



4 Ways Your Teen Can Give Back to the Community

1. Your teen has probably outgrown most of their toys and some video games at this point in their lives. Instead of storing them in a closet, ask your teen to help you put them in cardboard boxes and donate them to kids in need, a local shelter or your local Goodwill.
2. Volunteer with your teen at a soup kitchen. Not only will your teen learn how to be handy around the kitchen, but they will also get to meet other people in their community and see how others live.
3. Clean up a park or beach with your teen. This will teach your teen to appreciate nature and will show them how important it is not to litter.
4. If you have an elderly or disabled person living in your neighborhood ask your teen to help you carry in their groceries, mow their lawn, rake their leaves or shovel their snow. They could also make crafts or bake treats for them.