## **AUGUST 2019 GCMS MENU**

First Day (Wednesdy, August 7   Warm Mutritos (23) in creaming (23) in C	Warm Muffrist (27-31) or Central (2), Fruit   Close   Properties (27)   Properties					
Common   C	California   Cal			First Day! Wednesday, August 7	Thursday, August 8	Friday, August 9
Hamburger (1) or Brin (25), Cheese   Seed money if you wish to purchase als carte or extra terms.   Hamburger (1) or Brin (25), Cheese   Seed money if you wish to purchase als carte or extra terms.   Adult ment princes are \$2.5 for breakfast and \$3.75 for hands.   Name of the purchase als carte or extra terms.   Adult ment princes are \$2.5 for breakfast and \$3.75 for hands.   Name of the purchase and area to shoot also soon a possible. Thank you'   Seed Beans, ½c. (29)   Fresh Fruit (-15)   Fresh Fr	Tried up with a northinous breaklins and lunch each day at agoost to studental Place Send money if you wish to purchase a la case or extra items.			Warm Muffins (27-31) or Cereal (*), Fruit	Breakfast Burrito (23) or Pop-Tarts (37	Hashbrowns, 2 (26), Cheesy Toast (15)
Hamburger (1) or Bin (25), Cheese   August 15   Hamburger (1) or Bin (25), C	Fired up with a martitious breakfast and lunch- each day at a cost to students! Place   Sead money if you wish to purchase a la care or extra items.	Back		(~15) Fruit Juice (15) &/or Milk (11-22)		or Fruit & Yogurt Parfait (29) with Fresh
Hamburger (1) on Branch (2)   Hamburger (2)   Hamburge	Firel up with a nortifions breakfast and lunch each day at go cost to students! Please send amoney if you wish to purchase as I caster or extra atens.			(13), 11aic suice (13) & of Whik (11 22)		
Turburger (1) on Bin (25), Cleese   Peter Series (1) on Series   Peter Series (20)   Chicken Sirips, \$ (20)   Chicken S	Fail up with a nutritions break fast and launch each day at more to standards! Please send money if you wish to purchase at a care or extra items.				11 uit suice (13) &/of Wilk (11-22)	
Five   up with a numritions breakhts and lumch each they at greater set trailers.	First pay with a martinious breakfast and flundre ach day at mount or extra items.   Nacho Choese Dorinos (20)					` ' ' ' '
Mashed Postuces, \$4; 0; 15   Mashed Postuces, \$4; 0; 15   Mashed Postuces, \$4; 0; 16   Milk (11-22)   Milk (11-22	Mashed Plantones, 95 c. (15)   Plants from Plants (25) of breakfasts and 18,27 for funds. (4)   Littuce, 85 from full. (15)   Plants from 18,27 for funds. (4)   Littuce, 85 from full. (15)   Plants from 18,27 for funds. (4)   Plants from 18,27 for funds. (5)					
Adult med prices are \$2.90 for breakfast and \$3.75 for lunch.	Lettuce & Tomato, Na. Co. (1), Omiton					
Please complete the Household Income Form (HIIF) sent home by teachers and return to school as soon as possible. Thank you!   Sent Home by teachers and return to school as soon as possible. Thank you!   Sent Home by teachers and return to school as soon as possible. Thank you!   Sent Home by teachers and return to school as soon as possible. Thank you!   Sent Home State (19)	Baked Beam, %c. (39)   Feels First (-15)   Feel F	send money if you wish to pu	rchase a la carte or extra items.	Nacho Cheese Doritos (20)	Mashed Potatoes, ½ c. (15)	Golden Corn, ½ c. (16)
Please complete the Household Income Form (HIF) sent home by teachers and return to school as soon as possible. Thank you!   Shift (172)   Prist (175)   Prist (176)   P	Baked Beam, %c. (39)   Feels First (-15)   Feel F	Adult meal prices are \$2.50 fo	or breakfast and \$3.75 for lunch.	Lettuce & Tomato, ¼ c. (1), Onion	Peas, ½ c. (9)	Mixed Green Salad, 3/4 c. (4)
Preach Praist (-15)	Press coumplete the Household Income Form (HIP) sent home by teachers and return to school as soon as possible. Thank you!   Fresh Fruit (-15)					
Fruit Sokekisk (20)	Print   Section   Sectio	Please complete the Household Inco	me Form (HIF) sent home by teachers	The state of the s		
Mink (11-22)	Monday, August 12					
Monday, August 12	Tuesday, August 12	and return to school as so	on as possible. Thank you:	` /		
Freeh Toast Siteks, 4 (38) & Syrup (31) or Sausage Praced on a Sitek (81), Fruit (-15), 100% Fruit Live (15) & Fruit L	Fereich Tosts Sticks, 4 (38) & Syrup (31)   or Fort & Yoggut   Fosts Sticks, 4 (38) & Syrup (31)   or Sausage Biscuit (26) or Pop-Tarts (37 ea.), triff (-15), 100% Fruit Juice (15) & for Milk (11-22)	75 7 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	T		` '	
Frait   Care   15 , Fruit   fuel   15 , Fruit   fuel   15 , fuel   16 , fue	Fast State (19)   Fast State (19)   Fast			¥/ B	¥/ B	
(-15), Fruit Juice (15) & or Milk (11-22)  Mini Corn Dogs, 6 (30)  Chicken Fillet (15) on Bun (31)  Chicken Fillet (15) on Bun (31)  Or Salad Bar  Or Salad Bar  Coulence Fillet, (15) on Bun (31)  Or Salad Bar  Southern Style Hash Browns, ½ c. (14)  Fresh Veggies, ½ c. (2.5)  Fresh Fill (1-15)  Fresh Veggies, ½ c. (2.5)  Fresh Fill (1-15)  Fr	[-15]. Friit Juice (15). ∨ Milk (11-22)  Mill Corn Dogs, 6 (30)  Or Big Daddy's Four Cheese Pizza or Pepperoni Pizza (35)  Or Salad Bar  Or					
(-15), Fruit Juice (15) & or Milk (11-22)  Mini Corn Dogs, 6 (30)  Chicken Fillet (15) on Bun (31)  Chicken Fillet (15) on Bun (31)  Or Salad Bar  Or Salad Bar  Coulden Corn, ½c. (16)  Baked Potato Wedges, ½c. (18)  Fresh Veggies, ½c. (2.5)  Fresh Fruit (-15)  Fruit Juice (15), & or Milk (11-22)  Mink (11-22)  Monday, August 19  Dornat Holes, & Gol) or Sanage Prucake on a Stack (18), Fruit (-15), Fruit Juice (15), & or Milk (11-22)  Fruit Juice (15), & or Milk (11-22)  Fruit Juice (15), & or Milk (11-22)  Fresh Veggies, ½c. (2.5)  Fresh Veggies, ½c. (2.5)  Fresh Veggies, ½c. (2.5)  Fresh Veggies, ½c. (2.5)  Fresh Fruit (-15)  Fruit Juice (15), & or Milk (11-22)  Fresh Veggies, ½c. (2.5)  Fresh Fruit (-15)  Fruit Juice (15), & or Milk (11-22)  Fruit Juice	[-15]. Friit Juice (15). ∨ Milk (11-22)  Mill Corn Dogs, 6 (30)  Or Big Daddy's Four Cheese Pizza or Pepperoni Pizza (35)  Or Salad Bar  Or	or Sausage Pancake on a Stick (18), Fruit	Parfait (29) with Fresh Baked Granola	Fruit (~15), 100% Fruit Juice (15) &/or	31), Goldfish Grahams (19), Fruit (~15),	(41), Fruit (~15), 100% Fruit Juice (15)
Mini Corn Dogs, 6 (30)   Chicken Filter (15) on Bun (31)   Or Hamburger (1) on Bun (31)   Or Hamburger (3) on Salada Bar (30) or Salada Sar (30)	Mini Corn Dogs, 6 (30)   Chicken Fillet (15) on Bun (31)   Or Hamburger (1) on Bun (31)   Or Salad Bar (35) or S		(17), Fruit (~15), 100% Fruit Juice (15)	Milk (11-22)	Fruit Juice (15) &/or Milk (11-22)	&/or Milk (11-22)
Min Corn Dogs, 6 (30)   Chicken Filter (15) on Bun (31)   Chicken Smackers, 10 (20)   & Warffle (37), Syrup (31)   Or Salad Bar Golden Corn, ½c. (16)   Fresh Prait (-15)   Fresh Fruit (-15)   Fresh Select (20)   Milk (11-22)   Mi	Min Corn Dogs, 6, 6(0)   Or Big Daddy's Four Cheese Pizza or Pepperon Pizza (5) Or Big Daddy's Four Cheese or Pepzeron (Pizza (5) Or Salad Bar Or Salad Bar Or Salad Bar (5) o			,		` ′
OF Big Daddy's Four Cheese Pizza or Pepperoni Pizza (35) OF Salad Bar Solden Com, ½c. (16) Green Beans, ½c. (4) Green Beans, ½c. (4) Green Beans, ½c. (4) Fresh Veggies, ½c. (2.5) Fresh Fruit (-15) Fruit Cocktail, ½c. (18) Mik (11-22)  Monday, August 19  Tussday, August 20  Tussday, August 20  Tussday, August 20  Tussday, August 20  Wodnesday, August 21  Thursday, August 22 Friday, August 23 Fruit (-15), Evol Illice (15) & Fruit (-15), 100% Fruit Juice (15) & Fruit (-15) Fruit Suck (-15) Fresh Fruit (-15) Fresh F	Or Flag Daddy's Four Cheese Pizza or	Mini Corn Dogs 6 (30)		Chicken Smackers 10 (20)	Pork BBO (16) on Bun (31)	Chicken & Cheese Quesadilla (37)
Pepperoni Pizza (35)   Or Salad Bar   Salad Bar   Salad Bar   Soluthern-Style Hash Browns, ½c. (14)   Fresh Veggies, ½c. (2.5)   Fresh Fruit (-15)   Fresh Pruit (-15)   Fresh Fruit (-15)   Fresh Fruit (-15)   Fresh Fruit (-15)   Fresh Fruit (-15)   Fruit Sidskick (20)   Milk (11-22)   Mil	Popperoin Pizza (35)   Or Salad Bar   Southern Style Hash Browns, ½c. (14)   Fresh Prizit (-15)   Fresh Prizit (					
