MH Information- Contact SAM to apply

Mental Health Services Programs

Human Services Building 425 Franklin Farm Ln Chambersburg, PA 17202 If you need more information about any of the programs listed below, call our office at (717) 264-5387.

Franklin/Fulton Child & Adolescent Service Systems Program(CAASP) <u>Brochure and Referral Form (PDF Format)</u> Coordinating Services for Adults Team (CSAT) <u>Brochure and Referral Form (PDF Format)</u>

Administrator's Office

The Administrator's Office coordinates programmatic and fiscal management of the local mental health service delivery system. These activities include planning, development of services, budgeting, contracting with provider agencies, monitoring of the services rendered and evaluating program effectiveness.

Community Employment

Employment opportunities exist in a community setting or employment related program which may combine vocational evaluation, vocational training, job coaching and employment in a non-specialized setting such as a business, industry or other work sites within the community. These services include: supported employment, competitive employment and industry-integrated vocational programs, placement and follow-up services.

Community Hospital Integration Projects Program (CHIPP)

CHIPP provides funding for comprehensive community services to individuals who have been in the state hospital or are at risk of hospitalization. The services include: supported housing programs, certified peer specialist program, psychiatric rehabilitation and psychiatric outpatient services. CHIPP also helps to fund Extended Acute Care (hospital) and Long Term Structured Residence (LTSR).

Community Residential Services

Community Residential Rehabilitation Services provide supportive, homelike living arrangements for adults with mental illness. The residential programs encourage and assist individuals who are striving toward recovery and independent living. A range of services are available in apartment and group home settings.

The Youth in Transition Program is a residential program that assists the "aging out" population to transition from the children's system of mental health services to the adult system. It provides supportive and treatment based mental health services while helping individuals connect with the social supports they need to successfully integrate with their communities as adults.

Day Treatment: Acute Partial Hospitalization

Day Treatment Services provide intensive, time-limited, psychiatric treatment as an alternative to inpatient services. The treatment includes: group and individual psychotherapy, health education, daily living skills, medication administration, social interaction, pre-vocational instruction and crisis counseling. (MH/MR is currently seeking a provider to implement this level of care.)

Educational Outreach to the Community

Consultation and education services are available through the Administrator's Office for community agencies and the general public in order to increase awareness and knowledge about mental illness and to foster prevention of mental illness.

Disaster/Emergency Outreach Response Services

Trained county staff and community volunteers unite to respond to community disasters and emergencies. These services include: Critical Incident Management Teams (CISM) and Disaster Crisis Outreach Response Teams (DCORT).

Emergency Services/Crisis Intervention

Emergency Services are available to persons in a psychiatric crisis on a 24-hour basis. The intervention services may include crisis counseling and mobile outreach services and activities to complete voluntary and involuntary commitments to inpatient services.

Facility-Based Vocational Rehabilitation Services

This service involves programs designed to provide vocational training within the community based specialized facility (sheltered workshop) using work as a primary modality. These services may include: vocational evaluation, personal work adjustment training, work activity training and regular work training.

Family Support Services

Family Support Services are designed to enable families to remain intact while supporting their family members in the home or in an independent living arrangement. The support services may include: respite, certified peer support, representative payees and in home family-based mental health therapy services.

Outpatient Services

Outpatient Services provide diagnostic and treatment services for individuals with mental illness to enhance their recovery. These services include: psychiatric and psychological diagnostic evaluations; individual, family and group therapies; and medication management.

Psychiatric Inpatient Hospitalization

Inpatient psychiatric services are provided at three different levels:

- (1) In community hospitals and include: short-term diagnostic evaluation and intensive treatment
- (2) In the Extended Acute Care program at the Holy Spirit Hospital for treatment stays of up to six months if individuals would benefit from a longer stay than the community hospital can provide
- (3) In the Danville State Hospital if individuals would benefit from a longer stay than both the community hospital and Extended Acute Care can provide

Psychiatric Rehabilitation

This program provides a supportive environment where individuals who are in recovery can socialize while expanding their vocational and educational skills. Participants identify specific goals they would like to work on at their own pace with the assistance of program staff. When these goals are met, individuals are linked to other appropriate services within the community.

Social Rehabilitation Services/Drop-In Centers

Social Rehabilitative activities are intended to make community or independent living possible by increasing the mentally ill person's level of social competency and by decreasing the need for structured supervision. These services include: social skill development, cognitive/affective development, daily living skills, educational services to enhance employability and therapeutic recreational activities. Program participants have significant input into the daily structure and content of this service.

Transportation

Transportation services are not mandated by the Office of Mental Health and Substance Abuse Services to be provided by the County MH/MR Program Office. However, some transportation services are provided through agencies to link individuals to community services, as funding is available.

