

September Breakfast Menu

Students Must Choose at Least 3 of the Items Listed
(one choice MUST be a fruit or juice)

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
NO SCHOOL	cereal toast yogurt applesauce or juice milk	blueberry coffeecake cereal toast fruit mix or juice milk	french toast sticks cereal toast peaches or juice milk	biscuit & gravy cereal toast grapes or juice milk
9	10	11	12	13
muffin cereal toast applesauce or juice milk	waffles cereal toast fruit mix or juice milk	PBJ cereal toast pineapple or juice milk	cinnamon roll cereal toast banana or juice milk	breakfast pizza cereal toast peaches or juice milk
16	17	18	19	20
NO SCHOOL	cereal toast yogurt pears or juice milk	sausage biscuit cereal toast pineapple or juice milk	pancake on a stick cereal toast strawberries or juice milk	biscuit & gravy cereal toast oranges or juice milk
23	24	25	26	27
western omelet cereal toast pineapple or juice milk	muffin cereal toast strawberries or juice milk	bagel & cream cheese cereal toast applesauce or juice milk	french toast sticks cereal toast peaches or juice milk	breakfast pizza cereal toast banana or juice milk
30				
cereal toast yogurt oranges or juice milk				

Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
NO SCHOOL	chicken chili crispito salad spicy black beans peaches milk 9-12 garlic bread	cheesy breadsticks marinara sauce corn salad melon milk	smoked pork on bun baked beans coleslaw strawberries milk	pizza salad carrots & broccoli pineapple milk 7-12 cherry crisp
9	10	11	12	13
chicken nuggets rice & asian veggies celery & tomatoes tropical mix milk	riblet on bun salad baby carrots & cukes apricots milk	beef & noodles mashed potatoes green beans oranges milk 7-12 muffin	hamburger lettuce & tomato french fries grapes milk	chicken drumstick savory rice broccoli & tomatoes melon milk
16	17	18	19	20
NO SCHOOL	burrito lettuce & tomato mexican corn peaches milk 9-12 chips & salsa	grilled chicken on bun lettuce & tomato baked beans fruit mix milk 7-12 brownie	beef fritter potatoes & gravy broccoli pineapple milk 7-12 roll	chicken chili crispito salad baby carrots & ranch strawberries milk 9-12 garlic bread
23	24	25	26	27
pizza salad celery & tomatoes oranges cookie milk	turkey cheese sub lettuce & tomato waffle fries banana milk	chicken patty potatoes & gravy green beans pears roll milk	riblet on bun jo-jo's broccoli & ranch fruit mix milk	lasagna salad garlic bread parslied carrots apple slices milk
30	Students Will Be Offered An Alternate Entrée Each Day As Follows: *K-6 - Peanut Butter & Jelly Sandwich *7-12 - Mini Chef Salad (7-12 Students Must Choose at Least 3 Items. 1 Item must be either a serving of fruit or vegetables.)			

All menus are subject to change in order to make the best of foods available. In the operation of child feeding programs, no child will be discriminated against because of race, sex, color, national origin, age, or handicap. If you believe you have been discriminated against, write immediately to the Secretary of Agriculture, Washington, D.C. 20250. 1% white and chocolate skim milk offered daily.