

We serve heart-healthy whole grains

1% White and chocolate milk is served with each meal. Extra milk can be purchased

Menus are subject to change.

Welcome back!!!!

First day of School is August 19

Every Friday Free Treat with the Purchase of a School Lunch

Cheeseburger/bun

Sweet Potato Fries

Peas/carrots

 Mandarin Oranges

Cheese Pizza

Fresh Veg. Mix w/ranch cup

Tossed Salad, Mix Fruit

**Free Treat Friday w/meal purchase**

Rotini W/meatballs

Garlic Toast

Green Beans, Pineapple

Hot dog/bun

Baked Beans, Frito Corn Chips

Applesauce

Fruit Gushers

Taco Tuesday:

Walking Taco

(Doritos, Meat, Cheese, Lettuce

Sour Cream packet, Salsa)

Corn, Peaches

Chicken Patty/bun

Potato Puffs

Carrots, Pears

Ketchup, mustard, mayo packets

Teacher Institute

Teacher Institute

**AUGUST 2019**

Home of the Tornadoes K-8

Taco Tuesday:

Nacho Supreme

(Tortilla chips, Meat, Cheese)

Sour Cream, Salsa

Provence blend Veg.

Pears

French Toast Sticks

Sausage Patty

Hash brown Patty

Juice Box, Banana

Mini Sub/bun

Cheese Stick

Bag Chips

Green/Red Pepper Strips

Carrot Sticks, bag of chips

Watermelon Slice

Mini Pizza Bagels

Tossed Salad w/tomatoes

And cucumbers/dressing

Fresh Fruit

**Free Treat Friday w/meal purchase**