



# Elementary Lunch Menu

September 16-October 18

## 16 SEPTEMBER

- 1 Breaded Fish Bites  
Mac & Cheese
- 2 Chicken Nuggets  
Waffle Fries  
Salad Bar  
Fresh Fruit

## 17

- 1 Country Chicken Bowl
- 2 Chicken Crispos  
Roasted Cauliflower  
Salad Bar  
Fresh Fruit

## 18

- 1 Spaghetti w/ Tomato Meat  
Sauce
- 2 Pop-Corn Chicken  
Green Beans  
Garlic Bread  
Salad Bar  
Fresh Fruit

## 19

- 1 Chicken Strips w/ BBQ  
Dipping Sauce
- 2 Cheeseburger  
Cilantro Rice  
Salad Bar  
Fresh Fruit

## 20

- 1 Chili Cajun Fries
- 2 Homemade Cheese Pizza  
Steamed Broccoli  
Whole-Grain Tortilla Chips  
Salad Bar  
Fresh Fruit

## 23

- 1 Homemade Meatloaf w/  
Brown Gravy
- 2 Hamburger  
Seasoned Corn  
Fresh Baked Roll  
Salad Bar  
Fresh Fruit

## 24

- 1 Beef Nachos
- 2 Chicken Sandwich  
Green Beans & Carrots  
Salad Bar  
Fresh Fruit

## 25

- 1 Orange Chicken w/ Broccoli  
Cilantro Rice
- 2 Corn Dog  
Twister Fries  
Salad Bar  
Fresh Fruit

## 26

- 1 Homemade Beef Chili w/  
Cinnamon Roll
- 2 All Beef Hot Dog  
Baked Beans  
Salad Bar  
Fresh Fruit

## 27

- 1 Turkey & Cheese Sandwich  
Steamed Broccoli
- 2 Homemade Pepperoni  
Pizza  
Salad Bar  
Fresh Fruit

## 30

- 1 Country Fried Steak  
Gravy
- 2 Chicken Nuggets  
Steamed Squash  
Fresh Baked Roll  
Salad Bar  
Fresh Fruit

## 1 OCTOBER

- 1 Meatball/Veg Stew
- 2 Popcorn Chicken  
Fresh Baked Roll  
Roasted Carrots  
Salad Bar  
Fresh Fruit

## 2

- 1 Chicken Nuggets
- 2 Sunbutter & Jelly Sandwich  
Waffle Fries  
Fresh Baked Roll  
Salad Bar  
Fresh Fruit

## 3

- 1 Beef Fingers w/Brown Gravy
- 2 Ham Melt  
Yellow Rice  
Kickin' Pinto Beans  
Salad Bar  
Fresh Fruit

## 4

- 1 Chicken Tagine Soup
- 2 Homemade Cheese Pizza  
Steamed Broccoli  
Flatbread Wedge  
Salad Bar  
Fresh Fruit

## 7

- 1 Salisbury Steak w/ Brown  
Gravy  
Noodles
- 2 Popcorn Chicken  
Tater Bites  
Salad Bar  
Fresh Fruit

## 8

- 1 Sweet & Sour Popcorn  
Chicken
- 2 Grilled Cheese  
Golden Rice  
Roasted Vegetables  
Salad Bar  
Fresh Fruit

## 9

- 1 Italian Salad w/  
Cheese Breadstick
- 2 All Beef Hot Dog  
Crinkle Fries  
Salad Bar  
Fresh Fruit

## 10

- 1 Pasta Carbonara
- 2 Cheeseburger  
Green Beans  
Salad Bar  
Fresh Fruit

## 11

- 1 Fish Bites
- 2 Homemade Cheese Pizza  
Mac & Cheese  
Salad Bar  
Fresh Fruit

## 14

- 1 Chicken Tenders
- 2 Corn Dog  
Mashed Potatoes  
Fresh Baked Roll  
Salad Bar  
Fresh Fruit

## 15

- 1 Chicken Parmesan w/  
Spaghetti
- 2 Breaded Chicken Sandwich  
Green Beans  
Salad Bar  
Fresh Fruit

## 16

- 1 Chili & Cheese Potatoes
- 2 Hamburger  
Roasted Carrots  
Cornbread Muffin  
Salad Bar  
Fresh Fruit

## 17

- 1 Chicken Fried Rice  
Egg Roll
- 2 Chicken Tenders  
Steamed Broccoli  
Salad Bar  
Fresh Fruit

## 18

- 1 Southwest Chicken Salad  
Rice Bowl
- 2 Homemade Sausage Pizze  
Whole Grain Tortilla Chips  
Steamed Spinach  
Salad Bar  
Fresh Fruit

### More info...

Menu is subject to change

### Offered Daily...

Salad Bar with Fresh Veggies (Example: Lettuce, Tomato, Peppers, Cucumbers, Broccoli, Carrots, Etc.)