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Juniors Take Sweethearts

By Brooke Ream
Staff Writer

When it's cold outside and the snow is falling, do you know what time it is? It's time for Sweethearts! Sweethearts is an annual fundraiser where all the classes are given items such as fudge, chex mix, pepperoni rolls, and rice crispies to sell around town.

This fundraiser is a chance for each class to raise money for prom and senior activities such as the picnic and the boat trip! The four classes have a week to compete and sell their hearts out. The top boy and girl seller from each grade will represent their class as a Sweethearts court member. This years court members included freshmen, Caitlyn McTrusty and Cameron Wischerman; sophomore, Madelyn Hostetter and Cameron Walker; juniors, Alyssa Sayer and Daniel Chick; seniors, Sydney Early and Adam Klein.

The dance was held on March 4th. This year, the class of 2018 won again for the second year in a row, which is amazing!

The crowned king was Daniel Chick. When I asked Daniel how it felt to be king, he stated, "It feels awesome and I can't wait for us to win next year for the third time in a row." This year, crowned queen was Alyssa Sayer.

Although pranking is "prohibited," the freshmen and sophomore classes really kicked it off. Even if it was stealing flags or messing with the



Janet Hill

Juniors at the Sweethearts Dance

other's home bases, they were on it. This came as a surprise to the class of 2018, considering the fact that they have been a part of the pranking for the past two years. They hope to get more people involved with Sweetheart's next year because it's a

great and fun way for students to raise money for their class. So next year, grab a few friends, get a box, and get out there and sell your little hearts out.

EPHS Cheerleading

By Carly Kilne
Staff Writer

The EPHS cheerleaders season is coming to a close. This year's winter squad consisted of Amber Huff, Carly Kline, Alayna Macias, Blair Nulf, and Payton Ream. Basketball has come to an end which means we will be saying goodbye to our senior cheerleaders: Payton, Blair, and Alayna. Each of the girls have been dedicated to the varsity cheerleading program here at EPHS for three years.

When asked what the seniors will miss the most, they all pretty much had the same response. They explained that they will miss cheering on the Bulldogs and getting involved with the community. These three girls have put in so much time and effort, and it definitely has not gone unnoticed.

On February 19, 2017, the EPHS cheerleaders attended a competition at Warren High School where they placed 4th out of 7 squads in their divi-



Cheer Coach

Squad: Alayna Macias, Payton Ream, Blair Nulf, Carly Kline, Lizzy Lipp, Shelby Russell, Amber Huff, Madison Cannon, Faith Melnick, Ryleigh Harn.

sion. The experience was a lot of fun, and it's always a great opportunity to go see what other squads can do.

On February 21, 2017, the girls were honored at the winter sports senior night. Seniors were escorted by parents before the last home basketball game and recognized within our school and community.

Now, we can officially close our 2016-2017 season. If you are thinking about trying out, don't hesitate. Just do it. It's a great experience, and it gives you an opportunity to spread your bulldog spirit not only through the school but through the town as well. Go Dogs!

Boys Basketball

By Haliee Hamilton
Editor

The Boys Basketball team is coached by LJ Sutton, assistant coach Nick Flaviano, and assistant coach Will Ginder.

The JV team has a record of 5-15 (wins - losses) this season. Even though the Junior Varsity team may not have won many games, they put up a good fight this season. This team holds many potentially strong underclassmen players that will soon step to play at the Varsity level.

The Varsity team had a record of 8-14. The Varsity team was also lead by seniors; Alex Guy, Tom Dumbauld, Marshall Huddleston, Trevor Kimmel, Cameron Mitchell, Jacob Pancake, and Zach Townsend. The boys had a great season, under head coach LJ Sutton.

All of the seniors have put in hard work and dedication throughout the season, and will be

missed next year.

As the team battled throughout the season, junior Branden Kemp had the most points (276) for the Bulldogs. One of the best accomplishments for the boys was beating the Keystone Oaks in the holiday classic tournament, with a game score of 85-69. The Varsity has had many great games throughout the season. The boys continued to work hard for tournament draw. They drew South Range for the first round of tournaments. On February 28, the boys played South Range at South Range High School. They lost with a game score of 44-29. The boys played great that night. Some parents mentioned that this was the best night the boys had played all year. The boys basketball team had an outstanding season. Brandon Kemp got ITCL Red Division Second Team. Parker Sherry got Honorable Mention.

When the seniors were asked "What will they miss the most next year?" They all stated that they will miss practicing, and just being out on the court

playing.

On March 28, Tom Dumbauld represented the Bulldogs at the Columbiana County Basketball Coaches Association All Star Games, which were held at David Anderson High School (Lisbon High School). This is a game where all senior athletes in Columbiana County have the opportunity to come together to play each other one last time. The athletes are divided up into two teams, one red and one blue, and play two 20 minute halves. Along with the honor of playing, Tom also received a \$500 scholarship from the Coaches Association.

After the 2016-2017 season, the Bulldogs will continue to get better and look forward to next year's season. Good Luck to next year's seniors, as they will soon begin to prepare for their senior year. Best wishes to all this year's senior boys as they finish out their senior year.

