

Lawrenceburg Primary School

400 Tiger Blvd. | Lawrenceburg, IN | (812) 537-7239



08/15/2019

Dear Parents,

A confirmed case of Hand, Foot and Mouth Disease has been identified at Lawrenceburg Primary School. This is a very mild infection caused by a virus. This virus is not the same as Foot and Mouth Disease (hoof and mouth) found in cattle, sheep and swine. They are caused by two totally different viruses. One affects animals and one affects humans.

Symptoms

- Incubation Period- it takes 3-6 days after exposure before symptoms of Hand, Foot, and Mouth Disease will develop.
- First symptoms may include a general feeling of being "unwell", tiredness, sore throat, or a fever around 101-103 degrees.
- 1-2 days after the fever, painful sores usually develop in the mouth. They begin as small red spots, sometimes with blisters.
- A skin rash may develop over 1-2 days on the palms, soles of the feet and may appear on the buttocks. The rash is flat red spots at first, which may develop into blisters and have the appearance of "chicken pox". The rash will disappear in a week or so.
- In some cases, there are no symptoms.

Transmission

- The virus spreads easily through coughing and sneezing. The virus is found in nose and throat secretions.
- The virus is also found in the blisters of infected people and may spread by an infected person touching surfaces that are then touched by others.
- Lastly, the virus is spread via feces.
- Infected persons are most contagious during the first week of illness. However, the virus can remain in the body for several weeks after the symptoms are gone away.

Prevention

- Hand washing
- Disinfecting dirty surfaces and soiled items, including toys, computer games and video-game controllers. Door handles and any surfaces routinely touched should also be disinfected.
- Cover mouth with cough or sneeze.
- Avoid close contact- kissing, hugging, sharing eating and drinking utensils.

We, as a school corporation, are asking that if your child breaks out in a rash, that you keep them home and seek medical advice as necessary. If a case is confirmed, please notify us. The student should remain home until blisters have crusted over.

Yours in Health,

Ann E. Roth/LPN
LPS School Nurse