

# WELCOME BACK!!

Welcome back to a new & exciting school year! I hope everyone had a fun & relaxing summer! Just a few reminders as we start our school year...

## ILLNESS & ABSENCE FROM SCHOOL

Please keep your child home if he/she is vomiting or has a fever. A student must be fever-free for 24 hours without Advil or Tylenol before returning to school.

A student diagnosed with strep throat must be on an antibiotic for a full 24 hours before returning to school.

Please call the attendance line to report your child's absence. For your convenience, it is available 24 hours/day.

## MEDICATIONS

When medications must be administered during school hours, as advised by your physician, a medication permission form is required. It can be accessed online at [www.ringwoodschools.org](http://www.ringwoodschools.org) under District/District Forms/Registration Forms/Prescription/Over-the-Counter Medication Authorization.

**School nurses in New Jersey are not permitted to administer any medications, including over the counter medications, without a doctor's note.** No medication is dispensed without first speaking to a parent.

All medications that come to school must be in their original container with the label intact. Medications must be brought to school by the parent or another responsible adult.

## CELEBRATIONS IN SCHOOL

To ensure the safety of our students, all ingredients must be checked prior to the celebration at school. The list of ingredients should be included with all baked items and/or labels can be emailed to the nurse directly. If you choose to send in cupcakes, please be mindful of our Wellness Policy and only apply a thin layer of frosting and no candy decorations.

USDA regulations states schools are not to serve Foods of Minimal Nutrition Value which includes foods that have sugar listed as the first ingredient.

In addition to a birthday treat, please include a healthy alternative to offer the children. Some great ideas are: fruit, vegetables with dip, pretzels, cheese sticks, & popcorn.

If you have any questions or concerns regarding the above, please do not hesitate to contact me by phone (973-962-7015 ext. 2) or email ([gornyt@njrps.org](mailto:gornyt@njrps.org)). Thank you!

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