Gone Fishing

By Shane Hamner
EPTV Editor

As the weather becomes warmer and the sun stays out longer, the fish will start to bite. The following locations include tips for having the best chance for catching the biggest fish.

Buckeye Lake (Fairfield, Licking, and Perry counties) – Expect the early spring crappie bite to turn on soon, particularly in the Thornport area. Fish for them six inches deep with 1/64- to 1/80-ounce jigs suspended under a bobber. Anglers might also try the north shore ramp, Fairfield Beach, or Seller’s Point for saugeyes. Some saugeyes have been caught recently in these areas.

Alum Creek Reservoir (Delaware County) – Anglers fishing below the spillway here have had sporadic luck catching saugeyes. One angler reported catching a limit after dark with one specimen up to 20 inches. Try jig and minnow combos or jerkbaits in a variety of patterns.

Deer Creek Lake (Madison, Fayette, Pickaway counties) – A lot of anglers have fished the spillway over the past two weeks for crappies, gills, and saugeyes. Crappie and bluegill catches have been reported, but most fish are small. An occasional saugeye is being picked up in the 15-16-inch size range. Try jigs in

orange, chartreuse, or white for the best bite. Tip the rig with a minnow or waxworm for better results. The largest saugeye being reported was a 21-incher.

O’Shaughnessy Reservoir (Delaware, Franklin counties) – Anglers fishing below the dam here are catching smallmouth bass and saugeyes. Water levels have been good with a nice green stain to the water. Try jigs and twister tails in pink, chartreuse, or white for the best bite. Tip the rig with a minnow for better results.



Google

Staff Question: If you could have only one food item for the rest of your life, what would it be?

Kaylee
Campy



A :
Sushi...because it's obviously the best.

Haliee
Hamilton



A: Pizza, because there are a million pizza places in the world, and I could eat it all.

Brock
Wagner



A: Coffee cake, it goes good with coffee.

Shane
Hamner



A: Cheeseburgers, because they are awesome.

Cameron
Mitchell



A: Chicken, because you can cook it so many ways.

Carly
Kline



A: Chipotle bowl, because why not?

Brooke
Ream



A: Pizza, because it's the bomb.

Andrew
Bowser



A: Coconut, you can eat it, drink out of it, and it's good for your hair.

Noah
Snedden



A: Chicken wings, because you can change the sauce.



Girls Basketball

By Haliee Hamilton
Editor

The Girls Basketball team is coached by head coach Will Franklin and assistant coach Jill Baird.

The Junior Varsity or (JV) team had an outstanding season with a record of 7 to 12.

The Varsity team led by three seniors, Sadie Walker, Emma Chamberlain, and Haliee Hamilton, also had a great season. Their record was 8 to 15. This is said to be the best record for the girls out of the last few years. This year the girls lost to Leetonia 9-38, Mineral Ridge 53-59, Lisbon 32-77, Jackson Milton 24-48, Springfield 33-43, Western Reserve 32-60, Columbiana 30-78, South Range 39-59, Salem 52-93, and McDonald 31-65. They won against Wellsville 49-42, Sebring 46-33, Southern 33-29, Crestview 37-35, United 29-23, Heartland 51-10, and Lowellville 32-30.

For the second round of playing teams again, the girls lost to Springfield 40-50, Crestview 38-54, South Range 39-77, and

United 24-50. On the second round, they did beat Wellsville 69-18.

The girls have worked hard this year to turn the basketball program around. The girls played Lowellville for their senior night, winning 32 to 30 with Sadie scoring 2 points within the last few seconds. This was probably the most exciting moment for everyone out of the season. Another accomplishment for the girls was beating Crestview on our home court with a game score of 37 to 35.

As the season came to a close and tournaments were approaching, the girls prepared to take on South Range. On February 22 the girls played South Range for the first round of tournaments. They lost with the game score of 32 to 61. Overall, the girls have done a fantastic job and are heading into the right direction for next years season. Marlaina Frye got ITCL Red Division First Team, and Sadie Walker got Second Team. Brysten Troskey got Honorable Mention.

Good luck to next year seniors Jenn, Marlaina, Alisha, Brysten, Alexey, and Becca as they prepare for their senior year. Best wishes to the seniors as they finish out their year.



Unknown

Seniors: Haliee Hamilton, Emma Chamberlain, and Sadie Walker.

Dive Deeper With EPHS Athlete Faith Anderson

By Carly Kline
Staff Writer

EPHS does not have a big diving team, in fact our very own Faith Anderson is who makes up this team. Faith does not get to participate in local every week meets, so she spends this time preparing for bigger meets like districts and so on. Faith placed at districts and worked her way up to state.

When asked "How do you feel competing at the state level?"

Faith stated, "I am very excited, and I am looking forward to it."

At the state competition, Faith placed sixth in the entire state of Ohio. Faith is very dedicated and spends hours and days practicing to perfect her skills. Faith has competed in multiple competitions and has always been victorious in some way. Faith was all District, and all State this year.

Faith was also rewarded by being one of WYTV's student athletes of the week, this is an awesome accomplishment that many great athletes get to receive and Faith is definitely more than deserving of it!

