

VVISD Annual SHAC Report
(2018-2019)



VVISD Health Services

*Keeping our students Healthy, In School, and Ready
to Learn!*

***Our goal for VVISD SHAC is to help promote better health and safety with our students and staff, which in turn increases academic achievement and reduces absenteeism.**

Vision Statement: Van Vleck ISD will work together to have healthy students, staff, and families through awareness, support, and implementation of our Coordinated Health Program.

Mission Statement: Our mission at VVISD is to promote healthy lifestyle choices, create a climate of wellness and safety for students and families in the VISD community, and to help the District ensure that local community values and health issues are reflected in the District's health education instruction. The VVISD SHAC committees are based on the eight components of the Centers for Disease Control and Prevention (CDC) School Health Model www.cdc.gov/healthyyouth/CSHP/.

What is a SHAC?

A SHAC (School Health Advisory Council) is a group of individuals approved by the school board who represent different segments of the community. By law, majority of the members must be persons who are parents of students enrolled in the district. Team VVISD SHAC all work together to promote the health and wellness of our students, staff, and community members.

Our SHAC committee consists of 30 members, 10 of which are parents of children in our district, and some working out in the community. The State Legislature requires SHAC committees to meet at least 4 times annually during the school year.

Support a healthy and safe school environment that encourages learning.

Healthy minds and bodies will be promoted through effective school health education and services.

Academic success will be achieved by empowering our faculty to model healthy behaviors.

Champion the practice of Coordinated School Health (CSH) by effectively implementing the eight components.



Our Health Services at VVUSD strive to ensure all of our students can obtain and maintain their optimum level of health so that they can grow physically, emotionally, and academically. The school nurses and Certified Nurse Aids all work together to teach and encourage parents on the importance of health and safety with their children. It is important to remember that good physical and mental health is both essential for every child's educational development and achievement. In addition to serious health conditions, there are many other health related reasons for a student's lack of success in the classroom. These may include: lack of sleep, poor nutrition (skipping meals or not eating healthy foods), insufficient amounts of exercise and activity, and stress or worry about personal problems. * The school nurse and health aides must work closely with the counselors to help care for those students who struggle with possible home issues, bullying, or other underlying problems affecting their health.

Roles of the School Nurses and aides:

- ~ Assess and evaluate overall student health
- ~Identify and treat accidents and injuries
- ~Perform state mandated screenings: vision, hearing, Acanthosis Nigricans, and spinal screenings
- ~Administer medications per Dr.'s orders
- ~Provide education on a variety of health topics to students, families, and staff
- ~Provide leadership in promoting health and safety, including a healthy environment for students and staff
- ~Monitor immunization compliance; oversee the documentation of health records

- ~Provide assessment, triage, and care of sick and injured students and staff
- ~Provide information and referral for health concerns
- ~Follow-up concerns regarding student and community health
- ~Assist other staff where needed
- ~Assist with counseling students about physical and emotional issues
- ~Perform daily catheterization for student in Life Skills and elementary campus ~Educate staff as needed for proper health needs of students
- ~Unlicensed VVUSD staff may treat and care for students on an individual basis per delegation from District Nurse, or other campus administrator

Campus Health

Daily visits~

Elementary ~ approximately 25-30 visits daily~ PE/recess injuries, ADHD medications, severe asthmatic students, health screenings, daily catheterization of two spina bifida students, severe food allergies with high risk of anaphylaxis reactions, neurofibromatosis genetic disease, constant communication and educating parents, multiple PKU students with specified drinks and medications before meals, students with epilepsy and seizures, Life Skills with chronic health conditions, newly diagnosed type I Diabetic Kindergarten student with Continuous Glucose Monitoring

E. Rudd Intermediate~ approximately 20+ visits daily ~PE/recess injuries, ADHD medications, asthma (frequent nebulizer treatments), Health screenings, seizure disorder, daily pulse and blood pressure for students as ordered by physician (Ms. Polk, CNA floats over to E. Rudd for medications and emergencies)

OHHMS~ approximately 20+ visits ~athletic injuries, asthma, seizure disorder, ADHD medications, immune deficiency, plus required health screenings (Mrs. Franklin is the CNA for this campus)

High School~ approximately 20-30 visits daily ~severe asthmatics (daily nebulizer treatments), athletic injuries, medications, ADHD, Type 2 Diabetics, * Ag Shop injuries, and pregnancies, Primary immunodeficiency, POTS (Postural orthostatic hypotension syndrome), Cystic Fibrosis, Seizure disorder, Psychosocial issues, Depression~ Educate students when needed on STD's and Sexual Health and Wellness, Type I Diabetic, Assist counselor with psychosocial needs of students. (C. Bujoch is the CNA for this campus)

