



# DELWOOD



Website: <https://sites.google.com/a/delwood.k12.ia.us/delwood-csd/home>

## Important Dates

### Wednesday, February 13

Early Dismissal – 1:30

### Monday, February 18

NO SCHOOL – Presidents' Day

### Tuesday, February 19

PTO Meeting – 6:00

### Wednesday, February 27

Early Dismissal – 1:30

### Friday, March 1

Delwood Trivia Night  
Doors open at 6:00; Trivia at 6:30

### Wednesday, March 13

Parent-Teacher Conferences 1-6  
Early Dismissal – 12:30

### Thursday, March 14

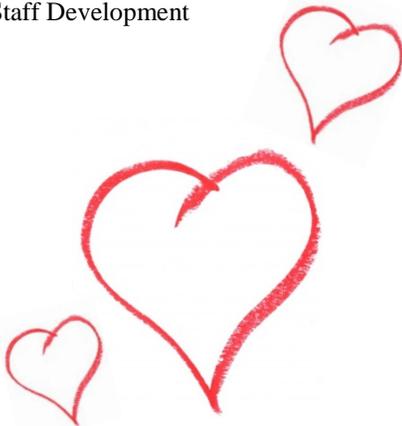
Parent-Teacher Conferences 1-8  
Early Dismissal – 12:30

### Friday March 15

NO SCHOOL

### Monday, March 18

NO SCHOOL  
Staff Development



## OPEN ENROLLMENT DEADLINE

Parents wanting to open enroll students to another school district for the 2019-2020 school year

are required to file the application by **March 1, 2019.**

**\*\* One copy of the application should be sent to the resident district and one copy to the district in which you want to open enroll.\*\***

## FREE AND REDUCED-PRICED MEALS

Children need healthy meals to learn. Delwood participates in the National School Lunch Program to provide nutritionally balanced, low-cost or free meals to children each school day. **Parents may apply for free or reduced meals anytime throughout the year.**

Applications are available in the school office.

All information is kept confidential.

## DELWOOD PRESCHOOL

Delwood Preschool is an early childhood educational opportunity for 3-year old, 4-year old, and 5-year old children. We offer a half-day preschool program with wrap-around childcare for students needing full day accommodations.

Applications are being mailed to families who contacted the school and expressed an interest in our program. If you are interested and have not contacted Delwood, please call the school and an application will be sent to you. Please call the school at 674-4164 if you have additional questions.

## SAVE THE DATE

Delwood Team Trivia Fundraiser

**Friday, March 1**

Doors open at 6:00; Trivia begins at 6:30

Contact Jill Eberhart to reserve a table  
[jeberhart@delwood.k12.ia.us](mailto:jeberhart@delwood.k12.ia.us)

# FEBRUARY 2019

### Equity Statement

It is the policy of the Delwood Community School District not to discriminate on the basis of race, color, gender, creed, marital status (for programs), national origin, religion, socioeconomic status (for programs), age (for employment), disability, gender identity or sexual orientation in its educational programs and employment practices. If you believe you have (or your child has) been discriminated against or treated unjustly at school, there is a grievance procedure for processing complaints of discrimination. Please contact the District's Equity Coordinator, Superintendent Todd Hawley, 311 Delmar Ave., Delmar, IA 52037, 563-674-4164.



# The Viking Voice



February

Twitter-@dcsvikings and @hawleyt1

Mr. Hawley

## DELWOOD MISSION STATEMENT

**Striving to meet the individual needs of children in a family atmosphere, promoting positive and creative learning.**

To the Delwood Community,

The legislative session is in full swing in Des Moines. Some of the important points that the legislators are working through are Supplemental State Aid, rising transportation costs and SAVE dollars or the 1 cent sales tax. Please take a look at these issues in the news and realize that these items need to be funded and funded appropriately. Take a moment to call or email your legislator and let them know how important it is to adequately support Iowa schools. This is a website to get specific information on your senators and representatives- <https://www.legis.iowa.gov/legislators/find>

### **Trivia Night**

Delwood's Annual Trivia Night is scheduled for Friday, March 1. Please let Jill Eberhart or Kelly Doll know if you will be having a team! [jeberhart@delwood.k12.ia.us](mailto:jeberhart@delwood.k12.ia.us) or [kdoll@delwood.k12.ia.us](mailto:kdoll@delwood.k12.ia.us) 8 person teams and \$80 per table. Doors open at 6:00 and trivia starts at 6:30.