Of Salad Bar Golden Com, ½c. (16)         Golden Com, ½c. (16)         Fresh Pregies, ½c. (2.5)         Fresh Veggies, ½c. (2.5)         Fresh Veggies, ½c. (2.5)         Fresh Veggies, ½c. (2.5)         Fresh Pruit (-15)         Fresh Pruit (-15)         Fresh Pruit (+15)         Baked Beans, ½c. (29)         Shredded Lettuce & Tomato, ¼c. (4)         Fresh Pruit (+15)         Presh Pruit (+15)	Do Falad Bar   Golden Com, %c. (16)   Golden Com, %c. (16)   Golden Com, %c. (16)   Golden Com, %c. (16)   Green Beans, %c. (25)   Fresh Preigies, %c. (2.5)   Fresh Preigies, %c. (2.5)   Fresh Preigies, %c. (2.5)   Fresh Pruit (-15)   Fruit Cockain, %c. (3) or Sassage Pancake on a Stick (18), Fruit (-15), Fruit Juice (15) &/or Milk (11-22)   Milk (11-2					
Fresh Pruit (-15)   Fresh Veggies, ½ c. (2.5)   Fresh Rice, ½ c. (2.5)   Fresh Rice, ½ c. (2.5)   Fresh Fruit (-15)   Fresh	Golden Corn, ½c. (16)   Green Beans, ½c. (4)   Fresh Veggies, ½c. (2.5)   Fresh Fruit (-15)   Fresh Golden Lettuce & Tomato, ½c. (4)   Fresh Fruit (-15)   Fresh Golden Corn, ½c. (15)   Fresh Fruit (-15)   Fresh Golden Corn, ½c. (15)   Fresh Fruit (-15)   Fresh Golden Corn, ½c. (15)   Fresh Fruit (-15)   Fresh Golden Corn, ½c. (16)   Fresh Fruit (-15)   Fresh Golden Corn, ½c. (16)   Fresh Fruit (-15)   Fresh Golden Corn, ½c. (15)   Fresh Fruit (-15)   Fresh Golden Corn, ½c. (15)   Fresh Fruit (-15)					
Fresh Pruit (-15)   Fresh Fruit (-15)   Fruit Sidekick (20)   Milk (11-22)   Mi	Green Beans, 1/2, c, (4)   Fresh Prait (-15)   Fresh Fruit (-15)   Fresh Prait (-15)   Fresh Prait (-15)   Fresh Fruit (-15)   Fresh Fruit (-15)   Fruit Sidekick (20)   Milk (11-22)					* * /
Fresh Fruit (-15)   Fresh Fruit (-15)   Fresh Fruit (-15)   Fresh Fruit (-15)   Fresh Sideskick (20)   Milk (11-22)   Milk (	Fresh Fruit (-15)   Fresh Fruit (-15)   Fresh Fruit (-15)   Fresh Sidekick (20)   Milk (11-22)   Milk (11-23)   Milk (11-22)		Green Beans, ½ c. (4)	Fresh Veggies, ½ c. (2.5)	Fresh Veggies, ½ c. (2.5)	Fiesta Rice, ½ c. (21)
Fresh Fruit (-15)   Fruit Scakes, 1/2   Sulfix (11-22)   Fresh Fruit (-15)   Fruit Scakes, 1/2   Sulfix (11-22)   Fresh Fruit (-15)   Fruit Juice (15) & Fruit Juic	Fruit   Fruit	Green Beans, 1/2 c. (4)	Romaine & Tomato (4)	Fresh Fruit, ½ c. (~15)	Baked Beans, ½ c. (29)	Shredded Lettuce & Tomato, ¾ c. (4),
Fresh Fruit (-15)   Fruit Scakes, 1/2   Sulfix (11-22)   Fresh Fruit (-15)   Fruit Scakes, 1/2   Sulfix (11-22)   Fresh Fruit (-15)   Fruit Juice (15) & Fruit Juic	Fruit   Fruit   (-15)   Fruit   Stekick   (20)   Fruit   (-15)   Fruit	Fresh Veggies, ½ c. (2.5)	Fresh Fruit (~15)	Peach Slices, ½ c. (12)	Fresh Fruit (~15)	Sour Cream (1)
Milk (11-22)   Milk (11-22)   Milk (11-22)   Third (12)   Third (13), Fruit (14)   Third (13), Fruit (14)   Third (13), Fruit (15), Sor Milk (11-22)   Third (15), Even Milk (11-22)   Thi	Fruit Cocktail. ½c. (18). Milk (11-22)   Milk (11	Fresh Fruit (~15)	Fruit Sidekick (20)	Milk (11-22)	Mixed Berry or Peach Slush Cup (20)	Fresh Fruit (~15)
Monday, August 19	Monday, August 19	` ,	` '	,		` '
Donut Holes, 6 (30) or Sausage Pancake on a Stick (18), Fruit (-15), Fruit Juice (15) &/or Milk (11-22)	Donut Holes, 6 (30) or Sausage Pancake on a Stick (18), Fruit (-15), Fruit Juice (15), &/cor Milk (11-22)			Wodnosdov August 21		
Pop-Tarts (37 ea.), Fruit (-15), 100%   Fruit A Vogurh Parfait (29) with Fresh   Baked Granola (17), Fruit (-15), 100%   Fruit Juice (15) & fruit Mik (11-22)   Mandarin Orange Chicken (19)   Or Salad Bar (2)/Gravy (5)   Or Salad Bar (Breakfast Burrito)   Or Salad Bar (Breakfast	On a Stick (18), Fruit (-15), Fruit Juice   Fruit Fruit (-15), 100%   Fruit Juice (15) &/or Milk (11-22)   Fruit Juice (		· · ·			
Fruit Juice (15) &/or Milk (11-22)	Chicken (15) & for Milk (11-22)				` '	
Mandarin Orange Chicken (19)	Fruit Juice (15) &/or Milk (11-22)					
Mandarin Orange Chicken (19)   Salisbury Steak (2)/Gravy (5)   Chicken Strips, 4 (22)   Or Big Daddy's Four Cheese or Or Big Daddy's Four Cheese or Or Hamburger (1) on Bun (31)   Or Salad Bar Golden Corn, ½ c. (16)   Or Salad Bar Golden Corn, ½ c. (15)   Or Salad Bar Golden Corn, ½ c. (16)   Seasoned Carrotts, ½ c. (13)   Peas, ½ c. (19)   Tortilla Chips (18) or Doritos (20)   Or Salad Bar Golden Corn, ½ c. (16)   Steamed Brozeoli, ½ c. (15)   Fresh Fruit (-15)   Fresh Fruit (-15	Mandarin Orange Chicken (19)   Or Big Daddy's Four Cheese or Or Hamburger (1) on Bun (31)   Or Salad Bar Golden Corn, ½c. (16)   Fiesta Rice, ½c. (21), Tortilla (19)   Shredded Lettuce & Tomato, ¾c. (4)   Fresh Fruit (-15)   Fruit Sidekick (20)   Milk (11-22)	(15) &/or Milk (11-22)	Fruit Juice (15) &/or Milk (11-22)			
Mandarin Orange Chicken (19)         Salisbury Steak (2)/Gravy (5)         Chicken Strips, 4 (22)         Nachos: Chicken, 3 oz. & Queso, 2 oz. (4)         Big Daddy's Four Cheese or Pepperoni           Or Big Daddy's Four Cheese or         Or Hamburger (1) on Bun (31)         Or Salad Bar (Breakfast Burrito)         Or Tony's Deep Dish Personal Pizza (35)         Oz. (4)         Big Daddy's Four Cheese or Pepperoni           Pepperoni Pizza (35) or Salad Bar (Golden Corn, ½ c. (16)         Seasoned Carrots, ½ c. (13)         Peas, ½ c. (9)         Tortilla Chips (18) or Doritos (20)         Os Salad Bar (Golden Corn, ½ c. (16)           Fiesta Rice, ½ c. (21), Tortilla (19)         Mashed Potatoes, ½ c. (15)         Fresh Pruit (~15)         Fresh Veggies, ½ c. (15)         Corn, ½ c. (16)         Steamed Broccoli, ½ c. (16)           Fresh Fruit (~15)         Bread, 1 slice (15)         Fresh Fruit (~15)         Fresh Fruit (~15)         Shredded Lettuce & Tomato, ¾ c. (4)         Fresh Fruit (~15)         Baked Beans, ½ c. (29)         Fresh Fruit Assortment (~15)         Baked Beans, ½ c. (4)         Mixed Berny or Peach Slusch Cup (20)         Pruit Cocktail, ½ c. (18)         Fresh Fruit, ½ c. (-15), Salsa, ¼ c. (4)         Fresh Fruit (~15), Mixed Berny or Peach Slusch Cup (20)         Mixed Berny or Peach Slusch Cup (20)         Mixed Berny or Peach Slusch Cup (20)         F	Mandarin Orange Chicken (19)   Or Big Daddy's Four Cheese or Or Hamburger (1) on Bun (31)   Or Salad Bar   O			Fruit Juice (15) &/or Milk (11-22)	Wow Butter (8), Fruit (~15), Fruit Juice	Fruit (~15) or 6-pk Donuts (41), Fruit
Mandarin Orange Chicken (19)         Salisbury Steak (2)/Gravy (5)         Chicken Strips, 4 (22)         Nachos: Chicken, 3 oz. & Queso, 2 oz. (4)         Big Daddy's Four Cheese or Pepperoni           Or Big Daddy's Four Cheese or         Or Hamburger (1) on Bun (31)         Or Salad Bar (Breakfast Burrito)         Or Tony's Deep Dish Personal Pizza (35)         Oz. (4)         Big Daddy's Four Cheese or Pepperoni           Pepperoni Pizza (35) or Salad Bar (Golden Corn, ½ c. (16)         Seasoned Carrots, ½ c. (13)         Peas, ½ c. (9)         Tortilla Chips (18) or Doritos (20)         Or Salad Bar (Golden Corn, ½ c. (16)           Fiesta Rice, ½ c. (21), Tortilla (19)         Mashed Potatoes, ½ c. (15)         Fresh Preit (~15)         Fresh Veggies, ½ c. (15)         Streath Claim (~15)         Steamed Broccoi. (½ c. (6)         Fresh Vegies, ½ c. (18)         Fresh Fruit, ½	Mandarin Orange Chicken (19)   Or Big Daddy's Four Cheese or Or Hamburger (1) on Bun (31)   Or Salad Bar   O				(15) &/or Milk (11-22)	(~15), 100% Fruit Juice (15) &/or Milk
