, cursing, throwing items, questioning a call, gestures, or any form of physical display of anger and emotion. Taunting is expressly prohibited. Taunting includes actions or comments that are intended to bait, anger, embarrass, ridicule, question ones' authority or demean others, whether or not deeds or words are vulgar or racist. Any student who fails to conduct himself or herself appropriately, in school, or out of school, will have the privilege of participation limited or revoked.

SPORTSMANSHIP

The NCHSAA defines sportsmanship as the quality of responsible behavior characterized by a spirit of generosity and a genuine concern for opponents, officials and teammates.

Student-athletes should:

- Represent the school and therefore have an obligation to be a true sportsman, encouraging through your behavior the practice of good sportsmanship by others.
- Recognize that good sportsmanship is more important than victory, therefore approve and applaud good team play, individual skill and outstanding examples of sportsmanship and fair play exhibited by either team.
- Respect the judgment and integrity of game officials at all times.
- Be modest in victory and gracious in defeat.

All student-athletes and coaches are expected to exemplify and follow these guidelines. When an athlete exhibits behavior that is detrimental to these concepts of sportsmanship and fair play, he/she can be removed from a given practice or contest and disciplinary action taken, including possible removal from the team.

TAUNTING

Taunting includes actions that are meant to bait, anger, embarrass, ridicule or demean others. Any form of taunting is not in keeping with conduct or behaviors that promote sportsmanship. In all sports, taunting is considered a flagrant unsportsmanlike foul and is subject to immediate ejection from a contest.

EJECTION POLICY

The NCHSAA Ejection Policy applies to all persons involved in athletic contests, including student-athletes, coaches, managers and game administrators. The following examples include 8 behaviors or conducts which will result in an ejection from a contest: fighting, biting observed by an official, taunting, baiting or spitting toward an opponent, profanity, obscene gestures, or disrespectfully addressing an official, (making physical contact with an official is subject to automatic expulsion and can result in ineligibility for remainder of one's career).

- Football- ejection from the contest, miss the next contest at that level and all contests in the interim (miss the next two contests for fighting)
- All other sports-ejection from the contest, miss the next two contests at that level and all contests in the interim (miss the next four contests for fighting)
- Players having received two ejections for unacceptable behavior will be suspended from all sports for the remainder of that sports season.
- Receiving a third ejection in a school year will result in suspension from athletics for one calendar year (365 days) from the date of the third ejection.
- Ejections in the last game of the season carry over to the next sport in which the individual participates.
- For soccer, five yellow cards accumulated by the same player will result in a suspension. An additional five yellow cards accumulated by the same player will result in an ejection. The player will be suspended from all sports for the remainder of that season on the 15th yellow card. A red card disqualification that is not an ejection is the equivalent of two yellow cards.
- For wrestling, track, tennis, golf, cross-country, and swimming any individual ejected from an individual event or individual tournament may not participate for the remainder of the event from which he or she was ejected and from the next meet or match.
- Ejected players may practice during their suspensions but may not play.
- Teams: in the following situations Teams will not be allowed to participate in the playoffs:

(1) A team whose players and coaches accumulate six or more individual ejections.

(2) A team whose players and coaches accumulate three or more individual ejections for fighting

(Note: if a situation occurs where three or more players on one team are ejected

during one fighting incident, those three individual ejections will cause the team to

lose its playoff privileges).

(3) If a team hits either threshold (total ejections or ejections for fighting) during the playoffs, it will be disqualified from further participation in the playoffs.

- If a team has players ejected due to fighting, the head coach must take the NFHS Learning Course "Teaching and Modeling Behavior" (\$20 fee). It must be completed before coaching in the next game.
- Any student-athlete who is ejected or disqualified from a contest is required to complete the NFHS Sportsmanship course before being eligible to return to competition and any fees associated are the responsibility of the student-athlete.
- Any student-athlete ejected from a contest is also subject to more severe disciplinary sanctions by his/her school administration and/or Coach.

HAZING

Hazing is to annoy any student by playing abusive or ridiculous tricks on him/her, to frighten, scold, beat or harass him/her or to subject him/her to personal indignity. Such actions violate North Carolina statute (G.S. 14.35) as well as RRGSD policy. Students engaged in what is known as hazing or to aid or abet any other student in hazing will be subject to the consequences contained within the Athletic Handbook, Coaches Rules and Expectations as well as the RRHS Student Handbook.

