

# **2019-2020 MPA VOLLEYBALL BULLETIN**

(8/1/19)

## **VOLLEYBALL SEASON**

August 5-18, 2019 – “Hands-off” Period (Sport Season Policy)

August 8, 2019 – Mandatory Rules Clinic at Gorham Middle School at 6:30

August 9, 2019 – Volleyball Schedules Due

August 15, 2019 – Rules Clinic Make-up at Gorham Middle School at 6:30

August 19, 2019 – First Practice

August 23, 2019 – First Exhibition Date

September 6, 2019 – First Countable Match (After 3:00 p.m.)

October 18, 2019 – Recommended Officials Due

October 21-25, 2019 – Online Voting for Sportsmanship Banner (One week to vote)

October 22, 2019 – Last Countable Match

October 23, 2019 – Make-up Date for October 22 Match ONLY

October 24, 2019 – State Prelims (Higher Seed)

October 26, 2019 – State Quarterfinals (Higher Seed)

October 30, 2019 – State Semifinals (Higher Seed)

November 1/2, 2019 – Class A State Championships – University of Southern Maine

November 1/2, 2019 – Class B State Championships – University of Southern Maine

November 1/2, 2019 – Class C State Championships – Hampden Academy

*Games may not be rescheduled the last week of the season without permission of the Committee Chair.*

\*Each coach must complete the NFHS “Concussion in Sport – What You Need to Know” video that is available at the NFHS website ([www.nfhslearn.com](http://www.nfhslearn.com)).

Each coach must complete the NFHS “A Guide to Heat Acclimatization and Heat Illness Prevention” video that is available at the NFHS website ([www.nfhslearn.com](http://www.nfhslearn.com))

A MAXIMUM of fourteen regular season matches may be played. The MINIMUM divisor in computing the final Heal Point Standings shall be eight.

## **TERMS AND CONDITIONS**

### **HANDS-OFF PERIOD**

In order to provide a window of personal time similar to that available prior to the winter and spring sports seasons, summer recess is defined as the time period between the last day of the spring sport season to August 5, 2019, which is fourteen (14) days prior to the beginning of the fall sport season. This does not exclude individual students from attending camps during this two-week period of personal time as long as all other Sport Season Policy requirements are met.

Please refer to the questions and answers, which appear on the MPA website to clarify the policy and answer questions you may have.

### **RULES CLINIC**

The head coach of the girls’ volleyball team of each participating school is REQUIRED to attend the mandatory meeting for NFHS Volleyball Rules Updates presented by the Maine Association of Volleyball Officials (MAVO). The volleyball rules meeting for coaches will be

held at **Gorham Municipal Center** on **August 8, 2019 at 6:30**. If coaches are unable to attend that meeting, an alternative is the preseason officials meeting held at **Gorham Municipal Center** on **August 15, 2019 at 6:30**. This meeting will cover the NFHS Rules Update.

For those unable to make a live session they may connect through Zoom video conferencing during one of those sessions by joining the Zoom Meeting at <https://zoom.us/j/851702595>. After joining the meeting follow the on-screen instructions.

### **NATIONAL FEDERATION RULES/MPA TERMS AND CONDITIONS**

The National Federation Volleyball Rules are official for all matches. In addition, the terms and conditions in this bulletin will govern all regular season and tournament matches as indicated.

1. In all matches, the game shall consist of the best of five format using rally scoring. The game ends at 25 points (no cap) with the 5<sup>th</sup> game ending at 15 points (no cap). All games, within a match, must be won by two points.
2. There shall be no “joint hitting” at any time prior to the match. Coin flips will occur at 25 minutes prior to the match with captains and coaches. Each team will be allowed to warm up (peppering, stretching, etc.) on its respective side of the court. At 15 minutes prior to the match start time, the serving team will be allowed the full court for hitting for 6 minutes. The receiving team will then be allowed the full court for 6 minutes. There shall be no joint serving with both teams on the court.
3. Players shall not wear jewelry (including during pre-match warm-ups) with the exception of religious or medical medals. If such medals are worn, they shall be taped to the body under the uniform. Uniforms shall be worn as intended by manufacturers.
4. Schools must use two officials from the Maine NFOA.
5. The formal official’s uniform for the State of Maine is that used for USA Volleyball (men’s collegiate and club play) and the NCAA, which is navy blue pants, certified official’s white shirt, white sneakers, and certified official’s white sweater (optional).
6. There will be a major emphasis on the starting of the match immediately following the National Anthem.