### **Iowa Assessments March 25**

This new suite of summative assessments in reading, language and writing, and math in grades 3-11 and in science in grades 5, 8, and 10 are created by Iowa Testing Programs (ITP) at the University of Iowa and will be delivered and supported by Pearson. These tests will be completed on line and we will be helping students learn the program basics along with practice questions produced by the company. All schools in the state of Iowa will have the same window to take these tests. It will be from March to the end of May. We will start ours on March 25.

### **Open House For Preschool Addition**

We will reschedule our Open House for a later date. We will wait until we get through some of this extreme weather before rescheduling.

Congrats to Student Council Leaders, Kelly Doll and Jill Eberhart, for being awarded the Agriculture in the Classroom Teacher Supplement Grant funded by the Iowa Agriculture Literacy Foundation. This grant is made possible through the support of the Iowa Farm Bureau. We plan to use this award for a spring field trip to Cinnamon Ridge.

**Webpage-** <http://tinyurl.com/zs6en4m>

**Twitter-** @dcsvikings and @hawleyt1

Sincerely,

Todd Hawley (563-674-4164)

[thawley@delwood.k12.ia.us](mailto:thawley@delwood.k12.ia.us)

# KINDERGARTEN NEWS

The Jackson County Naturalist, Jess Wagner, visits our kindergarten classroom several times a year to teach us about plants and animals.

This month she taught us about animal winter coats. We learned three new words: migrate (to move to a new place), adapt (change to meet their needs) and hibernate (slow down and rest).



The following statements are what the kindergarteners said they learned.

**Emma**: Woodpeckers stay where they live.

**Braxton**: Bats can be in caves.

**Lillian**: That weasels can blend in.

**Tatum**: Bears sleep in the winter.

**Z'Hayinia**: Foxes uses their tail to cover up their nose so it doesn't freeze.

**Leyla**: Foxes have fur.

**Ryker**: Geese can migrate from one place to another.

**Dolyn**: Eagles do not hibernate.

**Henry**: Hummingbirds go a different place.

**Hayden**: Butterflies lay eggs and when they die new butterflies come out.

**Ethan**: Animals can move from their home to another place.

**Patrick**: I learn fish swim down the river to hibernate.

**Rem**: Turtles go down deep in the water to stay warm and sleep.

**Porschia**: Animals hibernate.

**Kendall**: Birds can fly.

**Zander**: Absent

# Attitude Essays

It all began with the film, *Front of the Class*. The movie depicts events from the life of Brad Cohen, a young man who grew up with Tourette syndrome. One of the themes from the movie was about 'attitude' and how it can help pave the way to achieving one's goals in life.

Following the movie, and a great deal of discussion, the 4th grade students were given the assignment of writing a five-paragraph essay on 'Attitude.' The students were expected to include how their attitude can affect them now, as 4th grade students, and in the future.

The essays were scored by two Delwood staff members using a rubric with specific criteria, such as sentence structure, word choice, original ideas, organization, grammar and mechanics, and how strongly the theme of 'attitude' came across to the reader.

The two essays with the highest scores were written by Isabellah Small and Adalee Vorbeck. We would like to share them with you here.

Julie Wagner  
4th Grade Teacher

## **Attitude Essay**

### **By Adalee Vorbeck**

Attitude is who you are. To have a positive attitude is to live. To live is to have fun. Having a positive attitude is important because it can help you get through life. It can help you get smarter by helping you focus.

*“When I look in the mirror I see strength, learned lessons, and pride in myself.”* To me having a positive attitude means you have courage, you are strong, and you are you. It means you see brightness in yourself. It means you are better than you think you are. You can change who you are on the inside, one step at a time.

For me as a fourth grade student at Delwood my attitude can help me get good grades. It can help me focus on worksheets in class. Having a nice attitude can help you make friends. Having friends will make you happy.