SUBSTANCE ABUSE

Student-athletes are role models and leaders in their schools and communities and they are expected to adhere to high standards- physically and socially. RRHS strongly discourages the use of any legal drugs, inhalants or medications contrary to the manner in which they were prescribed, as well as any use of illegal substances, alcohol or tobacco products (in any form including Vaping or Juul) by our students. By discouraging the use and/or abuse of these substances, RRHS emphasizes its concern for the health of our students and of the long-term physical and emotional effects of chemical use on student's health and well-being. RRHS also does not support nor condone the use of any performance enhancing drugs. Any student-athletes found in possession of any illegal substances will face disciplinary actions mandated by RRGSD School Board policy and termination from play for that season or possibly the remainder of the school year.

A student shall not at any time, regardless of quantity: (1) use/consume/have in possession a beverage containing alcohol; (2) use/consume/have in possession tobacco or any nicotine related item; or (3) use/consume/have in possession/buy/sell or give away any other controlled substance or drug paraphernalia. It is not a violation for students to be in possession of a controlled substance specifically prescribed by their doctor. Students who wish to experiment with substances should remove themselves from the team before they jeopardize team performance, team reputation, team success, and inflict physical harm on themselves or teammates.

Violations

If witnessed by law enforcement/school personnel during the sport season, off-season, or summer vacation, upon admission, or criminal conviction (24/7), the following offenses will stand:

Tobacco/Smoking (any form): *First Offense:* Minimum 1 Game Suspension from team

Second Offense: Suspension from team and all extracurricular activities for the remainder of the season.

Alcohol: *First Offense:* Suspension from team for the remainder of the season.

Second Offense: Removal from all athletic activities for the remainder of the school year

Drugs: *First Offense:* Full suspension from all athletic team participation for the remainder of the school year.

****These offenses are Accumulative throughout the school year.****

QUITTING A TEAM

Commitment and dedication are two character traits that participation in athletics help to promote. With that in mind, no student-athlete may quit one team in order to begin participating on another sports team at the school during the same sport season, unless by the mutual agreement of the athlete, the coach of the team the athlete is leaving and the school's Athletic Director. Quitting a sport is not to be viewed as a penalty that prevents an athlete from being allowed to participate on other sport teams. However, the athlete who quits a team cannot participate in another sport until the season/post season of the team they quit has ended. No athlete may quit one sport and participate in off-season workouts or skill-development for another sport during that same season/post season.

*****Remember, participating in extracurricular activities is a privilege and not a right.*****

Social Media/Electronic Transmissions

Student -Athletes are responsible for any information contained in their written or electronic transmissions (i.e. Facebook post, Instagram post, SnapChat post, Texts, Tweets, etc.) and any information they have posted to social media. Student- Athletes are representatives of their team, school and community therefore inappropriate information, pictures or videos should not be posted online. Harassment of teammates, fans, faculty of RRGSD , other students or opponents through such postings will not be tolerated and will result in school as well as athletic department discipline. Any student-athlete who is identified on a social networking site which depicts illegal behavior or a school/athletic department Code of Conduct violation will be subject to disciplinary proceedings as determined by the school and/or AD up to and including removal from the team, suspension/expulsion from school and possible legal action.

TRANSPORTATION

All transportation to and from athletic contests for team members (including managers and statisticians) is provided in RRGSD owned vehicles and all team members MUST travel in these vehicles. Any exceptions to this policy must be approved in writing prior to the contest by the Principal or his/her designee. Any student who rides home after a contest must be signed out by a legal parent/guardian before doing so.

RETURN OF EQUIPMENT

All uniforms and equipment issued by the school to an athlete must be returned in good shape or must be paid for before an athlete can play another sport or in another season. Seniors will not be eligible to participate in graduation exercises until all school-issued athletic uniforms and/or equipment is returned or paid for. Student-athletes who transfer will have all records held until school-issued athletic uniforms and/or equipment is returned or paid for.

