

Supplies

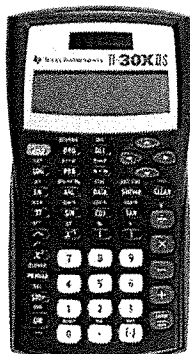
Every freshman takes English, Algebra, and Physical Science and will need the supplies listed for those classes. If you signed up for Spanish, there are specific supplies for that class as well. It is recommended that you have a separate notebook and folder for each class. This helps you stay organized. Also, if a teacher collects notes for a certain class you will still have your notes for your other classes.

English:

Notebook or loose-leaf paper
Separate folder just for English
Writing utensils
1 pack of notecards

Algebra:

Notebook or loose-leaf paper
Folder
Pencils
Erasers
Colored Pencils, recommended but not required
Calculator - TI 30XIIS



Physical Science:

Notebook
Folder or 3-ring binder
Pen or pencil
Calculator

Spanish:

3-ring binder, at least 2 inches, to be used only for Spanish
Set of 8 tab dividers, sturdy construction
Earbuds or headphones
Pencil or pen, multiple colors are helpful
Notebook or loose-leaf paper
Notecards for making flashcards (recommended but not required)

Tips for Success

English:

You will have to do much more reading and writing independently. Be prepared for this every day and stay caught up with your classwork.

Physical Science:

Come to class prepared (I do not loan out any of the above supplies), check your cell phone in, use class time wisely, turn in your work (I do not accept late work), seek help when needed (before/after school, email)

Algebra:

Math is going to be difficult, but to get through it you need to ask for help and be able to apply strategies from previous examples to the new problems you are presented with.

Be ready to ask questions and seek out help on your own. High school is the time that you need to begin finding your independence. No one is going to be holding your hand but teachers are going to be there to help whenever they can be, within reason.

Come into high school ready to use your planner to help stay organized. Planners are a great way to make to-do lists and keep track of due dates. High school is going to be busy and it's not something easily managed using only your brains to remember everything.

If a teacher is taking their time to write something out then you should take the time to write it down. Also, if a teacher is taking their time to explain something then you should take the time to listen. Teachers already know what they are doing and every problem and all the notes are for you, not them.

Ask for help, let the teachers know what you are confused with. We as teachers aren't mind-readers, so meet us halfway.

Things will get hard, but that doesn't mean you need to stop. Keep trying, and ask questions instead.

Spanish:

Keep your binder organized

Participate in activities during class

Do your homework consistently

Do your OWN homework

Ask questions when you are confused

Practice speaking as often as you can

Practice vocabulary every day

Keep a positive attitude

Illini Central High School Four Year Planning Worksheet

Subjects	# Credits required	9 th	10 th	11 th	12 th
English	4	English I	English II	English III	See Catalog For Choices
Mathematics	3	Algebra I or Geometry	Geometry or Algebra II	Algebra II or Precalculus	See Catalog For Choices
Lab. Science	3	Physical Science	Biology	See Catalog For Choices	See Catalog For Choices
History/Social Science	2	See Catalog For Choices	See Catalog For Choices	US History	Government (0.5 Credit)
Physical Education	4	Health & PE Required	PE Required (& Health if not taken 9 th grade)	PE Required	PE Required
Spanish/Fine Arts/ Vocational: MUST INCLUDE RESOURCE MANAGEMENT & 1 OTHER COMPUTER CLASS	3	See Catalog For Choices	See Catalog For Choices	See Catalog For Choices	See Catalog For Choices
Additional Electives (0.5 credit for Driver's Ed & 0.5 credit for Service Learning Hours)	5	See Catalog For Choices	See Catalog For Choices	See Catalog For Choices	See Catalog For Choices
COLLEGE ENTRANCE TESTS		PSAT 9 Required, No Fee	PSAT 10 Required, No Fee	PSAT NMSQT (Optional, Fee Waivers Available) SAT with Writing (Required, No Fee)	SAT Retake and/or ACT If Desired, Fee Required
CAREER CAPSTONE PROJECT		Career Cruising, Self-Assessment, Career Research Paper, College Field Trips	Self-Assessment, Resume, Employment application, College Field Trips	Interview a Professional, Career Development Project, Resume, Financial Planning, College Trips	Self-Assessment, Mock Interview, Reverse Career Fair, College Fair

FOUR YEAR COLLEGE ADMISSION REQUIREMENTS

SUBJECT	REQUIRED	RECOMMENDED	SUBJECT	REQUIRED	RECOMMENDED
English	4	4	History/Social Science	2-3	3
Mathematics	3	4	Spanish and/or Fine Arts	2	3-4
Lab. Science	3	4	College Prep Electives	2	4



College Planning: 9th/10th Grade

There are some steps you can take as a ninth- and a 10th-grader to make sure you're on the right track for college. This list will help you navigate the college planning process.

