



# The Epic

East Palestine High School

November 2018

Volume 47 Issue 1

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## A Rustic Romance at East Palestine High School

By: Courtney Hallock  
Staff Writer

Homecoming. It is either a night to remember or one you want to forget for high school students. However, our annual fall homecoming was on Saturday, October 6, 2018. This year's theme was rustic fall, similar to the eighties movie Footloose. Students are welcomed with the rustic feel of fall and greeted with balloons on the floor, and lights hanging from the basketball hoops. The music was upbeat, and the DJ played requests. There were a few tables to relax and eat with different snacks and cookies. Students also had the opportunity to get fun pictures with their date or friends.

At the football game, last year's king and queen, Austin Hooley and Carly Kline, crowned this year's winners. Winning homecoming king and queen is one of the best honors you could receive. Friday night at our homecoming game Colton and Madelyn were crowned king and queen. Our homecoming king Colton Cook was also astonished that he won. He said, "When I won, I thought to myself, Wow I actually won. I wasn't expecting to win because all the other boys on court are really cool."

Madelyn mentions, "Honestly I didn't even realize they said my name. I just looked up at Cameron Boots, and that's when it finally hit me. I was very happily surprised."

In addition to king and queen there were other students honored with being chosen to represent their grades on court. Seniors were Sara Buskirk, Avery

## High School Science Club Field Trip to Put-In-Bay

By Natalie Hamner  
Staff Writer

This year's Science Club was awarded a grant due to the hardwork of Mrs. Sansenbaugher and Dr. Bircher. This grant allowed the Science Club to visit the Stone Laboratory at Put-in-Bay by Lake Erie.

The Stone Laboratory has been a fresh water field station since 1895 and part of Ohio State University since 1925. The Stone Laboratory has been a major asset in biological research and science education for more than 100 years. Stone Lab offers 20 college-credit courses each summer. These courses range from biology to geology and natural resources. These courses can be available for juniors and seniors. As a part of Ohio State University, these college-credit courses are transferable.

After a long grueling 3 hour bus ride, students arrived at the ferry that took them over to Stone Lab-

## 2018-2019 Bulldog Cafe Is Open For Business

By: Alexandria Sluss  
Staff Writer

How do you start your Friday morning? Here at East Palestine we like to start it off at the Bulldog Cafe. Whether it's iced coffee or something sweet the Bulldog Cafe is a huge hit.

The Bulldog Cafe has iced coffee, sweet tea, hot coffee, candy, and muffins. Every month they have a special treat. With its second year running, the cafe teaches students how to work in a professional restaurant environment learning the appropriate skills needed to go forward in a business. Students are required to balance inventory, budget expenditures and deposits, and cre-



Ephanian

Fall Homecoming King Colton Cook and Queen Madee Foster

Oates, Taryn Patterson, Cameron Boots, Stephen Darlington, and Micah Beal. Junior court members were Schaelee Guy and Lautaro Cordero. Sophomore court members were Allysa Hostetter and Sam Yonker. Freshman court members were Mayzen Chamberlain and Aidan McTrusty.

Overall this year's homecoming was a night of wonder for everyone.



Dr. Bircher

Science Club members attending field trip by Lake Erie.

oratory. Upon arrival at the lab, students were given a brief lesson on the internal/external anatomy of a fish. They were asked to dissect and name the given samples. The students were then taken out onto the lake to troll for fish. They collected data regarding the different species of fish that were caught. This data would be used to determine population growth, invasive species growth, and fishing regulations.

Later, students went on a micro invertebrates walk along the shore. Lastly, students were given a lesson on herpetology, the study of reptiles and amphibians.

Overall, I found the trip to be very interesting and an all around great experience.

ate and distribute various advertisements and practice customer service.

The Bulldog Cafe is a great benefit to our school. The money made goes back into the school for what is needed. Such as, if teachers need to buy supplies for the students and do not have the money, the Bulldog Cafe steps in. Not only does the Bulldog Cafe sell different drinks, breakfast foods, and treats, but it also is involved with the blood drive through the Red Cross twice a year.

The Bulldog Cafe is also interested in donating picnic tables, redoing the courtyard and having the students eat outside. Also, the cafe is starting a senior citizens breakfast once a month for the community. In the

future, the Bulldog Cafe plans to extend their work throughout the school day by turning their storage closet into a mini cafe.

Want to be a crew member? No problem. You just have to be a junior or senior to start, register for the class, fill out an application, and go through an on-the-job interview. The process is just like applying for a real job.

For customers, the Bulldog Cafe is open every Friday 7:40-8:00 am, also during Friday intervention. So, come on down and get some yummy treats. Keep your eyes and ears open for upcoming specials.

Enter text ...

# Letter From the Editors



The Epic

Editors: Macy Rosen (Left) and Paige Thomas (Right)

Dear Bulldogs,

Welcome back EPHS students and staff!

We can say goodbye to summer and hello to winter. That means Bulldog football, leaves changing colors, and of course, homework. School is finally in session, and so far this year is off to a fantastic start. The freshmen are still alive and the seniors haven't ripped their hair out yet...at least I don't think they have.

This year we've gotten some new additions. A new principal, Mr. Rook, a new track and field, and a new foreign exchange student. Welcome to America, Lautaro!

All of our fall sports have had great seasons, and we're all looking forward to win-

ter sports seasons beginning.

As first quarter comes to an end, remember to keep up with your school work and set some personal academic goals for yourself this year. Upperclassmen, remember you're role models for the underclassmen so make sure you're always showing Bulldog pride.

Seniors, it's your last year. Have fun but remember, this is it. So, make it your best!

Juniors, next year it's your turn, so it's time to step it up and prepare yourself for senior year.

Sophomores, it's only your second year here, so make sure you guys keep your heads up and push forward.

Freshmen, start high school off well and don't think you have all the time in the world. It may only be your first year, but time will fly so make sure you're working hard but enjoying new experiences at the same time.