ELIGIBILITY

Requirements for Participation and Eligibility

Roanoke Rapids High School

- Student must have passed a minimum course load from the previous semester (at least 3 courses on 4 block schedule)
- Student must meet local promotion standards: According to RRGSD Board Policy
- Student also MUST be enrolled in at least 3 courses during the first semester to be eligible during the second semester and must be enrolled in a minimum of 2 courses during the season in which they are participating.
- Student cannot turn 19 years of age on or before August 31 of current academic year
- Student cannot participate in athletics after completing 8 semesters of high school
- Student cannot have participated in more than 4 seasons of any particular sport after initial entry into the 9th grade
- Student cannot participate after graduating from high school UNLESS the season is still ongoing and Graduation occurs before the season is over.
- Student must be properly enrolled at RRHS at the time they participate and legally attend the school district.
- Student must have been in attendance for at least 85% of the previous semester.
- Student must be in attendance at least one half (1/2) or 3.5hrs of the school day to be eligible to practice, take part in any team activity, or participate in an athletic event on that day. Any exceptions must be approved in advance by the Athletic Director or Principal/Designee.
- Student must have a current and completed physical on file before they practice or participate in any skill-development session.
- Student must not have been convicted of a felony or an offense that would have been a felony if committed by an adult.
- Student must not accept prizes, merchandise, money or anything that can be exchanged for money as a result of athletic participation within the amateur rule limit.
- Student must not have signed a professional contract or have played for a college team of any sort.
- Student must not be guilty of unsportsmanlike conduct or have been ejected from the previous contest.

REQUIRED PRE PARTICIPATION FORMS and MEETINGS

No student will be allowed to participate in any tryout, off season workouts, skilled development sessions, practice, scrimmage or contest before all required participation forms are signed in all appropriate spaces and on file with RRHS and Parents/Guardian have attended the mandatory meetings. These forms and meetings include, but may not be limited to, the following:

- **RRHS Athletic Participation Parental Permission Form-** this form will be given out and completed during the mandatory Pre-Season Parent meeting. The form will contain a statement of the student's residence, emergency contact person and all contact information, insurance waiver agreement, the Concussion Awareness statement, and the assumption of risk agreement that both student and parent/guardian must sign acknowledging the risk of injury
- **Medical Exam Form (Physical Form)-** this form can be found on the RRHS website or picked up at the Main Office at RRHS. Every student is required to have a medical exam performed by a licensed medical professional every 395 days.
- **Student Athlete/Parent Pledge**
- **Signed form for Athletic Handbook**

RRHS STUDENT DISCIPLINE and CODE OF CONDUCT

Because an educated citizen is essential to good government and can be attained only in an atmosphere conducive to teaching and learning, the RRGSD requires the maintenance of good order in the schools. The purpose of this section of the handbook is to provide students, parents, guardians, school personnel, and the public with a comprehensive description of the expectations for the behavior of student athletes enrolled in RRHS. All students shall comply with the Code of Student Conduct, state and federal laws, School Board policies and local school rules governing student behavior and conduct.

Player Conduct

Participation in extracurricular activities, including athletics, is a privilege, not a right. The RRGSD expects all students who represent RRHS through participation in extracurricular activities to be good representatives of their school community. Student Athletes should dress and conduct themselves in a way that reflects positively on RRHS. **Each student is expected to display good citizenship at all times. Student Athletes are not to publicly display any form of negative behavior or actions that will bring attention to themselves, the team or RRHS at any time. Such behavior can be defined as, but not limited to, cursing, throwing items, questioning a call, gestures, taunting, or any form of physical display of anger and emotion.** All student athletes will address their respective Coaches as Coach or Mr./Ms/Mrs. and their name. At no time should a student athlete address their Coach by their first or last name only. Any display of these behaviors will result in an immediate consequence that could range from being removed from play, suspension from the team and/or removal from the team.

*****Remember, participating in extracurricular activities is a privilege and not a right. *****

1. OBLIGATIONS AS A STUDENT:

In addition to the rules of this code of conduct, a participating student must at all times conform to the rules of conduct of the extra-curricular organization in which he/she is participating, as well as all school and school system rules. He/she shall not expect nor receive special privileges with regard to meeting his/her academic requirements or obligations to teachers and any other school personnel.

2. OBLIGATIONS AS AN EXTRACURRICULAR PARTICIPANT:

a.) Each sport, activity has certain individual requirements that lead to the development of specific skills requiring different types of training. Every high school student-athlete has an obligation to know the rules of the North Carolina High School Athletic Association and as well as those rules governing his/her sport. Students participating in clubs or co-curricular activities are responsible for learning and adhering to the by-laws of their respective organizations.

b.) As an extracurricular participant, the student not only represents himself/herself, fellow team members, coaches, and teachers, but also the school and its student body. For these reasons, the participating student is **expected to display the highest form of character and sportsmanship throughout the school year. If at any time a student's actions bring harm or discredit to the organization of which the student is a member or to the school or if a student's language or behavior reflects negatively on the organization or school** the student will be subjected to disciplinary action, including suspension and/or removal from the team.

