

Resources for families, students and staff

Please see below for resources directly related to grief. The loss of a loved one is different for everyone and it is not always easy to speak about. These links below will give you tools to feel more comfortable discussing a loss with your student, as a teacher, a parent or for yourselves.

Please reach out to your building's designated mental health professional listed below.

*If this should be after school hours or on a weekend, please dial Mobile Crisis at 211 for support for your child.

Lebanon Elementary School:

Amanda Mansfield, School Social Worker

LES and LMS

amanda.mansfield@lebanonct.org

(860) 642-5690

Lebanon Middle School:

Caitlin Clark, School Counselor

caitlin.clark@lebanonct.org

(860) 642-5627

Lyman Memorial High School:

Sabena Escott, School Social Worker

sabena.escott@lebanonct.org

(860) 642- 5684

Melanie Dunphy, School Psychologist

melanie.dunphy@lebanonct.org

(860) 642- 3031

Dave Tedesco, School Counselor

dave.tedesco@lebanonct.org

(860) 642- 5682

Darlene Loukides, School Counselor

darlene.loukides@lebanonct.org

(860) 642- 5685

[Grief Resources for Kids](#)

[Addressing Grief: Tips for Teachers & Administrators](#)

[Frequently asked Questions about Grieving Children](#)

[Grieving Students](#)

[Helpful Links and Resources for Children & Adult Caregivers](#)

[Grief Support Resource Library](#)

[Talking to children about death: Guide and resources](#)

[Support a Grieving School Aged Child](#)

[Tips to support kids in foster care who are grieving](#)

[Supporting Children who are Grieving](#)

[Developmental Response to Grief](#)

[Helping Children Cope with Grief](#)