

# September 2019 Breakfast 4day/week



KEYSTONE  
FOOD SERVICE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Labor Day	3 Chicken Biscuit Cereal Fruit Milk Juice	4 Breakfast Pizza Cereal Fruit Milk Juice	5 Cinnamon Roll Cereal Fruit Milk Juice	6
9 French Toast Sticks Cereal Fruit Milk Juice	10 Pancake on a Stick Cereal Fruit Milk Juice	11 Toast Breakfast Scramble Cereal Fruit Milk Juice	12 Biscuit and Gravy Cereal Fruit Milk Juice	13
16 Pancakes Sausage Patty Cereal Fruit Milk Juice	17 Scrambled Eggs Cinnamon Toast Cereal Fruit Milk Juice	18 Biscuit Stick and Gravy Cereal Fruit Milk Juice	19 Breakfast Taco Cereal Fruit Milk Salad Bar	20
23 Sausage Biscuit Cereal Fruit Milk Juice	24 Yogurt Parfait Cereal Fruit Milk Juice	25 Breakfast Burrito Cereal Fruit Milk Juice	26 Cinnamon Roll Cereal Fruit Milk Juice	27
30 French Toast Sticks Cereal Fruit Milk Juice	1 Pancake on a Stick Cereal Fruit Milk Juice	2 Biscuit and Gravy Cereal Fruit Milk Juice	3 Chocolate Muffin Yogurt Cereal Fruit Milk Juice	4

# September 2019 Lunch 4day/week



KEYSTONE  
FOOD SERVICE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Labor Day	3 Baked Potato Bar BBQ Chicken Baby Carrots Dinner Roll Fruit Milk Salad Bar	4 Pizza Bar Caesar Salad Fruit Milk Salad Bar	5 Chicken Taquitos Refried Beans Chips and Salsa Fruit Milk Salad Bar	6
9 Pizza Pasta Green Beans Caesar Salad Breadstick Fruit Milk Salad Bar	10 Biscuit and Gravy Eggs Sausage Breakfast Potatoes Fruit Milk Salad Bar	11 Seasoned Chicken Breast BBQ Baked Beans Coleslaw Dinner Roll Fruit Milk Salad Bar	12 Cheeseburger Sweet Potato Fries Iced Sugar Cookie Fruit Milk Salad Bar	13
16 Popcorn Chicken Gravy Dinner Roll Green Beans Fruit Milk Salad Bar	17 Nacho Bar(Chicken Queso, Beans) Chips and Salsa Fruit Milk Salad Bar	18 Pineapple Glazed Ham Loaded Mashed Potatoes Roasted Carrots Dinner Roll Fruit Milk Salad Bar	19 Spaghetti with Meat Sauce Breadstick Garden Salad Fruit Milk Salad Bar	20
23 Corn Dog Mac and Cheese Green Beans Fruit Milk Salad Bar	24 Waffle Scrambled Eggs Sausage Breakfast Potatoes Fruit Milk Salad Bar	25 Lasagna Breadstick Caesar Salad Fruit Milk Salad Bar	26 Chicken Sandwich Baked Beans Baby Carrots Fruit Milk Salad Bar	27
30 Chicken Spaghetti Breadstick Green Beans Fruit Milk Salad Bar	1 Hamburger Steak Mashed Potatoes and Gravy Dinner Roll Fruit Milk Salad Bar	2 Pizza Round Garden Salad Baby Carrots Fruit Milk Salad Bar	3 Homemade Chicken Burrito Refried Beans Chips and Salsa Fruit Milk Salad Bar	4