



1 Family Day STAR Pledge

As a parent of a teen, I pledge to:

S- Spend time with my kids

T- Talk to them about their friends, interests and the dangers of nicotine, alcohol, and other drugs

A- Answer their questions and listens to what they say

R- Recognize that I have the power to help keep my kids substance-free

Keep this pledge handy so that it reminds you how important it is to keep the lines of communication open with your kids. Parental Engagement Makes a Difference!