Not only does Faith represent East Palestine as a diver, but she is also involved within the school in many additional ways. Faith is president of Rotary Interact, President of National Honors Society, a member of Pep Club, and a member of CLEAR.

Faith is also this year's Vindicator Winter Athlete of the year. All of her hard work and dedication has really paid off.

After graduation, Faith will be attending James Madison University where she will continue her diving career. Faith has represented East Palestine High school in more ways than one, and after all the hard work she has put in over the past four years she has definitely deserved this!

An Introduction To Airsoft

By Andrew Bowser
Editor

Before tangling in the rough, read these basic details on air-soft to acquire a know-how of the sport.

First of all, players must research the law of the local area of play. As long as you play on private property or on an airsoft course, the chances of getting in trouble are minimal.

Even with laws in certain places, there are widely accepted Rules of Engagement (ROE) . Most of the rules in airsoft are common sense. There are no set guidelines to airsoft. You just need to point and shoot; however, to know the basic rules is to be able to effectively and fairly play with others. If you go to an airsoft course, there are rules on how to conduct yourself.

Some unwritten rules can be found on 878airsoft.net, "Airsoft is a game of honor. Please call your

hits and be honorable." Most ROE in airsoft rely on honesty, and the word of others to enforce the fairness of each game. A cheater will not be welcome. The more you follow the rules, the more fun it is for everyone.

EPHS students were given a survey on how they play airsoft. Josh Welch simply describes airsoft as, "... a free-for-all with protection like eye-wear and body protection, but no rules."

Students were also asked how often they played airsoft. Casual players included Blaze Egan, Logan Fisher, and Cameron Westover. Personally, I play whenever the opportunity arises. As far as location goes, most students play in random places such as the woods or their backyards.

Playing airsoft is simple. It doesn't require expensive fancy gear. All you need to know are local laws and where to play. If you don't play in a backyard, the nearest field to East Palestine is Three Rivers Paintball and Airsoft near New Brighton, Pennsylvania. To wrap it up, airsoft is simply fun.

"With the proper protection, friends, and equipment, making one's way into the field is easy."

~Andrew Bowser

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Trip to Y.S.U.

By Andrew Bowser
Editor

On Monday February 27, 2017, I, along with most of Science Club, went on a field trip to Y.S.U. (Youngstown State University). At 9:30 a.m. we all packed on to the bus waiting for us outside followed by about a 30 minute drive. When we arrived, after getting off the bus, we had minor trouble finding our way to our destination but, eventually, got where we needed to. I've also never been to Y.S.U. which really added to the theme of subtle surprise and added to a mild sense of adventure.

He-Man Volleyball

By Noah Sneddon
Staff Writer

He-man Volleyball is a sport not played round the world. As far as anyone knows Crestview and East Palestine are the only schools that play He-man Volleyball. He-man Volleyball is the guy's version of Powderpuff Football. In this case, the guys play volleyball while the girls play football. In He-man, just like Powderpuff the Juniors take on the Seniors. Coaching is the same for He-man as it is for Powderpuff. The junior girls coach the junior boys, and the senior girls coach the senior boys. All of these coaches are on the Volleyball team and have played together for a couple years now. The boys all practice over a period of time preparing to take on one another playing a series of 5 games. The best of 5 games, which means the first team to win 3 games, wins. Everything is setup and ran by Mrs.Sansenbaugher the EPHS Volleyball Coach and science teacher at EPHS. Now let's look at the squads.

The senior team consisted of Tom Dumbauld, Marshall Huddleston, Clayton Ginger, Zach Townsend, Joe Kugler, Jacob Watkins, Braxton Westover, Aaron Brown, Alex Guy, and Brock Wagner. The seniors coach was Mazie Jones, the only senior on the girls volleyball team. She received help from sophomore Madelyn Hostetter. The seniors this year had a lot of late arrivals to the game and had a lot more people on the team than the juniors had, but still couldn't beat the juniors. Since the seniors have experience with playing last year, they should have an advantage. The seniors won 2 of the 5 games played. Although they almost won the second game, they were up big halfway through the game. Towards the end, the juniors came back to win. Even though there were some good young athletes, they couldn't handle the height and strength of the juniors.

The junior team consisted of Noah Sneddon, Nick Yarosz, Jeff Rhodes, Clayton Murray, Branden Kemp, Robert Buskirk, Dan Chick, and Connor Velcheck. The coaches for the juniors were Jenn Rhodes, Marlaina Frye, and Lily Bunts. They received help from sophomore Maddie Foster. This year, the juniors were the winners, winning 3 of 5 hard fought games. The main contributor of the wins were the height and strength of the young squad. Clayton Murray and Branden Kemp were the height and strength that helped win the games. Clayton stands 6'7" and Branden is 6'4", now that's an advantage the juniors had over the seniors. Now that the juniors beat the seniors, they can say that they are better Volleyball players, and that they are ready for the sophomores next year. As well as any other high school grade that wants to give it a go.