### **BONA FIDE TEAM RULE**

A member of a school team is a student athlete who is regularly present for and actively participates in team practices and competitions. Bona fide members of a school team are prevented from missing high school practice or competition to compete or practice elsewhere.

- \* **Two waivers** per student athlete per sport season may be granted by the principal on a case-by-case basis for extraordinary circumstances. (e.g. If a student/athlete were invited to participate in a prestigious weekend event then a waiver may be granted. If a student/athlete were invited to participate in a nationally recognized tournament over a school vacation, then **that** waiver may be granted for that activity. If a request to miss practice every Friday because he/she is receiving specialized coaching from an outside team/coach, then a waiver should not be granted **because it violates the spirit and intent of the rule.**)

- \*\* This policy is not intended to restrict dual sport participation in schools that allow dual participation.
- \*\*\* Penalty for violation of this policy:
- |                           |   |
|---------------------------|---|
| 1 <sup>st</sup> Violation | Suspension from play for one game/contest |
| 2 <sup>nd</sup> Violation | Removal from team for remainder of season |
- (Effective Date: 2019 Fall Sport Season)

**VIDEOTAPING:** Only persons (including players' relatives) connected with the two schools involved in a match may videotape the match live. All other videotaping by persons not connected to either school is considered unethical.

**SCOREKEEPERS AND LINE JUDGES:** It is recommended that host schools train scorekeepers before the regular season begins in order to minimize scorekeeping errors in countable matches. In addition, it is recommended that host schools have scorekeepers and line judges report to the match site **25 minutes** before the match begins so that they can meet with the officials and review their responsibilities. It is recommended that line judges use flags during the regular season. Schools are encouraged to have score tables that are handicapped-accessible.

### **PENALTY CARD SYSTEM**

Please refer to National Federation Rule No. 12.

### **EJECTION RULE**

In all team and individual sports (varsity or sub-varsity), ejection or disqualification from a game, meet, or match for unsportsmanlike behavior of any form, by a coach or a player shall result in the suspension of that player or coach. The coach or player ejected from a contest must sit out all contests at all levels until the coach or athlete completes the ejection penalty by sitting out the next game at the level from which he/she was ejected. This rule applies to a game, meet, or match suspended before completion as well as a completed contest. This penalty may not be served by sitting out an exhibition, sub-varsity, or other competition.

A suspended coach may not be present at the game site. Not being physically present at the site means the disqualified coach is not to be present in the locker room, on the sidelines, in the stands, or site area before, during, or after the game/meet.

Prior to their return to the sideline any coach ejected from a game must complete the NFHS *"Teaching and Modeling Behavior"* video that is available at the NFHS website ([www.nfhslearn.com](http://www.nfhslearn.com)).

Any coach or player ejected from the last game, meet, or contest of a sports season shall serve a one game suspension in the opening countable game, meet, or contest in the next varsity sport in which he/she participates. The coach/athlete may participate fully in the preseason prior to serving the one game suspension.

This policy will not prevent standing committees from imposing more restrictive disciplinary action. (Effective Date: 1996-97 Winter Sport Season; Revised 2008, 2009)

### **REPORTING REGULAR SEASON MATCH RESULTS**

Athletic administrators are responsible for the reporting of home games on the online reporting system ASAP following the match's completion.

## **QUALIFICATION FOR INVITATIONAL VOLLEYBALL TOURNAMENT**

Two-thirds of the teams in each class are eligible for tournament play. Teams will be seeded for tournament play according to their finish in the Heal Point standings.

If there is a tie in the final tournament seedings, the tie will be broken by the following process:

1. For all seeds excepting the last seed:
  - a. the team with the better record head-to-head will be seeded higher.
  - b. if the head-to-head record is equal, the winner of a coin flip held at the MPA office will be seeded higher.
2. For the last tournament seed:
  - a. the team with the better record head-to-head will be awarded the final seed.
  - b. if the head-to-head record is equal, a one match playoff will be held prior to the first round of the tournament.
  - c. the winner of a coin flip at the MPA office will be the home team for the playoff match.

Regional quarterfinals, semifinals and finals will be played at the higher seed or a mutually agreed upon site.

