

Local Contacts for Mental Health Services in Mendocino County:

24/7 Toll Free Crisis Line

If you are experiencing a mental health crisis and need help right away, call:

1-855-838-0404

(A danger to oneself or others)

Mendocino County Mental Health Plan (MHP) offers free Language Line, interpreter assistance, American Sign Language, and TTY/TDD services for beneficiaries requesting or accessing services. These services may be requested at any Mental Health Plan Provider site or by calling the Mendocino County Access Line: 1-800-555-5906.

Substance Use Disorder Treatment

Behavioral Health and Recovery Services, Substance Use Disorder Treatment programs assists participants who have substance use disorders to create and maintain a healthy, balanced lifestyle, free of alcohol and other drug abuse. In order to assist participants to make positive changes in their lives, staff utilize evidence-based curricula. All treatment staff are certified or registered by the State of California.

Location and Contact Information

Ukiah

1120 South Dora Street
Ukiah, CA 95482
Phone: 707-472-2637

Adolescent Treatment Programs

New Beginnings Class

This campus meets the educational standards, while also offering individualized programs for each Juvenile Probation referred student. Services include individual counseling, group therapy, and alcohol and other drug treatment.

The program is a collaboration between the Probation Department, Mendocino County Office of Education (MCOE) and the Mendocino County Health and Human Services Agency (HHSA).

New Beginnings is a treatment program for students with significant behavioral, psychological and/or drug related problems that resulted in court interventions.

Other Intervention Programs for Youth

Substance Use Disorders Treatment (SUDT) facilitates several school-based prevention, intervention and counseling programs that enhances youths' internal strengths and resiliency while addressing patterns of substance abuse.

Current students are provided services at Ukiah High School, South Valley High School, River Community School, Pomolita, Eagle Peak, and West Hills School, in addition to The Arbor on

Main, and street-based intervention services in collaboration with Behavioral Health and Recovery Services (Mental Health).

Prevention and education groups, individual and group counseling, and a variety of clean and sober health activities, along with community service projects are among the offerings of these services.

Please contact us at 707-472-2637 to verify locations and office hours.

Adult Recovery Services

Location and Contact Information

Ukiah

1120 South Dora Street
Ukiah, CA 95482
Phone: 707-472-2637

Fort Bragg

790 S. Franklin Street
Ft. Bragg, CA 95437
Phone: 707-961-2665

Please note, some programs and services are not available at all locations. Please contact us to verify locations and office hours.

Specialty Mental Health Services

Deliver services in the least restrictive, most accessible environment within a coordinated system of care that is respectful of a person's family, language, heritage and culture.

Contact Numbers

- Crisis Line: 1-855-838-0404
- Access Line: 1-800-555-5906
- Administration: 1-707-472-2300
- Medication Services: 1-707-467-9065
- Compliance Hotline: 1-866-791-9337
- Presumptive Transfer: 1-707-472-0350

Additional Contacts

- **Compliance Hotline:** (866) 791-9337

- **Hospital Information (Treatment Authorizations):** Redwood Quality Management Company (707) 472-0350, (707) 472-0358 (fax)
 - **Patients Rights Advocate:** (707) 463-4614 or (800) 555-5906
 - **Toll Free Community Information/HELP Line:** (800) 575-4357 (HELP)
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Redwood Quality Management- Behavioral Health Services

Ukiah

376 East Gobbi Street, Ste B
Ukiah, CA 95482
(855) 838-0404 or (707) 472-0350

Fort Bragg

32670 Hwy 20, Unit 6
Fort Bragg, CA 95437
(855) 838-0404

Tapestry's Comprehensive Mental Health Treatment Program

Our Comprehensive Mental Health Treatment program is for:

- Emotionally disturbed children between the ages of 8 and 12;
 - Children with full-scope Medi-Cal eligibility;
 - Children who meet the standard of medical necessity for Medi-Cal Mental Health Services (including a significant impairment in two or more life domains) and are likely to benefit from the program;
 - Children in the [Intensive Treatment Foster Care Program](#);
 - Children who are referred by County Mental Health Services and County Department of Social Services.
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FOCUS AREAS OF TREATMENT

Our treatment plan focuses on common mental health disorders for children, impulse control, affect awareness and tolerance, behavior management, empathy training, social skill development and relationship building.

PROGRAM COMPONENTS

- Individual and family therapy
- Peer groups, focusing on building self-esteem and social skills
- Individualized behavior modification plans
- A safe and structured treatment environment where each child can practice using alternate responses to real life situations
- Relationship enhancement training for families

INDIVIDUAL CLIENT PLANS

Children are individually assessed upon referral to Tapestry. Based on each child's unique needs, we design a treatment plan that identifies self-defeating behaviors, collaboratively sets treatment goals and objectives, engages the child in a treatment environment and builds on the child's strengths.

TAPESTRY FAMILY SERVICES

Phone: (707) 463-3300

Fax: (707) 463-3318

Address: 290 East Gobbi St.,
Ukiah, CA 95482

Email: info@tapestryfs.org

LIC: #2368010445

Mendocino County Youth Project

Counseling Services

Service Areas Include: Ukiah Main Office, Fort Bragg, Willits, (out-patient), Juvenile Hall, and select schools

Mental Health Support for young children and youth up to age 24 and their families.

Mendocino County Youth Project's Licensed Clinicians are both trained and committed to providing services to children, youth, young adults and families, while utilizing proven best practices and evidence based therapy methods, provided by professional and skilled therapists.

Counseling and Therapeutic Services are provided at no-cost for children and youth up to age 24 who have Medi-Cal, Beacon or who are eligible for other grant funded services.

We offer numerous support services, local agency referrals, advocacy, outreach, transportation and home visits.

Our Licensed Clinicians provide specialized services for child victims and or witnesses of crime and for youth with substance abuse

Financial assistance for mental health services include Medi-Cal, federal child abuse and child sexual abuse grants, private insurances, community and foundation support, with support provided by The California Wellness Foundation.

Services are currently provided on an out-patient basis at the MCYP Ukiah office, at Juvenile Hall, and in some schools by contract

MCYP & MFYS
776 S. State St., Suite 107
Ukiah, CA 95482
707-463-4915
24 Hour Crisis Line
707 -463-HELP or 1-800-575-HELP