SENIOR HIGH LUNCH MENU/SEPTEMBER 2-30, 2019

MENU SUBJECT TO CHANGE SALAD BAR OFFERED DAILY

TWO COMPONENTS MAY BE DECLINED BUT MUST HAVE ½ c FRUIT OR VEGETABLE

IN ACCORDANCE WITH FEDERAL LAW AND U.S. DEPARTMENT OF AGRICULTURE POLICY, THIS INSTITUTION IS PROHIBITED FROM DISCRIMINATING ON THE BASIS OF RACE, COLOR, NATIONAL ORIGIN, SEX, AGE, OR DISABILITY.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 LABOR DAY NO SCHOOL *WG/Whole Grain Rich	3 WG CHEESE OR CHICKEN QUESADILLA W/SALSA/SOUR CREAM SEASONED BLACK BEANS CORN MANDARIN ORANGES, PEACHES, OR MIXED FRUIT MILK	4 TURKEY MANHATTAN (Turkey Gravy, Mashed Potatoes, Bread Slice) GLAZED CARROTS APPLESAUCE, PINEAPPLE OR RAISINS MILK	5 HOT DOG OR CHILI DOG ON WG BUN w/catsup/mustard/relish TATER TOTS BAKED BEANS PEARS, MANDARIN ORANGES, OR APPLESAUCE MILK	6 GENERAL TSO OR ORANGE CHICKEN CHOW MEIN NOODLES STEAMED BROCCOLI EGG ROLL w/sweet & sour MANDARIN ORANGES, PEACHES, OR PINEAPPLE FORTUNE COOKIE MILK
9 RAVIOLI W/MEAT SAUCE LETTUCE SALAD ½ c w/ff dressing GREEN BEANS WW BREADSTICKS APPLESAUCE, PINEAPPLE, OR RAISINS MILK	10 CHICKEN TENDERS w/bbq/honey mustard/sweet & sour MASHED POTATOES & GRAVY BABY CARROTS w/ff dip WG BREAD SLICE APPLESAUCE, MIXED FRUIT, OR PEACHES MILK	11 SCHOOL IMPROVEMENT DAY EARLY DISMISSAL NO LUNCH SERVED	12 CHICKEN PATTY ON WG BUN w/mayo & piickles SCALLOPED POTATOES PEAS ORANGE, PEACHES, OR PINEAPPLE MILK	13 TWO SOFT BEEF TACOS SALSA/SOUR CREAM SHREDDED LETTUCE ½ c CHEESE DICED TOMATOES REFRIED BEANS PEARS, PEACHES, OR PINEAPPLE MILK
16 WG CHEESE, WG PEPPERONI, OR SAUSAGE PIZZA SLICE GREEN BEANS CORN PEARS, PEACHES, OR PINEAPPLE MILK	17 WG POPCORN CHICKEN w/bbq/honey mustard/sweet & sour MASHED POTATOES GRAVY GLAZED CARROTS WG BISCUIT MANDARIN ORANGES, APPLESAUCE, OR PEARS MILK	18 CHICKEN & NOODLES GLAZED CARROTS LETTUCE SALAD w//ff dressing WG BREAD SLICE APPLESAUCE, MANDARIN ORANGES, OR PEACHES WG SUGAR COOKIE MILK	19 SLOPPY JO ON WG BUN w/pickles SEASONED WAFFLE FRIES PINTO BEANS APPLE, PEACHES, OR MIXED FRUIT FRUIT ROLL UP MILK	20 TERIYAKI CHICKEN FRIED RICE CORN EGG ROLL w/sweet & sour PINEAPPLE, MANDARIN ORANGES, OR MIXED FRUIT, GRAHAM CRACKERS MILK
23 CHEESEBURGER ON WG BUN w/catsup/mustard/pickles OVEN FRIES CELERY & CARROT STICKS ¼ c ea w/ff dip ORANGE, PINEAPPLE, OR PEARS MILK	24 WG WAFFLE CHICKEN CHUNKS w/syrup SWEET POTATO FRIES GREEN BEANS PEACHES, APPLESAUCE, OR MANDARIN ORANGES GOLDFISH CRACKERS MILK	25 WG MINI CORN DOGS w/catsup/mustard TATER TOTS PORK & BEANS MANDARIN ORANGES, APPLESAUCE, OR PEARS MILK	26 BBQ RIBLETS MAC & CHEESE PEAS CHERRY SIDEKICK ICEE ,MIXED FRUIT, APPLESAUCE, PEACHES SUGAR COOKIE MILK	27 SWEET & SOUR CHICKEN FRIED RICE BROCCOLI FLORETS w/ff dip EGG ROLL PEACHES, MANDARIN ORANGES, OR MIXED FRUIT FORTUNE COOKIE MILK
30 BREADED MOZZARELLA STICKS w/marinara sauce ¼ c GREEN BEANS CORN MIXED FRUIT, PINEAPPLE, OR PEARS MILK				