Lastly, we'd like to thank ALL of the staff at EPHS. Thank you administrators, teachers, aides, secretaries, and janitors for everything you do for us.

The overall message for second quarter is focus. Focus on yourself, your schoolwork, and your Bulldog pride. Until second quarter, go Bulldogs!

Your editors,  
Paige Thomas and Macy Rosen

## Staff Question: What is your favorite Thanksgiving tradition?

Lilli Miller  
Assistant Editor



A: My whole family sits down and watches the parade.

Caitlin Bable  
Staff Writer



A: My favorite Thanksgiving tradition is watching the Thanksgiving Day parade. Then, I help to make the food. I also love going to see my family and hang out all night.

Larissa Busch  
Staff Writer



A: Trying to be the first to get the most stuffing at the table.

Courtney Hallock  
Staff Writer



A: We go to my Grandma's house. There's always around 25 to 30 people there and we spend time with each other and then eat. I love it so much because we all get to see people we haven't seen in forever.

Natalie Hamner  
Staff Writer



A: My family always listens to Alice's Restaurant while we cook dinner.

Sydney Muransky  
Staff Writer



A: My favorite Thanksgiving tradition is probably finally getting to eat after waiting for food all day.

Morgan Rutledge  
Staff Writer



A: I like the Pumpkin Pie.

Alexandria Sluss  
Staff Writer



A: We like to smash whipped cream pie in each others' faces.

Abigail Stock  
Staff Writer



A: My favorite Thanksgiving tradition is putting up the Christmas tree. My family eats Thanksgiving dinner and watches the parade while putting up the tree.

Clayton Wright  
Staff Writer



A: We go to my Nana's house. We have a big Thanksgiving dinner and just hang out the rest of the day.

November 2018



Kaedance Boso

This photo was taken on September 15th 2018, in New Waterford. "I was in a cornfield on a hayride with some of my best friends."  
If you want your photo in the next edition of the photo contest for The EPIC, send your photos to [morgan.rutledge@epbulldogs.k12.oh.us](mailto:morgan.rutledge@epbulldogs.k12.oh.us)

## Movie Review: The Shining

By: Paige Thomas  
Editor

With winter fast approaching *The Shining* is the perfect movie that emphasizes claustrophobia and ultimate cabin fever. What defines the greatest horror film of all time? Is it the film that most unsettles and terrifies you? Is it the film that rewards repeat viewings, never diluting the film's impact no matter how many times you watch it? Or is it the film so expertly crafted whether it be the tight plotting, career defining performances or flawless direction, that it comes close to perfection? Whatever way you define greatness *The Shining* inevitably comes out on top.

Directed by Stanley Kubrick, this 1980 film is based off of Stephen King's novel, although it hardly resembles it.

Jack Torrance, looking for

work, becomes caretaker of the Overlook hotel for the winter. Bringing his wife, Wendy and their son, Danny. They all begin to suffer from delusions brought on by the isolation and power from the hotel.

Jack Nicholson, acting as Jack Torrance, gave a performance worth watching. Not only did Jack act well, Shelley Duvall, playing Wendy Torrance, pulled this film together. I'm sure we've all seen the iconic scene of Jack attempting to axe through a door to get to Wendy.

My overall rating of Stanley Kubrick's *The Shining* is 4 out of 5 stars. While not being my favorite film, I cannot deny how iconic it has become. From redrum to the twin girls to the elevator pouring out blood.

### Recipe for Apple Crisp

**Ingredients:** 1 cup all-purpose flour,  $\frac{3}{4}$  c. rolled oats, 1 c. packed brown sugar, 1 tsp. ground cinnamon,  $\frac{1}{2}$  c. butter (softened), 4 c. chopped peeled apples, 1 c. sugar, 2 TBSP cornstarch, 1 c. water, 1 tsp. vanilla extract, vanilla ice cream (optional)

#### Directions:

1. Preheat oven to 350°. In a large bowl, combine the first four ingredients. Cut in butter until crumbly. Press half into a greased 2-1/2-qt. baking dish or a 9-in. square baking pan. Cover with apples.
2. In a small saucepan, combine the sugar, cornstarch, water and vanilla. Bring to a boil; cook and stir 2 minutes or until thick and clear. Pour over apples. Sprinkle with remaining crumb mixture.
3. Bake 60-65 minutes or until apples are tender. Serve warm, with ice cream if desired.

#### Nutrition Facts

1 serving: 426 calories, 12g fat (7g saturated fat), 31mg cholesterol, 127mg sodium, 79g carbohydrate (58g sugars, 2g fiber), 3g protein.

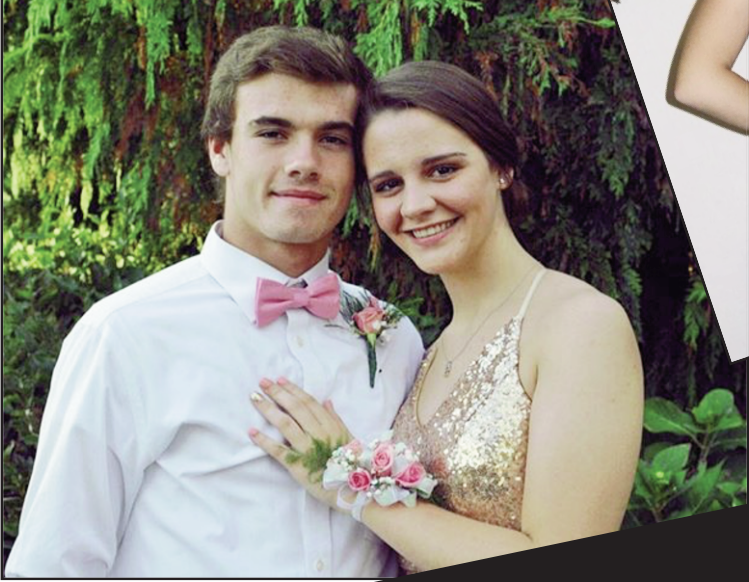
#### Macy's Tips

- I suggest using apple filling instead of fresh apple slices, it's easier and tastes better.
- Whip cream and cinnamon sugar are also yummy