or Big Daddy's Four Cheese or Pepperoni Pizza (35) or Salad Bar         Or Hamburger (1) on Bun (31)         Or Salad Bar (Breakfast Burrito)         Or Tony's Deep Dish Personal Pizza (35)         Pizza (35) or Hamburger (1) on Bun (31)           Pepperoni Pizza (35) or Salad Bar Golden Corn, ½c. (16)         Seasoned Carrots, ½c. (13)         Peas, ½c. (9)         Tortilla Chips (18) or Doritos (20)         Golden Corn, ½c. (16)           Fiesta Rice, ½c. (21), Tortilla (19)         Mashed Potatoes, ½c. (15)         Fresh Fruit (~15)         Fresh Fruit (~15)         Steamed Broccoli, ½c. (5)           Fresh Fruit (~15)         Bread, 1 slice (15)         Fresh Fruit (~15)         Fresh Fruit (~15)         Shredded Lettuce & Tomato, ¾c. (4)         Fresh Fruit (~15)         Baked Beans, ½c. (29)           Fruit Sidekick (20)         Milk (11-22)         Milk (11-22)         Fresh Fruit, ½c. (~15), Salsa, ¼c. (4)         Fresh Fruit, ½c. (~15), Salsa, ¼c. (4)         Fresh Fruit (~15)         Mik (11-22)         Milk (11-22)         Fruit Unice (15) &/or Milk (11-22)         Fruit Unice (15) &/or Milk (11-22)         Fruit Unice (15) &/or Milk (11-22)         Pruit Unice (15) &/or Milk (11-22)         Fruit Unice (15) &/or Milk (1	Or Big Daddy's Four Cheese or Pepperoni Pizza (35) or Salad Bar Golden Corn, ½ c. (16)         Or Salad Bar Golden Corn, ½ c. (16)         Or Salad Bar Seasoned Carrots, ½ c. (13)         Or Salad Bar Golden Corn, ½ c. (16)         Or Salad Bar Golden Corn, ½ c. (16)         Or Salad Bar Seasoned Carrots, ½ c. (13)         Or Salad Bar Golden Corn, ½ c. (16)         Salad Bar Golden Corn, ½ c. (16)         Steamed Broccoli, ½ c. (5)         Steamed Broccoli, ½ c. (16)         Steamed Broccoli, ½ c. (15)         Steamed Broccoli, ½ c. (16)         Steamed Broccoli, ½ c. (16)         Steamed Broccoli, ½ c. (16)         Steamed Broccoli, ½ c. (15)         Steamed Broccoli, ½ c. (16)         Steamed Broccoli, ½ c. (16)         Steamed Broccoli, ½ c. (15)         Steamed Broccoli, ½ c. (16)         Steamed Broccoli, ½ c. (16)         Steamed Broccoli, ½ c. (15)         Steamed Broccoli, ½ c. (15)         Steamed Broccoli, ½ c. (16)         Steamed Broccoli, ½ c. (15)         Steamed Broccoli, ½ c. (15) <td>Mandarin Orange Chicken (19)</td> <td>Salisbury Steak (2)/Gravy (5)</td> <td>Chicken Strips, 4 (22)</td> <td>Nachos: Chicken, 3 oz. &amp; Oueso, 2 oz. (4)</td> <td></td>	Mandarin Orange Chicken (19)	Salisbury Steak (2)/Gravy (5)	Chicken Strips, 4 (22)	Nachos: Chicken, 3 oz. & Oueso, 2 oz. (4)	
Pepperoni Pizza (35) or Salad Bar   Or Salad Bar   Seasoned Carrots, ½ c. (13)   Seasoned Carrots, ½ c. (15)   Fresh Veggies, ½ c. (9)   Tortilla Chips (18) or Doritos (20)   Steamed Broccoli, ½ c. (16)   Steamed Broccoli, ½ c. (17)   Salsa, ¼ c. (21)   Shredded Lettuce & Tomato, ¾ c. (4)   Fresh Fruit (-15)   Shredded Lettuce & Tomato, ¾ c. (4)   Fresh Fruit (-15)   Shredded Lettuce & Tomato, ¾ c. (4)   Fresh Fruit (-15)   Shredded Lettuce & Tomato, ¾ c. (4)   Fresh Fruit (-15)   Shredded Lettuce & Tomato, ¾ c. (4)   Fresh Fruit (-15)   Shredded Lettuce & Tomato, ¾ c. (4)   Fresh Fruit (-15)   Shredded Lettuce & Tomato, ¾ c. (4)   Fresh Fruit (-15)   Shredded Lettuce & Tomato, ¾ c. (4)   Fresh Fruit (-15)   Fruit Saortment (-15)   Milk (11-22)   Mi	Pepperoni Pizza (35) or Salad Bar   Golden Com, ½c. (16)   Seasoned Carrots, ½c. (13)   Seasoned Carrots, ½c. (13)   Peas, ½c. (9)   Tortilla Chips (18) or Doritos (20)   Golden Com, ½c. (16)   Steamed Bard Potatoes, ½c. (15)   Fresh Veggies, ½c. (25)   Fresh Fruit (-15)   Fruit Coektail, ½c. (18)   Fresh Fruit (-15)   Fresh Fruit (-15)   Fresh Fruit (-15)					
Golden Corn, ½ c. (16) Fiesta Rice, ½ c. (21), Tortilla (19) Shredded Lettuce & Tomato, ¾ c. (4) Fresh Fruit (~15) Milk (11-22) Milk (11-22) Milk (11-22)  Chicken (6) Biscuit (26) or Pop-Tarts (37 ea.), Fruit (~15), 100% Fruit Juice (15) Ø/or Milk (11-22)  Hot Dog (2) on Bun (31) Or Big Daddy's Four Cheese Pizza or Pepperoni Pizza (35) Or Salad Bar Or Salad Sala (2.(4) Or Tomy's Deep Dista (35)	Golden Corn, ½ c. (16) Fiesta Rice, ½ c. (21), Tortilla (19) Shredded Lettuce & Tomato, ¾ c. (4) Fresh Fruit (~15) Fresh Fruit (~15) Frist Sidekick (20) Mik (11-22)  Monday, August 26 Chicken (6) Biscuit (26) or Pop-Tarts (37 ea.), Fruit (~15), 100% Fruit Juice (15)  A/or Mik (11-22)  Hot Dog (2) on Bun (31) Or Salad Bar Poperoni Pizza (35) Or Salad Bar Postal Sales, ½ c. (29) Presh Froit (~15) Fresh Veggies, ½ c. (14) Presh Froit (~15) Fresh Fruit (~15) Fr					
Fresh Rice, ½ c. (21), Tortilla (19) Shredded Lettuce & Tomato, ¾ c. (4) Fresh Fruit (~15) Fresh Fruit (~15) Fresh Fruit (~15) Fruit Sidekick (20) Milk (11-22)  Monday, August 26 Chicken (6) Biscuit (26) or Pop-Tarts (37 e.a.), Fruit (~15), 100% Fruit Juice (15) & fruit	Fresh Rice, ½ c. (21), Tortilla (19)   Mashed Potatoes, ½ c. (15)   Bread, 1 slice (15)   Baked Beans, ½ c. (29)   Break fast Duriti, ½ c. (18)   Break Fruit (-15), Individually (11-22)   Bread, 1 slice (15)   Bread, 1 slice (15)   Bread, 1 slice (15)   Bread, 1 slice (15)   Baked Beans, ½ c. (29)   Bread, 1 slice (15)   Bread Bread, 1 slice (15)   Bread Bread, 1 slice (15)   Bread Bread, 1	L Pannaroni Pizza (35) or Valad Rar	Or Salad Bar	Machad Potatoes 1/2 c (15)		
Shredded Lettuce & Tomato, ¾ c. (4)   Fresh Fruit (~15)   Shredded Lettuce & Tomato, ¾ c. (4)   Fresh Fruit Assortment (~15)   Fresh Fruit Assortment (~15)   Milk (11-22)   M	Shredded Lettuce & Tomato, ¾ c. (4)   Fresh Fruit (~15)   Shredded Lettuce & Tomato, ¾ c. (4)   Fresh Fruit Associated Lettuce & Tomato, ¾ c. (4)   Fresh Fruit (~15)   Fresh Fruit				Or Salad Bar	Or Salad Bar
Fresh Fruit (~15) Fresh Fruit	Fresh Fruit (~15)	Golden Corn, ½ c. (16)	Seasoned Carrots, ½ c. (13)	Peas, ½ c. (9)	Or Salad Bar Tortilla Chips (18) or Doritos (20)	Or Salad Bar Golden Corn, ½ c. (16)
Fruit Sidekick (20) Milk (11-22)  Monday, August 26  Chicken (6) Biscuit (26) or Pop-Tarts (37 ea.), Fruit (-15), 100% Fruit Juice (15) Milk (11-22)  Breakfast Pizza (17) or Fruit Smoothie – 18 oz. (86), Fruit (-15), 100% Fruit Juice (15) Milk (11-22)  Breakfast Pizza (17) or Fruit Smoothie – 18 oz. (86), Fruit (-15), 100% Fruit Juice (15) Milk (11-22)  Fruit (-15), 100% Fruit Juice (15) &/or Milk (11-22)  Fruit (-15), 100% Fruit Juice (15) &/or Milk (11-22)  Fruit (-15), 100% Fruit Juice (15) &/or Milk (11-22)  Fruit (-15), 100% Fruit Juice (15) &/or Milk (11-22)  Fruit Juice (15) &	Fruit Sidekick (20)   Milk (11-22)   Roll, 1 ea. (22)   Fresh Fruit, ½ c. (-15), Salsa, ¼ c. (4)   Mixed Berry or Peach Slush Cup (20)   Milk (11-22)   Mi	Golden Corn, ½ c. (16) Fiesta Rice, ½ c. (21), Tortilla (19)	Seasoned Carrots, ½ c. (13) Mashed Potatoes, ½ c. (15)	Peas, ½ c. (9) Fresh Veggies, ½ cup (2.5)	Or Salad Bar Tortilla Chips (18) or Doritos (20) Corn, ½ c. (16)	Or Salad Bar Golden Corn, ½ c. (16) Steamed Broccoli , ½ c. (5)
Milk (11-22)         Milk (11-22)         Milk (11-22)         Fruit Sidekick (20), Milk (11-22)         Milk (11-22)         Milk (11-22)           Monday, August 26         Tuesday, August 27         Wednesday, August 28         Thursday, August 29         Friday, August 30           Chicken (6) Biscuit (26) or Pop-Tarts (37 ea.), Fruit (~15), 100% Fruit Juice (15)         Breakfast Pizza (17) or Fruit Smoothie – 18 oz. (86), Fruit (~15), 100% Fruit Juice (15), 100% Fruit Juice (15), 100% Fruit Juice (15), 26 or Milk (11-22)         Breakfast Bizra (17) or Fruit Smoothie – 18 oz. (86), Fruit (~15), 100% Fruit Juice (15), 26 or Milk (11-22)         Breakfast Bizra (17) or Fruit Smoothie – 18 oz. (86), Fruit (~15), 100% Fruit Juice (15), 26 or Milk (11-22)         Breakfast Bizra (17) or Fruit Smoothie – 18 oz. (86), Fruit Costail, 17 or Fruit Juice (15), 26 or Milk (11-22)         Breakfast Bizra (17) or Fruit Smoothie – 18 oz. (86), Fruit Costail, 17 or Fruit Juice (15), 26 or Mulffins (27-20), 27 or Fruit Juice (15), 27 or Fruit Juice (15), 27 or Fruit Juice (15), 27 or Fruit Avgust Parfait (29) with 17 or Fruit & Yogurt Parfait (29) with 17 or Fruit & Yogurt Parfait (29) with (17-22)         Or Fruit & Yogurt Parfait (29) with (15), 100% Fruit Juice (15), 26 or Fruit Juice (15), 26 or Milk (11-22)         Fruit Juice (15), 26 or Milk (11-22)         Or Fruit & Yogurt Parfait (29) with (17-25), 100% Fruit (~15), 100% Fruit Juice (15), 26 or Milk (11-22)         Or Fruit & Yogurt Parfait (29) with (17-25), 100% Fruit (~15), 100% Fruit Juice (15), 26 or Milk (11-22)         Baked Granol (17), Fruit (~15), 100% Fruit (~15), 100% Fruit Juice (15), 26 or Fruit Juice (15), 26 or Fruit Juice (15), 26 or Milk (11-22)         Chicken Alfredo (39) or Tony's Deep Dish	Milk (11-22)         Milk (11-22)         Milk (11-22)         