Inside we were instructed into their planetarium (domed structure for observing stars or what can be called an observatory). After a long moment of sitting around, an engineer started giving us instructions as to what to do if one gets nauseous, to not turn on any lights (such as phones or anything blocking the view), and what to do if one gets dizzy. Soon the lights were dimmed, and the show or small lesson began. The lesson focused mostly on information pertaining to galaxy clusters. After the video was finished, a large projector arose from the floor accompanied by music. We then observed the effects of light pollution on the sky and viewed constellations such as Orion's

Belt and The Big Dipper. We also learned how to find the North Star. When we finished, it was then time for lunch.

Y.S.U. has a wide variety of choices to eat from. Some of these places include Chick-fil-A and Wendy's all arranged in a food court. We only had about fifteen to twenty minutes to eat, and the long lines cut nearly half of that time. Although lunch was short, the most of us enjoyed our lunch. After our meal, we made our way to a rock museum.

The small museum had a large variety of different rocks. Rocks like, crystals, fossils, ones that glow under ultra violent light, and carved ivory-which I suppose counts as a fos-

sil or eventual fossil-in all different shapes and sizes. These rocks came in various colors: black, bright blue, yellow, pink, and different shades of brown mostly. Some were carved into sculptures (as seen in the picture accompanying this article). In a general statement, every mineral had its own appeal.

After visiting Y.S.U.'s merchandise shop, we packed on the bus and made our way back to school. This was, in my opinion, a good learning experience for the students of science club, and I hope to participate in another science club trip if the opportunity arises.

Happy Campers: Camp Konokwee Annual Trip

By Brock Wagner
Staff Writer

On Monday March 6, 2017, counselors and sixth graders boarded two buses for the annual 6th grade Camp Konokwee Trip. There were seven groups for camp this year: the Navy Narwhals, Teal Tortoises, Emerald Elephants, Tie Dye Octopi, Platinum Parrots, Purple Penguins, and the Scarlet Sasquatches. The senior counselors consisted of Emma Chamberlain, Hannah Darlington, Sydney Early, Clayton Gingher, Alex Guy, Shane Hamner, Haliee Hamilton, Aaron Hays, Adam Klein, Hayley McElroy, Blair Nulf, Payton Ream, Zach Townsend, Brock Wagner, and Carter Wisser. The junior counselors consisted of Renanna Bell, Becca Culler, Alisha Dean, Marlaina Frye, Robbie Hill, Branden Kemp, John McLaughlin, Tori Mollenkopf, Joey Monteleone, Clayton Murray, Dakota Pugh, Jeff Rhodes, Jenn Rhodes, Jocelyn Stewart, and Nick Yarosz.

The first day set the tone for camp. When the campers arrived, they took their luggage to their designated cabins and settled in. Once everyone was settled, counselors took their groups on a tour of camp. After a lunch of grilled cheese sandwiches with tomato soup, the different groups embarked on a variety of activities that were arranged by Mrs. Sherry. Some of these activities included, The Trail of Courage, GaGa Ball, BB Range, and Rock Wall Climbing. For dinner the first night, the hungry campers ate chicken broccoli alfredo and had cookies for dessert. While in the dining hall, it was the best time to sing camp songs. The kids enjoyed "A Boom Chicka Boom" and "Hey Burrito." Free time started after dinner, and all the campers went back to the cabins because of the rain. They had a chance to shower and change clothes, while the counselors tried to keep the sixth graders in check. After the evening activity, the junior counselors went to the staff cabin for games, and the senior counselors took on the responsibility of putting the kids to sleep. Throughout the first night, the senior boy counselors started laying out the plan for the annual prank for the last night. Clayton Gingher periodically through the night until 2 a.m. would scream as loud as he could, and the kids were petrified.

Day two started with a 7:30 a.m. wake up call and an 8:00 a.m. breakfast. Each day, one group would be assigned to set up for breakfast, lunch, dinner, or snack. Breakfast was not a fan favorite since it was a breakfast pizza. The groups disembarked on their morning activities. The Emerald Elephants had fun rock climbing and ziplining before lunch. Hayley McElroy attempted the "Lil' Hang Wall" (the wall went straight up ten foot, then shot out 90° for 5 feet then up another 9 feet), she made it to the 90°.

The groups ate hamburgers and potato wedges for lunch with pitchers of fruit punch as a drink. After lunch, it was back to the rain, the range, and the Pit. For dinner that night the campers ate manicotti, breadsticks, and for dessert, chocolate cake. After dinner, everyone went back to the cabins to gather five items for the Dutch auction and free time. After the Dutch auction and evening activities, Mr. Eggleston got everyone to go to bed. The boy counselors were extremely gracious, and the seniors went to the staff cabin. After all the senior boys were back, they started getting ready for their favorite part of camp, the prank. The prank started exactly at 1 a.m. and ended after about 20 minutes. Carter Wisser and Clayton Murray slept through the prank, even though the boy campers were screaming.

On the last day, campers and counselors were able to complete their final camp activities. Everyone packed before breakfast. The final meals consisted of waffles for breakfast and pizza for lunch. Then, counselors and campers performed their group's dance. As all the counselors will agree, going to camp was a positive learning experience but getting home and going back to being a high school student was a relief.



