

LeFlore
August 2019 Breakfast 4 day/week



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Pancake on a Stick Cereal Fruit Juice Milk	2
5 Pancake (1) Sausage Patty Cereal Fruit Juice Milk	6 Cinnamon Toast Scrambled Eggs Cereal Fruit Juice Milk	7 Biscuit Stick and Gravy Cereal Fruit Juice Milk	8 Donut Cereal Fruit Juice Milk	9
12 Waffle with Toppings Cereal Fruit Juice Milk	13 Yogurt Parfait Cereal Fruit Juice Milk	14 Sausage Biscuit Cereal Fruit Juice Milk	15 Cinnamon Roll Cereal Fruit Juice Milk	16
19 French Toast Sticks (3) Cereal Fruit Juice Milk	20 Pancake on a Stick Cereal Fruit Juice Milk	21 Biscuit and Gravy Cereal Fruit Juice Milk	22 Chocolate Muffin Yogurt Cereal Fruit Juice Milk	23
26 Pancakes (1) Sausage Patty Cereal Fruit Juice Milk	27 Toast Scrambled Eggs Cereal Fruit Juice Milk	28 Biscuit and Gravy Cereal Fruit Juice Milk	29 Breakfast Burrito Cereal Fruit Juice Milk	30

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

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August 2019 Lunch 4 Day/week



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Breaded Chicken Sandwich Tater Tots Fruit Milk Salad Bar	2
5 Spaghetti with Meat Sauce Green Beans Breadstick Fruit Milk Salad Bar	6 Nacho Bar (Chicken, Queso, Beans, Chips) Salsa Fruit Milk Salad Bar	7 Pineapple Glazed Ham Dinner Roll Roasted Carrots Corn Fruit Milk Salad Bar	8 Pizza Bar Caesar Salad Fruit Milk Salad Bar	9
12 Corn Dog Mac and Cheese Green Beans Fruit Milk Salad Bar	13 Sour Cream Chicken Enchiladas Refried Beans Chips and Salsa Fruit Milk Salad Bar	14 Waffle Scrambled Eggs Sausage Breakfast Potatoes Fruit Milk Salad Bar	15 Cheeseburger Sweet Potato Fries Garden Salad Chocolate Chip Cookie Fruit Milk Salad Bar	16
19 Chicken Spaghetti Breadstick Green Beans Fruit Milk Salad Bar	20 BBQ Mini Meatloaf Loaded Mashed Potatoes Dinner Roll Fruit Milk Salad Bar	21 Pulled Pork Sandwich Baked Beans Tater Tots Fruit Milk Salad Bar	22 Pizza bar Garden Salad Baby Carrots Fruit Milk Salad Bar	23
26 Pig In a Blanket Mac and Cheese Green Beans Fruit Milk Salad Bar	27 Soft Beef Taco Refried Beans Chips and Salsa Fruit Milk Salad Bar	28 BBQ Chicken Flatbread Baby Carrots Garden Salad Fruit Milk Salad Bar	29 Chicken Sandwich French Fries Fruit Milk Salad Bar	30

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