Fruit Sidekick (20), Milk (11-22)         Milk (11-22)         Milk (11-22)           Monday, August 26         Tuesday, August 27         Wednesday, August 28         Thursday, August 29         Friday, August 30           Chicken (6) Biscuit (26) or Pop-Tarts (37 ea.), Fruit (~15), 100% Fruit Juice (15)         Breakfast Pizza (17) or Fruit Smoothie − 18 oz. (86), Fruit (~15), 100% Fruit Juice (15)         Sausage, Egg, & Cheese Croissant (31) or Eggo Mini Pancakes (35) & Syrup (31), Fruit (~15), 100% Fruit Juice (15) &/or Milk (11-22)         Breakfast Burrito (23) or Muffins (27-2)         Hashbrowns, 2 (26), Cheesy Toast (15) or Fruit & Yogurt Parfait (29) with Fresh Fruit (~15), 100% Fruit Juice (15) &/or Milk (11-22)         Breakfast Burrito (23) or Muffins (27-3) or Muffins (27-3), Goldfish Grahams (19), Fruit (~15), Fruit Juice (15) &/or Milk (11-22)         Breakfast Burrito (23) or Muffins (27-3) or Fruit Juice (15) &/or Fruit Juice (15) &/or Fruit Juice (15) &/or Milk (11-22)         Breakfast Burrito (23) or Muffins (27-3) or Fruit Juice (15) &/or Fruit Juice (15) &/or Fruit Juice (15) &/or Milk (11-22)         Breakfast Burrito (23) or Muffins (27-3) or Fruit Juice (15) &/or Milk (11-22)         Breakfast Burrito (23) or Muffins (27-3) or Fruit Juice (15) &/or Salad Bar         Breakfast Burrito (23) or Muffins (27-3) or Fruit Juice (15) &/or Salad Bar (17-2)         Breakfast Burr	Golden Corn, ½ c. (16) Fiesta Rice, ½ c. (21), Tortilla (19) Shredded Lettuce & Tomato, ¾ c. (4)	Seasoned Carrots, ½ c. (13) Mashed Potatoes, ½ c. (15) Bread, 1 slice (15)	Peas, ½ c. (9) Fresh Veggies, ½ cup (2.5) Fresh Fruit (~15)	Or Salad Bar Tortilla Chips (18) or Doritos (20) Corn, ½ c. (16) Fiesta Rice, ½ c. (21)	Or Salad Bar Golden Corn, ½ c. (16) Steamed Broccoli , ½ c. (5) Baked Beans, ½ c. (29)
Monday, August 26         Tuesday, August 27         Wednesday, August 28         Thursday, August 29         Friday, August 30           Chicken (6) Biscuit (26) or Pop-Tarts (37 ea.), Fruit (~15), 100% Fruit Juice (15)         Breakfast Pizza (17) or Fruit Smoothie – 18 oz. (86), Fruit (~15), 100% Fruit Juice (15)         Sausage, Egg, & Cheese Croissant (31) or Eggo Mini Pancakes (35) & Syrup (31), Fruit (~15), 100% Fruit Juice (15) &/or Milk (11-22)         Breakfast Burrito (23) or Muffins (27-31), Goldfish Grahams (19), Fruit (~15), Fruit (~15), 100% Fruit Juice (15) &/or Milk (11-22)         Hashbrowns, 2 (26), Cheesy Toast (15) or Fruit & Yogurt Parfait (29) with Fresh Baked Granola (17), Fruit (~15), 100% Fruit Juice (15) &/or Milk (11-22)           Hot Dog (2) on Bun (31)         BREAKFAST FOR LUNCH         Chicken Strips (*)         Beef Taco, 3 oz. (0) & Shredded Cheese (1) or Tony's Deep Dish Personal Pizza (35) or Salad Bar         Chicken Alfredo (39)           Or Salad Bar         Or Salad Bar         Mashed Potatoes, ½ c. (15)         (35) or Salad Bar (35) or Salad Bar         (35) or Salad Bar (35)	Monday, August 26         Tuesday, August 27         Wednesday, August 28         Thursday, August 29         Friday, August 30           Chicken (6) Biscuit (26) or Pop-Tarts (37 ea.), Fruit (~15), 100% Fruit Juice (15)         Breakfast Pizza (17) or Fruit Smoothie – 18 oz. (86), Fruit (~15), 100% Fruit Juice (15)         Sausage, Egg, & Cheese Croissant (31) or Eggo Mini Pancakes (35) & Syrup (31), Fruit (~15), 100% Fruit Juice (15) &/or Milk (11-22)         Breakfast Burrito (23) or Muffins (27-3), 100 M	Golden Corn, ½ c. (16) Fiesta Rice, ½ c. (21), Tortilla (19) Shredded Lettuce & Tomato, ¾ c. (4) Fresh Fruit (~15)	Seasoned Carrots, ½ c. (13) Mashed Potatoes, ½ c. (15) Bread, 1 slice (15) Fresh Fruit (~15)	Peas, ½ c. (9) Fresh Veggies, ½ cup (2.5) Fresh Fruit (~15) Fruit Cocktail, ½ c. (18)	Or Salad Bar Tortilla Chips (18) or Doritos (20) Corn, ½ c. (16) Fiesta Rice, ½ c. (21) Shredded Lettuce & Tomato, ¾ c. (4)	Or Salad Bar Golden Corn, ½ c. (16) Steamed Broccoli , ½ c. (5) Baked Beans, ½ c. (29) Fresh Fruit Assortment (~15)
Monday, August 26         Tuesday, August 27         Wednesday, August 28         Thursday, August 29         Friday, August 30           Chicken (6) Biscuit (26) or Pop-Tarts (37 ea.), Fruit (~15), 100% Fruit Juice (15)         Breakfast Pizza (17) or Fruit Smoothie – 18 oz. (86), Fruit (~15), 100% Fruit Juice (15)         Sausage, Egg, & Cheese Croissant (31) or Eggo Mini Pancakes (35) & Syrup (31), Fruit (~15), 100% Fruit Juice (15) &/or Milk (11-22)         Breakfast Burrito (23) or Muffins (27-31), Goldfish Grahams (19), Fruit (~15), Fruit (~15), 100% Fruit Juice (15) &/or Milk (11-22)         Hashbrowns, 2 (26), Cheesy Toast (15) or Fruit & Yogurt Parfait (29) with Fresh Baked Granola (17), Fruit (~15), 100% Fruit Juice (15) &/or Milk (11-22)           Hot Dog (2) on Bun (31)         BREAKFAST FOR LUNCH         Chicken Strips (*)         Beef Taco, 3 oz. (0) & Shredded Cheese (1) or Tony's Deep Dish Personal Pizza (35) or Salad Bar         Chicken Alfredo (39)           Or Salad Bar         Or Salad Bar         Mashed Potatoes, ½ c. (15)         (35) or Salad Bar (35) or Salad Bar         (35) or Salad Bar (35)	Monday, August 26         Tuesday, August 27         Wednesday, August 28         Thursday, August 29         Friday, August 30           Chicken (6) Biscuit (26) or Pop-Tarts (37 ea.), Fruit (~15), 100% Fruit Juice (15)         Breakfast Pizza (17) or Fruit Smoothie – 18 oz. (86), Fruit (~15), 100% Fruit Juice (15)         Sausage, Egg, & Cheese Croissant (31) or Eggo Mini Pancakes (35) & Syrup (31), Fruit (~15), 100% Fruit Juice (15) &/or Milk (11-22)         Breakfast Burrito (23) or Muffins (27-3), 100 M	Golden Corn, ½ c. (16) Fiesta Rice, ½ c. (21), Tortilla (19) Shredded Lettuce & Tomato, ¾ c. (4) Fresh Fruit (~15) Fruit Sidekick (20)	Seasoned Carrots, ½ c. (13) Mashed Potatoes, ½ c. (15) Bread, 1 slice (15) Fresh Fruit (~15) Peach Slices, ½ c. (12)	Peas, ½ c. (9) Fresh Veggies, ½ cup (2.5) Fresh Fruit (~15) Fruit Cocktail, ½ c. (18) Roll, 1 ea. (22)	Or Salad Bar Tortilla Chips (18) or Doritos (20) Corn, ½ c. (16) Fiesta Rice, ½ c. (21) Shredded Lettuce & Tomato, ¾ c. (4) Fresh Fruit, ½ c. (~15), Salsa, ¼ c. (4)	Or Salad Bar Golden Corn, ½ c. (16) Steamed Broccoli , ½ c. (5) Baked Beans, ½ c. (29) Fresh Fruit Assortment (~15) Mixed Berry or Peach Slush Cup (20)
Chicken (6) Biscuit (26) or Pop-Tarts (37 ea.), Fruit (26) or Pop-Tarts (37 ea.), Fruit (~15), 100% Fruit Juice (15)	Chicken (6) Biscuit (26) or Pop-Tarts (37 ea.), Fruit (~15), 100% Fruit Juice (15)	Golden Corn, ½ c. (16) Fiesta Rice, ½ c. (21), Tortilla (19) Shredded Lettuce & Tomato, ¾ c. (4) Fresh Fruit (~15) Fruit Sidekick (20)	Seasoned Carrots, ½ c. (13) Mashed Potatoes, ½ c. (15) Bread, 1 slice (15) Fresh Fruit (~15) Peach Slices, ½ c. (12)	Peas, ½ c. (9) Fresh Veggies, ½ cup (2.5) Fresh Fruit (~15) Fruit Cocktail, ½ c. (18) Roll, 1 ea. (22)	Or Salad Bar Tortilla Chips (18) or Doritos (20) Corn, ½ c. (16) Fiesta Rice, ½ c. (21) Shredded Lettuce & Tomato, ¾ c. (4) Fresh Fruit, ½ c. (~15), Salsa, ¼ c. (4)	Or Salad Bar Golden Corn, ½ c. (16) Steamed Broccoli , ½ c. (5) Baked Beans, ½ c. (29) Fresh Fruit Assortment (~15) Mixed Berry or Peach Slush Cup (20)
ea.), Fruit (~15), 100% Fruit Juice (15) &/or Milk (11-22)  Hot Dog (2) on Bun (31) Or Big Daddy's Four Cheese Pizza or Pepperoni Pizza (35) Or Salad Bar Or Sala	ea.), Fruit (~15), 100% Fruit Juice (15) &/or Milk (11-22)  Hot Dog (2) on Bun (31) Or Big Daddy's Four Cheese Pizza or Pepperoni Pizza (35) Or Salad Bar Or Sala	Golden Corn, ½ c. (16) Fiesta Rice, ½ c. (21), Tortilla (19) Shredded Lettuce & Tomato, ¾ c. (4) Fresh Fruit (~15) Fruit Sidekick (20) Milk (11-22)	Seasoned Carrots, ½ c. (13) Mashed Potatoes, ½ c. (15) Bread, 1 slice (15) Fresh Fruit (~15) Peach Slices, ½ c. (12) Milk (11-22)	Peas, ½ c. (9) Fresh Veggies, ½ cup (2.5) Fresh Fruit (~15) Fruit Cocktail, ½ c. (18) Roll, 1 ea. (22) Milk (11-22)	Or Salad Bar Tortilla Chips (18) or Doritos (20) Corn, ½ c. (16) Fiesta Rice, ½ c. (21) Shredded Lettuce & Tomato, ¾ c. (4) Fresh Fruit, ½ c. (~15), Salsa, ¼ c. (4) Fruit Sidekick (20), Milk (11-22)	Or Salad Bar Golden Corn, ½ c. (16) Steamed Broccoli , ½ c. (5) Baked Beans, ½ c. (29) Fresh Fruit Assortment (~15) Mixed Berry or Peach Slush Cup (20) Milk (11-22)