Andrew Bowser

Taken during the Science Club field trip on February 27, 2017.



Amanda Wilson

Pictured above is Clayton Murray, Marshall Huddleston, Tom Dumbauld, and Clayton Gingher.



Liz Sherry

2017 Junior and Senior Camp Konokwee Counselors .

The Hills Are Alive

By Brock Wagner
Staff Writer

On March 17-19, the EPHS Drama Club performed the “The Sound of Music.” While in the production, the club asked the community to volunteer and be part of the Nun Choir; 23 community members volunteered for the part.

This musical is extremely popular; however, the success was due to the amazing work of our EPHS performers. The main character Maria Rainer was played by Tori Mollenkopf. She



found herself in a pickle between life in the abbey and the outside world. After a meeting with The Mother Abbess (Amy Carson), Maria was sent to the von Trapp estate to be the new governess. While staying there, she met the butler, Franz by Tori Mollenkopf (Shane Browne). She is taken to the parlor to meet Capt. Georg von Trapp (Adam Klein). The von Trapp children consisted of the following characters: Liesl (Grace Baker- Stowe), Friedrich (Brian Dunlap, EPMS), Louisa (Mackenna Elick), Kurt (Cooper Figley, EPMS), Brigita (Kendra Hoover), Marta (Abigail Mollenkopf, EPES), and Gretl (Rebecca Randolph, EPES).

During the musical, Liesl secretly meets her first love Rolf (Sam Early) in the backyard. Captain is supposed to marry Elsa Schraeder (Jocelyn Stewart). Additionally, Max Detweiler (Kyle Zimmerman) was arranging the music festival for Austria. During the party scene, Max discovers the children singing and instantly begins plotting how to get them to the music festival.

After a meeting with The Mother Abbess, Maria comes back to the von Trapp family, and the Captain decides not to marry Elsa. Next, Maria and the Captain get married and go on their honeymoon. When the newlyweds get home, there is a letter waiting for the Captain; Max has registered the whole von Trapp family for the music festival without the Captain’s approval. Not a moment later, the Nazis are at the von Trapp estate with Admiral von Schreiber



von Trapp children: Abigail Mollenkopf, Grace Baker-Stowe, Mackenna Elick, Rebecca Randolph, Cooper Figley, and Kendra Hoover.

(Ben Frazier) and Herr Zeller (Glendon Dowd) leading the way. Directly after the music festival, the von Trapp family escapes to the abbey with the Nazis (Tim Dodge, Reece Melnick, Seth McLaughlin, Aidan Bowser, and Andrew Bowser) searching for them. Rolf allows the Captain and his family to escape to Switzerland.

Overall, it was an excellent performance by the cast, tech management duo, Mr. Chiporo, Mrs. Mollenkopf, and Mrs. Randolph. The tech management team consisted of Wolfie Lambright and Jared Osberg, and they did a fantastic job during the play. Some EPHS alumni and one EPHS student joined the orchestra: Evan Jones and David Mollenkopf (trombone), Liesl Groubert (oboe), and Reanna Bell (French horn).

Since Tori Mollenkopf had the lead role, I could not resist asking her how it felt to have that role. She stated, “Playing Maria was an incredible experience; it meant the world to me to receive the lead in my favorite musical. It’s been a wild ride.”

I asked Adam Klein what he liked about this experience and he stated, “Making German sounds while yelling Vati and un yas. I really enjoyed spending time with friends and making new ones.”


Kendra Hoover commented on her last high school performance stating, “It feels bittersweet. I’m sad since it was my last performance, but I’m also excited that I can take naps after school again.”


Jocelyn Stewart had two roles in the production. I asked her how she did it and which one was her favorite to act out. She replied, “I took on two roles because I was able to change from Sister Sophia into Elsa with no problem. I loved portraying Elsa the most because I was able to show off a strong, confident female character.”

Our very own Mrs. Randolph was asked why she volunteered to help with this year’s musical. She explained, “As many people know, the theatre holds a very special place in my heart. I was fortunate enough to be provided the opportunity to be a part of such a wonderful musical with an amazing cast. They did an awesome job!”

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They're Back

By Noah Sneddon
Staff Writer

The Cleveland Cavaliers are coming off a season where they won Cleveland their very first National Basketball Association (NBA) Championship in 2016. They indeed brought home the Larry O’Brien Trophy, defeating Golden State Warriors 93-89 in game 7 of the finals last year. Being led by LeBron James and Kyrie Irving the Cavaliers are off to a great start this year. The Cavaliers also known as the Cavs are the favorite team in the east to go to the finals again, and Golden State is the favorite team in the west. With a record of 49-27, the odds are in Cleveland's favor. If they face each other again it would be the first time in NBA history where two teams face each other in the finals three years in a row.

Despite some losses this season the Cavs four top scorers are averaging a lot of points per game. LeBron James is averaging 26.1 points per game. Kyrie Irving is averaging 25.5 points per game. Kevin Love is averaging 19.7, and Kyle Korver is averaging 11 points per game. With all the other players averaging under 10 points per game, the big three (James, Irving, and Love) have really stepped up this year. For the Cavaliers to have any chance of beating Golden State, the rotating players need to step up.