3.) OBLIGATIONS TO THE SCHOOL AND COMMUNITY:

A participating student is supported actively by the school and the community. Many volunteers work long hours to provide equipment and facilities for our extracurricular groups to have the opportunity to compete on an even basis with any established program in the state. Participating students are held accountable for the equipment/materials issued to them and shall reimburse the school for any equipment/materials not returned or damaged beyond normal wear and tear. Participating students are expected to exercise respect for and take care of the facilities and equipment provided by the school and the Sports Club.

IN-SCHOOL AND OUT-OF-SCHOOL SUSPENSION:

(ISS) IN-SCHOOL SUSPENSIONS:

- If a student athlete is Administratively assigned ISS (for any length of time), they will not be allowed to participate or be a spectator through the day(s) of their suspension(s).

(OSS) OUT-OF-SCHOOL SUSPENSIONS:

- If a student athlete has OSS, they will not be allowed to participate or to be a spectator during the time of the suspension.

******If a student is assigned ISS/OSS they are not allowed to attend any RRGSD Sponsored Function. Students can be charged with trespass if they do not follow this rule******

CRIMINAL CHARGES:

Any participating student charged with a criminal offense other than a traffic infraction will be suspended from extracurricular activities while the Principal/AD investigates the underlying circumstances and assesses the impact of the matter on the school environment. The Principal along with the Athletic Director will review each offense individually and determine what action will be taken.

EXPECTATIONS OF PARENTS

The role that parents play in the life of a student-athlete has a tremendous impact on the student's athletic experience. Among the many responsibilities of a parent is to give their child roots and wings to soar. The roots come from a solid sense of security and protection, a clear sense of being unconditionally loved and a strong sense of self-worth, but not over inflated self-esteem or entitlement. The wings and the ability to fly both come from developing the right muscles, testing out the air currents through repeated trials and errors, and having the courage to eventually leave the nest. We encourage parents to support your student unconditionally. Making mistakes is part of learning. Recognize what your student is trying to do, the effort he/she is giving, not necessarily the results. You can also help your student learn the importance of teamwork and sacrificing for the greater good of the team by modeling teamwork. If possible, get involved in your school's athletic booster club or find ways you can volunteer to help support your student's team. Be ever mindful that your student's teammates, coaches and game officials are not the enemy. Avoid being critical of other players, the coaches or officials. It is extremely conflicting for a student to demonstrate respect for those whom he/she is fully aware that his/her parents do not respect. With these thoughts in mind, here are a few guidelines:

- Attend the pre-season parents' meeting; sign and return all required participation forms.
- Abide by all regulations, rules and procedures for our athletic programs.
- Attend as many of your child's events as possible.
- Understand the ultimate purpose of athletics. It exists as an integral part of the total educational mission of the school, and is meant to teach life-long lessons.
- Appreciate the educational opportunity that your child is receiving in our athletic program. This includes the enormous time and effort provided by the coaches.
- Understand that the goals of the team & athletic program are more important than the hopes & dreams you have for your child.
- Support the coach in public around other parents, fans and particularly at home in front of your student.
- Avoid putting pressure on your son/daughter to start, to score, or be the star of the team; emphasize team first. Dwelling on playing time or stats is a selfish act and not conducive to building the team-first concept.
- Be respectful of other players & their parents. You never know whose grandparents, aunt, uncle or family friend may be nearby.
- Serve as beacons of good sportsmanship, to your student and other parents as well. Show respect for opponents and game officials.

- Express concerns and questions in a courteous and civil manner and do it at the appropriate time and in the proper setting.

- Please **DO NOT POST** Negative comments to Social Media that may embarrass your child, discredit his/her Coach, or offend/demean other students and staff at RRGSD.
- Any Parent that cannot abide by these rules may be banned from **ALL** RRHS sporting events for the remainder of that season.