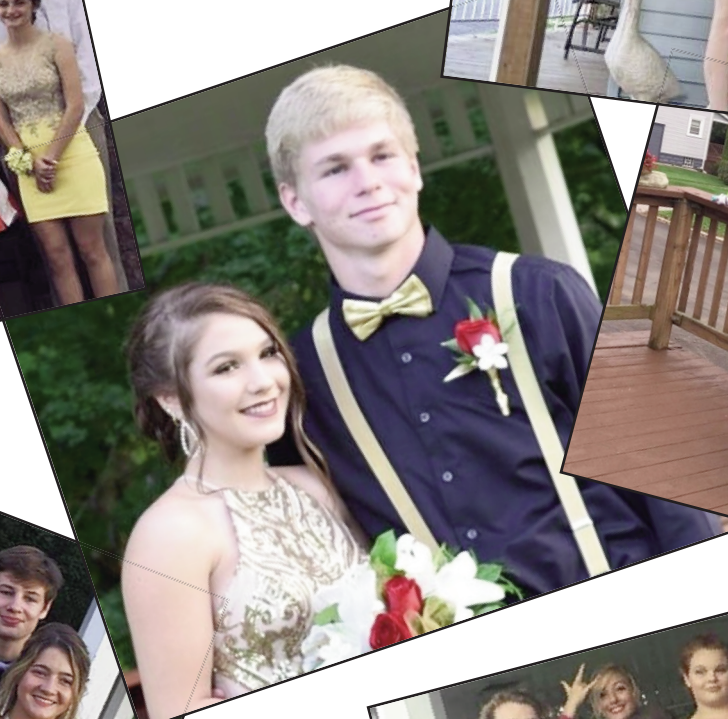


## What does it mean to have Bulldog Pride?

Bulldog Pride is how we show respect and loyalty to our school. The best way to show this is to sit in student sections, participate in spirit week and join the band. Other ways to show Bulldog Pride are to join any school clubs and activities. The student body is a reflection of our school, so just be respectful to the school and everything that comes with it. In this issue of the Bulldog Pride page we will be highlighting our fall sport's student sections and band. If anyone gets pictures in a student section, with a player, in the band, or even just with your friends (as long as it's showing Bulldog Pride) please send them to me or Morgan Rutledge at [macy.rosen@epbulldogs.k12.oh.us](mailto:macy.rosen@epbulldogs.k12.oh.us) or [morgan.rutledge@epbulldogs.k12.oh.us](mailto:morgan.rutledge@epbulldogs.k12.oh.us). If you have either of our numbers, just send them to us on messages, so they can be featured on our Bulldog Pride page! Go Bulldogs!



# Fall Homecoming 2018



## Living the Good Life, Marching Band 2018



Amanda Wilson  
Senior Drum Major

This year's marching season has been quite the success. The band has been working hard every week since band camp in July, practicing the intricate music, and perfecting the formations that make up the powerful halftime show, Living the Good Life. The show opens with the song Viva La Vida by Coldplay. It is followed by Believer by Imagine Dragons and Good to be Alive (Hallelujah) by Andy Grammer. Then, it is finished with the moving song, This is Me from the movie The Greatest Showman.

In order to be able to perform such a wonderful halftime show, the band has to put in tremendous effort, time, and dedication. Practices start a week before band camp in mid July, and continue on after we return. Band camp is held at Thiel College in Pennsylvania on a Sunday, and lasts until the following Friday. All members board buses and set off to the college where everyday is spent learning the music and formations. The continued practices after band camp are everyday except weekends up until school starts. Then, practices are only held on Wednesday nights. One can see that all of the hard work clearly pays off and shows in the performances.

So far this season, the band has participated in four different band nights. We performed the halftime show, along with many other bands at Beaver Local, Salem, and Youngstown State University. We also had our very own band night that featured the YSU marching band. The YSU band night included the songs Thriller by Michael Jackson, The Ghostbusters, and Uma Thurman by Fall Out Boy, giving it an overall Halloween type theme.

Senior band members said they were going to miss the special memories that they made and their "second family" that has been created over their years of being in band. The memories and fun times don't end when the marching season is over. Once marching band ends, pep band and concert band begins.

Band creates many cherishable memories, and is a great way to show Bulldog pride. This season was amazing, and we had the help of some middle school members. Band is a wonderful experience and is definitely worth all of the hard work, especially being able to hear the cheers and applause from the audience after each performance. All of the members are more than proud to be called the EPHS marching band, and thank everyone for another great season.

~By Caitlin Bable, Staff Writer

# Bulldog Football

## Burn the Boats

By: Morgan Rutledge  
Staff Writer

The 2018 East Palestine Football team is led by head coach Tony Foster, and assistant coaches: Will Franklin, Jim Young Sr, Travis Foster, Zach Sherry, Ryan McCullough, Aaron Proakis, and Dan Kibler. This year the Bulldogs are led by sixteen seniors: Dominic Posey, Parker Sherry, Cameron Walker, Mike Frazier, Brock Cheurco, Colton Cook, Abel Figley, Jordan Fristik, Noah Brown, Blaize Reynolds, Daniel Bender, Conner Wisbith, Nathan Dettmer, Elijah Figley, Nathan Murrill, and Greg Waterbeck. Then there are three juniors: Josh Welch, Dominick Cathers, and Cameron Wischerman. There are ten sophomores: Anthony Dellick, Justin Foley, Nick Loyd, Damian Jackson, Sam Yonker, James Buckius III, Parker Bonace, Michael Shaeffer, Nick Fierro, and Zion Figley. There are seven freshman: Devin Dallies, Thomas Shasteen, Dalton Culler, Timothy Price, JD McBride, Tyler Bistarkey, and Jacob Sloppy.