Topics and Activities during School Year ~

Wellness/Health Education

- ~ August 2018~ CPR recertifications for designated staff members, Coaches, Sponsors
- ~ September~ started all Health screenings required by state
- ~ Oct.~ flu shots were offered per Walgreens for Staff & their children free with their insurance
- ~ Increased sanitizing per custodial staff on all campuses
- ~ AED program continues, In compliance with Senate Bill 7, AED placed at each campus and other district locations, additional AED's purchased this year. A new AED was placed at softball field

~Submitted the Annual Report of Immunization Status in December 2018 to the Department of State Health Services. This includes immunization status for all students and also the students with conscientious exemption for immunizations.

~Completed State Mandated Programs including Vision, Hearing, Spinal Screening.

~ Feb. 20th ~13th annual Health Fair at VVHS ~ Topics: Tobacco, E-cigs and vaping, STD's and Risky Behaviors with Teens (DSHS) , Distracted driving, Hygiene, Use of Synthetic Drugs, CPR in Schools program(grad. req.) , and many other local health related vendors

~ Athletic Physicals~ May , all JH and HS athletes gr 7, 9,11~ provided by Methodist Hospital- Orthopedics and Sports Medicine

~ Dr. Dennard's office~ Dental Hygiene and Care with the Tooth Fairy ~ Elementary

~BC Masonic Lodge providing free dental health kits for first graders

~ Blood Drives sponsored by VVHS Student Council

~ Random drug testing for students in grades 6-12

~Assemblies: focusing on Drug awareness, bullying, relationships

~Epipen training for cafeteria staff and teachers for all campuses- Aug.2018

~ Diabetic training for appropriate staff

~April Board meeting: Agreement Renewal with Methodist Hospital Athletic Trainer for the 2018-19 school year

~Vision testing done by the Bay City and Van Vleck Lions Club at Elementary & E. Rudd

~District Nurse spoke to Human Growth and Development classes at High School

~ Hygiene classes taught to 2nd , 3rd , 4th , and 5th grade students



Nutrition ~Muffins with Mom, Donuts with Dad~Continue healthy food options for students and staff

Physical Fitness~ Athletic Program~ JH/HS, Fitness grams, Recess

Safe and Drug Free School ~Bullying Program ,Fire Prevention Week, Red Ribbon Week, Bus Evacuation Drills~ Tornado and Intruder Drills

Parent Involvement:~MEHOP Services, SHAC, Breakfast at School, Health Fair, Volunteer , Screenings

Our meeting dates for the 2018-19 school year: Sept. 17. Nov. 26. Feb. 25. May 20





Plans for the 2019-2020 School year~

- ~ Continue State Mandated screenings on all campuses and reports for DSHS
- ~ Coordinate 504/health maintenance plans to new campuses for students with appropriate staff
- ~ CPR/AED/First Aid refresher this summer for coaches, sponsors, and other specified staff
- ~ Organize and form Emergency Response team for each campus for medical emergencies
- ~ Motivational Media for grades 3-12 Focusing on Student Wellness
- ~ Always changing program to continue at E.Rudd for 5th grade students
- ~ Continue personal hygiene education with age appropriate classes
- ~ Many other health related topics throughout the year when speaker become available
- ~ Educate Life Skills staff on new upcoming students with health needs
- ~ Continue to provide teaching and education to all parents, students and staff about health issues, and encourage all campuses to work together in creating a healthy and safe environment to our students.
- ~ Implement all aspects of our Wellness Plan for VVUSD
- ~ Plan and organize 14th annual Health fair at VVHS
- ~ Plan a mini health fair at Middle School
- ~ Accept Standing Physician's Orders per Dr. Dane Simons for VVUSD Health and Wellness
- ~ Add healthy options to concession stand during football/basketball games to promote healthier eating
- ~ Continue the Healthy Teeth program with the Bay City Masonic Lodge



Healthy Children & Staff=**Academic Success**

Thank you for your support

of the School Health Advisory Council and the Health of VVISD!

If you have any questions or concerns, please give me a call. Thanks!

Kim Wied, RN, BSN/ VVISD District Nurse

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VVISD~ SHAC 2019-2020

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The Healthy Teeth Program



On April 24th, two members from the Bay City Masonic Lodge came to visit and brought our first graders Healthy Teeth kits. They learned a lot about how to care for their teeth and why it was so important. The Masons were very impressed with our students and school, and want to continue this program every year!

