

**Childress ISD**  
**School Health Advisory Council/Wellness Committee**  
**February 12, 2019 at 4:00**  
**Childress ISD District Support Center**

**Call to Order and Welcome**

Sarah Mills called the meeting to order at 4:00.

**Documentation of Attendance**

**Approval of Minutes from November 6, 2018**

Members reviewed the minutes from the last meeting. Jennifer Foster made a motion to approve the minutes as presented. Lou Ellerbrook seconded the motion. All members voted in favor of the motion.

**February/March Menus**

Menus for February and March were distributed. Participation in cafeteria meals was discussed briefly.

**Illness/Flyer**

The school nurses sent out an illness flyer to elementary parents and was posted on social media. Custodians sanitize every Friday during sickness and every other Friday throughout the rest of the year. 96% week is no longer in effect. Students are staying in school sick due to semester tests - maybe policy could include certain circumstances that would be exempt like surgery or cancer treatment. Numbers of students out with illness fluctuates each day but seems to be getting better. In order for the school to apply for a sick day waiver, we must have 10% lower attendance than that same day last year.

**Say Something Week**

Sarah Mills informed the committee that our schools will participate in Say Something Week on February 25 - March 1. We will talk about the importance of students speaking up when they see suspicious things, know of a student who is depressed or wanting to attempt suicide, and in bullying situations. There will be activities on each campus throughout the week including announcements, classroom activities and Friday, March 1 will be wear green day.

**Open Discussion/Questions**

Dawn Dockter reported that there are 50 students participating in Learn, Go, Eat, Grow and they are participating in taste tests. They will start a garden after Spring Break.

Leisa Elliott is working on getting the EKG screening set up for the beginning of April. It will be \$25.

**Closing Comments/Adjournment**

The next meeting will take place on April 16, 2019.

The meeting was adjourned at 4:27.