RCISD September 2019 Pre-K Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
HOLIDAY	Breakfast Taquito	Waffles	Breakfast Pizza	French Toast
	Fruit	Sausage	Fruit	Sausage
	Fruit Juice	Fruit	Fruit Juice	Fruit
	Milk Variety	Fruit Juice	Milk Variety	Fruit Juice
		Milk Variety		Milk Variety
9	10	22	12	13
Pancakes	Breakfast Burrito	Biscuit, Gravy, Scrambled	Breakfast Bread	Morning Griddle Sandwich
Sausage	Hash brown	Eggs, Bacon	Yogurt	Fruit
Fruit	Fruit	Fruit	Fruit	Fruit Juice
Fruit Juice	Fruit Juice	Fruit Juice	Fruit Juice	Milk Variety
Milk Variety	Milk Variety	Milk Variety	Milk Variety	
16	17	18	19	20
Waffles	Sausage, Egg, Cheese	Breakfast Pizza	Cinnamon Roll	EARLY RELEASE
Bacon	Biscuit	Fruit	Sausage	Biscuit, Gravy & Scrambled
Fruit	Fruit / Fruit Juice	Fruit Juice	Fruit / Fruit Juice	Eggs
Fruit Juice	Milk Variety	Milk Variety	Milk Variety	Fruit / Fruit Juice
Milk Variety				Milk Variety
23	24	25	26	27
Sausage Biscuit	Breakfast Combo	Chicken-n-Waffles	Stuffed Bagel	Dutch Waffle
Fruit	Hash brown	Fruit	Sausage	Bacon
Fruit Juice	Fruit / Fruit Juice	Fruit Juice	Fruit / Fruit Juice	Fruit / Fruit Juice
Milk Variety	Milk Variety	Milk Variety	Milk Variety	Milk Variety
30				
STUDENT HOLIDAY				

Breakfast: Free to all students

<u>Lunch</u>:

Regular Price Elementary School \$2.45 Regular Price Middle & High School \$2.80 Reduced Price: All Schools \$0.40 RCISD CAFETERIA OFFICE
1111 12TH STREET
325-884-3705 X 563
April.martinez@rcisd.net
Elementary Supervisor: Elida Cedillo

**Menu subject change without notice

The U.S. Department of Agriculture prohibits discrimination against its customer, employees, and applicants for employment on the bases of race, color, national origin, age, disability, sex, gender identity, religion, reprisal, and where applicable, political beliefs, marital status, familial or parental status, sexual orientation, or all or part of an individual's income is derived from any public assistance program, or protected genetic information in employment or in any program or activity conducted or funded by the Department. (Not all prohibited bases will apply to all programs and/or employment activities.) If you wish to file a Civil Rights Program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, found online at http://www.ascr.usda.gob/compaint_filing_cust.html, or at any USDA office, or call (866) 632-9992 to request the form. Send your completed complaint form or letter to us by mail at U.S. Department of Agriculture, Director, Office of Adjudication, 1400 Independence Avenue, S.W., Washington, D.C. 20250-9410, or by fax (202) 690-7442 or email at program.intake@usda.gov. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800)877-8339; or (800) 845-6136 (Spanish). USDA is an equal opportunity provider and employer

RCISD September 2019 Pre-K Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
2 HOLIDAY	3 Chili Cheese Combo Cornbread Strawberries Milk	4 Chicken Nuggets Mac & Cheese Green Beans Sliced Grapes Milk	5 Pepperoni Pizza Sliced Tomatoes Fruity Gelatin Milk	6 Stuffed Baked Potato Cucumber Slices Cinnamon Applesauce Animal Crackers Milk
9 Hot Dog Sweet Potatoes Apple Slices Milk	10 Frito Pie Beans Orange Smiles Milk	22 Lasagna Broccoli Fruit Cup Milk	12 Cheeseburger Carrots Snowball Salad Milk	13 Chicken Parmesan Green Beans Chilled Pineapple Milk
16 Country Fried Steak Gravy Mashed Potatoes Okra Roll Strawberries Milk	17 Meat & Cheese Chalupas Beans / Salsa Zesty Cucumbers Lettuce & Tom. Garnish Rosy Applesauce Milk	18 Chicken Tenders Biscuit / Gravy Broccoli Sweet Potatoes Mixed Fruit Cookie Milk	19 Chicken Spaghetti Breadstick Garden Salad Carrots Fresh Apple Slices Milk	20 EARLY RELEASE PBJ Sandwich Cheese Stick Celery Sticks Animal Crackers Apple Milk
23 Steak Fingers Gravy Potatoes Strawberries Milk	24 French Bread Pizza Garden Salad Fruit Cup Milk	25 Boneless Chicken Wings Celery Sticks Carrots Peaches Milk	26 Mexican Combo Plate (Taco/Tamale) Corn Fresh Fruit Animal Crackers Milk	27 Sloppy Joe Sandwich Vegetable Medley Pears Milk
30 STUDENT HOLIDAY				

Breakfast: Free to all students

Regular Price Elementary School \$2.45 Regular Price Middle & High School \$2.80

8339; or (800) 845-6136 (Spanish). USDA is an equal opportunity provider and employer

Reduced Price: All Schools \$0.40

RCISD CAFETERIA OFFICE **1111 12TH STREET** 325-884-3705 X 563 April.martinez@rcisd.net

Elementary Supervisor: Elida Cedillo

**Menu subject change without notice

The U.S. Department of Agriculture prohibits discrimination against its customer, employees, and applicants for employment on the bases of race, color, national origin, age, disability, sex, gender identity, religion, reprisal, and where applicable, political beliefs, marital status, familial or parental status, sexual orientation, or all or part of an individual's income is derived from any public assistance program, or protected genetic information in employment or in any program or activity conducted or funded by the Department. (Not all prohibited bases will apply to all programs and/or employment activities.) If you wish to file a Civil Rights Program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, found online at http://www.ascr.usda.gob/ compaint filing cust.html, or at any USDA office, or call (866) 632-9992 to request the form. Send your completed complaint form or letter to us by mail at U.S. Department of Agriculture, Director, Office of Adjudication, 1400 Independence Avenue, S.W., Washington, D.C. 20250-9410, or by fax (202) 690-7442 or email at program.intake@usda.gov. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800)877-