The Bulldogs started the season off bumpy, but they have some great wins over teams like Campbell Memorial (48-37), Wellsville (39-7), Toronto (35-30), and a complete shutout against Leetonia (43-0).

When asked about the season, Foster stated, "we have several young players that are stepping into key roles and are performing very well...We are running a new defense and were able to get a shutout this season."



Magic Moments

### Senior Football Players 2018 Season

The Bulldogs have had 2,959 total yards; 1,454 passing yards; 109/198 pass completions; 1,505 rushing yards; and 20 rushing touchdowns. The Bulldog leader in passing is Parker Sherry with 1,454 yards and 17 touchdowns. The leader in rushing is also Parker Sherry with 814 yards, 145 carries, and 11 touchdowns. The leader in receiving is Dominic Posey with 778

yards, 46 catches, and 10 touchdowns. The top four rushers are Parker Sherry, Dominic Posey, Jordan Fristik, and Cameron Wischerman. The top receivers are Dominic Posey and Jordan Fristik. (This information is as of Week 8.)

# Order on the Tennis Court

By: Abby Stock  
Staff Writer

This tennis season was great. Our seniors this season were Emily Felger and Amber Huff. The rest of the girls team consisted of the following students: Olivia Brickner, Ivy Burkett, Hannah Felger, Brianna Horvath, Isabella McLaughlin, Faith Melnick, Kandel-lee Pitts, Trinity Schneider, Katherine Simon, Alexandria Siracuse, and Paige Thomas.

It is always important to enjoy the sport

that you play. Isabella McLaughlin played as first single, and Brianna Horvath played at second single. Isabella said, "The thing I enjoy most is hanging out with my friends, playing the best I can, and I love helping people learn new things about tennis."

This year all of the varsity, single players went to Boardman for Sectionals. All the varsity doubles went to Struthers. Some of the players gave advice to anyone who wants to join the tennis team in the future.

Amber Huff's advice was "Don't be afraid to join, it's super fun. [However, when you do join] Never give the coach attitude."

Hannah Felger said, "You may feel tired and wore out, but you will have lots of fun playing tennis."

Thanks for a great season girls. If you are interested in playing next year, see Coach Jurjavcic for details.

# Cheerleading: Can't Hide Our Bulldog Pride

By: Courtney Hallock  
Staff Writer

Our Bulldog cheer team fall's season is coming to a close. They had some interesting things to say.

When asked how the season has been going, senior Amber Huff explained, "It has been going really well this year especially because we learned a lot of new material."

Our cheer team also participated in the Canfield Fair showcase, and they also had a competition cheer camp here at East Palestine High School. Ryleigh Harn lets us know how to join the squad. She states, "tryouts are in the end of April or sometimes the first week in May. Then, there are announcements in school, and you pick up a packet in the office."

After joining the team, you need to know when to practice.

Ryleigh also tells us about when and how often our cheerleaders practice. She discloses, "Throughout the summer we

practice normally two to three days a week, which is mostly conditioning. During the school year, we practice Tuesday and Thursday after school until 4:15."

Our senior cheerleader was asked if joining was fun, Amber Huff confesses, "Yes, it's really fun because you get so close with everyone they kind of become like a second family."

Our two representatives also have some tips for any new cheerleaders.

Ryleigh suggests, "Always come to practice and have a positive attitude."

Amber advises, "Always bring practice clothes to school. During games, always smile and always act like you want to be there whether we win or lose."

Cheerleading is a sport that starts in the fall for football, although some cheerleaders change between fall and winter cheer seasons. Stay tuned for cheer to pick up again this winter for basketball season.

# Dancing Queens of Flagline

By: Sydney Muransky  
Staff Writer

The East Palestine 2018 color guard is already off to a great season. The Flagline performs every Friday during halftime and throughout the football games. They have also performed at multiple band nights: Beaver Local, Salem, YSU, and our own. Color guard has been preparing for this season since July when the Band and Flagline went to band camp.

The 2018 season has been a challenge without a coach, but the members of color guard have worked together in order to create beautiful performances. The East Palestine Colorguard consists of 11 members. The seniors are Stacey Arthur, Cheyla Gasckall, Avery Oates, Taryn Patterson, and Shelby Russell. The junior members are Madelyn George, Madison Zombeck, and Ivy Frye. The sophomore member is Liz Felger. The freshman member is Mor-

gan Murphy. This year there is one eighth grade member Destiny Becay.

Senior Avery Oates has been involved in color guard since her 8th grade year. She says "Colorguard is the best, I wouldn't trade it for my left toe." This year, the color guard matches with the themes of the football games. The members have flags and outfits that fit accordingly to the theme, and the seniors also have matching bandanas.

If you would like to join color guard, you should talk to Mrs. Mollenkopf or a member of the team. Tryouts are held at the end of the school year. The East Palestine color guard is a great opportunity for students. It is a way to be involved with your community while showing school spirit. The 2018 color guard had a great season, best of luck to the members and their following seasons!

# Cross Country: No Excuses

By: Lilli Miller  
Assistant Editor

This year our Cross Country team is having an amazing season. This is a sport that requires a lot of self discipline, and we are so proud of our students for their success and hard work.

At the middle school level, Hannah Cunningham is a 2 time EOAC defending champion for our middle school girls team.

At the high school level, we have four students who made it to racing at Regionals: Andy Cunningham, Hope Figley, Cole Rutledge, and Emily Zimmerman.

When asked to highlight our high school girls team, Hope Figley said, "We won the EOAC again this year, and we're actually planning on going to districts again."

I asked Cole Rutledge to highlight

our high school boys team, and he had said they are 2 time runner ups at the EOAC meet. They have won a bunch of small meets and placed in bigger meets.



East Palestine middle school and high school cross country team

*Magic Moments*

Emily Zimmerman had agreed with the team that their favorite course to run is the Glenn Oak course for the Malone Invitational

meet.

