

Childress ISD
School Health Advisory Council/Wellness Committee
October 25, 2016 at 4:00PM
Childress ISD District Support Center

- Sarah Mills discussed the updates that would be made to the Wellness Policy to ensure that it matches the district policy. This process is not complete but should be by our next meeting.
- FitnessGram is still a requirement of the state and will be the program we use to monitor our activity this year.
- Melanie Latimer brought the idea of Jump Rope for Heart since it covers 6 of 8 requirements of SHAC. The members made a list of the things we are currently doing in our schools that cover the requirements of SHAC. The consensus of the members present was that we did not need to add Jump Rope for Heart at this time.
- SHAC will meet next on December 5th.