NBA runner-ups and Cleveland rival the Golden State Warriors are playing well again this year. Since acquiring Kevin Durant,

Golden State has been on fire, averaging 117.5 points per game. Kevin Durant is averaging 26.2 points per game, Stephen Curry 24.6 points per game, Klay Thompson 21.1 points per game, and Draymond Green 10.7 points per game with the rest of the rotating players averaging under 7 points per game.

I think the Cavaliers will have a chance to go to the finals this year, but I don't think they will win if they play Golden State again. If they want any chance, the Cavs need to pick up a backup center player, not another power forward. Tristan Thompson is a good player but not a big enough man to play in the middle. The Cavs defensive blocking is all Tristan Thompson, but he is only averaging 1.2 blocks per game at the most. If the Cavaliers want any chance this year, they need more defensive players, especially someone to stop Durant.

As the season comes to an end, the Cavaliers are right where they want to be 1st in all of the Eastern Conference. They are ahead of Boston by a game and a half, and I don't see them losing many more games already clinching their spot in the playoffs. Receiving midseason the signing of Deron Williams gives Cleveland someone off the bench to score and create points. Now with J.R. Smith rotating off the bench now, it also gives Deron some weapons to work with.

As we get closer to playoffs, Tyronn Lue has a big decision to make. Will he start Kyle Korver, J.R. Smith, Deron Williams or Iman Shumpert at the guard opposite of Kyrie Irving?



Cleveland Cavaliers

Google Images

No Split Decisions for Split - Two thumbs up!

By Kaylee Campy
Staff Writer

The movie Split directed by M. Night Shyamalan was released on January 20, 2017. Split is about a man name Kevin Wendell Crumb (played by James McAvoy) who is diagnosed with dissociative identity disorder with 23 distinct personalities.

One personality he possess is Dennis, a man that suffers with OCD. Another personality he possess is Hedwig, who is a 9 year old little boy. Some of the other personalities that Kevin shares is Patricia, a strict British woman; Barry, Kevin's sweet, outgoing personality; Jade; and the beast along with many others.

In the movie Kevin's personality Dennis, kidnaps three young teenage girls to sacrifice to the terrifying new emerging 24th personality. The three girls must try to turn Kevin's other personalities on each other to escape before the frightening 24th personality called “The Beast” emerges from Kevin.

All throughout the film, Kevin has a therapist who studies dissociative identity disorders and how those that possess them may have advanced human capabilities. Dr. Fletcher, a psychiatrist who only ever speaks to Barry, Kevin's only good personality, has been helping him for a few

years now. While he still attends therapy, Barry along with some of his other personalities try to tell Dr. Fletcher what is really going on after Dennis, Patricia, and Hedwig take control of Kevin.

In the film, one girl that the therapist was studying had a dissociative disorder. The one personality she possessed had diabetes, yet the other personalities did not test positive for diabetes. The idea of those with multiple personalities having different health issues for each personality is extremely interesting.

As for the film overall, it was excellent! It had me on the edge of the seat constantly wondering what would happen next. I found the educational scenes also very intriguing. The way the film was directed really shined a light onto the realness of those with the same disorder as Kevin. The acting was just as excellent. I give major props to James McAvoy who played Kevin and the other 23 personalities. Surprisingly it was not hard to distinguish between each personality when they would arrive on screen.

I definitely recommend going out and getting to see this adrenaline pumping thriller that will leave you wanting more. This film received two big thumbs up from me, so get out there and see this amazing flick!

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World News With Cameron

By Cameron Mitchell
Staff Writer

With the world always changing around us, it is always good to keep up to date with what is going on.

1. Iraq forces seize on Mosul airport from Isis. Isis had filled the airports runway with mortars, but BBC Middle East Correspondent Quentin Sommerville, says there is still enough to rebuild.

2. Mexico's foreign minister rejects Trumps deportation policy. The policy included that any undocumented can be sent to Mexico, even if they aren't Mexican. But Mexico's foreign minister Luis Videgaray said his country cannot "accept unilateral decisions imposed by one government on another."

3. Trump rescinds (revoke, reject) transgender bathroom rules from Obama era. Critics said it effected students' privacy and safety, and should be decided at a state level.

4. A nuclear bunker in the UK was raided, and they found an estimated 1 million pounds of marijuana. Six men were arrested on suspicion of cannabis production following the raid. There are 20 rooms in the building with almost every room converted into a wholesale grow room.

5. North Korea condemns Lone Ally China for the first time. This all started with China banning imports of coal coming from North Korea. China did this because of the recent assassination of Kim Jong Un's half brother, Kim Jong Nam. Now that North Korea condemned China they don't really have any allies.

6. Israel threatens to destroy Syrian air de-

fenses. Syria was firing anti aircraft missiles at Israel aircrafts. On a sunday morning talk show Defense Minister Avigdor Liberman said, "The next time the Syrian's use their air defense systems against our planes, we will destroy them without thinking twice."