Heather Bishop beat her personal record by 1 minute at that meet.

Since I had asked about their favorite courses, I also asked about their most difficult course. Faith Figley had said, "Our most difficult course is definitely our home course because you have to run the community."

I then decided to ask Andrew Cunningham III, our lone cross country senior, what he will miss most and for advice for the other teams in future seasons. "What I'm going to miss the most about cross country is all my friends and the eating before the meets. My advice to all the other teams is to work hard throughout the summer for the big invitationals."

When you see our cross country team members, don't forget to congratulate them on a great season and on all of their accomplishments.

## Golf Fore Ever

By: Macy Rosen  
Editor

The returning golf coach this year was Angela Molasky. The girls' record for this golf season is 2-1. This is the first year that the team is having girls matches. They lost to Columbiana but it was a very close match, they only lost by 4. The girls also finished ninth at sectionals. The boys' record came to 4-9.

The team finished 5th in the EOAC tournament with the two lowest scores (the lower the better) by Ricky Bell and Payton Sherry who both scored 104.

The team went on to play at sectionals September 26, 2018. The boys play at the Elms CC in Massillon, and the girls play at Pine Lakes in Hubbard.

They have one freshman (Max Carvelli) and six sophomores (Ricky Bell, Payton Sherry, Morgan Rutledge, Taylor Bycroft, Abbie Andre, and Kaedance Boso.) This is Kaedance and Max's first year on the team!

The golf team is excited for the years to come. They are looking forward to recruiting new more freshmen on the team, given the lack of upperclassmen in the previous years. Ricky and Max hope to see more guys come out next year as well.

The golf team had a lot of fun this year and would like to thank Miss Molasky for being a great coach.

Max Carvelli explained his favorite memory from his first season on the team. He said his favorite memory was "when we played at Beaver Meadows and I got my best score which was a 54."

The returning golfers wanted to give a shout out to the new people for coming out this year. They hope you guys had fun and are excited to golf with you in the years to come. The golf team would like to congratulate their fellow fall sports teams on great seasons. Lastly, the team would like to tell all the senior athletes good luck in their future. Ricky Bell got Most Valuable Player (MVP) and Max Carvelli got Most Improved player on the team.

## Volleyball: Hustle, Hit, Never Quit!

By: Alexandria Sluss  
Staff Writer

Here at East Palestine High School the volleyball team had an amazing season. They won against South Range; they went to the fourth match with a final score of 23-25. They lost to Salem in the second tournament. The varsity record came to 9-11. Following the success of the varsity team, JV won the EOAC with a final record of 19-3.

The volleyball team consists of the following players: Madison Cannon, Madee Foster, Madelyn Hostetter, Madyson Pickett, Bailey Davis, Olivia Figley, Jami Jones, Juli Jones, Jade McBride, Caitlin Mohny, Emily Berger, Malynn Bistarkey, Morgan Cheurco, Liz Felger, McKenna Griffith, Marisa Noel, Gia Berstelli, Sidni Boyer, Sophia Foster, Sela Guy, Rylie Jurjavcic, Paige Snyder.

There were some individuals that we highlighted for their amazing records. Madelyn Foster accom-

plished 1000 digs; this season Madelyn Foster got 577 digs. Madyson Pickett broke the record of most career assists and sets; she got 2074 sets and 479 assists. McKenna Griffith tied the school record with 8 aces in a match; she got 50 aces this season. Griffith also scored 163 total points this season. Emily Berger had 81 total blocks this season and 171 total kills this season.

When Pickett was interviewed by The Epic on breaking the school records she replied, "I am very excited. I've been trying to do it ever since freshman year and I couldn't do it without Berg and the rest of my teammates."

Senior Madelyn Hostetter talked about her best game saying, "My best game would be against Toronto. We had a big comeback...I served 15 points in a row." She also explained that the season "...was fun. We all became very close as a family."

It is clear that being part of volleyball is more than just the many record-breaking accomplishments of this year's players. Many seniors reflect on their time playing volleyball at the end of the

## Alive and Kickin'

By: Abby Stock  
Staff Writer

This season our soccer team did very well. The season record over all was 11-7. This year our soccer team consisted of Brennen Bland, Sara Buskirk, Lautaro Cordero, Blaze Egan, Cassidy Fletcher, Matt Garcia, Schalee Guy, Sean Helpy, Shirley Horvath, Brady Kridler, Aidan McTrusty, Caitlyn McTrusty, Caden Rummel, Brandon Turcola, Josh Welch, Parker Wisser. The seniors were Sara Buskirk, Lautaro Cordero, and Parker Wisser. This season's captains consisted of Sara Buskirk, Matt Garcia, Josh Welch, and Parker Wisser.

This year's awards presented were Defensive Player of the Year, Offensive Player of the Year, Most Improved, Bulldog Award, and Trevor Walker Leadership Award.

Defensive Player of the Year went to Brandon Turcola. Offensive Player of the Year went to Josh Welch. Most Improved player went to Caden Rummel. The Bulldog Award went to Schalee Guy. Lastly, the Trevor Walker Leadership Award went to Matt Garcia.

Our soccer coach, Rob Patterson, won the YDSSCA Div III Coach of the Year Award.

The team's very own Josh Welch has broken one of our school records. He broke the record for the most goals in a season. Josh's goals for all season ended up at 36. Josh's reaction was that "It was pretty exciting. It was

season.

Senior Madison Cannon talked about her best her memory from the season, "My best memory was this year when we sang on the bus after we won against Lowellville." Also she talked about what her volleyball number meant throughout her volleyball career. "My volleyball number is #19, I picked it because it was my birthday."

Overall Madee Foster commented on what she will miss about volleyball, "I think I'm going to miss the bond with my team, and the game itself. Because it's something I've always loved... the fact I'm never going to be able to play it again is heartbreaking." She also talked about how the sea-

my old friend Americ's record, so it was pretty cool breaking his old record."

