



Cape May City Elementary School



In accordance with our School Wellness Policy, Cape May City Elementary will not include foods of minimal nutritional value in classroom celebrations. Foods that list sugar as the first ingredient, and foods that are especially high in saturated fats or contain trans-fats.

Here are some Healthy Suggestions for in School Celebrations.

Please purchase in sealed individual packaging:

- | | | |
|--------------------------|----------------------------|----------------|
| ☺ Dried Fruits/Nuts | ☺ Applesauce or Fruit Cups | ☺ Trail Mix |
| ☺ 100% Fruit Juice Boxes | ☺ Pretzels & Popcorn | ☺ Granola Bars |



- Non-Food Ideas:**
- | | | |
|----------------|------------------|-------------|
| ☺ Pencils/Pens | ☺ Key Chains | ☺ Shoelaces |
| ☺ Bracelets | ☺ Pencil Toppers | ☺ Note Pads |
| | | ☺ Bubbles |

PLEASE NOTE: If you plan to purchase a food item to share with the class, contact your child's teacher to plan in school celebrations. Classmates may have a food allergy that needs to be considered. Food Items MUST be presented in a sealed package from the store with the ingredient list attached. Sugar CAN NOT be the first ingredient and trans-fats are not to be included. This is for the health and safety of our students and is in accordance with N.J.A.C. 2:36-1.13 - Biosecurity for School Food Service and the U.S. Department of Agriculture.

Thank you for your cooperation in our effort to help our students make healthy and safe food choices!

GREAT NEWS! Our School Cafeteria can supply treats for your child's in school celebrations. Please see our order form below. Be sure to contact your child's teacher to plan in school celebrations. Please send the form a week prior to the celebration date.

ORDER FORM

Child's Name _____ Teacher's Name _____

Parent's Phone _____ Celebration Date _____

Items are .50 each. Paper goods will be supplied.

Please write how many of each item you would like for us to prepare for your child's classroom:

_____ Banana or Chocolate Chip Muffins. (Our muffins include a dollop of frosting & sprinkles)
(circle one of the above)

_____ Chilled Fruit Cup

_____ Chocolate Chip Cookies

_____ Animal Crackers

_____ Cereal Bar

_____ Milk (FF Choc or 1% White)

_____ 100% Fruit Juice Cup

Please send at least one week prior and include payment for the order: \$ _____

If you need more information please call 609-884-8485 ext. 223 ☺ Thanks!