

# NLRCA Spirit Squad 2019-2020



The Spirit squad is NLRCA'S junior cheerleading group open to all girls in 1st-4th grade. In addition to learning cheers at practice we will work on team building skills, simple dance(s) to perform, good sportsmanship, and hopefully learn a little bit more about basketball.

## **Important information:**

- **If any returning Cheerleaders would like to sell or donate their uniforms that they have outgrown please let me know as soon as possible.**
- Associated Costs: \$25 sports fee, uniform price is based on the number we order but is generally around \$70. If participating in the race for the cure event we will have Tshirts made and those are usually around \$15/each. I will measure all the girls for uniforms at the mandatory parent meeting on 09/16/19 at 5:30 pm in the school library.
- Practice will be on **Friday** afternoons. We will meet in the gym immediately after school. Practice will last for 45 minutes. We will still practice on early out days but not if there is no school on Friday.
- Optional Events: Race for the Cure 10/26/19 & NLR Christmas Parade 12/1/19
- Basketball games will start after Thanksgiving break, most games are on weeknights. I will inform parents of the game schedule as soon as it is made.