Appropriate Communication from Parents to Coaches

1. Notification of any specific medical abnormalities or medical needs of your child
2. Notification of any schedule conflicts well in advance
3. Notification (in advance) of any transportation plans that deviate from stated district and school policy
4. Specific concerns early in the season regarding a coach's expectations

Appropriate Concerns Parents Should Address with Coaches

1. The treatment of your child emotionally or physically
2. Safety and health concerns regarding your child
3. Concerns about your child's grades, behavior or disciplinary actions towards him/her
4. Ways to help your child mature and improve
5. Realistic evaluation of your child's opportunity to play collegiately and/or questions about the process of college recruitment

Issues NOT APPROPRIATE for Parents to Discuss with Coaches

1. Game strategy
2. Playing time or positioning of team personnel
3. Play calling
4. Any other students besides your own child

To Discuss an Appropriate Concern with Your Child's Coach

1. Call the school and schedule a meeting with the coach (252-519-7200)
2. If you cannot reach the coach, contact the school's Athletic Director who will schedule the meeting with the coach

NOTE: under **NO** circumstances should parent/coach meeting occur immediately prior to or immediately after practice or a contest. These tend to be emotional times and **NOT** productive. Observe the 24 hour rule.

CHAIN OF COMMUNICATION

1. Talk to your student athlete
2. Meet with your child's coach
3. If no satisfactory resolution, meet with the school's Athletic Director
4. If still no satisfactory resolution, meet with the school's Administration
5. If there are still concerns, contact the District's Coordinator of Athletics or Central Office

TEAM SELECTIONS

Students try out for sports teams voluntarily. For some of our athletic teams that limit the number of team members, students run the risk of being cut from that team. While selection of a team is a difficult process for all parties involved (coach, student-athlete and parents) some things should be remembered:

- Tryouts are open to all students who meet all prescribed rules of eligibility, including completion of all required pre-participation forms along with necessary parental signatures.
- The tryout period for each team should be of a sufficient duration to allow the coach to make a reasonable assessment of each candidate's ability and potential
- Students who are not present on the first day of tryouts due to lack of proper paperwork or without being excused by the coach in advance forfeit the minimum 2 day tryout period.
 - Any student athlete assigned to ISS or OSS at the time of tryouts may be forced to forfeit their tryout period and not be allowed to participate that season.
- Attendance is required at ALL practices/games/scrimmages scheduled including those on non-school days, unless the student-athlete has prior approval from the coach.
- Only the head coach, school Administration or Athletic Director can excuse a student-athlete from practices and contests. Any and all absences should be approved prior to the day of the appointment or missed practice. Failure of a student-athlete to attend practice or contests is grounds for removal from the team.
- Sunday practices or any required team gatherings are **ABSOLUTELY PROHIBITED**.
- RRGSD policy prohibits athletic practices or contests on any day that school is cancelled or dismissed early due to inclement weather conditions (unless special permission is granted by the Superintendent or his/her designee).

COMMUNICATIONS PARENTS SHOULD EXPECT FROM COACHES

1. Expectations the coach has for your student and other players on the team
2. Locations and times of all practices and games/contests
3. Any additional team requirements- i.e., fees, special equipment, overnight trips, off-season conditioning programs
4. Procedure for dealing with injuries should they occur during practice or at away contests
5. List of team rules and consequences including discipline that results in denial of a student's participation

CODE OF CONDUCT FOR SPECTATORS

- Spectators should comply with all School Board policies regarding the use of alcohol, tobacco products, or any controlled substances while on school property and/or attending athletic events.
- Non-compliance of any 'Code of Conduct' obligation can lead to the removal of a spectator from a game.
- Spectators should be a positive role model and display positive behavior while attending athletic events.
- Spectators should support their team while enjoying the skill and competition.
- Spectators should remember that school athletics are an extension of the classroom, offering learning experiences for the students.
- Spectators should learn the rules of the game in order to understand and appreciate every game situation.
- Spectators should show respect for the opposing players, coaches, spectators, umpires/referees and support groups. Spectators should recognize and show appreciation for outstanding plays by either team.
- Spectators should only participate in cheers that support and uplift the teams involved.
- Spectators should respect the judgment of game officials, and admire their willingness to participate in full view of the public.
- Spectators should complement and participate in school and community efforts to promote good sportsmanship at athletic contests.
- Spectators should never openly criticize players or Coaches on their own team or on the opposing team.
- Spectators should never approach the team bench area or a Coach before, during or after an athletic event. There is a 24-hour rule for Parent Conferences, with the Coach, after an event. If a parent/spectator is removed from the game, the Principal should trespass them and the Principal will meet with the parent before they can return to an athletic event on campus (&/or away sporting events).
- Spectators and Parents should be reminded that they are role models for our student-athletes.
 - Any Spectator that cannot abide by these rules may be banned from **ALL** RRHS athletic events for the remainder of that season.