9TH GRADE

- ☐ **Create a four-year high school plan.** Think about what you'd like to accomplish in the next four years.
 - Make sure you know which high school courses are required by colleges, and that you're taking the right classes as early as the ninth grade. You can ask your counselor about what those "right" classes are.
 - Get to know the levels of courses offered by your school.
- ☐ **Start thinking about your life after school,** including the types of jobs that might interest you. Of course, these will change — often — but it's good to start thinking about the possibilities.
 - Identify your interests — likes and dislikes — not just in classes but also in every area. This will help you focus on your goals.
 - Talk to other people, such as your school counselor, teachers, recent college graduates who are working, professionals in the community, etc., about careers you might find interesting.
- ☐ **Meet with your high school counselor.** Your counselor knows how to help you get the most out of high school. Be sure to take some time during the school year to discuss post-high-school plans with him or her.
- ☐ **Participate in extracurricular activities.** Academics aren't everything. Explore your interest in a sport, school club, music or drama group, or community volunteer activity.
 - Remember that colleges would rather see real involvement in one activity instead of a loose connection to several.
 - If you're interested in playing sports in college, research the National Collegiate Athletic Association (NCAA) eligibility requirements. The NCAA requires completion of certain core courses; you can find the specifics at ncaaclearinghouse.net.
- ☐ **Save for college.** It's not too late to put money aside for college. Every little bit helps! Learning about financial aid early on can also help you down the road.
- ☐ **Explore summer opportunities.** Look for a job, internship, or volunteer position that will help you learn about a field of interest.
- ☐ **Get familiar with the PSAT-related assessments and SAT®.** Most four-year colleges consider applicants' scores on college admission test. Download the free Daily Practice for the New SAT app to get a feel for the kinds of questions you might face on test day.
- ☐ **Take the PSAT™ 8/9.** If your school offers it, sign up to take the first of the College Board assessments to set a baseline. This test will help you build up your skills to take the SAT in 11th or 12th grade.



10TH GRADE

☐ **Meet with your high school counselor — again.**

Be sure to meet with your school counselor to ensure that your course schedule is challenging enough to prepare you for college.

- Check into any prerequisites for advanced-level junior- and senior-year courses.

☐ **Take the PSAT/NMSQT® or PSAT™ 10.** Depending on your school, you might have the opportunity to take the PSAT/NMSQT in October or the PSAT 10 in February or March. It provides valuable feedback on your college readiness and a free, personalized plan to help you start getting ready for the SAT — and for college.

☐ **Ask if the PSAT/NMSQT is offered to 10th-graders.** Although this test is usually given in the 11th grade, it is also often offered in the 10th grade. That's because it provides valuable feedback through the Student Score Report. You can then work on any of your academic weaknesses while there is still plenty of time to make improvements.

☐ **Are you interested in attending a U.S. military academy?** If so, you should request a precandidate questionnaire.

☐ **Along with your family, do some research about how to obtain financial aid.** Many students use financial aid to cover college costs. Find out what financial aid is, where it comes from, and how you can apply for it. Read the U.S. Department of Education's *Funding Your Education* (about federal aid programs).

☐ **Attend college and career fairs.** The fairs often take place in the fall at your school or in your area.

☐ **Participate in school activities or volunteer efforts.** Extracurricular activities can help you develop time-management skills and enrich your high school experience.

☐ **Talk to your counselor** about your plans for life after high school. He or she can help you plan your schedule, search for colleges, and navigate the financial aid process. The more your counselor knows about you, the more he or she can help you along the way.

☐ **Tour college campuses.** If possible, take advantage of vacation or other family travel time to visit colleges and see what they're like. Even if you have no interest in attending the college you are visiting, it will help you learn what to look for in a college.