

# School Health Advisory Council (SHAC)

## Report to RISD School Board

### May 20, 2019

The School Health Advisory Council is a group of individual representatives of the community which provides advice on Coordinated School Health programs and its impact on student's health and learning. The state requires this committee to meet at least 4 times a year, a parent to be a chairperson, the majority of members to be nonstaff and to report annually to the School Board. Robinson's SHAC was started in September 1996 and currently has 22 members. Meetings were held are in September, December, February and April.

#### **SHAC Members:**

Parent/Nonstaff Members: Lisa Hoelscher, Jennifer Crosslin, Judith Jaro, Cindy Tynes, Kristi Fajardo, Jamie Helpert, Sheila Gosselin, Emily Green (Health Department), Mallorie Phelps (AgriLife Representative), HOSA Student Representative;

Staff Members: Laura Bearden, Tim VanCleave, Abel Sanchez, Kathy Sanders, Brandi Cox, Dinah Shaw, Desiree Casey, Christi Meggs, Robin Teichelman, Robyn Lux, Bryan Fuqua, David Wrzesinski.

#### **Summary of Activities and Accomplishments:**

- Campus safety and traffic were monitored with no accident-related injuries reported.
- Diabetes Training for staff held in August; various Region 12 trainings held also.
- Community Garden – Brandi Cox working to keep garden maintained and in use for primary/elementary students; chalk board available but kept in the shed due to recent vandalism.
- New additions to SHAC: Technology (Bryan Fuqua) and Safety (David Wrzesinski).
- Driving Simulator provided by AgriLife; 160 seniors participated in college transitions class.
- Fitness Gram Scores: see attached overview report and BMI comparison chart. Results show high percentage of students in Healthy Fitness Zone in all areas, similar to last year. BMI averages were similar to last year for boys and girls; BMI/body composition and aerobic capacity continues to be significantly lower than other fitness gram scores for RISD.

#### **Plans for next year include:**

- Community Garden for Primary/Elementary... continue to seek assistant from groups such as PALS, Horticulture class, Rocket Reaching Out for approximately 5 hours monthly to maintain the garden; investigate opportunities to utilize the garden more, especially at the Elementary campus.
- FitnessGram...obtain summary report for baseline and yearly comparisons; continue to track progress and usefulness of results.
- Utilize the driving simulator for seniors, juniors and possible sophomores.

For 2019-2020, the meetings will be the second Wednesday in September, November, February, and April in the Administration building, 4:15-5:15 pm. We welcome any input from RISD, School Board and parents regarding issues for discussion, planning and action.

Lisa Hoelscher  
SHAC Committee Chair