### Service Access and Management, Inc.

## Mental Health Case Management

#### Our Purpose is to Help

Mental Health (MH) Case Management is a system of support and advocacy that helps thousands of individuals with mental health concerns every day. The overriding goal within MH Case Management is to get individuals with mental health issues the treatments and supports necessary for them to live lives that are as rewarding, as fulfilling, and as independent as possible.

Much of MH Case Management involves three main service functions.

Advocacy – Your Case Manager (CM) is your champion. Your CM will work with you to ensure that your voice is heard when dealing with other service agencies, physicians, medical plans, and more. Over time, CMs work to help their consumers become effective advocates for themselves.

Monitoring – CMs will monitor your individual service plan and make sure treatments remain appropriate. They help consumers determine whether their service plan is not only meeting their needs, but is also working toward their hopes in life.

<u>Coordinating</u> – CMs assist with coordinating a consumer's physical and mental health treatments, determine the best methods of finding funding for treatment, help find transportation to appointments, and more.

#### **Case Management**

The differences in the type of MH Case Management provided are largely in the severity of the diagnosis of mental illness and in the degree of support from the case managers. These services are voluntary.

#### **Intensive Case Management (ICM)**

ICM is the most intensive mental health case management service available to residents of Franklin and Fulton Counties. ICM Case Managers meet with consumers at least once every two weeks.

ICM is beneficial for persons who want and/ or need regular, community-based case management contact.

#### **Resource Coordination (RC)**

Like ICM Case Managers, RC Case Managers are knowledgeable about community agencies and services. Adults served meet with their Case Managers at least once every two months and children meet with Case Managers once a month.

## Administrative Case Management (ACM)

Administrative Case Managers (ACM) provide case management services and referrals to individuals in need of housing, supportive services, mental health therapy, medications,

advocacy and/or support.

ACM is helpful for those who are just beginning mental health treatment services, or for those who would like to again become involved in those services.

Individuals who receive ACM meet with their Case Managers as determined by their level of need but at least once every three months.



#### **Our Consumers**

Our case managers serve a broad range of individuals with mental illness. For eligibility requirements, contact your local SAM offices. Contact information is on the SAM website at www.sam-inc.org. SAM offers case management for a variety of intensities of mental illness and degrees of need. Consumers will be evaluated as part of the referral or intake process to determine the appropriate level of support.

#### **Our Offices**

#### **Franklin County Offices**

1061 Lincoln Way East Chambersburg, PA 17201

#### **Fulton County Office**

292 Buchanan Trail McConnellsburg, PA 17233

Intensive Case Management,
Resource Coordination, &
Administrative Case Management
717-261-1555

<u>Fax</u> 717-264-6297



#### **SAM's Mission**

The mission of Service Access & Management, Inc. is to help people throughout our service area enhance the quality of their lives by effectively and efficiently managing and/or providing needed, accessible and individually satisfying human services.

# SAM Services in Franklin & Fulton Counties

Mental Health
Administrative Case Management

Mental Health
Intensive Case Management

Mental Health
Resource Coordination

Intellectual Developmental Disability
Supports Coordination

Early Intervention Service Coordination
Intake Coordination Services

Our case management services have been accredited by the Commission on Accreditation of Rehabilitation Facilities (CARF).



SAM, Inc., does not discriminate against persons because of their age, race, sex, religion, ethnic origin, disability, ancestry, national origin (including Limited English Proficiency), economic status, or sexual preference and shall observe applicable State and Federal Statutes and Regulations.



Funded by the Franklin/Fulton County Mental Health Program



# Mental Health Case Management Services

**Franklin & Fulton Counties** 



www.sam-inc.org