The first game of sectionals was played at home against Leetonia. The Bulldogs won 10-3. The Bulldogs came out at 5-3 for the EOAC. They came in second place in the league.

Thanks for a great season, Bulldogs!



*Magic Moments*

Returning Letterman for the 2018 Soccer Season

son was, "We expected a better record, but we still had a great season and a good senior year."

In the midst of an exciting season freshman Sophia Foster was given the opportunity to play varsity. She talked about how it was as an underclassmen to play with these amazing senior players saying, "As a freshman getting to play varsity was an honor. I've learned so much, and I enjoyed this year a lot."

Make sure to congratulate the volleyball girls for their great volleyball season!

# Freshmen Advice

By: Lilli Miller  
Staff Writer

The staff of *The Epic* would like to welcome all of our freshmen to the high school. High school is not as bad as you may think.

The first tip that we can give you is to try to stay as organized as possible because it is very easy to become disorganized and lose things.

Another tip is to take your classes and your grades seriously. Many people can easily get behind on their work, but it's very difficult to get back on track. You definitely would not want to repeat a class, especially if you don't like the class the first time around. From one student to another, do not be afraid to ask for help if you are having problems or struggling with something.

Next, don't be afraid to put yourself out there, ask questions, and even attempt to answer some questions when the teachers ask. Teachers like it when students participate.

Also, do not forget to enjoy your time here. Things will get crazy, and you might be a little stressed out, but you want to be part of the student body. Surround yourself with people who make you feel comfortable and take everyday one at a time. Breathe and everything will be okay in the end.

During the first week of school I decided to ask some of this year's freshmen class a few questions. I asked if they liked high school so far, if they have had any problems so far, if they had questions for upperclassmen, what they want to do after high school, if there are upperclassmen they turn to when a problem arises, and if they were involved with any clubs or sports.

I asked Aidan Shaffer if he was enjoying high school so far this year. He said that he was enjoying high school, and his only problem was finding his classes.

Next, Mont Meckler was asked if he had any questions for upperclassmen and what he would

like to do after high school. His question for upper class men was "Is it hard to keep track of grades and sports at the same time?" He also said he would like to go to Ohio State and be an athlete there.

In talking to a group of upperclassmen athletes, they suggested that using your time wisely was important to maintaining grades during athletic seasons. For example work on homework when you are on the bus or waiting at a track meet. Definitely use your study hall time to keep up with your homework as well.

Macy Rosen stated, "Prioritize your grades so you can stay in your sport." In high school, if your grades are low you will not be eligible to play.

Eligibility is determined by your grades on the quarter before your season. For example, first quarter grades determine second quarter eligibility.

The last questions I had asked ninth graders were if there were any upperclassmen that they turned to when they had a problem and if they would like to be involved in sports or a club.

Autumn Cooper states that she looks up to Betty Runkles, turning to her when she is facing a problem. She would like to be involved in a sport or club, but she is not entirely sure which sport or club.

High school can really be a scary thought. You may be nervous or anxious at first, but as the years go on those feelings fade away. Live your life now and don't wish for it to go by so fast; you only get to live these moments once and believe it or not you are going to miss it. High school flies by so quickly just like the blink of an eye and soon enough it's going to be over. You have to go to school so why not make it fun?

As a senior, I can tell you that it's stressful and sometimes you are going to have trouble, but that's just how life is in all aspects. High school may even be the best years of your life if only you make the best of every situation.

**"Live your life now and don't wish for it to go by so fast; you only get to live these moments once and believe it or not you are going to miss it"**

Lillian Miller  
Senior



The Epic

Freshman Students: Aiden Shafer and Mont Meckler

## Student Survey: Products We Like and Want To See at the Bulldog Cafe

By: Clayton Wright  
Staff Writer

I started this process by making a survey for the student body. They voted on what they like best and what they want to be served at the Bulldog Cafe. After, I proceeded to make a pie chart using the information from the survey and interviewed Mrs. Miller on the results.

Q: What is your reaction to the student survey information I collected from the student body?

A: The data makes sense with our sales, calculations, and inventory. Meaning, we sell more iced coffee, hot coffee and sweet tea than anything else. Sweet tea is our biggest seller as a single item, and also the item we make the most profit from. Coffee is something that we don't typically make a lot of profit on, because of the cost of cream and sugar in addition to the cup, lid, straw, and coffee itself.

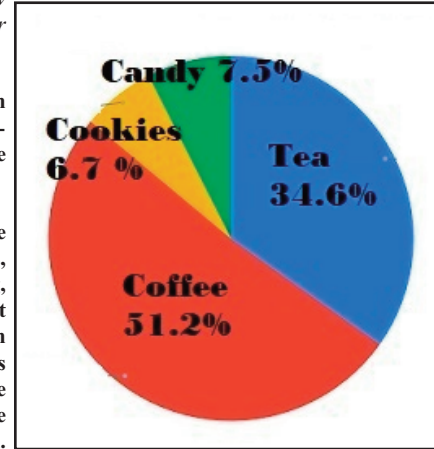
Q: What item that students selected would you consider for the Bulldog Cafe?

A: We would LOVE to sell more fruit (15.1% of the student body requested it), even though last year it wasn't a good seller. It is delicious and nutritious so we would like to see that on the menu again! We would also like to offer bagels and cinnamon rolls as a monthly special, as per student body request! The smoothies and milkshakes are an awesome idea but really, really messy!

Q: What has been your favorite item sold at the Bulldog Cafe?

A: My personal favorites were hot apple cider with whipped cream and caramel as well as the Shamrock Shake from last March! As a whole, the Cafe Crew really prefers the sweet tea and hot toaster strudels! They purchase them every morning!

