

## Cooperation November 2018



### SAY IT:

Working together to do more than you can do alone.

### KNOW IT:

#### ASK A KID:

- Have you ever had to ask a friend to help you with something? Have you ever been asked by a friend to help them do something? How did it feel to work together to accomplish a goal?
- Think of the last time you cooperated with classmates, siblings or your parents to accomplish a goal. Examples might be group work in your class, household chores or helping bring the groceries in from the car. Think of how much more time and effort it would have taken if you would have done the task alone.

#### ASK A GROWN UP:

- Can you think of a time when you worked alone and it would have been helpful to have someone else to help you?
- How does it feel to work together as a team toward a common goal?
- What are some ways you can show others that you are willing to cooperate?

### SEE IT:

Have a family movie night one weekend this month and rent or check out *Remember the Titans*. It is a movie that portrays teamwork and cooperation and is based on a true story. The players and coaches on the team were not simply working together to win football games, they were also tasked with changing the culture and attitudes of their small community in Virginia back in the early 1970's.

### BE IT:

Sit down as a family and discuss each member's role and responsibility in maintaining a clean and functional house. Together, create or refine a chore list. Assign age appropriate tasks to each member, even involving very young children (an example might be to pick up toys and put them in baskets every night before bed). Promote this as a positive opportunity, not a consequence, since it is an opportunity for everyone to cooperate because a lot more can be done together than alone.

# PHASE

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## Kids will grow up to have a better future when three things happen:

- They make wise choices.
- They build strong relationships.
- They maximize their potential.

As parents, each age is a new opportunity to help develop these skills every month by having conversations about the Big Ideas learned at school. How does the Big Idea of cooperation, for example, relate to getting along with siblings? Or prepare kids for college or a career?

**So don't miss it.** Conversations – both simple and meaningful – have a significant impact on the development of your kids' current and future self.