

We serve heart-healthy whole grains

1% White and chocolate milk is served with each meal. Extra milk can be purchased

Menus are subject to change.

Welcome back!!!!

First day of School is August 19

Every Friday Free Treat with the Purchase of a School Lunch

Cheeseburger Horseshoe

Tenderloin Horseshoe

Waffle Fries/cheese sauce

Peas/carrots, Mandarin Oranges

Cheese Pizza

Or Sausage Pizza

Fresh Veg. Mix w/ranch cup

Tossed Salad, Mix Fruit

**Free Treat Friday w/meal purchase**

Pasta Bar:

2 kind’s pasta, 2 sauces

Meatballs or Chicken

Sauted peppers/onions

Garlic Toast

Green Beans, Pineapple

Hot dog/bun

BBq Rib/bun

Baked Beans, Frito Corn Chips

Pasta Salad, Applesauce

Fruit Gushers

Taco Tuesday:

Walking Taco

(Doritos, Meat, Cheese, Lettuce

Sour Cream packet, Salsa)

Or Cheeseburger/bun

Spanish Rice, Corn, Peaches

Chicken Patty/bun

Or Grilled Chicken/bun

Potato Puffs

Carrots, Pears

Lettuce, Tomato, Onion

Teacher Institute

Teacher Institute

**AUGUST 2019**

Home of the Tornadoes 9-12

Taco Tuesday:

Nacho Supreme

(Tortilla chips, Meat, Cheese)

Sour Cream, Salsa

Provence blend Veg.

Pears

Biscuit/gravy

Scrambled Eggs

Sausage Patty

Hash brown Patty

Juice Box, Banana

Build Your Own Sub

Ham/turkey/cheese

Assorted toppings

Green/Red Pepper Strips

Carrot Sticks, bag of chips

Watermelon Slice

Mini Pizza Bagels

Or French bread Pizza

Tossed Salad w/tomatoes

And cucumbers/dressing

Fresh Fruit

**Free Treat Friday w/meal purchase**