## Add Potato Smiles, 4 ea. (28)  ## Add	## Africal Section   ## Africa	Golden Corn, ½ c. (16) Fiesta Rice, ½ c. (21), Tortilla (19) Shredded Lettuce & Tomato, ¾ c. (4) Fresh Fruit (~15) Fruit Sidekick (20) Milk (11-22)  Monday, August 26	Seasoned Carrots, ½ c. (13) Mashed Potatoes, ½ c. (15) Bread, 1 slice (15) Fresh Fruit (~15) Peach Slices, ½ c. (12) Milk (11-22)  Tuesday, August 27	Peas, ½ c. (9) Fresh Veggies, ½ cup (2.5) Fresh Fruit (~15) Fruit Cocktail, ½ c. (18) Roll, 1 ea. (22) Milk (11-22)  Wednesday, August 28	Or Salad Bar Tortilla Chips (18) or Doritos (20) Corn, ½ c. (16) Fiesta Rice, ½ c. (21) Shredded Lettuce & Tomato, ¾ c. (4) Fresh Fruit, ½ c. (~15), Salsa, ¼ c. (4) Fruit Sidekick (20), Milk (11-22)  Thursday, August 29	Or Salad Bar Golden Corn, ½ c. (16) Steamed Broccoli , ½ c. (5) Baked Beans, ½ c. (29) Fresh Fruit Assortment (~15) Mixed Berry or Peach Slush Cup (20) Milk (11-22)  Friday, August 30
Hot Dog (2) on Bun (31)BREAKFAST FOR LUNCHChicken Strips (*)Beef Taco, 3 oz. (0) & Shredded CheeseChicken Alfredo (39)Or Big Daddy's Four Cheese Pizza or Pepperoni Pizza (35)Sausage & EggsOr Salad Bar(1) or Tony's Deep Dish Personal PizzaOr Tony's Deep Dish Personal PizzaPepperoni Pizza (35)Biscuit (26) & Gravy (*)Mashed Potatoes, ½ c. (15)(35) or Salad Bar(35) or Salad BarOr Salad BarOr Salad BarGolden Corn, ½ c. (16)Cheesy Breadstick (15)Baked Beans, ½ c. (29)Southern-Style Hash Browns, ½ c. (14)Cauliflower & Red Peppers, ½ cup (2.5)Fiesta Rice, ½ c. (21)Glazed Carrots, ½ c. (13)Potato Smiles, 4 ea. (28)Fresh Veggies, ½ c. (2.5)Fresh Fruit (~15)Tortilla Chips (18), Salsa, ¼ c. (4)Steamed Broccoli, ½ c. (5)Fresh Veggies, ½ c. (2.5)Fruit Cocktail, ½ c. (18)Shredded Lettuce & Tomato, ¾ c. (4)Mixed Green Salad, ¾ c. (4)	Milk (11-22)   Fruit Juice (15) &/or Milk (11-22)	Golden Corn, ½ c. (16) Fiesta Rice, ½ c. (21), Tortilla (19) Shredded Lettuce & Tomato, ¾ c. (4) Fresh Fruit (~15) Fruit Sidekick (20) Milk (11-22)  Monday, August 26 Chicken (6) Biscuit (26) or Pop-Tarts (37	Seasoned Carrots, ½ c. (13) Mashed Potatoes, ½ c. (15) Bread, 1 slice (15) Fresh Fruit (~15) Peach Slices, ½ c. (12) Milk (11-22)  Tuesday, August 27  Breakfast Pizza (17) or Fruit Smoothie –	Peas, ½ c. (9) Fresh Veggies, ½ cup (2.5) Fresh Fruit (~15) Fruit Cocktail, ½ c. (18) Roll, 1 ea. (22) Milk (11-22)  Wednesday, August 28 Sausage, Egg, & Cheese Croissant (31) or	Or Salad Bar Tortilla Chips (18) or Doritos (20) Corn, ½ c. (16) Fiesta Rice, ½ c. (21) Shredded Lettuce & Tomato, ¾ c. (4) Fresh Fruit, ½ c. (~15), Salsa, ¼ c. (4) Fruit Sidekick (20), Milk (11-22)  Thursday, August 29  Breakfast Burrito (23) or Muffins (27-	Or Salad Bar Golden Corn, ½ c. (16) Steamed Broccoli , ½ c. (5) Baked Beans, ½ c. (29) Fresh Fruit Assortment (~15) Mixed Berry or Peach Slush Cup (20) Milk (11-22)  Friday, August 30 Hashbrowns, 2 (26), Cheesy Toast (15)
Hot Dog (2) on Bun (31) Or Big Daddy's Four Cheese Pizza or Pepperoni Pizza (35) Or Salad Bar Or	Hot Dog (2) on Bun (31) Or Big Daddy's Four Cheese Pizza or Pepperoni Pizza (35) Or Salad Bar Petato Smiles, 4 ea. (28) Fresh Veggies, ½ c. (2.5) Fresh Fruit (~15) Applesauce, ½ c. (23)  BREAKFAST FOR LUNCH Sausage & Eggs Or Salad Bar Or S	Golden Corn, ½ c. (16) Fiesta Rice, ½ c. (21), Tortilla (19) Shredded Lettuce & Tomato, ¾ c. (4) Fresh Fruit (~15) Fruit Sidekick (20) Milk (11-22)  Monday, August 26  Chicken (6) Biscuit (26) or Pop-Tarts (37 ea.), Fruit (~15), 100% Fruit Juice (15)	Seasoned Carrots, ½ c. (13) Mashed Potatoes, ½ c. (15) Bread, 1 slice (15) Fresh Fruit (~15) Peach Slices, ½ c. (12) Milk (11-22)  Tuesday, August 27  Breakfast Pizza (17) or Fruit Smoothie – 18 oz. (86), Fruit (~15), 100% Fruit Juice	Peas, ½ c. (9) Fresh Veggies, ½ cup (2.5) Fresh Fruit (~15) Fruit Cocktail, ½ c. (18) Roll, 1 ea. (22) Milk (11-22)  Wednesday, August 28  Sausage, Egg, & Cheese Croissant (31) or Eggo Mini Pancakes (35) & Syrup (31),	Or Salad Bar Tortilla Chips (18) or Doritos (20) Corn, ½ c. (16) Fiesta Rice, ½ c. (21) Shredded Lettuce & Tomato, ¾ c. (4) Fresh Fruit, ½ c. (~15), Salsa, ¼ c. (4) Fruit Sidekick (20), Milk (11-22)  Thursday, August 29  Breakfast Burrito (23) or Muffins (27-31), Goldfish Grahams (19), Fruit (~15),	Or Salad Bar Golden Corn, ½ c. (16) Steamed Broccoli , ½ c. (5) Baked Beans, ½ c. (29) Fresh Fruit Assortment (~15) Mixed Berry or Peach Slush Cup (20) Milk (11-22)  Friday, August 30 Hashbrowns, 2 (26), Cheesy Toast (15) or Fruit & Yogurt Parfait (29) with Fresh
Or Big Daddy's Four Cheese Pizza or Pepperoni Pizza (35)  Or Salad Bar  Colden Corn, ½ c. (16)  Cauliflower & Red Peppers, ½ cup (2.5)  Fresh Veggies, ½ c. (2.5)  Fresh Veggies, ½ c. (2.5)  Fresh Veggies, ½ c. (2.5)  Fruit Cocktail, ½ c. (18)  Or Tony's Deep Dish Personal Pizza (35) or Salad Bar  Cheesy Breadstick (15)  Glazed Carrots, ½ c. (13)  Steamed Broccoli, ½ c. (5)  Steamed Broccoli, ½ c. (5)  Mixed Green Salad, ¾ c. (4)	Or Big Daddy's Four Cheese Pizza or Pepperoni Pizza (35) Biscuit (26) & Gravy (*) Or Salad Bar O	Golden Corn, ½ c. (16) Fiesta Rice, ½ c. (21), Tortilla (19) Shredded Lettuce & Tomato, ¾ c. (4) Fresh Fruit (~15) Fruit Sidekick (20) Milk (11-22)  Monday, August 26  Chicken (6) Biscuit (26) or Pop-Tarts (37 ea.), Fruit (~15), 100% Fruit Juice (15)	Seasoned Carrots, ½ c. (13) Mashed Potatoes, ½ c. (15) Bread, 1 slice (15) Fresh Fruit (~15) Peach Slices, ½ c. (12) Milk (11-22)  Tuesday, August 27  Breakfast Pizza (17) or Fruit Smoothie – 18 oz. (86), Fruit (~15), 100% Fruit Juice	Peas, ½ c. (9) Fresh Veggies, ½ cup (2.5) Fresh Fruit (~15) Fruit Cocktail, ½ c. (18) Roll, 1 ea. (22) Milk (11-22)  Wednesday, August 28  Sausage, Egg, & Cheese Croissant (31) or Eggo Mini Pancakes (35) & Syrup (31), Fruit (~15), 100% Fruit Juice (15) &/or	Or Salad Bar Tortilla Chips (18) or Doritos (20) Corn, ½ c. (16) Fiesta Rice, ½ c. (21) Shredded Lettuce & Tomato, ¾ c. (4) Fresh Fruit, ½ c. (~15), Salsa, ¼ c. (4) Fruit Sidekick (20), Milk (11-22)  Thursday, August 29  Breakfast Burrito (23) or Muffins (27-31), Goldfish Grahams (19), Fruit (~15),	Or Salad Bar Golden Corn, ½ c. (16) Steamed Broccoli , ½ c. (5) Baked Beans, ½ c. (29) Fresh Fruit Assortment (~15) Mixed Berry or Peach Slush Cup (20) Milk (11-22) Friday, August 30 Hashbrowns, 2 (26), Cheesy Toast (15) or Fruit & Yogurt Parfait (29) with Fresh Baked Granola (17), Fruit (~15), 100%
Pepperoni Pizza (35) Biscuit (26) & Gravy (*) Or Salad Bar Golden Corn, ½ c. (16) Cauliflower & Red Peppers, ½ cup (2.5) Fresh Veggies, ½ c. (2.5) Fresh Veggies, ½ c. (2.5) Fruit Cocktail, ½ c. (18)  Mashed Potatoes, ½ c. (15) Golden Corn, ½ c. (16) Fiesta Rice, ½ c. (21) Tortilla Chips (18), Salsa, ¼ c. (4) Mixed Green Salad, ¾ c. (4)	Pepperoni Pizza (35) Biscuit (26) & Gravy (*) Or Salad Bar Or Salad Ba	Golden Corn, ½ c. (16) Fiesta Rice, ½ c. (21), Tortilla (19) Shredded Lettuce & Tomato, ¾ c. (4) Fresh Fruit (~15) Fruit Sidekick (20) Milk (11-22)  Monday, August 26  Chicken (6) Biscuit (26) or Pop-Tarts (37 ea.), Fruit (~15), 100% Fruit Juice (15) &/or Milk (11-22)	Seasoned Carrots, ½ c. (13) Mashed Potatoes, ½ c. (15) Bread, 1 slice (15) Fresh Fruit (~15) Peach Slices, ½ c. (12) Milk (11-22)  Tuesday, August 27  Breakfast Pizza (17) or Fruit Smoothie – 18 oz. (86), Fruit (~15), 100% Fruit Juice (15) &/or Milk (11-22)	Peas, ½ c. (9) Fresh Veggies, ½ cup (2.5) Fresh Fruit (~15) Fruit Cocktail, ½ c. (18) Roll, 1 ea. (22) Milk (11-22)  Wednesday, August 28  Sausage, Egg, & Cheese Croissant (31) or Eggo Mini Pancakes (35) & Syrup (31), Fruit (~15), 100% Fruit Juice (15) &/or Milk (11-22)	Or Salad Bar Tortilla Chips (18) or Doritos (20) Corn, ½ c. (16) Fiesta Rice, ½ c. (21) Shredded Lettuce & Tomato, ¾ c. (4) Fresh Fruit, ½ c. (~15), Salsa, ¼ c. (4) Fruit Sidekick (20), Milk (11-22)  Thursday, August 29  Breakfast Burrito (23) or Muffins (27- 31), Goldfish Grahams (19), Fruit (~15), Fruit Juice (15) &/or Milk (11-22)	Or Salad Bar Golden Corn, ½ c. (16) Steamed Broccoli , ½ c. (5) Baked Beans, ½ c. (29) Fresh Fruit Assortment (~15) Mixed Berry or Peach Slush Cup (20) Milk (11-22)  Friday, August 30  Hashbrowns, 2 (26), Cheesy Toast (15) or Fruit & Yogurt Parfait (29) with Fresh Baked Granola (17), Fruit (~15), 100% Fruit Juice (15) &/or Milk (11-22)
