

SUNDOWN ISD MEDICATION POLICY **(Effective August 20, 2018)**

Dear Parent/Guardian,

Often it is necessary for a student to take prescription medication during the school day. In order for medication to be administered properly and safely, the school must adhere to the following guidelines:

- 1) The medication must be in the original prescription bottle with the student's name and clear instructions.
- 2) The school nurse **MUST** give the medication according to the directions on the bottle unless notified otherwise in writing **BY THE PHYSICIAN**. Changes **CANNOT** be made by parents.
- 3) If you forget the morning dose, please do not call the school and ask them to give the dose for you. You may come and administer the medication yourself if you so choose.
- 4) Medication that is to be given 1, 2, or 3 times a day must be given at home unless the prescription specifically directs a dose during school hours. If medication is prescribed 4 times daily, then one dose will be given at noon.
- 5) Herbal supplements (not FDA approved) will not be given at SISD.

Occasionally, a child may need over-the-counter medication (FDA approved) such as Tylenol, motrin, decongestant, etc. Parents who would like for their child to have an OTC medication must fill out a medication request form and return it to the school nurse for the day it is to be given. The medication must be provided by the parent and be in its **ORIGINAL** bottle. OTC medications may be left for up to 5 days with a signed parent permission form. If an OTC medication needs to be given longer than 5 days, a physician's note will be required that must include the student's name, dosage, time and dates to be given. The medication will be sent home with the student at the end of this period or a parent will need to come by the nurse's office and pick it up. Parents may come at any time and administer OTC medication themselves if they so choose.

A student with asthma may be permitted to possess and use prescribed asthma medication at school or school-related events only if he or she has written authorization from his or her parent and a physician or other licensed health-care provider. The student must also demonstrate to his or her physician or health-care provider and to the school nurse the ability to use the prescribed medication, including any device required to administer the medication. If the student has been prescribed asthma medication for use during the school day, the student and parents should discuss this with the school nurse or principal. Please note that elementary students (K-5th) are NOT allowed to carry their own asthma medications.

Please know that we care about the health and well being of your child. All school personnel will do everything in our power to ensure that your child has a safe and healthy learning environment, which includes the following school policies and procedures involving medication administration. Thank you for following the Sundown ISD medication policies and caring about the health of your child.

Thank you,
Brittany Huerta, RN
Sundown ISD School Nurse