

# **East Noble**

Student Assistance Plan

#### Q. What is the East Noble Student Assistance Plan (SAP)?

A. It is a benefit provided by East Noble that provides every student two (2) free prepaid sessions of counseling at any Bowen Center outpatient location. Services may also be provided at a school site if available.

#### Q. Who has access to this program? What is excluded?

A. All East Noble students have two (2) free sessions. There is no co-pay, deductible, or preauthorization required. Services excluded from coverage include medication management, psychological testing & inpatient care.

### Q. Is parental consent required? What happens after the 2 free SAP sessions?

A. Yes. **Parental consent is required** for any child under the age of 18. After the initial two counseling sessions parents and students may decide if they would like to continue in treatment at their own cost. Bowen Center has fee assistance for those who qualify. There is no obligation to continue treatment.

#### Q. Where are the Bowen Center offices?

A. Bowen Center has locations in the following cities: Warsaw, Wabash, Plymouth, Huntington, Angola, Auburn, Fort Wayne, LaGrange, Syracuse, Columbia City, and Albion.

#### Q. How are students referred?

A. 1) Parents may refer their children directly to the Bowen Center. 2) Students may refer themselves with the consent of their guardian. 3) School staff may assist families in making referrals to Bowen Center.

# Q. If I use counseling sessions through the Student Assistance Plan is the school informed?

A. All sessions are private and confidential. Privacy laws protect student information unless there is written consent to release protected health information.

## Q. Can I use my free counseling sessions during summer break?

A. Yes. Students have access to their two (2) prepaid sessions at any time during the academic year and summer break.

#### Q. How do I schedule counseling sessions?

A. Simply call Registration & Scheduling at 1.800.342.5652 and state, "I am the parent of a East Noble student and would like to schedule counseling sessions for my child." If you have more questions please call Kateri Till at 1.260.494.4198.