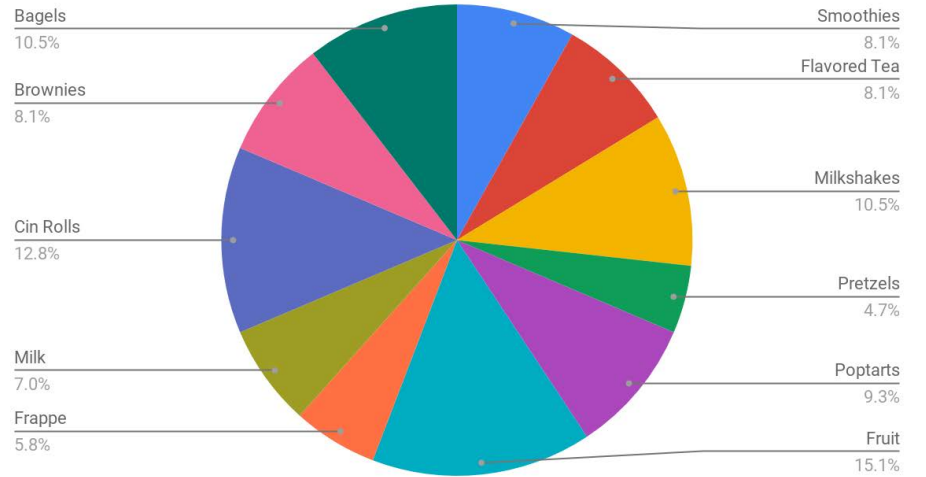
So, make sure you tell Mrs. Miller what fruit you would like to be served at the Bulldog Cafe. Thank you Bulldogs for completing my survey. It's my goal to give all students a voice in their votes.



Clayton Wright

What do our students like the most at the Bulldog Cafe?

### What do you want sold at the Bulldog Cafe?



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# Fashion Watch

## Styles from Fall to Winter That Students Are Wearing Now

By: Alexandria Sluss  
Staff Writer

This year's fashion is full of fun! There are a lot of colors and a lot of layers.

The first fashion tip is to wear a lot of layers. For example put scarves over top of cardigans. Here at East Palestine, many students are layering scarves over dresses and fuzzy socks over top of pants.

The next fashion tip is to get your boots out for the winter. Boots go good with leggings and skinny jeans, especially the fuzzy boots. They come in different colors to match any outfit.

Another huge hit in fall is



Larissa Busch

Artwork of our very own science teacher, Dr. Bircher's cat.

the oversized sweaters. They go great with jeans and leggings. Whether you're going for the casual look or the dressy look, sweaters are the way to go.

Another big thing is ripped jeans. They go great with

every outfit. You can dress them up or down. Even the guys wear them. Just remember to not have holes above the knees at school, or you are risking being sent to the office violating school dress code.

Flannel scarves are the next

big thing. They are really good paired up with riding boots, jeans, and whatever kind of top you would like to wear.

Since winter is just around the corner, the bubble coats are being brought out. They

go with anything and will keep you warm.

Above all else, plan to stay warm because fall fashion is quickly turning into winter fashion.

**CSI**

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**"Good job all fall athletes!"**

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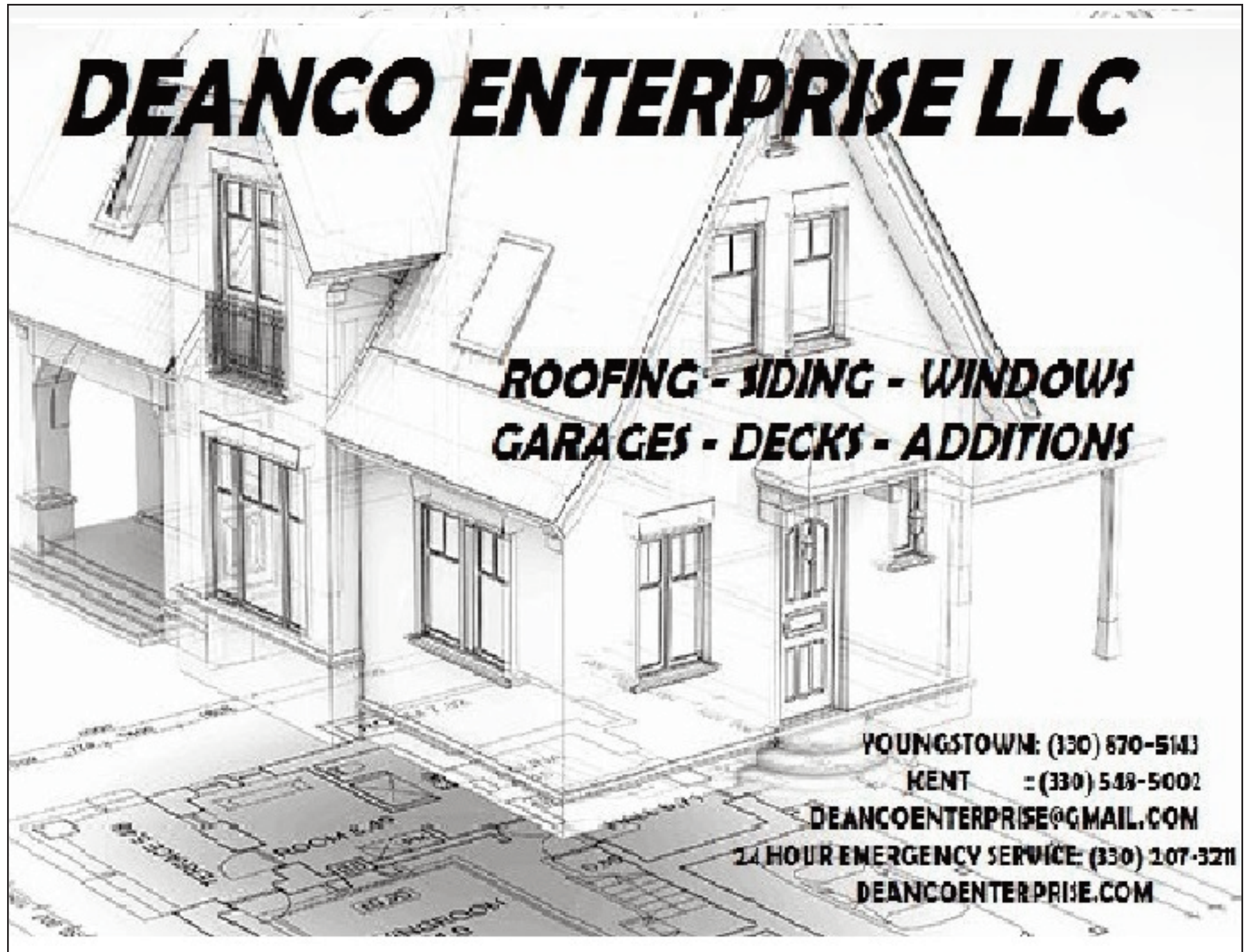
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# Say What?



