Raider Athletics Participation Agreement

Dear City School Parents,

Welcome to another year of St. Albans City School Athletics! We offer several sports in grades 5-8: fall soccer [boys/girls, grades 5/6 and 7/8], fall cross country [boys & girls, grades 5-8], winter basketball [boys/girls, grades 5/6 and 7/8], winter cheerleading [boys/girls, grades 5-8], spring baseball [boys, grades 7/8], spring softball [girls, grades 7/8]. Students may participate in as many of the sports activities as they wish, at a limit of one sport per season unless otherwise approved by athletic director and coach.

It is our expectation that all students who wish to participate in athletics, their parents, and their coaches, will agree to and abide by the following:

Sports Philosophy
We believe that the sports program should complement and work directly with the teachings and St. Albans City School to promote the overall education, growth, and development of our students. Individual responsibility is taught and expected of all involved. This is achieved through the cooperation and involvement of students, parents, and coaches. The primary goal of the athletic program is to develop students who put forth a winning attitude toward life and school. For children to get the most out of their education we must feed the mind, body and soul. Victory will come as a natural result of this attitude.

At St. Albans City School we create an environment that encourages and allows for participation by students competing at all ability levels. We aim to promote character and teach many values to our students. Among the values that help our student athletes and competitors to become responsible adults include but are not limited to sportsmanship, leadership and character, inclusion, fundamentals, value of team-work, commitment to one’s team or activity, critical thinking during practice and competition, time management, self-discipline, and enjoyment. We believe that students will gain these and other values by taking part in the athletic programs offered here. Families are the primary influence in their children’s lives; we encourage all families to be involved in their child’s activities.

Sports Standards
The criteria for the sports program are below:

1. Athletes and parent/guardian will agree to and sign a sports contract.
2. Student must be in good academic standing and prioritize academic responsibility and honor all school commitments first.
3. Players must demonstrate respect for all volunteers, parents, teammates, officials and opponents.

4. Practices are necessary and mandatory. Players are expected to attend all practices and team meetings unless illness or other mitigating circumstances exist. Otherwise, the player shall be deemed unexcused and participation will be affected.

5. No tobacco, alcohol or drug use will be tolerated or permitted at any time.

6. The team coach is responsible for discipline at practice, games and competitions.

7. It is a privilege to participate as a member of a St. Albans City School sports team. The Principal and Athletic Director reserve the right to remove a student, temporarily or permanently, from a team for any detrimental circumstance to the program.

8. The rules, regulations, and behavior policies set forth by the coach (for both students and parents) are non-negotiable. If parents or students refuse to abide by the wishes of any coach, athletic director, official, teacher, or administrator, they will be asked to leave immediately and may be required to withdraw from the sport.

9. If a game or practice does not start immediately after school, student athletes are required to either
   a. Attend Open Doors after school in the cafeteria.
   b. Be picked up by a parent.

10. Students who are absent from school the day prior or day of, who are more than 1 hour late, or who are dismissed more than 1 hour early are not permitted to practice or play in a game that day. Exceptions to this rule are made on a case-by-case basis by the Athletic Director. Three unexcused absences may result in dismissal of the program. Suspensions are considered unexcused.

**Discipline**

Student-Athletes are held to a high standard of conduct, both on and off the field. Students who have several disciplinary referrals, a detention, or a suspension may not participate in part or all the next game following at the discretion of the coach and Athletic Director. They are still required to attend and participate in practices and may be required to do additional workouts as determined by the coach.

With your help, City students will be known as excellent scholar-athletes throughout our region.

Please sign and return the next page. Please read the Concussion Information documents in this packet as well. Students who have not returned the Acknowledgement will not be permitted to practice or play.

Sincerely,

Stephanie Beck, Athletic Director
Ten Great Goals

to Help Sports Parents Keep Sports Positive and Enjoyable for ALL!

On the way to the event...
1. Ask your child to set goals for the game: a physical goal, a mental goal and a sportsmanship goal.
2. Remind your child (and yourself) to have fun.

At the event...
3. Remain calm and in control of your words and actions.
4. Be positive with players, fans, opponents, coaches and officials.
5. Take a deep breath or step away from the game if you grow angry.
6. Applaud good play on both teams.
7. Thank the coaches for their time and effort.

On the way home...
8. Ask your child, “How do you think the game went?” and “How did you do on your goals?”
9. Point out signs of good sportsmanship shown in the game.
10. Express your love for your child and respect for their desire to play, regardless of the outcome.

*Adapted from The University at Notre Dame’s Play Like a Champion Today “10 Commandments for Sports Parents”*
Raider Athletics
Student and Parent/Guardian Acknowledgement

STUDENT:

I ___________________________________________ have read the Raider Athletics document, understand its contents and agree to be bound by its terms. I have received the concussion information for athletes and agree to report any concussion or concussion like symptoms that occur during practice or games, occur as a result of injury outside of school sports, and understand that a medical clearance is required to return to play and that return to full participation is not immediate.

_________________________________________  ____________
Student Signature                          Date

PARENT/GUARDIAN:

I ___________________________________________ have read the Raider Athletics document, understand its contents and agree to be bound by its terms. I have received the concussion information for parents and agree to report any concussion or concussion like symptoms that occur during practice or games, occur as a result of injury outside of school sports, and understand that a medical clearance is required to return to play and that return to full participation is not immediate.

_________________________________________  ____________
Parent/Guardian Signature                  Date
St. Albans City Raider Athletics
Registration Form

Child’s Name ___________________________ Date of Birth _________________
Age ________ Grade ________ Community ____________________________
Family Physician ________________________ Phone Number __________________
Medical Insurance _________________________

Any Specific medical conditions, allergies, and medical problems we should be aware of: ________________________________________________________________

________________________________________________________________________

Parents/Guardians _______________________________________________________
Relationship to student __________________________ Phone ___________________
Address ________________________________________________________________
Email address ___________________________________________________________

Emergency Contact #1 __________________________ Phone ___________________
Emergency Contact #2 __________________________ Phone ___________________

I/we the parents and or guardian of the above named candidate for a position on a St.
Albans City School sponsored team hereby give my/our approval to participate in any or
all league activities including transportation to and from activities. I/we know and
acknowledge that participation may result in serious injury and that protective
equipment does not always prevent injury to players and because of this I/we hereby
waive, release, absolve, indemnify and agree to hold harmless St. Albans City School,
the organization, sponsors, supervisors, participants and other persons transporting
my/our child to and from league sponsored activities from any claims arising out of any
injury to my/our child; whether the result of negligence or any other cause, except to the
extent and the amount that is not covered by accident or liability insurance. In the event
of an emergency and I/we can not be reached, I/we give permission to the St. Albans
City School and officials, to authorize emergency treatment of the above named child by
an EMT, physician or staff.

_________________________________________    ___________________________
Parent/Guardian Signature                      Date