In the future my attitude can help me get in college. After I go to college, I can get a degree. Once I get a degree, I can graduate from that dreadful place. After that, I can get a job. Once I get a job, I can buy my own apartment.

Attitude can change your life, help you go to college, and even make you better than you thought you could be. Attitude makes you do what it does to show your feelings and that you care. You make your attitude do what it does. To have a positive attitude is to live. To live is to fulfill dreams you never knew you had.

## **Attitude Essay**

### **by Isabellah Small**

#### **The Answer to Attitude**

Why is attitude important? Well, attitude is important because of how you act to other people. If you are not careful with your attitude, you can hurt someone's feelings or you could get in trouble. Be nice!

#### **What Attitude Means**

Here is a quote I looked up about attitude, *"If you don't like something change it. If you can't change it, change your attitude."* It means that if you can't change that one thing that you are annoyed with, then change your attitude to a happy one so you won't get annoyed. Be helpful.

#### **What helps me in school**

If I get good grades that must mean that I'm listening in class and trying my best in school! 4th grade is sometimes hard for me, but I don't get upset and cause distractions by yelling or saying, "I can't do it." That is when my positive attitude comes in, trying to make life way easier. Be strong!

#### **Attitude**

If I am more positive about my my attitude, I will be kinder and I will have more friends. So watch your attitude, but be careful. Don't give up, because you can do it. Be awesome!

#### **Be Amazing**

Watch your attitude. It's the first thing people notice about you. So if you are thinking that your attitude doesn't matter you are wrong. Attitude sticks out more than anything else. Be amazing!

# Challenge 5

## Strive for Less than 5 Days absent at School

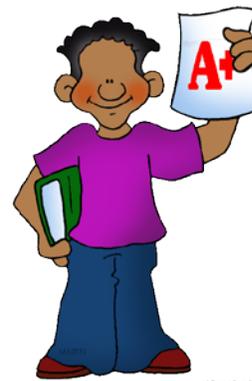
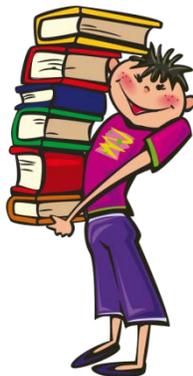
Studies show that fewer than 5 absences in a year keeps learning on track. More than 5 absences each school year increases the risk of dropping out, and decreases the chance of graduating from high school. Students who miss up to five days of school can probably make up what they have missed. However, when a child misses more than 5 days of school it begins to have an effect on the student's ability to learn.

Students missing just 2 days a month—18 days a school year are considered "chronically absent." These statistics point to the reasons why attending school every day is so important:

- Chronically absent students score 20% lower in reading and math.
- Chronically absent students are twice as likely to have to repeat a grade.
- Chronically absent students are twice as likely to have their first suspension before 7th grade.

### 5 TIPS

1. Set a regular bedtime.
2. Prep clothes and backpacks the night before.
3. Only keep children home if they are truly sick.
4. Have a back-up plan for getting to school.
5. Avoid scheduling doctor's appointments and trips during school hours.



# Jump Rope for Heart

by Kevin Flenker

**Delwood Elementary students jump for their hearts and help save lives!**

Our 3<sup>rd</sup> - 6<sup>th</sup> grade students at Delwood Elementary School are jumping at the chance to fight heart disease and stroke, our nation's No. 1 and No. 5 killers. During the month of February, Delwood students will host their semi-annual Jump Rope For Heart event to raise money for the American Heart Association, which funds lifesaving heart and stroke research and community and educational programs for our youth.

Jump Rope For Heart teaches students how physical fitness benefits the heart and shows them that volunteering can be a fun and positive experience for the whole community. The need to educate children about the importance of physical activity couldn't be timelier. According to recent studies, about one-third of children ages 2 to 19 are overweight and obese.

By including physical activity into their daily routines, kids can significantly reduce the onset and burden of heart disease. By raising money through Jump Rope for Heart, we are preventing heart disease and obesity for the next generation of Americans. Kids are literally jumping into a heart healthier life while becoming passionate about raising money for other kids with sick hearts.