**Logan Hallock**

Q: What is your favorite thing about fall?

A: I like the change in temperature from the hot summer.

Q: Are you dressing up for Halloween, if so what are you dressing up as?

A: No, I wasn't planning on dressing up.

Q: What is your favorite scary movie?

A: I would have to say the Saw movies.

Q: How do you want to spend your Thanksgiving break?

A: Hanging out with my family.

Q: What are you most thankful for?

A: I'm thankful for the fact that I have things that are wants, not needs.



**Alexa Hooley**

Q: What is your favorite thing about fall?

A: The weather and the leaves.

Q: Are you dressing up for Halloween, if so what are you dressing up as?

A: Yes, a unicorn.

Q: What is your favorite scary movie?

A: *It*.

Q: How do you want to spend your Thanksgiving break?

A: With my family and friends.

Q: What are you most thankful for?

A: My family.



**Lautaro Cordero**

Q: What is your favorite thing about fall?

A: The leaves

Q: Are you dressing up for Halloween, if so what are you dressing up as?

A: I think so, maybe ghost or whatever I can be.

Q: What is your favorite scary movie?

A: *REC*.

Q: How do you want to spend your Thanksgiving break?

A: With my host family.

Q: What are you most thankful for?

A: My exchange and my family.



**Lilli Miller**

Q: What is your favorite thing about fall?

A: The colors.

Q: Are you dressing up for Halloween, if so what are you dressing up as?

A: I have no idea.

Q: What is your favorite scary movie?

A: A Quiet Place.

Q: How do you want to spend your Thanksgiving break?

A: With my friends and family.

Q: What are you most thankful for?

A: My friends, family, and animals.



**Micah Beal**

Q: What is your favorite thing about fall?

A: The fall.

Q: Are you dressing up for Halloween, if so what are you dressing up as?

A: No.

Q: What is your favorite scary movie?

A: Spongebob Squarepants.

Q: How do you want to spend your Thanksgiving break?

A: Eating.

Q: What are you most thankful for?

A: My dogs.

## Guardian of Dreams

By Caitlin Bable  
Staff Writer

He does not fear anything. Even after witnessing the whole world's nightmares all flash before him as if they are one prolonged vision, he continues with his work in the night, and fears nothing. Bellinor, is his name, and if one ever catches a single glimpse of him in the pitch black dark of the dream world, his looks reflect the meaning behind who he is called. A dark and beautiful being. Indeed he is, but all anyone has ever been able to describe about him are his ice blue eyes that seem to mirror a bright sparkling galaxy in the night sky. He gives a kind and calming wink, letting one know that he has finished ridding the full dreamcatchers of the trepidation that is caught within the webbing. Then, he vanishes out of everyone's dreams, out of everyone's minds, until he returns to do his job all over again.

On every night lit by a full moon,

**"For the ones who do believe, Bellinor can only be seen while one is in a deep sleep"**

all the dreamcatchers laden with the frightful nightmares call out Bellinor's name. He travels with the wind from his home beyond the moon to seek out the houses that are burdened with the overflowed dreamcatchers. Upon his arrival, the air gets cool, enough to give one a chill, as he saunters silently into the house whom is calling for his avail. Some might say that Bellinor is simply a fantasy, but little do they know that they are the unfortunate ones who he doesn't tend to. For the ones who

do believe, Bellinor can only be seen while one is in a deep sleep.

When he approaches a full dreamcatcher, to rid it of the terrors within, he blows a gentle but deep breath through its web, lifting the nightmares from the delicate strands. Only then does he gather the pitch black fog looking matter that would send chills down anyone's spine when listening closely to the hair-raising noises that come from it. He stores it away in his bag and ties it shut with the tightest of knots. He makes sure that the chaos cannot get out until he lets it out on the dark side of the moon that nobody ever sees. After Bellinor travels to each house, to each dreamcatcher that pleads for him, and collects the cruel and eerie visions that remain caught in the strings. As the valuable and pleasant dreams pass through, he departs with the chilly wind that he brought forth.

As Bellinor draws near the lumi-

nous full moon, he stops to unload his bag containing everyone's worst fears, problems, and worries that come to them in the form of bad dreams. As he pulls the string, loosening the secure knot, everything all starts to leak out. The dark fog spreads out and begins to rise, blending in with the darkness of space, leaving only what is actually seen in the nightmares visible to Bellinor. The darkness of the unseen side of the moon is exactly the same as the darkness of a sleeping mind, falling helplessly into a nightmare. So all of the horrible visions, sounds, people, and creatures never know the difference between the darkness of the moon and that of the sleeping mind. So, when they are conveyed from dreamcatchers to the unseen side, they roam free, as if nothing was different, causing chaos together. However, they cannot harm or frighten any longer.

Bellinor not only collects nightmares and takes them away to free

them where they can not come back. He can also sense when something may go wrong in a good dream.

So, if you've ever woken up suddenly from a dream you were enjoying, and you desperately try to fall back to sleep to pick up where you left off, well, just keep in mind that it was probably for the best that you couldn't finish it.