## **SCHEDULE**

The submission of the Schedule Form due August 9, 2019, for fall 2019 competition, will constitute a school's application for the state tournament.

## **TEAM SIZE**

For all tournament matches, the number of players shall not exceed 18. No more than four (4) additional team personnel (coaches, players, managers, scorers, trainers etc.) That number shall not exceed twenty-two (22) overall. Team roster changes must be made on the online eligibility system.

## **EQUIPMENT AND UNIFORMS**

All equipment and uniforms shall conform to the National Federation Rule Book. The tournament ball is the Molten IV58L. It will be a multi-colored ball leather ball with the National Federation authenticating logo which will be used in all State Championship Tournament matches and recommended for all tournament games.

## **STATE TOURNAMENT**

### **STATE FINAL CHAMPIONSHIP MATCH SITES**

Class A – University of Southern Maine

Class B – University of Southern Maine

Class C – Hampden Academy

### **STATE CHAMPIONSHIP MATCH POSTPONEMENT POLICY**

The decision on whether or not to postpone a championship match rests solely with the committee members in charge of the game. The decision will be made after consulting with the site director.

## **BANDS AND CHEERLEADERS**

Bands and cheerleaders cannot be accommodated.

## **STATE PRELIMINARY, SEMIFINAL AND FINAL MATCHES**

All tournament preliminary and semifinal matches are to be played at the site of the higher seeded team provided that the home court meets the minimum requirements as outlined in the National Federation Rulebook. If minimum requirements cannot be met, the game will be played at an available court which meets minimum requirements. If such a court cannot be obtained by the host school, the Volleyball Committee will name the site.

Throughout the volleyball tournaments, teams MAY NOT use the court for warm-ups prior to one hour of the scheduled start of the contest. They may utilize one half of the court but not play over the net until their official warm-up time.

Times for all tournament games will be 6:00 p.m. for weekday and 1:00 p.m. for Saturday games unless otherwise mutually agreed upon by the competing schools.

## **BENCH DECORUM**

Non-uniformed bench personnel should be dressed appropriately. No shorts or dungarees are allowed.

## **AWARDS CEREMONY**

Teams accepting awards must be in their playing uniform or warmups. Teams may not wear championship apparel until after the awards presentations.

## **ADMISSION FEES**

The admission fee for the preliminary and semifinal matches shall be established by the host school. The host school should advise the visiting school of the fee at least twenty-four hours prior to playing the game. After all expenses are paid by the host school, all profits will be divided equally between the schools.

The admission fee for the state final match is \$5.00 for students and senior citizens and \$8.00 for adults.

## **OFFICIALS**

All regional matches will have two officials (two officials and two certified Line Judges). Officials will be assigned by the Volleyball Officials Assignors for the regionals and state championship matches based on the pool formed from coaches' recommendations. For the regional finals and state championships, there shall be two officials, two adult line judges, a trained scorer and a Libero Tracker. Line judges will use flags in the tournament.

## **VOLLEYBALL CLASSIFICATION**

<b>Class A 750+</b>	<b>Class B 400-749</b>	<b>Class C 0-399</b>
1. Thornton, 1476 2. Sanford/Noble, 1340 3. Bonny Eagle, 1094 4. Scarborough, 973 5. Deering, 950 6. Windham, 941 7. Massabesic, 927 8. South Portland, 898 9. Brunswick/Mt. Ararat, 893 10. Gorham, 819 11. Marshwood, 784 12. Biddeford, 764 13. Portland, 757 14. Kennebunk^^, 717 15. Falmouth^^, 710 16. Cheverus, 394	1. Westbrook*, 748 2. Cony, 673 3. Brewer, 672 4. Greely, 638 5. Gardiner, 622 6. Nokomis*, 583 7. York, 553 8. Lake Region, 535 9. Mt. Desert, 531 10. Cape Elizabeth, 514 11. Yarmouth, 509 12. Ellsworth, 463 13. Wells, 422 14. Washington, 404	1. Bucksport, 314 2. George Stevens, 305 3. Sumner, 231 4. Lee/Mattanawcook, 231 5. Calais, 205 6. Narraguagus, 199 7. Woodland, 130 8. North Yarmouth, 124 9. Machias, 117 10. Jonesport-Beals, 77