

AUGUST

Elementary Menus

Questions or
Comments?

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SFE is excited to be a part
of the Idabel Public
Schools family.



Fresh Fruit &
Vegetable Bar
Served Daily!



This institution is an equal
opportunity provider.

Monday

Tuesday

Wednesday

Thursday

Friday



Fresh Fruit Selection &
Reduced Sugar Cereals
Available Daily at Breakfast

1

DAILY SELECTIONS
FRESH FRUIT &
VEGETABLE BAR AT
LUNCH.
ASSORTED LOWFAT
MILK OFFERED DAILY.

2

5

6

7

8

9

12

Breakfast

Golden Blueberry Muffin
Cereal Variety

Lunch

Beef Ravioli
Crispy Corn Dog
Turkey & Cheese Wrap
Peppered Broccoli

13

Breakfast

Pineapple Parfait
Cereal Variety

Lunch

Orange Chicken w/Rice
Juicy Hamburger
Chef Salad
Peas & Carrots

14

Breakfast

Banana Loaf
Cereal Variety

Lunch

Cheesy Nachos
Spaghetti w/ Meatballs
Ham Sub
Pinto Beans

15

Breakfast

Egg & Cheese Biscuit
Cereal Variety

Lunch

Crispy Chicken Nuggets
Cheesy Chicken Tacos
Turkey & Cheese Sub
Spiced Green Beans

16

Breakfast

Golden Pancakes
Cereal Variety

Lunch

Cheese Pizza
Popcorn Chicken
Peanut Butter & Jelly
Crispy Tater Tots

19

20

21

22

23

26

27

28

29

30