



## Employee Assistance Program

### EAP Benefit Summary

Your employer **HENNING PUBLIC SCHOOLS** provides to you and members of your household access to an Employee Assistance Program [EAP] through The Village Business Institute. Your EAP offers short-term confidential counseling on multiple aspects of life at no cost to you.

1. Your EAP program offers professional guidance in areas such as:
  - a. **Relationship issues**- (marriage counseling, family counseling, parent/child counseling, etc.)
  - b. **Emotional health issues**- (stress, anxiety, depression, grief, etc.)
  - c. **Drug and alcohol issues**- (assessments, evaluation and prevention education)- this does not include treatment
  - d. **Workplace issues**- (work/life balance, dealing with difficult people, handling conflict, coping with change, job stress)
  - e. **Crisis counseling**- talk to a counselor 24/7
  - f. **Financial issues**- (credit assessments, budget counseling, debt management, retirement planning, financial coaching)
  - g. **Legal issues**- family law (divorce, wills, custody) and civil law (housing, harassment, motor vehicle) – 30 minute consultation with an attorney and 25% discount on their services thereafter
  - h. **Education classes**
2. Strictly **confidential**. Unless you ask us to, we won't tell anyone what is discussed in the counseling session.
3. Available 24/7, 365 days a year, with nationwide accessibility.
4. There is **no cost** to you or members of your household.
5. The number of sessions available to a covered individual's household is equal to the number of household members times (x) four (4). As an example, a household with five (5) members would have access to a maximum of 20 sessions (5 members x 4/member = 20 sessions) per 12 month period. Any number of those sessions can be used by any member of the household up to the total number. There is a minimum of 8 sessions per household.
6. It is easy to use. Call **1-800-627-8220** to schedule an appointment. Just identify yourself as an employee or household member of **HENNING PUBLIC SCHOOLS** and indicate that you have the EAP with The Village. Our helpful staff will then guide you through the process.
7. Website: [www.VillageEAP.com](http://www.VillageEAP.com) – **Username: VillageEAP**. Unlimited access for you and your household to comprehensive wellness website.

**You don't have to go it alone! We are here to help!**