Pepperoni Pizza (35)  Biscuit (26) & Gravy (*)  Or Salad Bar  Couliflower & Red Peppers, ½ cu (2.5)  Potato Smiles, 4 ea. (28)  Fresh Veggies, ½ c. (2.5)  Fresh Veggies, ½ c. (2.5)  Fresh Veggies, ½ c. (2.5)  Fruit Cocktail, ½ c. (18)  Mashed Potatoes, ½ c. (15)  Colden Corn, ½ c. (16)  Fiesta Rice, ½ c. (21)  Tortilla Chips (18), Salsa, ¼ c. (4)  Mixed Green Salad, ¾ c. (4)	Pepperoni Pizza (35)     Discuit (26) & Gravy (*)     Or Salad Bar	Golden Corn, ½ c. (16) Fiesta Rice, ½ c. (21), Tortilla (19) Shredded Lettuce & Tomato, ¾ c. (4) Fresh Fruit (~15) Fruit Sidekick (20) Milk (11-22)  Monday, August 26  Chicken (6) Biscuit (26) or Pop-Tarts (37 ea.), Fruit (~15), 100% Fruit Juice (15) &/or Milk (11-22)  Hot Dog (2) on Bun (31)	Seasoned Carrots, ½ c. (13) Mashed Potatoes, ½ c. (15) Bread, 1 slice (15) Fresh Fruit (~15) Peach Slices, ½ c. (12) Milk (11-22)  Tuesday, August 27  Breakfast Pizza (17) or Fruit Smoothie – 18 oz. (86), Fruit (~15), 100% Fruit Juice (15) &/or Milk (11-22)  BREAKFAST FOR LUNCH	Peas, ½ c. (9) Fresh Veggies, ½ cup (2.5) Fresh Fruit (~15) Fruit Cocktail, ½ c. (18) Roll, 1 ea. (22) Milk (11-22)  Wednesday, August 28  Sausage, Egg, & Cheese Croissant (31) or Eggo Mini Pancakes (35) & Syrup (31), Fruit (~15), 100% Fruit Juice (15) &/or Milk (11-22)  Chicken Strips (*)	Or Salad Bar Tortilla Chips (18) or Doritos (20) Corn, ½ c. (16) Fiesta Rice, ½ c. (21) Shredded Lettuce & Tomato, ¾ c. (4) Fresh Fruit, ½ c. (~15), Salsa, ¼ c. (4) Fruit Sidekick (20), Milk (11-22)  Thursday, August 29  Breakfast Burrito (23) or Muffins (27-31), Goldfish Grahams (19), Fruit (~15), Fruit Juice (15) &/or Milk (11-22)  Beef Taco, 3 oz. (0) & Shredded Cheese	Or Salad Bar Golden Corn, ½ c. (16) Steamed Broccoli , ½ c. (5) Baked Beans, ½ c. (29) Fresh Fruit Assortment (~15) Mixed Berry or Peach Slush Cup (20) Milk (11-22)  Friday, August 30 Hashbrowns, 2 (26), Cheesy Toast (15) or Fruit & Yogurt Parfait (29) with Fresh Baked Granola (17), Fruit (~15), 100% Fruit Juice (15) &/or Milk (11-22) Chicken Alfredo (39)
Or Salad Bar Southern-Style Hash Browns, ½ c. (9) Potato Smiles, 4 ea. (28) Fresh Veggies, ½ c. (2.5) Fresh Veggies, ½ c. (2.5) Fresh Veggies, ½ c. (2.5) Fruit Cocktail, ½ c. (18)  Peas, ½ c. (9) Cauliflower & Red Peppers, ½ cup (2.5) Fresh Fruit (~15) Fresh Fruit (~15) Fruit Cocktail, ½ c. (18)  Golden Corn, ½ c. (16) Fiesta Rice, ½ c. (21) Tortilla Chips (18), Salsa, ¼ c. (4) Shredded Lettuce & Tomato, ¾ c. (4)  Mixed Green Salad, ¾ c. (4)	Or Salad Bar Southern-Style Hash Browns, ½ c. (14) Potato Smiles, 4 ea. (28) Fresh Veggies, ½ c. (2.5) Fresh Veggies, ½ c. (2.5) Fresh Fruit (~15) Fresh Fruit (~15) Applesauce, ½ c. (23) Or Salad Bar Or Salad Bar Southern-Style Hash Browns, ½ c. (14) Cauliflower & Red Peppers, ½ cup (2.5) Fresh Fruit (~15) Fresh Fruit (~15) Fresh Fruit (~15) Applesauce, ½ c. (23) Or Salad Bar Southern-Style Hash Browns, ½ c. (14) Fresh Fruit (~15) Fresh Fr	Golden Corn, ½ c. (16) Fiesta Rice, ½ c. (21), Tortilla (19) Shredded Lettuce & Tomato, ¾ c. (4) Fresh Fruit (~15) Fruit Sidekick (20) Milk (11-22)  Monday, August 26  Chicken (6) Biscuit (26) or Pop-Tarts (37 ea.), Fruit (~15), 100% Fruit Juice (15) &/or Milk (11-22)  Hot Dog (2) on Bun (31)	Seasoned Carrots, ½ c. (13) Mashed Potatoes, ½ c. (15) Bread, 1 slice (15) Fresh Fruit (~15) Peach Slices, ½ c. (12) Milk (11-22)  Tuesday, August 27  Breakfast Pizza (17) or Fruit Smoothie – 18 oz. (86), Fruit (~15), 100% Fruit Juice (15) &/or Milk (11-22)  BREAKFAST FOR LUNCH	Peas, ½ c. (9) Fresh Veggies, ½ cup (2.5) Fresh Fruit (~15) Fruit Cocktail, ½ c. (18) Roll, 1 ea. (22) Milk (11-22)  Wednesday, August 28  Sausage, Egg, & Cheese Croissant (31) or Eggo Mini Pancakes (35) & Syrup (31), Fruit (~15), 100% Fruit Juice (15) &/or Milk (11-22)  Chicken Strips (*)	Or Salad Bar Tortilla Chips (18) or Doritos (20) Corn, ½ c. (16) Fiesta Rice, ½ c. (21) Shredded Lettuce & Tomato, ¾ c. (4) Fresh Fruit, ½ c. (~15), Salsa, ¼ c. (4) Fruit Sidekick (20), Milk (11-22)  Thursday, August 29  Breakfast Burrito (23) or Muffins (27-31), Goldfish Grahams (19), Fruit (~15), Fruit Juice (15) &/or Milk (11-22)  Beef Taco, 3 oz. (0) & Shredded Cheese	Or Salad Bar Golden Corn, ½ c. (16) Steamed Broccoli , ½ c. (5) Baked Beans, ½ c. (29) Fresh Fruit Assortment (~15) Mixed Berry or Peach Slush Cup (20) Milk (11-22)  Friday, August 30 Hashbrowns, 2 (26), Cheesy Toast (15) or Fruit & Yogurt Parfait (29) with Fresh Baked Granola (17), Fruit (~15), 100% Fruit Juice (15) &/or Milk (11-22) Chicken Alfredo (39)
Baked Beans, ½ c. (29) Potato Smiles, 4 ea. (28) Fresh Veggies, ½ c. (2.5) Fruit Cocktail, ½ c. (18)  Cauliflower & Red Peppers, ½ cup (2.5) Fresh Fruit (~15) Fresh Fruit (~15) Fruit Cocktail, ½ c. (18)  Fresh Rice, ½ c. (21) Tortilla Chips (18), Salsa, ¼ c. (4) Steamed Broccoli, ½ c. (5) Mixed Green Salad, ¾ c. (4)	Baked Beans, ½ c. (29) Potato Smiles, 4 ea. (28) Fresh Veggies, ½ c. (2.5) Fresh Fruit (~15) Fresh Fruit (~15) Applesauce, ½ c. (23)  Southern-Style Hash Browns, ½ c. (14) Fresh Veggies, ½ c. (2.5) Fresh Fruit (~15) Applesauce, ½ c. (23)  Southern-Style Hash Browns, ½ c. (14) Fresh Fruit (~15) Fresh Fruit (~15) Fresh Fruit (~15) Applesauce, ½ c. (23)  Southern-Style Hash Browns, ½ c. (14) Fresh Fruit (~15) Fresh Fruit (~15	Golden Corn, ½ c. (16) Fiesta Rice, ½ c. (21), Tortilla (19) Shredded Lettuce & Tomato, ¾ c. (4) Fresh Fruit (~15) Fruit Sidekick (20) Milk (11-22)  Monday, August 26 Chicken (6) Biscuit (26) or Pop-Tarts (37 ea.), Fruit (~15), 100% Fruit Juice (15) &/or Milk (11-22)  Hot Dog (2) on Bun (31) Or Big Daddy's Four Cheese Pizza or	Seasoned Carrots, ½ c. (13) Mashed Potatoes, ½ c. (15) Bread, 1 slice (15) Fresh Fruit (~15) Peach Slices, ½ c. (12) Milk (11-22)  Tuesday, August 27  Breakfast Pizza (17) or Fruit Smoothie – 18 oz. (86), Fruit (~15), 100% Fruit Juice (15) &/or Milk (11-22)  BREAKFAST FOR LUNCH Sausage & Eggs	Peas, ½ c. (9) Fresh Veggies, ½ cup (2.5) Fresh Fruit (~15) Fruit Cocktail, ½ c. (18) Roll, 1 ea. (22) Milk (11-22)  Wednesday, August 28  Sausage, Egg, & Cheese Croissant (31) or Eggo Mini Pancakes (35) & Syrup (31), Fruit (~15), 100% Fruit Juice (15) &/or Milk (11-22)  Chicken Strips (*) Or Salad Bar	Or Salad Bar Tortilla Chips (18) or Doritos (20) Corn, ½ c. (16) Fiesta Rice, ½ c. (21) Shredded Lettuce & Tomato, ¾ c. (4) Fresh Fruit, ½ c. (~15), Salsa, ¼ c. (4) Fruit Sidekick (20), Milk (11-22)  Thursday, August 29  Breakfast Burrito (23) or Muffins (27-31), Goldfish Grahams (19), Fruit (~15), Fruit Juice (15) &/or Milk (11-22)  Beef Taco, 3 oz. (0) & Shredded Cheese (1) or Tony's Deep Dish Personal Pizza	Or Salad Bar Golden Corn, ½ c. (16) Steamed Broccoli , ½ c. (5) Baked Beans, ½ c. (29) Fresh Fruit Assortment (~15) Mixed Berry or Peach Slush Cup (20) Milk (11-22)  Friday, August 30 Hashbrowns, 2 (26), Cheesy Toast (15) or Fruit & Yogurt Parfait (29) with Fresh Baked Granola (17), Fruit (~15), 100% Fruit Juice (15) &/or Milk (11-22) Chicken Alfredo (39) Or Tony's Deep Dish Personal Pizza