7. A mass grave was uncovered in Mexico containing more than 250 human skulls. Most of these bodies were victims of drug cartels over the years. Identifying all the skulls is going to be a very long and slow process. Drug cartels have been killing people for over 10 years and have caused a lot of trouble in families.

8. The Oakland Raiders will be moving to Las Vegas, Nevada for the 2017-2018 football season.

9. Cyclone Debbie hit Australia at a Category 4 (comparable to a category 3 hurricane) and retreated to a Category 3 (comparable to a category 1 hurricane). the worst damage took place on the Whitsunday Islands which is a tourist attraction for those who want to see the Great Barrier Reef.

10. In downtown Moscow, many anti-corruption protesters were arrested. These protesters were responding to a call to demonstrate by Alexei Navalny. These demonstrations occurred all over Russia.

11. For all students taking chemistry or who want to take chemistry, there are four new elements represented on the periodic table of elements. The elements are Nihonium (Nh), Moscovium (Mc), Tennessine (Ts), and Oganesson (Og).

Overall, the world and nation is filled with many new things. We should be grateful that we live in such a safe place.

"...it is always good to keep up to date..."

~Cameron Mitchell



Cameron Mitchell

The Epic

Thumbs up for Hidden Figures

By: Shane Hamner
EPTV Editor

Students need to know that Hidden Figures is based on the inspiring true story of three brilliant African-American women. They worked at NASA in the 1950s and '60s as "human computers" -- making calculations and contributions that helped launch the manned spaceflight program. Dorothy Vaughn (Octavia Spencer), Mary Jackson (Janelle Monáe), and Katherine Johnson (Taraji P. Henson) were engineers and computers at NASA at a time when both women and African Americans were still widely discriminated against, particularly in segregationist Virginia, where NASA's Langley Research Center is based. There's a little bit of romance and a bit of salty language. The film also offers a realistic look at the racial tensions of the Civil Rights era (segregated bathrooms, schools, facilities). The audiences will learn a lot about these pioneering women and what



Google

they had to overcome to make their mark at NASA. They're excellent role models, and their story is full of positive messages, including integrity, perseverance, and teamwork. I felt that the entire cast of Hidden Figures had such great chemistry together, and they did a fantastic job of making me feel their struggles.

I don't want to spoil the film, but there is just the right amount of humor with drama to make it a worthwhile film to see.

This movie gave me a perspective that I previously did not consider. It was the perspective of African American women and the struggles they faced. Everyone hears about men and their struggles, but not many people hear about the struggle of women which is why I would give this movie a huge thumbs up and

10 out of 10. It's such a great movie I strongly urge students to watch this movie.

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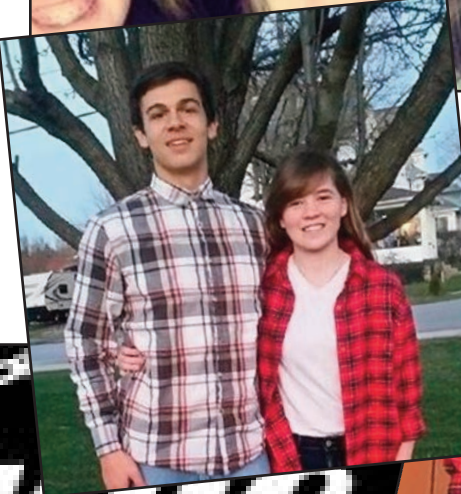
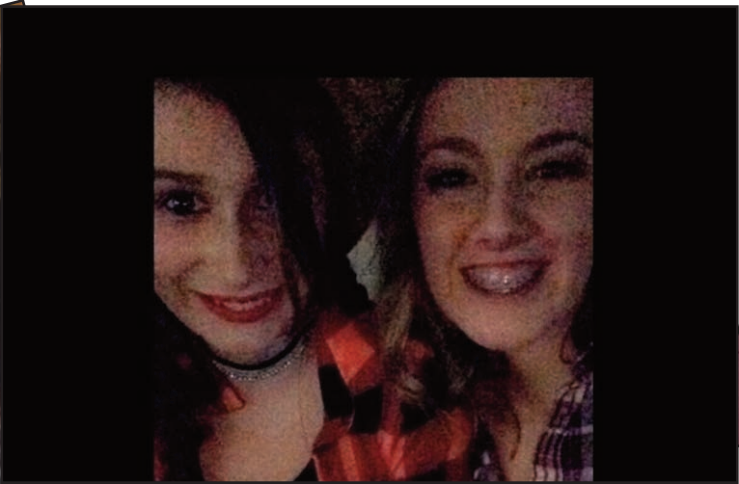
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Sudoku

	3		2		6			9
				3		2		6
				4		5	1	
	7						2	8
			4		8			
1	6						9	
	5	9		7				
3		4		8				
8			6		9		5	

Fill all the blank squares with the correct numbers. In a 9 by 9 square Sudoku game:

- * Every row of 9 numbers must include all digits 1 through 9 in any order
- * Every column of 9 numbers must include all digits 1 through 9 in any order
- * Every 3 by 3 subsection of the 9 by 9 square must include all digits 1 through 9

Say What?