For 38 years, millions of students have jumped rope and learned about heart health and how nutrition and physical activity can help prevent heart disease and stroke. Jump Rope For Heart is co-sponsored by the American Heart Association and SHAPE America-Society of Health and Physical Educators.

Please help our students help others by making a donation. You may also choose to donate online at [heart.org/jump](http://heart.org/jump).

## Dear Family,

Jump rope, play tag, ride a bike, or just run—how important is it for your child to get up and get moving? For starters, **physical activity helps control weight, reduces blood pressure, raises “good” cholesterol, and reduces the risk of diabetes and some kinds of cancer.** It also improves self-confidence and self-esteem, can improve moods, and can help improve sleep. That’s all good news! The American Heart Association recommends that all **children ages two and older participate in at least 60 minutes of enjoyable, moderate- to vigorous-intensity physical activity every day (that means vigorous activities that are appropriate to their age, gender, and stage of physical and emotional development).** The benefits go beyond good health: physical activity can bring a family together, it doesn’t have to cost any money, and it’s fun!

Remember, your child doesn’t have to do 60-minute workouts. Two 30-minute or even four 15-minute periods of physical activity a day will benefit your child too.

Sincerely,

Mr. Flenker

teacher



American  
Heart  
Association.

Your child is a participant in the American Heart Association’s Kids Heart Challenge. The AHA has five priority messages for your family:



**Physical Activity**

**Healthy Eating**

**Sodium**

**Sodas and Other**

**Sugary Drinks**

**Tobacco/Smoking**

## Research shows that active parents raise active children.

Join your child with these tips to work activity into your daily routine:

- **Get outdoors!** Hike a local nature trail or ride bicycles along a bike path.
- **Schedule a family playtime.** Take a walk or play a family game of tag. Play catch or kick a ball around the yard.
- **Select toys that encourage movement,** such as balls, kites, skates, sleds, and jump ropes.
- **Limit screen time** to no more than two hours a day. Don’t put a television in your child’s bedroom, and limit computer and tablet use to school projects.
- **Plant a garden.** Caring for plants provides a reason to get outside, teaches kids where their food comes from, and lets your child sample fresh-grown foods to encourage healthy eating habits.
- **Do chores, such as raking leaves and shoveling snow, as a family.** The work will be completed more quickly, leaving more time for outdoor play!



## Good to Know!

Here’s a fact: healthy kids have better grades in school, have better attendance, and behave better in class. Getting active is an important step to good health! Learn more at [heart.org/HealthierKids](http://heart.org/HealthierKids).



# PTO PAGE

February 2019



## Safety Town

Safety Town is a program for children that teaches safety lessons about fire, pedestrians/traffic, water, guns, and poisons/drugs. A replica town is created to instruct children about safety measures.

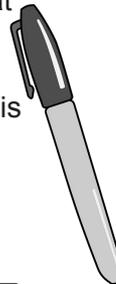
If you would like to help the PTO plan this program, please get your contact information to Marcia Kleinsmith. We will be forming committees soon!

SAFETY



Dewood PTO is partnering with Crayola ColorCycle to collect unwanted markers and highlighters that have been used or that you don't want anymore. This is a great way to practice recycling and repurposing of unwanted markers and highlighters, along with helping to protect our environment. This can include all brands of plastic markers including dry erase markers and highlighters.

Items can be given to the office. Thanks for your donations.



## Delwood Table Cover

The PTO voted to purchase a personalized table cover for the Delwood staff and students. This cover is fitted to the table and can be used during assemblies! Look for it soon!

## Hand Sanitizer and tissues needed!

Please consider sending another box or two of tissues or hand sanitizer to school with your student. Several teachers have run out and all students are using them! Thanks!



## Prep, Freeze Cook is back!

Need some meals that are already prepared for a busy night? Delwood PTO has arranged for another round of Prep, Freeze, Cook meals to be prepared for you! Order forms will be sent home with students approximately February 8th and need to be returned with your order and money by February 19th. Meals will arrive at the school on Friday, March 1st for pick up.

## Contact or Follow Us!

You can stay up to date on how the Delwood PTO is helping students and teachers alike! Follow us on twitter @DelwoodPTO or on Facebook Delwood Elementary PTO.

