

Wellness Committee Meeting
September 3, 2019 - 2:00pm
Jean Moore Cafeteria



STAR CITY
SCHOOL DISTRICT

- Committee members
- Wellness Committee Responsibilities/Policy
- Menu Review - Nutrislice app
- NSL Requirements
- Triennial Review
- Set meeting dates:
- Comments, Discussions, Questions

Menu Recommendations:

Other Recommendations:

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AGENDA:

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Present:

Randy Raley - Athletic/Safety Director
Gina Richard - SCMS Principal
Hope Robinson - community member
Desha Brown - Parent
Dannette McTigrit - cafeteria Manager
Jordan Frizzell - Director of Student Services
Betty Owen - District staff
Renee Morrison - District staff
Lisa McGriff - SCMS Assistant Principal

Jane Newton - County Extension Agent
Angela Crow - Mainline Director of School
Based Health
Emilee Dutton - Director of Federal Programs &
Accountability
Jeri Farabough - LEA Supervisor

Absent:

Jim Haley
Becky Yarbrough

The SCSD Wellness Committee met in the Jean Moore Cafeteria on Tuesday, September 3, 2019 at 2:00pm. Emilee Dutton, Wellness Committee Chair welcomed everyone and determined that more than $\frac{2}{3}$ of the committee was in attendance. Mrs. Dutton reviewed the ten responsibilities of the Wellness Committee.

1. Regular meetings - quarterly, with $\frac{2}{3}$ of the committee present
2. Members which meet the state and federal configuration requirements: school board member, administrator, food service, physical education teacher, parents, students, school health professionals, and community member(s)
3. The Wellness Committee will review the menus using the Nutrislice app and make recommendations to the Child Nutrition Director.
4. Each campus will assess using six School Health Index Modules.
5. School Improvement goals are designed to promote activity and stated in

the plan. The plan and other information are uploaded into Indistar.

6. The Wellness Policy will be assessed using the Triennial Assessment during the 2019-2020 school year.
7. The Wellness Committee will ensure we are using State Nutrition Standards. Each school's Nine Special Event Dates are recorded into e-school.
8. The committee will ensure that each campus meets the state physical activity standards.
9. The district will maintain accurate records of meetings.
10. The information will be shared with the public.

The committee also reviewed the Triennial Assessment document and Mrs. Dutton shared that the remaining meetings would consist of completing the evaluation of our Wellness policy.

New Business:

The committee discussed tentative dates for the three remaining quarterly meetings. The dates are as follows:

December 10th at 1:30pm - Star City School District Admin. Building

February 19th at 1:30pm - Star City School District Admin. Building

May 5th at 1:30pm - Star City School District Admin. Building

Additionally, the committee discussed menu recommendations. Each member in attendance gave a written recommendation, see listed below.

Better description of the food choices
Make NO soft drinks/energy drinks available for students (too high in sugars & caffeine)
Salt, Ramen Noodle Bar, Veggie Soup
More "kid" friendly menus
Yogurt machine at JBE <i>(has been placed at JBE for grades 2-5)</i>
Ramen Noodle Bar

Chicken & Biscuit for breakfast
“Kid-friendly” food labels
Ramen Noodle Bar
Double the Hamburger/Panini line and combine the Pizza & Hot line
Advertise so students can see what’s being served in the lines when they walk into the cafeteria
Home-made rolls
Baked potatoes (bar)
Spaghetti

Mrs. Jane Newton mentioned the upcoming Lincoln County Fair which will be held September 25-28th. She also mentioned that she would be able to provide professional development to our teachers on nutrition and physical activity issues, as required in the Triennial Assessment.

Angela Crow, Mainline Director of School Based Health, shared that they have developed an online consent form that is now available for parents to complete online. In addition, she discussed that this year, parents were given the option to update information if their student was seen in the clinic the year before instead of completing the full Mainline packet. She also shared August numbers with the committee. See below:

Star City SBHC Productivity Report
2019-20 SY

	19-Aug	19-Sep	19-Oct	19-Nov	19-Dec	20-Jan	20-Feb	20-Mar	20-Apr	20-May	Total SY
student physicals	33										33
student specialty referrals	13										13
student immunizations	46										46
students sent home	27										27
students seen/returned to class	142										142
Total student medical visits	261	0	0	0	0	0	0	0	0	0	261
Total student dental visits	70	0	0	0	0	0	0	0	0	0	70
Total adult medical visits	45	0	0	0	0	0	0	0	0	0	45
Total visits	376	0	0	0	0	0	0	0	0	0	376

The meeting ended at 2:45pm.