Potato Smiles, 4 ea. (28) Fresh Veggies, ½ c. (2.5) Fruit Cocktail, ½ c. (18) Fruit Cocktail, ½ c. (18) Fruit Cocktail, ½ c. (18)  Steamed Broccoli, ½ c. (5) Mixed Green Salad, ¾ c. (4) Mixed Green Salad, ¾ c. (4)	Potato Smiles, 4 ea. (28)   Fresh Veggies, ½ c. (2.5)   Fresh Fruit (~15)   Tortilla Chips (18), Salsa, ¼ c. (4)   Steamed Broccoli, ½ c. (5)   Fresh Fruit (~15)   Shredded Lettuce & Tomato, ¾ c. (4)   Mixed Green Salad, ¾ c. (4)   Fresh Fruit (~15)   Fresh Fruit	Golden Corn, ½ c. (16) Fiesta Rice, ½ c. (21), Tortilla (19) Shredded Lettuce & Tomato, ¾ c. (4) Fresh Fruit (~15) Fruit Sidekick (20) Milk (11-22)  Monday, August 26  Chicken (6) Biscuit (26) or Pop-Tarts (37 ea.), Fruit (~15), 100% Fruit Juice (15) &/or Milk (11-22)  Hot Dog (2) on Bun (31) Or Big Daddy's Four Cheese Pizza or Pepperoni Pizza (35)	Seasoned Carrots, ½ c. (13) Mashed Potatoes, ½ c. (15) Bread, 1 slice (15) Fresh Fruit (~15) Peach Slices, ½ c. (12) Milk (11-22)  Tuesday, August 27  Breakfast Pizza (17) or Fruit Smoothie – 18 oz. (86), Fruit (~15), 100% Fruit Juice (15) &/or Milk (11-22)  BREAKFAST FOR LUNCH Sausage & Eggs Biscuit (26) & Gravy (*)	Peas, ½ c. (9) Fresh Veggies, ½ cup (2.5) Fresh Fruit (~15) Fruit Cocktail, ½ c. (18) Roll, 1 ea. (22) Milk (11-22)  Wednesday, August 28 Sausage, Egg, & Cheese Croissant (31) or Eggo Mini Pancakes (35) & Syrup (31), Fruit (~15), 100% Fruit Juice (15) &/or Milk (11-22)  Chicken Strips (*) Or Salad Bar Mashed Potatoes, ½ c. (15)	Or Salad Bar Tortilla Chips (18) or Doritos (20) Corn, ½ c. (16) Fiesta Rice, ½ c. (21) Shredded Lettuce & Tomato, ¾ c. (4) Fresh Fruit, ½ c. (~15), Salsa, ¼ c. (4) Fruit Sidekick (20), Milk (11-22)  Thursday, August 29  Breakfast Burrito (23) or Muffins (27-31), Goldfish Grahams (19), Fruit (~15), Fruit Juice (15) &/or Milk (11-22)  Beef Taco, 3 oz. (0) & Shredded Cheese (1) or Tony's Deep Dish Personal Pizza (35) or Salad Bar	Or Salad Bar Golden Corn, ½ c. (16) Steamed Broccoli , ½ c. (5) Baked Beans, ½ c. (29) Fresh Fruit Assortment (~15) Mixed Berry or Peach Slush Cup (20) Milk (11-22)  Friday, August 30 Hashbrowns, 2 (26), Cheesy Toast (15) or Fruit & Yogurt Parfait (29) with Fresh Baked Granola (17), Fruit (~15), 100% Fruit Juice (15) &/or Milk (11-22)  Chicken Alfredo (39) Or Tony's Deep Dish Personal Pizza (35) or Salad Bar
Fresh Veggies, ½ c. (2.5)  Cinnamon Baked Apples, ½ c. (*)  Fruit Cocktail, ½ c. (18)  Shredded Lettuce & Tomato, ¾ c. (4)  Mixed Green Salad, ¾ c. (4)	Fresh Veggies, ½ c. (2.5) Fresh Fruit (~15) Applesauce, ½ c. (23)  Cinnamon Baked Apples, ½ c. (*) Fresh Fruit (~15) Applesauce, ½ c. (23)  Cinnamon Baked Apples, ½ c. (*) Fresh Fruit (~15) Roll, 1 ea. (22) Milk (11-22)  Fruit Cocktail, ½ c. (18) Roll, 1 ea. (22) Fresh Fruit (~15)	Golden Corn, ½ c. (16) Fiesta Rice, ½ c. (21), Tortilla (19) Shredded Lettuce & Tomato, ¾ c. (4) Fresh Fruit (~15) Fruit Sidekick (20) Milk (11-22)  Monday, August 26  Chicken (6) Biscuit (26) or Pop-Tarts (37 ea.), Fruit (~15), 100% Fruit Juice (15) &/or Milk (11-22)  Hot Dog (2) on Bun (31) Or Big Daddy's Four Cheese Pizza or Pepperoni Pizza (35) Or Salad Bar	Seasoned Carrots, ½ c. (13) Mashed Potatoes, ½ c. (15) Bread, 1 slice (15) Fresh Fruit (~15) Peach Slices, ½ c. (12) Milk (11-22)  Tuesday, August 27  Breakfast Pizza (17) or Fruit Smoothie – 18 oz. (86), Fruit (~15), 100% Fruit Juice (15) &/or Milk (11-22)  BREAKFAST FOR LUNCH Sausage & Eggs Biscuit (26) & Gravy (*) Or Salad Bar	Peas, ½ c. (9) Fresh Veggies, ½ cup (2.5) Fresh Fruit (~15) Fruit Cocktail, ½ c. (18) Roll, 1 ea. (22) Milk (11-22)  Wednesday, August 28  Sausage, Egg, & Cheese Croissant (31) or Eggo Mini Pancakes (35) & Syrup (31), Fruit (~15), 100% Fruit Juice (15) &/or Milk (11-22) Chicken Strips (*) Or Salad Bar Mashed Potatoes, ½ c. (15) Peas, ½ c. (9)	Or Salad Bar Tortilla Chips (18) or Doritos (20) Corn, ½ c. (16) Fiesta Rice, ½ c. (21) Shredded Lettuce & Tomato, ¾ c. (4) Fresh Fruit, ½ c. (~15), Salsa, ¼ c. (4) Fruit Sidekick (20), Milk (11-22)  Thursday, August 29  Breakfast Burrito (23) or Muffins (27-31), Goldfish Grahams (19), Fruit (~15), Fruit Juice (15) &/or Milk (11-22)  Beef Taco, 3 oz. (0) & Shredded Cheese (1) or Tony's Deep Dish Personal Pizza (35) or Salad Bar Golden Corn, ½ c. (16)	Or Salad Bar Golden Corn, ½ c. (16) Steamed Broccoli , ½ c. (5) Baked Beans, ½ c. (29) Fresh Fruit Assortment (~15) Mixed Berry or Peach Slush Cup (20) Milk (11-22)  Friday, August 30 Hashbrowns, 2 (26), Cheesy Toast (15) or Fruit & Yogurt Parfait (29) with Fresh Baked Granola (17), Fruit (~15), 100% Fruit Juice (15) &/or Milk (11-22)  Chicken Alfredo (39) Or Tony's Deep Dish Personal Pizza (35) or Salad Bar Cheesy Breadstick (15)
	Fresh Fruit (~15)   Fresh Fruit (~15)   Roll, 1 ea. (22)   Fresh Fruit (~15)   Fresh	Golden Corn, ½ c. (16) Fiesta Rice, ½ c. (21), Tortilla (19) Shredded Lettuce & Tomato, ¾ c. (4) Fresh Fruit (~15) Fruit Sidekick (20) Milk (11-22)  Monday, August 26  Chicken (6) Biscuit (26) or Pop-Tarts (37 ea.), Fruit (~15), 100% Fruit Juice (15) &/or Milk (11-22)  Hot Dog (2) on Bun (31) Or Big Daddy's Four Cheese Pizza or Pepperoni Pizza (35) Or Salad Bar Baked Beans, ½ c. (29)	Seasoned Carrots, ½ c. (13) Mashed Potatoes, ½ c. (15) Bread, 1 slice (15) Fresh Fruit (~15) Peach Slices, ½ c. (12) Milk (11-22)  Tuesday, August 27  Breakfast Pizza (17) or Fruit Smoothie – 18 oz. (86), Fruit (~15), 100% Fruit Juice (15) &/or Milk (11-22)  BREAKFAST FOR LUNCH Sausage & Eggs Biscuit (26) & Gravy (*) Or Salad Bar Southern-Style Hash Browns, ½ c. (14)	Peas, ½ c. (9) Fresh Veggies, ½ cup (2.5) Fresh Fruit (~15) Fruit Cocktail, ½ c. (18) Roll, 1 ea. (22) Milk (11-22)  Wednesday, August 28  Sausage, Egg, & Cheese Croissant (31) or Eggo Mini Pancakes (35) & Syrup (31), Fruit (~15), 100% Fruit Juice (15) &/or Milk (11-22) Chicken Strips (*) Or Salad Bar Mashed Potatoes, ½ c. (15) Peas, ½ c. (9) Cauliflower & Red Peppers, ½ cup (2.5)	Or Salad Bar Tortilla Chips (18) or Doritos (20) Corn, ½ c. (16) Fiesta Rice, ½ c. (21) Shredded Lettuce & Tomato, ¾ c. (4) Fresh Fruit, ½ c. (~15), Salsa, ¼ c. (4) Fruit Sidekick (20), Milk (11-22)  Thursday, August 29  Breakfast Burrito (23) or Muffins (27-31), Goldfish Grahams (19), Fruit (~15), Fruit Juice (15) &/or Milk (11-22)  Beef Taco, 3 oz. (0) & Shredded Cheese (1) or Tony's Deep Dish Personal Pizza (35) or Salad Bar Golden Corn, ½ c. (16) Fiesta Rice, ½ c. (21)	Or Salad Bar Golden Corn, ½ c. (16) Steamed Broccoli , ½ c. (5) Baked Beans, ½ c. (29) Fresh Fruit Assortment (~15) Mixed Berry or Peach Slush Cup (20) Milk (11-22)  Friday, August 30 Hashbrowns, 2 (26), Cheesy Toast (15) or Fruit & Yogurt Parfait (29) with Fresh Baked Granola (17), Fruit (~15), 100% Fruit Juice (15) &/or Milk (11-22) Chicken Alfredo (39) Or Tony's Deep Dish Personal Pizza (35) or Salad Bar Cheesy Breadstick (15) Glazed Carrots, ½ c. (13)
	Applesauce, ½ c. (23) Milk (11-22) Fruit Sidekicks (20) Pineapple, ½ c. (18)	Golden Corn, ½ c. (16) Fiesta Rice, ½ c. (21), Tortilla (19) Shredded Lettuce & Tomato, ¾ c. (4) Fresh Fruit (~15) Fruit Sidekick (20) Milk (11-22)  Monday, August 26  Chicken (6) Biscuit (26) or Pop-Tarts (37 ea.), Fruit (~15), 100% Fruit Juice (15) &/or Milk (11-22)  Hot Dog (2) on Bun (31) Or Big Daddy's Four Cheese Pizza or Pepperoni Pizza (35) Or Salad Bar Baked Beans, ½ c. (29) Potato Smiles, 4 ea. (28)	Seasoned Carrots, ½ c. (13) Mashed Potatoes, ½ c. (15) Bread, 1 slice (15) Fresh Fruit (~15) Peach Slices, ½ c. (12) Milk (11-22)  Tuesday, August 27  Breakfast Pizza (17) or Fruit Smoothie – 18 oz. (86), Fruit (~15), 100% Fruit Juice (15) &/or Milk (11-22)  BREAKFAST FOR LUNCH Sausage & Eggs Biscuit (26) & Gravy (*) Or Salad Bar Southern-Style Hash Browns, ½ c. (14) Fresh Veggies, ½ c. (2.5)	Peas, ½ c. (9) Fresh Veggies, ½ cup (2.5) Fresh Fruit (~15) Fruit Cocktail, ½ c. (18) Roll, 1 ea. (22) Milk (11-22)  Wednesday, August 28  Sausage, Egg, & Cheese Croissant (31) or Eggo Mini Pancakes (35) & Syrup (31), Fruit (~15), 100% Fruit Juice (15) &/or Milk (11-22) Chicken Strips (*) Or Salad Bar Mashed Potatoes, ½ c. (15) Peas, ½ c. (9) Cauliflower & Red Peppers, ½ cup (2.5) Fresh Fruit (~15)	Or Salad Bar Tortilla Chips (18) or Doritos (20) Corn, ½ c. (16) Fiesta Rice, ½ c. (21) Shredded Lettuce & Tomato, ¾ c. (4) Fresh Fruit, ½ c. (~15), Salsa, ¼ c. (4) Fruit Sidekick (20), Milk (11-22)  Thursday, August 29  Breakfast Burrito (23) or Muffins (27-31), Goldfish Grahams (19), Fruit (~15), Fruit Juice (15) &/or Milk (11-22)  Beef Taco, 3 oz. (0) & Shredded Cheese (1) or Tony's Deep Dish Personal Pizza (35) or Salad Bar Golden Corn, ½ c. (16) Fiesta Rice, ½ c. (21) Tortilla Chips (18), Salsa, ¼ c. (4)	Or Salad Bar Golden Corn, ½ c. (16) Steamed Broccoli , ½ c. (5) Baked Beans, ½ c. (29) Fresh Fruit Assortment (~15) Mixed Berry or Peach Slush Cup (20) Milk (11-22)  Friday, August 30 Hashbrowns, 2 (26), Cheesy Toast (15) or Fruit & Yogurt Parfait (29) with Fresh Baked Granola (17), Fruit (~15), 100% Fruit Juice (15) &/or Milk (11-22) Chicken Alfredo (39) Or Tony's Deep Dish Personal Pizza (35) or Salad Bar Cheesy Breadstick (15) Glazed Carrots, ½ c. (13) Steamed Broccoli, ½ c. (5)
