

# August

## 2019 Pocahontas Schools

## menu

Monday	Tuesday	Wednesday	Thursday	Friday
		Pizza Romaine Salad Ranch Drsg Seasoned Corn Sherbet Pushup Orange/apple Milk	BBQ Chicken Strips Mashed potatoes Green Beans Hot Roll Fruit & Milk	Corn Dog Pinto Beans Carrot sticks/dip Banana Milk
Redskin Café Backyard Griller Bacon Cheeseburger French fries Lettuce/tomato/pickle Fresh apple slices Milk	<u>Taco Tuesday</u> Walking Taco Refried Beans Lettuce/tomato/salsa Applesauce Milk	Crisпитos Scoops/cheese sauce Lettuce/tomato/Salsa Buttered corn Fruit Milk	Chicken Sandwich Fresh Broccoli & dip Lettuce/tomato/pickle Baked chips Side Kick Slush Milk	Calzone Italian Veggies Marinara Sauce Crisp Green Salad Lite Ranch Drsg Fruit, Milk
BBQ Sandwich Baked chips Baked Beans Cole Slaw Fresh apple slices Milk	Spaghetti Mixed green salad Seasoned Green Beans Pineapple Tidbits Garlic Roll Milk	Chicken Nuggets Mashed Potatoes Gravy California Veggies Variety fruit Roll Milk	Cheesy Nachos Lettuce/tomato Salsa Seasoned GN beans Fresh Grapes Milk	Chicken Noodles Steamed Broccoli Seasoned Carrot coins Crackers Peaches Milk
				This institution is an equal opportunity provider.

Veggies are DINO-mite!

Meals served w/appropriate buns,condiments,choice of milk

Monday: Breakfast Pizza, juice,fruit,Milk

Tuesday: Chicken Biscuit, juice, fruit, Milk

Wednesday: French Toast Stix, ham,juice, fruit, Milk

Thursday: Yogurt, Donut, juice, fruit, Milk

Friday: Sausage,Biscuit, juice, fruit, Milk

\*\*\*Cereal, juice, fruit & Milk offered daily as breakfast choice\*\*