Ciera Hicks

Q: What is your favorite TV show?

A: Tosh.O

Q: If you could have any animal as a pet what would it be? Why?

A: Dog

Q: What is your favorite genre of music?

A: Classic Rock

Q: Would you rather fly or be invisible?

A: Fly

Q: Do you know the muffin man?

A: No



Hunter DeBee

Q:What is your favorite TV show?

A: Always Sunny in Philadelphia

Q: If you could have any animal as a pet what would it be? Why?

A: A ferret 'cause they are pimp

Q: What is your favorite genre of music?

A: rap

Q: Would you rather fly or be invisible?

A: Be invisible

Q: Do you know the muffin man?

A: Absolutely



Gabe Garcia

Q:What is your favorite TV show?

A: Yes

Q: If you could have any animal as a pet what would it be? Why?

A: Buddy the Bear, because he always helps me relax

Q: What is your favorite genre of music?

A: Adidas

Q: Would you rather fly or be invisible?

A: Neither, I'd rather get straight A's

Q: Do you know the muffin man?

A: Yeah, he's trash at tennis



Jordan McCauge

Q:What is your favorite TV show?

A: Orange is the New Black, even though that's on Netflix

Q: If you could have any animal as a pet what would it be? Why?

A: A lobster, so I can live like Larry

Q: What is your favorite genre of music?

A: Country Hip hop/ Gospels

Q: Would you rather fly or be invisible?

A: Invisible because if they can't see me I can fly on planes for free

Q: Do you know the muffin man?

A: No



Chloe Roknich

Q:What is your favorite TV show?

A: Family Guy

Q: If you could have any animal as a pet what would it be? Why?

A: An ostrich. They are my favorite animal! They are cute and I don't have a car, so I can ride him to wherever I need to be.

Q: What is your favorite genre of music?

A: Everything except country

Q: Would you rather fly or be invisible?

A: FLY! Free as a bird

Q: Do you know the muffin man?

A: The muffin man? Yes, I know the The Muffin Man. Who lives on Drury Lane?

Health & Wellness: Hidden Benefits of Water

By Kaylee Campy
Staff Writer

As you may have heard your whole entire life, hydration is truly key to survival. In fact, without water your body will only survive 3-4 days depending on where you are located. Your body is composed of 57-65% water; therefore, the importance of drinking lots of water is vital to maintaining your body's supply. You need water to survive, yet many overlook the additional benefits that water has on the human body.

For those who are athletes, you may want to keep water by your side because it can help with calorie counting, muscle fuel, and pain prevention. Water also acts as a lubricant for the joints and cartilage which in return promotes healthy movement. Therefore, those who are active, and/or participate in sports may want to drink water religiously

"You need water to survive, yet many overlook the additional benefits that water has on the human body."

to make sure the ligaments in their bodies move smoothly.

It also has many other benefits that can help with how your body overall functions. For example, by drinking more water, you can boost productivity, fatigue, digestion, and your immune system. Water also helps boost your metabolism. By drinking water first thing in the morning, you can burn fat easier throughout the day. Some sources say that drinking cold water speeds

up the metabolism whereas warm water or room temperature water soothes the stomach. So, first thing in the morning drink some cold water. After a heavy meal or eating something that bothers your stomach, drink some warm or room temperature water to make your stomach feel better.

Not only does keeping hydrated help internally, drinking more water can show improvements on the outside as well. Drinking water helps keep skin youthful and plump. By flushing toxins out of your system, water can help with breakouts and wrinkles, and often helps prevent wrinkles. Water can help the skin look bright and awake, as well as prevent dark circles. Also by drinking water, the toxins in your body will be flushed out. This is also a way to promote healthy blood flow, which in time can help hair growth. Furthermore, water can not only help your face look bright, it can

make your hair grow longer and look more shiny and soft versus dull and damaged.

If you are trying to maintain or lose weight, water is also a better choice than taking an appetite suppressant, for it keeps all levels equal in your body to prevent overeating. By drinking a glass of water before each meal, you can reduce your hunger which helps prevent overeating. Some even say to sip water in between each bite you take to help fill you up faster too.

Despite the many proven benefits of water, some don't like to drink a lot of water because they don't like the taste. There are some simple ways to get your daily water intake but also add some flavor to your water.

One thing you can do is cut up fruit and put that in your water. The fruit adds natural flavor and even antioxidants, or even just plain lemon adds a little flavor. Plus, put-

ting fruit in your water became trendy due to social media influences.

Another yummy recipe to try is adding cut up cucumber, lemon, and mint leaves to your water next time to switch things up.

One other way to get your water intake in without drinking straight water is to have green tea instead. The antioxidants in the tea itself is good for you as well as the water. That way you get a double whammy.

For those fruit lovers out there, many fruits naturally hold a lot of water and could give you some of these benefits of water just by eating the fruit. Fruits that hold a lot of water are watermelon, grapes, and blueberries.

With all of these health benefits to your body, everyone should be drinking water all day. So, the next time you are thirsty, think before reaching for a pop and get yourself some water-- you can't go wrong!