		Golden Corn, ½ c. (16) Fiesta Rice, ½ c. (21), Tortilla (19) Shredded Lettuce & Tomato, ¾ c. (4) Fresh Fruit (~15) Fruit Sidekick (20) Milk (11-22)  Monday, August 26  Chicken (6) Biscuit (26) or Pop-Tarts (37 ea.), Fruit (~15), 100% Fruit Juice (15) &/or Milk (11-22)  Hot Dog (2) on Bun (31) Or Big Daddy's Four Cheese Pizza or Pepperoni Pizza (35) Or Salad Bar Baked Beans, ½ c. (29) Potato Smiles, 4 ea. (28) Fresh Veggies, ½ c. (2.5)	Seasoned Carrots, ½ c. (13) Mashed Potatoes, ½ c. (15) Bread, 1 slice (15) Fresh Fruit (~15) Peach Slices, ½ c. (12) Milk (11-22)  Tuesday, August 27  Breakfast Pizza (17) or Fruit Smoothie – 18 oz. (86), Fruit (~15), 100% Fruit Juice (15) &/or Milk (11-22)  BREAKFAST FOR LUNCH Sausage & Eggs Biscuit (26) & Gravy (*) Or Salad Bar Southern-Style Hash Browns, ½ c. (14) Fresh Veggies, ½ c. (2.5) Cinnamon Baked Apples, ½ c. (*)	Peas, ½ c. (9) Fresh Veggies, ½ cup (2.5) Fresh Fruit (~15) Fruit Cocktail, ½ c. (18) Roll, 1 ea. (22) Milk (11-22)  Wednesday, August 28  Sausage, Egg, & Cheese Croissant (31) or Eggo Mini Pancakes (35) & Syrup (31), Fruit (~15), 100% Fruit Juice (15) &/or Milk (11-22) Chicken Strips (*) Or Salad Bar Mashed Potatoes, ½ c. (15) Peas, ½ c. (9) Cauliflower & Red Peppers, ½ cup (2.5) Fresh Fruit (~15) Fruit Cocktail, ½ c. (18)	Or Salad Bar Tortilla Chips (18) or Doritos (20) Corn, ½ c. (16) Fiesta Rice, ½ c. (21) Shredded Lettuce & Tomato, ¾ c. (4) Fresh Fruit, ½ c. (~15), Salsa, ¼ c. (4) Fruit Sidekick (20), Milk (11-22)  Thursday, August 29  Breakfast Burrito (23) or Muffins (27-31), Goldfish Grahams (19), Fruit (~15), Fruit Juice (15) &/or Milk (11-22)  Beef Taco, 3 oz. (0) & Shredded Cheese (1) or Tony's Deep Dish Personal Pizza (35) or Salad Bar Golden Corn, ½ c. (16) Fiesta Rice, ½ c. (21) Tortilla Chips (18), Salsa, ¼ c. (4) Shredded Lettuce & Tomato, ¾ c. (4)	Or Salad Bar Golden Corn, ½ c. (16) Steamed Broccoli , ½ c. (5) Baked Beans, ½ c. (29) Fresh Fruit Assortment (~15) Mixed Berry or Peach Slush Cup (20) Milk (11-22)  Friday, August 30 Hashbrowns, 2 (26), Cheesy Toast (15) or Fruit & Yogurt Parfait (29) with Fresh Baked Granola (17), Fruit (~15), 100% Fruit Juice (15) &/or Milk (11-22) Chicken Alfredo (39) Or Tony's Deep Dish Personal Pizza (35) or Salad Bar Cheesy Breadstick (15) Glazed Carrots, ½ c. (13) Steamed Broccoli, ½ c. (5) Mixed Green Salad, ¾ c. (4)
	L M.H. (11.00) L M.H. (11.00) L M.H. (11.00)	Golden Corn, ½ c. (16) Fiesta Rice, ½ c. (21), Tortilla (19) Shredded Lettuce & Tomato, ¾ c. (4) Fresh Fruit (~15) Fruit Sidekick (20) Milk (11-22)  Monday, August 26  Chicken (6) Biscuit (26) or Pop-Tarts (37 ea.), Fruit (~15), 100% Fruit Juice (15) &/or Milk (11-22)  Hot Dog (2) on Bun (31) Or Big Daddy's Four Cheese Pizza or Pepperoni Pizza (35) Or Salad Bar Baked Beans, ½ c. (29) Potato Smiles, 4 ea. (28) Fresh Veggies, ½ c. (2.5) Fresh Fruit (~15)	Seasoned Carrots, ½ c. (13) Mashed Potatoes, ½ c. (15) Bread, 1 slice (15) Fresh Fruit (~15) Peach Slices, ½ c. (12) Milk (11-22)  Tuesday, August 27  Breakfast Pizza (17) or Fruit Smoothie – 18 oz. (86), Fruit (~15), 100% Fruit Juice (15) &/or Milk (11-22)  BREAKFAST FOR LUNCH Sausage & Eggs Biscuit (26) & Gravy (*) Or Salad Bar Southern-Style Hash Browns, ½ c. (14) Fresh Veggies, ½ c. (2.5) Cinnamon Baked Apples, ½ c. (*) Fresh Fruit (~15)	Peas, ½ c. (9) Fresh Veggies, ½ cup (2.5) Fresh Fruit (~15) Fruit Cocktail, ½ c. (18) Roll, 1 ea. (22) Milk (11-22)  Wednesday, August 28  Sausage, Egg, & Cheese Croissant (31) or Eggo Mini Pancakes (35) & Syrup (31), Fruit (~15), 100% Fruit Juice (15) &/or Milk (11-22)  Chicken Strips (*) Or Salad Bar Mashed Potatoes, ½ c. (15) Peas, ½ c. (9) Cauliflower & Red Peppers, ½ cup (2.5) Fresh Fruit (~15) Fruit Cocktail, ½ c. (18) Roll, 1 ea. (22)	Or Salad Bar Tortilla Chips (18) or Doritos (20) Corn, ½ c. (16) Fiesta Rice, ½ c. (21) Shredded Lettuce & Tomato, ¾ c. (4) Fresh Fruit, ½ c. (~15), Salsa, ¼ c. (4) Fruit Sidekick (20), Milk (11-22)  Thursday, August 29  Breakfast Burrito (23) or Muffins (27-31), Goldfish Grahams (19), Fruit (~15), Fruit Juice (15) &/or Milk (11-22)  Beef Taco, 3 oz. (0) & Shredded Cheese (1) or Tony's Deep Dish Personal Pizza (35) or Salad Bar Golden Corn, ½ c. (16) Fiesta Rice, ½ c. (21) Tortilla Chips (18), Salsa, ¼ c. (4) Shredded Lettuce & Tomato, ¾ c. (4) Fresh Fruit (~15)	Or Salad Bar Golden Corn, ½ c. (16) Steamed Broccoli , ½ c. (5) Baked Beans, ½ c. (29) Fresh Fruit Assortment (~15) Mixed Berry or Peach Slush Cup (20) Milk (11-22)  Friday, August 30 Hashbrowns, 2 (26), Cheesy Toast (15) or Fruit & Yogurt Parfait (29) with Fresh Baked Granola (17), Fruit (~15), 100% Fruit Juice (15) &/or Milk (11-22) Chicken Alfredo (39) Or Tony's Deep Dish Personal Pizza (35) or Salad Bar Cheesy Breadstick (15) Glazed Carrots, ½ c. (13) Steamed Broccoli, ½ c. (5) Mixed Green Salad, ¾ c. (4) Fresh Fruit (~15)
Mills (11-22)   Mills (11-22)   Mills (11-22)   Mills (11-22)	Milk (11-22) Milk (11-22)	Golden Corn, ½ c. (16) Fiesta Rice, ½ c. (21), Tortilla (19) Shredded Lettuce & Tomato, ¾ c. (4) Fresh Fruit (~15) Fruit Sidekick (20) Milk (11-22)  Monday, August 26  Chicken (6) Biscuit (26) or Pop-Tarts (37 ea.), Fruit (~15), 100% Fruit Juice (15) &/or Milk (11-22)  Hot Dog (2) on Bun (31) Or Big Daddy's Four Cheese Pizza or Pepperoni Pizza (35) Or Salad Bar Baked Beans, ½ c. (29) Potato Smiles, 4 ea. (28) Fresh Veggies, ½ c. (2.5) Fresh Fruit (~15) Applesauce, ½ c. (23)	Seasoned Carrots, ½ c. (13) Mashed Potatoes, ½ c. (15) Bread, 1 slice (15) Fresh Fruit (~15) Peach Slices, ½ c. (12) Milk (11-22)  Tuesday, August 27  Breakfast Pizza (17) or Fruit Smoothie – 18 oz. (86), Fruit (~15), 100% Fruit Juice (15) &/or Milk (11-22)  BREAKFAST FOR LUNCH Sausage & Eggs Biscuit (26) & Gravy (*) Or Salad Bar Southern-Style Hash Browns, ½ c. (14) Fresh Veggies, ½ c. (2.5) Cinnamon Baked Apples, ½ c. (*) Fresh Fruit (~15)	Peas, ½ c. (9) Fresh Veggies, ½ cup (2.5) Fresh Fruit (~15) Fruit Cocktail, ½ c. (18) Roll, 1 ea. (22) Milk (11-22)  Wednesday, August 28  Sausage, Egg, & Cheese Croissant (31) or Eggo Mini Pancakes (35) & Syrup (31), Fruit (~15), 100% Fruit Juice (15) &/or Milk (11-22)  Chicken Strips (*) Or Salad Bar Mashed Potatoes, ½ c. (15) Peas, ½ c. (9) Cauliflower & Red Peppers, ½ cup (2.5) Fresh Fruit (~15) Fruit Cocktail, ½ c. (18) Roll, 1 ea. (22)	Or Salad Bar Tortilla Chips (18) or Doritos (20) Corn, ½ c. (16) Fiesta Rice, ½ c. (21) Shredded Lettuce & Tomato, ¾ c. (4) Fresh Fruit, ½ c. (~15), Salsa, ¼ c. (4) Fruit Sidekick (20), Milk (11-22)  Thursday, August 29  Breakfast Burrito (23) or Muffins (27-31), Goldfish Grahams (19), Fruit (~15), Fruit Juice (15) &/or Milk (11-22)  Beef Taco, 3 oz. (0) & Shredded Cheese (1) or Tony's Deep Dish Personal Pizza (35) or Salad Bar Golden Corn, ½ c. (16) Fiesta Rice, ½ c. (21) Tortilla Chips (18), Salsa, ¼ c. (4) Shredded Lettuce & Tomato, ¾ c. (4) Fresh Fruit (~15) Fruit Sidekicks (20)	Or Salad Bar Golden Corn, ½ c. (16) Steamed Broccoli , ½ c. (5) Baked Beans, ½ c. (29) Fresh Fruit Assortment (~15) Mixed Berry or Peach Slush Cup (20) Milk (11-22)  Friday, August 30 Hashbrowns, 2 (26), Cheesy Toast (15) or Fruit & Yogurt Parfait (29) with Fresh Baked Granola (17), Fruit (~15), 100% Fruit Juice (15) &/or Milk (11-22) Chicken Alfredo (39) Or Tony's Deep Dish Personal Pizza (35) or Salad Bar Cheesy Breadstick (15) Glazed Carrots, ½ c. (13) Steamed Broccoli, ½ c. (5) Mixed Green Salad, ¾ c. (4) Fresh Fruit (~15) Pineapple, ½ c. (18)