Case Management Services Programs

Administrative Case Management

This service links individuals of all ages with mental illness to the appropriate services. Services are available for the purpose of facilitating, coordinating and monitoring a person's access to mental health services and community resources. The activities include: intake, development of a service plan, certification of mental disability, liability determination, referral for services, authorization for services, coordination and monitoring of the service plan and monitoring of service delivery. Administrative Case Managers work with individuals who are stable in their mental illness. Therefore, the caseloads are rather large and staff has minimal contact with their individuals.

Resource Coordination

Resource Coordination provides assistance to adults with serious and persistent mental illness and children who have, or are at risk of, emotional disturbance and in need of multiple services at a level between Intensive Case Management and Administrative Case Management. The caseloads are small enough to allow the staff to be in contact on a frequent basis, while fostering independence in those individuals that can manage it. Services are available to assist in accessing needed resources such as medical, social, educational, vocational and other services through natural support, generic

community resources, as well as specialized mental health treatment, rehabilitation and support services.

Intensive Case Management

Intensive Case Management provides assistance to adults with serious and persistent mental illness and children who have, or are at risk of, serious emotional disturbance and in need of multiple services. The individual caseloads are smaller than in Administrative Case Management and Resource Coordination allowing staff to have more frequent contact with each individual/family and, therefore, greater opportunity to provide assistance and support. Services are available for the purpose of gaining access to needed resources such as: medical, social, educational, and other services through natural supports; generic community resources and specialized mental health treatment, rehabilitation and support services.



The mission of Service Access & Management, Inc. is to help people throughout our service area enhance the quality of their lives by effectively and efficiently managing and/or providing needed, accessible and individually satisfying human services.

http://sam-inc.org/

Franklin County

http://sam-inc.org/Locations/franklin-county.html

1061 Lincoln Way East

Chambersburg, PA 17201

Intensive Case Management

717-261-1555

Resource Coordination & Administrative Case Management

717-709-4321

Fax

717-264-6297

Mental Health Case Management

Mental Health Case Management is the coordination of a variety of community services, monitoring the services, and advocating for individuals suffering from ongoing mental health issues (consumers). Case Management also can provide support for the families and friends of these people.

At SAM, it is our mission to assist consumers and their families effectively and efficiently to achieve the most independent and fulfilling lives possible within their communities. Case Managers provide assistance in identifying consumers' needs, goals, strengths/abilities, and preferences in their treatment and recovery. We take care to include our consumers' families, friends, and community in the process.

Case Management is divided into several sub-categories. The difference between these categories is largely the degree of support. Intensive Case Managers see fewer consumers more frequently than Resource Coordinators, while Blended Case Managers provide a hybrid level of case management.

Mental Health Case Management:

- Intensive Case Management
- Blended Case Management
- Administrative Case Management
- Resource Coordination

Intake Coordination Services

SAM, Inc. offers a wide variety of Intake Services which are unique to each of the human service programs we provide. The purpose of the Intake meeting is to gather information about the individual seeking service and to make a determination regarding eligibility. The Intake process generally includes a meeting with an Intake Worker, or one of the staff working within a program. This meeting may take place in a SAM office or within the community.

CONTACT SAM (PAGE 3) TO APPLY FOR MENTAL HEALTH SERVICES

GENERAL INFORMATION:

Franklin/Fulton County Mental Health/Intellectual Disabilities/Early Intervention Program

http://www.franklincountypa.gov/pages/frankfulmhmradmin.aspx

425 Franklin Farm Ln, Chambersburg, PA 17202 717-264-5387 800-841-3593 Fax: 717-263-0469

Office Hours: Monday - Friday, 8:30 - 4:30 Closed on weekends and all county observed holidays.

Contact Information

MHID Administrator: Steve Nevada
Franklin County Human Services Administrator: Rick Wynn
Fulton County Human Services Administrator: Jean Snyder

Mission Statement

Franklin/Fulton Mental Health/Intellectual Disabilities/Early Intervention partners with the community to develop and arrange for the availability of quality services and supports for individuals and families

Values

Professionalism: A high standard of conduct that is the norm and not the exception

- 1. Be ethical
 - Follow a professional Code of Ethics that includes sound judgment and honesty
- 2. Be accountable
 - Take personal responsibility for actions/attitudes
- 3. Be committed to the mission and vision
 - o Engage and involve yourself in making decisions that support the mission and vision

Teamwork: Everyone working together/merging different opinions into a compromise

- 1. Accept others' ideas
 - Have genuine appreciation for alternative perspectives and be willing to agree to disagree in a respectful manner
- 2. Support a positive environment
 - Display attitudes and behaviors that promote an optimistic and encouraging workplace
- 3. Share knowledge with others
 - Offer your experiences and resources to others
- 4. Partner with others
 - o Join in a working relationship with others toward a common goal

Excellence: continually striving for exceptional quality

- 1. Pursue our mission
 - o Know the mission and actively work in ways that reflect the principles of our mission
- 2. Seek knowledge
 - o Be continually willing to learn
- 3. Balance quality with efficiency
 - Uses resources in an effective manner while maintaining a standard of excellence