

BHS Athletic Training/Sports Medicine:

If you (or your child) is concerned about an injury that they sustained during participation in BHS athletics, contact the high school athletic trainer.

Athletic trainers are health care professionals who specialize in the prevention, assessment, treatment and rehabilitation of sport related injuries/illnesses.

In partnership with Upland Hills Health, Barneveld High School has contracted athletic training coverage as a health and safety service for all student athletes. For most home events, on-site coverage is provided. Services include acute injury evaluation and first-aid or emergency care if needed. Athletic training services are also provided weekly during afterschool and practice times including injury assessment, rehabilitation and follow up care. In communication with coaches and associated healthcare providers, the licensed athletic trainer assists with the appropriate management of your injury and serves as a guide for safe return to participation.

In some circumstances, access to the athletic trainer is not always available. You may also feel more comfortable consulting with your primary care provider first. During these situations it is also recommended that you follow up with the high school athletic trainer. They will help insure all medical recommendation are followed.

Contact our Athletic Trainer:

Donnie Schraufnagel, LAT

Email: schraufnageld@uplandhillshealth.org

Phone: (608) 924-4711

Donnie graduated from University of Wisconsin-Stevens Point with a BS in Athletic Training. He provides part time outreach services at both Barneveld High School and Dodgeville High School. He enjoys outdoor activities, exercise and spending time with his wife and family.

Recommendations in the Event of an Injury:

If an injury occurs at school during games or practices:

Report your sport related injury/illness to the Licensed Athletic Trainer and/or Coach as soon as possible.

If an injury occurs at school during normal school hours...

Report injury or illness to the school nurse.

If an injury occurs “on the road” or during an “Away” event:

Report injury to coach and if present, the other school’s licensed athletic trainer.