



Your Path to Integrated Wellness



**COUNSELING
ASSOCIATES**

Clarksville	479.754.8610
Clinton	501.745.8007
Conway	501.336.8300
Heber Springs	501.206.0831
Marshall	870.448.2176
Morrilton	501.354.1561
Mountain View	870.269.4193
Russellville	479.968.1298

Counseling Associates provides a full continuum of innovative, community based behavioral health care services to enhance the quality of life for individuals who experience a mental health and/or substance use disorder in our local communities. When 1 in every 5 people will experience a diagnosable behavioral health condition in a given year, it is critical that we all have someone to turn to for help when needed.

Mental illness continues to rank second (behind only cardiovascular conditions) in burden of disease rankings and, combined with substance use disorders, is the leading cause of work disability in the United States. In spite of research demonstrating that the right treatment is effective in alleviating the symptoms associated with these disorders, nearly two-thirds of all people with diagnosable mental health conditions do not get treatment. The cost of care, the fragmentation of the service delivery system, and stigma are significant barriers that cause many people to hide their symptoms and avoid treatment.

We deliver the highest **quality, access and value** of services in a way that respects and enhances the independence and decision-making of our clients while conforming with national accreditation standards. We hope that the behavioral health information available here is useful to you in your recovery journey or in your efforts to provide support to someone you care about.

CHILDREN'S SERVICES

A variety of children's programs are offered by Counseling Associates (CA) that endorse a System of Care treatment philosophy. We coordinate with families and youth in client specific treatment planning. We strive to make a positive impact in the lives of youth and families.

ADULT SERVICES

In today's stressful environment, many adults find themselves stressed, faced with marital difficulties or dealing with other family problems. CA provides assistance in dealing with depression, anxiety disorders, etc.

SUBSTANCE ABUSE SERVICES

The latest and most successful techniques are used in a warm and caring environment in the treatment of substance abuse. Assistance is provided to help individuals and families work out effective, lasting ways of dealing with substance abuse. Services can be scheduled during the day or after normal working hours to minimize conflicts with family and work commitments.

COMMUNITY SUPPORT SERVICES

CA employs a rehabilitative approach that helps individuals suffering from a serious and persistent mental illness and their families to function normally in their communities.

CRISIS INTERVENTION SERVICES

Our crisis team works with local officials and medical experts in order to provide 24-hour behavioral health mobile emergency care for individuals experiencing crisis where there is potential for harm to self or others. From 8:00 am – 5:30 pm emergency therapists are on-call at each of our locations. For after hours in Conway, Faulkner, Johnson, Perry, Pope, and Yell Counties, please call our crisis line at 1-800-844-2066. For Cleburne, Searcy, Stone and Van Buren Counties, please call 1-800-592-9503.



Contact Us for Same Day Access

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Website: www.caiinc.org
Facebook: [caiinc](https://www.facebook.com/caiinc)



*Mental Health Council
of Arkansas*



*Counseling Associates is HIPAA
compliant and an equal opportunity
employer and provider.*

FEES

Most third party benefit plans such as health insurance, Medicare and Medicaid are accepted. All co-pay and self pay amounts are due at the time of visit. Sliding fee discounts are available to individuals with no third party coverage. Verification of financial resources and family size is necessary to determine eligibility for discounts. Individualized payment plans are available for certain situations. VISA, MasterCard and Discover are accepted.

We welcome the opportunity to work within the framework of a managed care system to control cost while providing the highest quality behavioral healthcare systems.